

# ZONTA ON THE ROCKS

## ZONTA CLUB OF ROCKHAMPTON INC.

P O Box 323 Rockhampton 4700.

Club No. 1054 - Charter 05.08.83.

Email: rockhamp@zontadistrict24.org

AREA 4 - DISTRICT 24.

ISSUE 9 - SEPTEMBER 2003.

### NOTICES.

If you are *unable to attend* the dinner meeting, please advise *Tropical Wanderer* on Ph 4926 3822 by 10 am on the Monday before the meeting.

*Failure to apologize will incur payment of \$22.00.*



*10<sup>th</sup> Anniversary Celebrations  
Zonta Club of Emerald  
18 October - 2003*



*Conference:  
October 03 – 05  
2003  
Sydney.*

### President's Message:

My thanks to the Anniversary committee of Margaret, Norma and Elizabeth, who worked with me to organize the very enjoyable Anniversary weekend. Thanks to Norma for hosting Mary for the weekend and to Elizabeth for hosting the delightful dinner party on the Friday night.

All agreed the weekend was a great success. We were privileged to have guests Mary Magee, Robyn Gaspari, Ros Kinder and Jane O'Brien attend the celebrations. Our Charter President Enid is always a most welcome guest at our functions. Eleven Charter members attended and we were very happy to welcome members from both Emerald and Gladstone clubs. We have a great photographic record for the archives. Thanks to all for your support.

Thank you to Anna C and Margaret O who have been working on the organization of the Film Premiere for October. Final details at the Dinner meeting.

Trish also has been putting in place the organization for the 2004 Living Treasure Awards.



Thank you to Diane, Chris, Norma and Margaret O who attended the working bee to make Breast Care Cushions at Margaret Olive's home last month. I did 'my bit' on the sewing machine as well. The result will be a "stuffing session" at the next dinner meeting. Thanks Margaret.

We had a fun night for the 'at home' dinner meeting in August with jokes aplenty. Thanks to all who helped with the arrangements.

Everybody will have received a copy of the Motions for Conference. Please bring your copy to the Dinner Meeting for discussion.

Yours in Zonta  
Berenice.



**'Advancing the  
Status of Women  
Worldwide'**

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*President: Berenice Payne  
berenice.a.payne@bigpond.com*

*Phone: 4922 3314 (H)  
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*Zonta On the Rocks – Advancing the Status of Women Worldwide*

**MEETINGS.**

**Board:**

6.30pm:  
2nd Tuesday  
of the month  
Venue:  
Tropical Wanderer  
Resort.

**Dinner:**

6.00 pm for  
6.30pm  
3rd Tuesday  
of the month  
Venue:  
Tropical Wanderer  
Resort.

**Committee  
Meetings.**

**OMC/PR/UN**

**Program:**

Venue:  
Tropical Wanderer  
Resort

5.30 pm—  
2nd Tuesday  
of the month.

**Finance and  
Fundraising:**

Venue:  
Tropical Wanderer  
Resort

5.30 pm—  
2nd Tuesday  
of the month.

**Status of Women:**

Venue:  
Tropical Wanderer  
Resort

5.30pm—  
2nd Tuesday  
of the month.

**Calendar:**



**SEPTEMBER:**

- 09 Committee Meetings/  
Board Meeting
- 16 Dinner Meeting

**OCTOBER:**

- 14 Committee Meeting/  
Board Meeting
- 21 Dinner Meeting

**October – Film Evening  
(Date to be decided)**

**03 December – High Tea**

**OCTOBER:**

03-05 District 24 Conf. Sydney  
**Special United Nations Observances  
and Other Significant Days.**

**September:**

08 International Literacy Day

**Zonta Club of Emerald  
will be celebrating 10 years of service  
in October and President Di Nicol  
sends the following message.**

We have planned a  
Cocktail Party (finger food and drinks)  
for 6.00pm - 8.00pm Sat 18 October  
at Kaesbie Gardens in Emerald  
for Zontians, friends and partners-  
\$25.00 per head.

Will do flyers and invitations  
up in September.

