

ZONTA ON THE ROCKS.



Zonta Club of Rockhampton Inc.

Member of Zonta International

Advancing the Status of Women Worldwide

Email: rockhampton@zontadistrict22.org

Rockhampton Webpage: www.rockhampton.zontadistrict22.org

District 22 Website: www.zontadistrict22.org

Zonta International Website: www.zonta.org

P O Box 323
Rockhampton Q 4700

President: Meredith Sutherland
glendon@tpgi.com.au

Vice President: Rosalie Welburn
rwelb3@eq.edu.au

Editor: Berenice Payne
berenice.a.payne@bigpond.com

PLEASE NOTE!

If you are
unable to attend
the dinner meeting,
please advise
Anna Tempest
Ph 4928 7880 (W)
Ph 4928 7125 (H)
by 10 am
on the Monday
before the meeting.

**Failure to
apologize will
incur payment
of \$30.00.**



**District Conference:
Noosa Convention &
Exhibition Centre
Australis Resort
27-29 Sept 2013**



From the President:

Welcome to Spring!

A great August meeting at St Luke's. Well done Service Committee – great organisers.

Thank you to the Afternoon Tea Committee who were on a forward roll, then had a sudden setback – but we are back on track again. Our Afternoon tea will be held on the 2nd November at the RGS Rowing Club. Manpower to move the tables has been organised and Jennifer is organising a sampling of the fare from a caterer for the next committee meeting. We need Zontians to help before, during and after the event so mark 2nd NOVEMBER in your diaries now and remind your friends to do the same.



The next major event on the Zonta calendar is the Conference at Noosa. Thank you Kaye for your donations to the Silent Auction. We wish all our representatives well at Noosa and I am sure you will have a stimulating few days with fellow Zontians.

Thank you Deanne for organising the Breast Cushion cutting out session and the sewing session. The material donated by Karen's father certainly makes our cushions impressive.

This month's Zontian focuses on the connection between Zonta, our Foundation

and women's economic development. Any donation to Zonta empowers women worldwide. Our educational programmes encourage women into male dominated fields of aerospace, business and public affairs. Collectively, we support women and girls being the best they can be. Zonta is trying to economically empower the sufferers of obstetric fistula in Liberia to become financially independent.

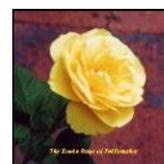
I endorse the ZI President's membership tip for this month "Communication is key to healthy club relationships" i.e. Read your Zontian – read Lyn McKenzie's newsletter – read the emails I forward to you before you delete them!! There has been great communication passing to and fro between the Afternoon Tea committee.

Finally – if you feel thoroughly exhausted – did you see that a 64 year old lady, Diana Nyad swam from Cuba to Florida – 160 kms. Her first attempt was in 1978 when she was 28. Her three messages which seem relevant to us were

1. We should never, ever give up
2. You are never too old to chase your dreams.
3. It's a team effort.

Now highlight 2nd November on your calendar

Until next time
Meredith



Notices:

Calendar:

September:

- 07 Breast Cushing Sewing Bee
 10 Committee Meetings /
 Board Meeting
 17 Dinner Meeting
 27/28 District 22 Conference—Noosa
 Australia Resort

October:

- 08 Committee Meetings /
 Board Meeting
 15 Dinner Meeting

Special United Nations Observances and Other Significant Days.

September:

- 08 International Literacy Day
 21 International Day of Peace

Dinner Raffle:

The donation of gifts for the
 Dinner Raffle follows the listing
 in the Members Directory.

- August: Jennifer L
 September: Cathy N-L
 October: Berenice P
 November: Judie P

Please give your
 raffle prize to Elizabeth.
 to co-ordinate.



MEETINGS.

Board Meeting:

6.30pm:
 2nd Tuesday
 of the month
 Venue:
 Rockhampton Plaza
 Hotel.

Club Meeting:

6.00 pm for 6.30pm
 3rd Tuesday
 of the month
 Venue:
 Rockhampton Plaza
 Hotel.

Committee Meetings.

MEMBERSHIP:

Venue:
 Rockhampton Plaza
 Hotel
 5.30 pm—
 2nd Tuesday
 of the month.

