

# ZONTA ON THE ROCKS.



Zonta Club of Rockhampton Inc  
Member of Zonta International  
*Advancing the Status of Women Worldwide*

Email: [rockhampton@zontadistrict22.org](mailto:rockhampton@zontadistrict22.org)  
Rockhampton Webpage: [www.rockhampton.zontadistrict22.org](http://www.rockhampton.zontadistrict22.org)  
District 22 Website: [www.zontadistrict22.org](http://www.zontadistrict22.org)  
Zonta International Website: [www.zonta.org](http://www.zonta.org)

P O Box 323  
Rockhampton Q 4700

President: Rosalie Welburn  
[rwelb3@eq.edu.au](mailto:rwelb3@eq.edu.au)

Vice President: Judie Pettitt  
[judie.pettitt@bigpond.com](mailto:judie.pettitt@bigpond.com)

Editor: Berenice Payne  
[berenice.a.payne@bigpond.com](mailto:berenice.a.payne@bigpond.com)

## From the President:

### PLEASE NOTE!

If you are  
**unable to attend**  
the dinner meeting,  
please advise  
**Anna Tempest**  
**Ph 4928 7880 (W)**  
**Ph 4928 7125 (H)**  
**by 10 am**  
on the Monday  
before the meeting.

**Failure to  
apologize will  
incur payment  
of \$30.00.**



The Area 2 Meeting  
will be held in  
Longreach next year.  
Members will be  
notified of the date  
later this year.  
The Longreach Club  
members are great  
hosts and we can be  
assured of a very  
enjoyable time in  
Longreach.

Dear Fellow Zontians

It is exciting to see the daily newsletters coming from the Orlando Convention. Everyone looks as though they are enjoying themselves, making new friends and of course working towards the betterment of Zonta. To receive these daily newsletters, you need to be registered as a member on the Zonta International website. Your current email address must be listed in your member profile if you are to receive any emails at all from International. If you need help, please ask Trish or Berenice our club website managers.

Upon the completion of the Convention, we will receive notification of ZI by-law changes and this will be the opportune time to review our own club bylaws. The structure for each of our three standing committees may also require updating. Following the Convention, we will look at our aims and goals to give us focus and direction for the next two years.

It was with pleasure that we hosted Area Director Denise at our last meeting. I am always awed by the knowledge and commitment to Zonta

that these women have. I think we are extremely fortunate that in our club we have so many women of this calibre. Our congratulations to Jan for becoming an Area Director and we wish her all the best for her coming role. Also thank you to her and Trish for taking Board members through our roles and responsibilities last Tuesday. This was a very informative session which everyone there appreciated.

Our JM Klausman winner has been announced and her application has been forwarded to District for entry in the District 22 JM Klausman Award. We congratulate Nicole Brown who is studying for a Master's degree at CQUniversity on her success.

The Zonta Says NO stall at the Central Queensland Craft Expo last weekend was a successful exercise. Once again it gave us the opportunity to be visible to the passing public re Zonta's role in eliminating violence against women and children.

Plans are well underway for our next function, an afternoon tea. Watch this space.

Regards

Rosalie.



**Violence against  
women and girls  
happens everywhere.**

Join District 22 Zonta clubs in advocating to prevent and end violence against women in our local community and internationally.

# Notices:

## Calendar:

**MEETINGS.**

**Board Meeting:**

6.30pm:

2nd Tuesday

of the month

Venue:

Comfort Inn

**Club Meeting:**

6.00 pm for 6.30pm

3rd Tuesday

of the month

Venue:

Comfort Inn

**Committee Meetings.**

**Membership**

Venue:

Comfort Inn

5.30 pm—

2nd Tuesday

of the month.

Advocacy / Program /  
PR & C/ United Nations/  
Newsletter /Archives:

Venue:

Comfort Inn

5.30 pm—

2nd Tuesday

of the month.

**Service:**

Venue:

Comfort Inn

5.30pm—

2nd Tuesday

of the month.

**July:**

08 Committee / Board Meeting

15 Dinner Meeting

**August:**

12 Committee / Board

Meetings

17 Afternoon Tea Function

18 Dinner Meeting

**Special United Nations Observances and  
Other Significant Days.**

**July:**

11 World Population Day

30 International Day of Friendship

*Love      Peace      Enjoy*  
*Live      Hope      Imagine      Believe*  
*Inspire      Dream      Laugh      Relax*

## Dinner Raffle.

The supply of gifts for the  
Dinner Raffle follows the listing  
in the Members' Directory.

July	Janet Y
August	Elizabeth A
September	Margaret A
October	Kaye Clark

Please give your  
raffle prize to Elizabeth.



