



ZONTA

CLUB OF ROCKHAMPTON INC

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZONTA ON THE ROCKS.



Club No: 1054 Charter: 05.08.1983 ABN: 51 605 623 392 Incorporation Number: IA 13139

From the President:

eNewsletter: September 2015

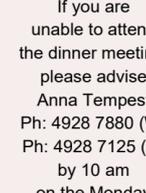
Dear Fellow Zontians,

Sometimes we need to say thank you to people who do what they do all the time, and it then becomes the norm. In our club, we have many members like this and before we get busy with all the end of year proceedings, I would like to take this time to say 'Thank You' to our members who do undertake these regular things continuously. It is impossible to thank everyone, but Berenice does need a special thanks for always doing this newsletter and sending out reminders to those of us who have little things to do such as the President's section. Without Berenice, I know I would forget; so thank you Berenice.

It is with pleasure that I can inform the club our District Governor, Judith Trevan-Hawke, will be attending our February dinner meeting. I am sure we will all make a special effort to attend and welcome her.

Again, if you haven't done so, please ensure you have registered for the District Conference and keep an eye on the ZI website as the call to Convention should be coming soon.

Until next month'
Regards,
Rosalie.



Please note:

If you are unable to attend the dinner meeting, please advise Anna Tempest Ph: 4928 7880 (W) Ph: 4928 7125 (H) by 10 am on the Monday before the meeting. Failure to apologize will incur payment of \$30.00.

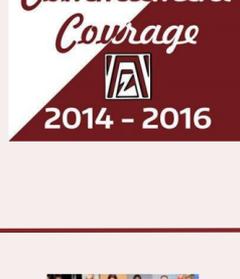
This eNewsletter is in keeping with 'the ZI Brand Refresh which reflects the new Zonta Theme, "Empowering Women through Service and Advocacy", while at the same time making the logo more contemporary. The brand identity elements, including a standard colour palette and look, were created to help unify the visual presentation of Zonta, and create a stronger impact across the work of all clubs'. Click [here](#) to read more. (From Zonta International Website)

Meetings:

Board Meeting:
6.30pm: 2nd Tuesday of the month
Venue: The Stirling—Albert Street Rockhampton

Club Meeting:
6.00 pm for 6.30pm 3rd Tuesday of the month
Venue: The Stirling—Albert Street Rockhampton

All Standing Committee Meetings:
5.30 pm: 2nd Tuesday of the month
Venue: The Stirling—Albert Street Rockhampton



For your diary:

Sunday 13th September:

'Colour Your World' Afternoon Tea
1.30pm for 2.00pm
Frenchville Sports Club
Clifton St.
Frenchville.

Wednesday 28th October:

CEO Challenge Breakfast
Frenchville Sports Club
Clifton Street
Frenchville.
(Click on Logo to find out more about CEO Challenge)

Thursday 29th October:

Blue Illusion—4pm to 7pm
Fashions, Wine & Nibbles
Stockland Shopping Centre

Saturday 31 October:

Pamper Pack Working Bee
will be held at 9am at
I Sew—Shop 1
176 Berserker Street
Nth Rockhampton.



Conference Update:

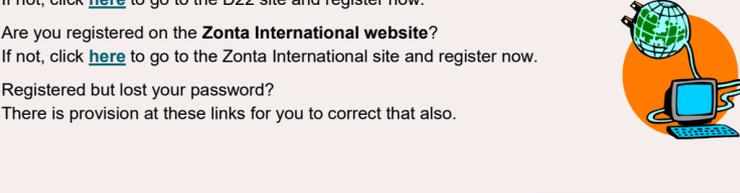
From D22 Governor Judith Trevan-Hawke and Conference Chairman Petra Ladwig

It is now only a few weeks to our District 22 Conference in Airlie Beach and arrangements are all but finalized. We hope that you have already registered and are excited about the prospect of meeting long term and new Zontian friends, enjoying the beautiful Whitsundays and, of course, increasing your knowledge of Zonta.

There is certain business which must be conducted at each District Conference but we have endeavoured to balance this with interesting Guest Speakers and time for fun and friendship.

More information about the District Conference can be found in the Conference Newsletters which are posted on the District 22 website.

If you wish to attend Conference and have not yet registered, click [here](#) to go to the booking site to register.



Register Now:

Are you registered on the **District 22 website**?
If not, click [here](#) to go to the D22 site and register now.