ADVOCACY+Program / PR & C/ United Nations/ Newsletter /Archives:

Venue:
 Rockhampton Plaza
 Hotel.
 5.30 pm—
 2nd Tuesday
 of the month.

SERVICE:

Venue:
 Rockhampton Plaza
 Hotel.
 5.30pm—
 2nd Tuesday
 of the month.

*No one can make you feel inferior
 without your consent—Anon*



September:

- 05 Trish Collins
 12 Chris Putman
 24 Margaret Anderton
 28 Carry Lee



Information Booth

Date: Sunday 24th November 2013

Time: 8.00 am to 1.00 pm

Venue: Rockhampton Heritage Village Markets
 Boundary Road—Parkhurst

We know that violence against women affects families,
 communities and societies.

It is an issue that affects women of all social strata
 around the world.

Add this event date to your diary- your support is needed.



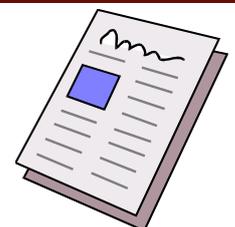
If you would like to contribute to your Newsletter
 please forward articles to Berenice Payne

either by

Fax: 4922 3315 or

Email: berenice.a.payne@bigpond.com

Deadline: First Tuesday of the month.



Some interesting information about our Zonta friends from the northern hemisphere.

Recently I received an email from one of our past members, Veronica Rickard, who now lives in Melbourne. She was delighted when, on holidays and visiting Iceland, she found Zonta in one of the tourist destinations. The Zonta Club of Akureyri in Northern Iceland is only 60 kilometres south of the Arctic Circle. The Akureyri Club was chartered on 01 July 1949.

<http://www.zonta.is/akureyri> (Your Google toolbar will translate the page to English :-)



Charter members 1949.

Veronica writes *“We have been travelling around Iceland on holiday for the past week or so and were delighted and surprised when visiting Akureyri, the second largest town in Iceland and regarded as the capital of northern Iceland, to find that there was reference there to Zonta. I am attaching photos taken of Nonni’s house and statue which were erected/renovated as a result of sponsorship by the Zonta Club of Akureyri. I had never heard of Nonni but apparently his children’s books have been translated into many languages. I thought you and the other members of Rockhampton Zonta might be interested.”*



Interesting information from the web.

The so called Nonni’s House, which the author and the Jesuit priest Jón Sveinsson, Nonni, lived in during his childhood in Akureyri in northern Iceland, has been carefully remodelled into a memorial museum. Nonni’s House, which was built in 1850, is one of the oldest houses in Akureyri. It has been preserved as an example of a typical 19th century Icelandic town home. Nonni wrote 12 children’s books about his childhood in Iceland. He wrote in German but his books have been translated into more than 40 languages, including Chinese and Esperanto. From the age of 12 Nonni lived and worked in Germany, France, Denmark and the Netherlands. Nonni’s House was given in the year 2008 to the Akureyri municipality by the Zonta Club of Akureyri, who had owned and kept it since 1957. The museum is dedicated to the writer and Jesuit priest Jón Sveinsson "Nonni".

Akureyri

Akureyri is 390 km (242 miles) from the capital Reykjavik and 265 km (164 miles) from Egilsstaðir the centre of Herad in the east. The town is situated in one of the longest fjords in Iceland Eyjafjörður and is surrounded by high mountains. Akureyri is about 60 km (37 miles) south of the Arctic Circle but summer temperatures can nevertheless reach 25°C (77°F). Winters may however bring heavy snowfall and cold weather. The northerly position of Akureyri has had considerable influence on the community. Trade began here in the 16th century, but it was not until 1760 that merchants took up permanent residence in the town. Akureyri is the largest community outside the capital Reykjavik with around 16.000 inhabitants. Cultural life and entertainment are flourishing at Akureyri. It has a symphony orchestra, theatre, art museums, cafés, restaurants and night-clubs. There is a wide range of shops in town, offering brand name products. The University of Akureyri opened in 1987. The Botanical Garden was established in 1912. The most northerly golf course in Iceland is located at Akureyri. In June every year there is a competition called “Akureyri-Open”, which attracts many overseas competitors. The tee-off is at midnight and the golf is played under the mid-night sun until the wee hours.