If any other Zontians and partners  
can come that would be terrific.  
We would offer billets and do a  
Gemfields Sat lunch and  
sapphire fossicking  
if people were interested.

Will keep in touch.

Cheers

Di

**Happy Birthday:**

- 05 Trish
- 24 Margaret
- Chris



**Love is to help things grow.**

**Dinner Raffle.**

The supply of gifts for the  
Dinner Raffle follows the listing in the  
Members Directory.

- |           |        |
|-----------|--------|
| September | Trish  |
| October   | Anna C |
| November  | Glenys |

Please give your  
raffle prize to  
Elizabeth to co-ordinate.



**Congratulations  
to  
Glenys Conrade.**



**We congratulate Glenys on  
attaining her  
Doctor of Philosophy  
from  
Central Qld University.  
All her hard work has paid off  
and we wish her a very  
enjoyable Graduation Day  
in October.**

**If you would like to contribute to your Newsletter  
please forward articles to Berenice Payne either by  
Fax: 4921 3441 or Email to  
berenice.a.payne@bigpond.com**

**Deadline: First Tuesday of the month.**

**Mark Your Calendar.**

2004 International Convention.  
3-8 July: New York. USA.

2006 International Convention.  
24 – 29 June: Melbourne.

*Zonta on the Rocks – Advancing the Status of Women Worldwide*

For a full coverage of the Anniversary Weekend click on the following link  
<http://zontadistrict24.org/home/memberssection/zontanews/rockhamptonclubturns20.html>



## *Zonta on the Rocks – Advancing the Status of Women Worldwide*

### **What Are the Effects of Osteoporosis on Women?**

#### **Zonta District 24**

*advocates for a wider availability of (MBS) Medicare Benefits Schedule rebates for bone densitometry items, particularly for post-menopausal women, older persons, and those with a family history of osteoporosis (spinal or hip fracture in a first degree relative).*

### **What Are the Effects of Osteoporosis on Women?**

The Access Economics<sup>®</sup> report shows that, in 2001, almost 2 million Australians have osteoporosis-related conditions and 75% of these (approx. 1.5 million) are women.

The annual cost is estimated at \$1.9 billion per annum in health costs with a heavy burden (68%) on hospitals and nursing homes. Indirect costs such as lost earnings, volunteer carers, modifications and treatment add a further \$5.6 billion annually. Over \$1 billion is lost in potential tax revenue because of the disease.

The socioeconomic disadvantage of the burden of this disease falls on post-menopausal women, especially older women on social security benefits. They cannot afford BMD testing at the full cost, nor the latest medications, which are not on the PBS list.

### **Snippets from the Past.**

*Another article from past Newsletters.  
The following article appeared in the April 1985 edition  
of the Newsletter. Enjoy!*

#### **Ides of March**

Those luckless souls unable to be part of our Roman night have almost certainly heard by now of its success – to the tune of a profit of \$3,000.

The list of left-over items will give some indication of the range of gladiatorial and other activities that went on until Empress Enid finally succeeded in evicting the last of the reluctant bathers from the thermae.....one blue bathing suit, one long dress (black, floral), one pair of thongs (blue ribbon) and one pearl ring. Any takers? Call Enid (anonymously, if need be).

Thanks are due to all members who contributed their time, energy and talents to the cleaning before and after, and to the decorating. Special thanks to those who supplied specific items and services – our final profit would have been reduced substantially had the club been obliged to purchase or to pay full price for the many things that went into making the evening a success.

For the future reference of those who may have other functions to plan, music for the evening was supplied by Zane Fletcher (Wired for Sound). Zane had our 250 Romans et al happily raving on well into the morning.

The only reported mishap of the night was Judith Edwards' painful encounter with the outlet valve of the spa, which resulted in a broken toe. Please don't ask her if it hurt – it did!

*We still do not have a complete set of past Newsletters  
and I would welcome copies from January 1992 to June 1995.  
I have a few from 1993(June 93 to December 93) the others are missing.*



*Norma,  
Margaret  
and Diane  
at work  
on the  
Breast  
Cushions.*