Are you registered on the **Zonta International website**?
If not, click [here](#) to go to the Zonta International site and register now.

Registered but lost your password?
There is provision at these links for you to correct that also.



During the **2014-2016 Biennium**, three projects are being supported by the International Service Fund:

1. Towards Elimination of Obstetric Fistula and Reduction of Maternal and Newborn Mortality in Liberia
2. Working Toward an HIV-Free Generation Effective Prevention and Response to Gender Based Violence in Rwanda
3. Gender Responsive Schools Pilot Model

Project Update May 2015 Towards Elimination of Obstetric Fistula and Reduction of Maternal and Newborn Mortality in Liberia

In cooperation with the United Nations Population Fund (UNFPA), Zonta International has supported the Liberia Fistula Project since 2008. During the 2012-2014 Biennium, the program moved from project-based treatment to treatment integrated into the government's national health system.

- Goal:**
- Contribute to the elimination of obstetric and traumatic fistula and the reduction of maternal mortality, morbidity and sexual violence against women in Liberia.
 - Improve the overall health and socioeconomic status of women and young girls in Liberia and to empower them economically.

Project Activities:

Treatment:

- Through a mass advocacy campaign and surgical outreach, 150 women and girls were recruited and received surgical treatment for fistula. The original treatment goal was 300 women and girls; however, a number of factors contributed to the lower numbers, including:
- A reduction in newly occurring cases as a result of successful prevention strategies that encourage women to deliver in hospitals to prevent fistula. Many of the cases that are presenting now are recurrent or complicated cases; however, the Project estimates 5,000 women and girls still need treatment.
- A hospital in Monrovia is providing surgical repairs by flying in a team of doctors to perform the surgeries; however, only two visits have been made since May 2013.
- Many women lack funds necessary to reach a project site. In the past, the Project relied on partnerships with other NGOs to transport patients from hard-to-reach areas, but many of those NGOs are leaving.

Rehabilitation:

The Project is conducting skill training and adult literacy programs for 18 fistula survivors on a four-to six month training cycle program.

During the reporting period 50 survivors were rehabilitated and reintegrated into their communities. 33 survivors were followed up with after leaving the rehabilitation center. Of those 33, all were still practicing the economic skills they acquired at the rehabilitation center. Five expanded their businesses from the original starter kits and 28 were on track to acquire enough income to sustain their families. 1 survivor who became pregnant again was closely monitored and delivered a healthy baby by caesarean section, without fistula. From the experiences shared by survivors, stigmatization is still a real challenge. Also, the Project provided psychological support for survivors to rebuild their hope and restore their confidence.

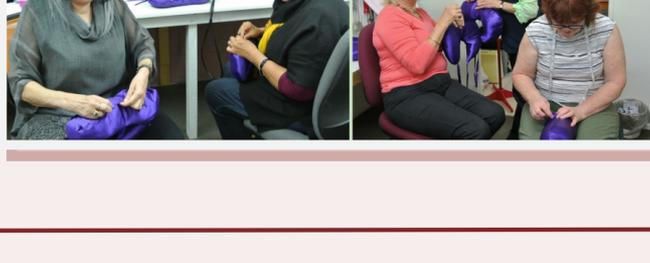
For a full report on this project [click here](#).

Empowering Women Through Service and Advocacy



Breast Cushion Working Bee.

Zontians were kept very busy at the recent Breast Care Cushion working bee as they stuffed, pinned and sewed approximately 50 cushions to add to the supply. This working bee followed from the cutting out session which was held earlier. The members usually make 120—130 cushions each year for distribution to patients. Many thanks to all who attended—and to Suzan for the use of her business premises. Great publicity was also received on the Morning Bulletin website and in the Morning Bulletin daily newspaper.



Dinner Raffle:

Gifts for the Dinner Raffle follow the listing in the Members Directory.

September: Suzan

October: Meredith

November: Anna

December: Rosalie

Please give your raffle prize to Elizabeth to co-ordinate.

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District 22 Website: www.zontadistrict22.org
Zonta International Website: www.zonta.org

Contributions to this eNewsletter are welcome.
Please email articles to Berenice Payne.
Deadline: First of the month.



A PDF version of this eNewsletter is available [here](#).

Zonta clubs are active in countries marked in mahogany:
(Click [here](#) to see the composition of the 31 Districts and 1 Region in ZI).



'Empowering Women through Service and Advocacy'