Zonta International Service Committee Chairman Elba Pereyra de Gomensoro 2012-2014.

zontaservice@zonta.org

Zonta Service Recognition Award (From the Zontian Magazine June 2013).

Have you ever thought how many hours, efforts and economic contributions are dedicated by Zontians all over the world to local service projects to improve women's lives?

You would be amazed to know the answer to this question.

You will have the opportunity to know how Zontians work to improve the lives of women in their communities, the best service projects and their recognition, in an exhibition that will be held at our next Convention in Orlando, Florida, USA.

The Zonta Service Recognition Award was established to recognize outstanding service projects undertaken by Zonta clubs or districts which benefit women in the local community.

There will be two categories of projects to be considered for the Award:

- 1) Service projects that improve the status of women and girls in general (improve their legal, political, economic, educational, health and professional status)
- 2) Service projects to prevent and fight violence against women and girls.



The best projects, as determined by the Zonta International Service Committee, will be recognized and exhibited during the 2014 Zonta International Convention in Orlando, Florida, USA and posted on Zonta International's website.

Does your club have an outstanding service project which benefits women in the local community?

Do not miss the opportunity to participate in this award competition. You can nominate it. A Zonta club may nominate up to two (2) projects, one project in each of the two categories. Nominated service projects from clubs are to be submitted to their respective governor not later than 30 December 2013.

Does your district have an outstanding service project which benefits women in the local community?

Do not miss the opportunity to promote your district project. A district may nominate one district service project. Nominated service projects from districts are to be submitted to the Zonta International Service Committee at Headquarters not later than 10 February 2014.

A complete description of the Award, eligibility criteria and the nomination process are posted on Zonta International's website: www.zonta.org under Member Resources -Tools/ServiceTools. Please read the instructions carefully; and, if you have any questions, the members of the ZI Service Committee are willing to help you at any time. Your governor and district service committee chairman can also assist you. Please note that if your service project is to prevent and fight violence against women and girls (category 2), it may also be posted on the Zonta Says NO campaign website. Therefore, clubs and districts are encouraged to submit a story on their project to pr@zonta.org through December 2013, in addition to submitting the official entry documents for the Zonta Service Recognition Award.

Zonta clubs and districts are working on many excellent service projects to improve women's lives: campaigns to bring awareness and to prevent violence against women, prevent human trafficking, and oppose forced marriages; scholarships and educational projects; projects to end HIV, ban female genital mutilation and many others. We need to promote them; we need people to know what we are doing; we need to share our initiatives with Zontians and non Zontians around the world. The Zonta Service Recognition Award is your opportunity. Your work could be recognized; your project exhibited in the 2014 Convention in Orlando; posted on Zonta's website and, above all, you will be helping to improve the credibility of our organization that will come with greater visibility.



(For those members who haven't checked out the Conference webpage on the District Website)

Your latest update about

VISIBLE + CREDIBLE = A VIABLE FUTURE

*Biennial District Conference, District 22, Zonta International,
September 28-29, 2013, Noosa Convention & Exhibition Centre*

Your Conference is now very close so if you haven't yet registered, [CLICK HERE](#) to book and pay through *Stickytickets*.

Missed your *Invitation to Conference* when it was first distributed?

Go to the home page of the D22 website: <http://zontadistrict22.org/>

What's happening when? See the program outline on the website.

Zonta goes green

The International Convention in Turin last year set a high bench-mark for reducing the amount of printed and other materials distributed to delegates, and District 22 is following their lead in two major ways:

The Conference program you receive at registration will be a small, light booklet containing only essential information which you can tuck in your handbag. All other material for Conference will be available for delegates to download from the District website to their mobile devices such as tablets and laptops.

A 'straw poll' of Zontians at a range of meetings over the past year has revealed that most of us already have a store of conference satchels collected over the years at Zonta events or in our professional or business lives, and the vote was clearly for a 'bring your own bag' conference in 2013. (There will be some Birthing Kit Foundation bags and some left from the 2011 Conference and Area Meetings for those who still need one.)

FAST CONFERENCE FACTS

What do I do when I get there? Audrey Lyttle and Glennis Manning from the Zonta Club of Blackall Range will be managing registrations at the Centre on Friday from 5.00 pm to 6.00 pm, immediately before the Welcome Party, and again on Saturday morning from 8.00 am to 8.50 am before the Opening Ceremony at 9.00 am. *(If you're a delegate or alternate, you will also need to call at the Credentials Desk which will be managed by Lynette Hill from the Zonta Club of Brisbane North and Jenny Garde from the Zonta Club of Maroochy).*

How do I get help? The members of your District Board will all be on hand at Conference from Friday afternoon to help you. You will recognise us because we'll be wearing bright orange visors embroidered with our names (thanks to the handiwork of Judy Allen from the Zonta Club of Maryborough!).

Nuts and Bolts. Conference will close in time for lunch on Sunday, but for those who do not need to get away quickly, your District Board, together with several of your District Chairmen and our Zonta International representative, Maria Stefanova, will be on hand for an optional 'Nuts and Bolts' session where you can ask the questions you've always wanted to ask – particularly the basics. There will also be a Question Box available throughout Conference where you can drop in written questions to be answered during this session.

Club banners. There is no facility at the Centre to hang banners on the walls, but if your club has a free-standing, pull-up banner which you are able to transport to Conference without difficulty, we would love to see it displayed in the foyer.

Get connected! Berenice Payne from the Zonta Club of Rockhampton is coordinating a group of tech-savvy Zontians to be on hand during breaks in proceedings to provide advice on how you can get connected to the Zonta International and District 22 websites and find your way around the sites.

Surprise! Your Lieutenant Governor, Judith Trevan-Hawke from the Zonta Club of Wynnum Redland, has been planning something very special to entertain us during the Conference Dinner. No hints – just prepare to be delighted!



Bring your dancing shoes. We know you loved the after-dinner dancing at the inaugural District 22 Conference in Townsville in 2009, so we've engaged Rockin' U Wild (the company with the most awarded DJs in Queensland) to play classic dance tracks (and requests) after the dinner.

Bring your walking shoes and join the early birds for either a brisk half-hour walk or a gentle stroll, setting out from the entrance to the Centre at 7.00 am on both Saturday and Sunday. The Zonta Club of Noosa is devising suggested routes and will have information available at registration.

Silent Auction. There will be some fantastic items on offer for the Silent Auction during the Conference Dinner and all proceeds go to the Zonta International Foundation. Payment must be made on the night (cash, cheque or credit card) and Denise Conroy will be organising individual receipts from the Foundation.

Food. There will be plenty of food throughout Conference, from substantial canapés at the Welcome Party on Friday night, to morning and afternoon teas throughout the Conference, lunches (including a delicious Bush Foods lunch at the close of business on Sunday), and our three course Conference Dinner on Saturday night.

But just in case...

Directories of local restaurants and cafes have been sourced by the Zonta Club of Noosa for those arriving early or staying on afterwards and will be available at registration.

The Australis Resort (adjacent to the Centre) have kindly offered a buffet breakfast on Saturday, Sunday and Monday mornings for those who do not wish to self-cater for breakfast in their accommodation or eat elsewhere. (\$15.50 for the basics; \$19.50 for a full breakfast.)

SPECIAL NOTE TO DELEGATES and ALTERNATES

So you've been elected as your club's delegate or alternate, or your club has agreed to carry the proxy vote/s for another club? Don't panic!

Read the motions on the District website and peruse the budget and reports so that you're well prepared to ask questions and to vote on behalf of your club. (Go to <http://zontadistrict22.org>, select 'District Conferences and Area Meetings' under the 'Member Resources' tab and click through to 'District Conference'. As this part of the website is available only to members, you will need to log in or [register as a Zonta Member](#) to access the page.)

Read your easy guide to credentialing and voting on the D22 website.

Familiarise yourself with the procedures for putting and debating motions and with the Standing Rules and District Rules and Procedures documents which are posted on the website.

Read the candidates' biographies on the District website.



A postcard from ...

What achievement or bright idea would you share with the rest of the Zonta world about your Club if you had only the space of a postcard?

At District Conference this year, we're mounting a display of postcards and we want every club to be part of it.

How?

1. Buy a local postcard – or several!
2. Write the story.

Post your card/s to Julie Mannion, our District Secretary, at PO Box 416 Red Hill Q 4059 by 7 September.

Have fun!