**July:**

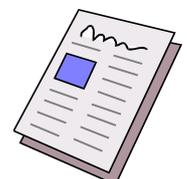
01 Anna  
08 Norma  
18 Glenys



## Zonta Committees—2014-2015

<u>Membership</u>	<u>Service</u>	<u>Advocacy</u>
Karen (Chair)	Deanne (Co-Chair)	Judie (Chair)
Valda	Suzan (Co-Chair)	Trish
Chris	Berenice	Jenny
Jan	Kaye	Norma
Shirley	Carry	Elizabeth
Leanne	Cathy	Meredith
Janet	Glenys	Anna
	Margaret	Kathryn

If you would like to contribute to your Newsletter  
please forward articles to Berenice Payne  
either by  
Fax: 4922 3315 or  
Email: [berenice.a.payne@bigpond.com](mailto:berenice.a.payne@bigpond.com)  
Deadline: First Tuesday of the month.



As part of the on-going Zonta Says NO campaign, an information stall was held at the Central Queensland Craft Expo. Many thanks to those members who gave their time to 'man' the stall.

Elizabeth and Deanne



Jan and Judie



Leanne and Judie



## National Plan to Reduce Violence against Women and their Children 2010-2022

### Second Action Plan 2013-2016, Moving Ahead

*Safe and free from violence.*

*An initiative of the Commonwealth, state and territory governments.*

#### What is the National Plan to Reduce Violence against Women and their Children?

Domestic and family violence and sexual assault are crimes that must be stopped. In Australia, around one in three women has experienced physical violence, and almost one in five has experienced sexual violence since the age of 15. That is why the Commonwealth, state and territory governments worked with the community to develop a 12-year National Plan to Reduce Violence against Women and their Children 2010-2022 (the National Plan).

Released in 2011, the National Plan explains what we are doing to reduce violence against women and their children. Its vision is that:

***Australian women and their children live free from violence in safe communities.***

The National Plan is made up of four Action Plans that build on each other over time so that we can learn from what we've done in the past and make changes for the future.

Over the first three years, we've laid a strong foundation to reduce violence against women and their children.

#### What is the Second Action Plan?

The Second Action Plan is an important next step for the National Plan. It focuses on moving ahead and building on the foundations set in the First Action Plan. It runs from 2013 to 2016 and describes 26 practical actions that all governments have agreed are important to reduce violence against women and their children.

Through these 26 actions, we are doing more work to:

- Get the whole community involved to stop violence from happening in the first place.
- Learn about and stop violence against Indigenous women, women from culturally and linguistically diverse backgrounds and women with disability.
- Improve how systems like the police, courts and legal system work together and with services that support women who have experienced violence and with men who commit violence.
- Improve programmes for men who commit violence so that women are safe.
- Find out more about what works well in stopping violent behaviour and supporting women who need help.

You can find out more about the Second Action Plan and its actions by going to [www.dss.gov.au/NationalPlan](http://www.dss.gov.au/NationalPlan).

### How was the Second Action Plan developed?

To develop the Second Action Plan, national roundtables were held in February 2014, attended by around 100 experts and organisations. We also received over 50 written submissions. In 2013, we consulted with a lot of people about particular actions under the National Plan, including: the Foundation to Prevent Violence against Women and their Children; Australia's National Research Organisation for Women's Safety (ANROWS); and work around perpetrators of violence.

### How can I support the Second Action Plan?

Reducing violence against women and their children is everyone's responsibility and a long-term challenge. By working together and challenging the attitudes and behaviours that allow violence to occur, we can create real and lasting change in our communities. There are different ways you can get involved. You can:

- encourage gender equality and speak out against violence against women and their children in your family, community, workplace or sporting group
- volunteer or donate to your local women's service, youth group, homeless shelter, Indigenous or multicultural group or get involved with community or local government organisations
- check out [www.theline.gov.au](http://www.theline.gov.au) and promote respectful relationships in your family and community
- connect with the Foundation to Prevent Violence against Women and their Children [www.preventviolence.org.au](http://www.preventviolence.org.au)
- follow White Ribbon on Facebook (/WhiteRibbonAustralia) or Twitter (@WhiteRibbonAust)
- connect with the National Women's Alliances [www.dpvc.gov.au/women/news/2013/six-national-women-s-alliances.cfm](http://www.dpvc.gov.au/women/news/2013/six-national-women-s-alliances.cfm)
- learn about Australia's National Research Organisation for Women's Safety [www.anrows.org.au](http://www.anrows.org.au)
- look at key statistics, including from the Personal Safety Survey and the National Survey on Community Attitudes towards Violence against Women
- look out for the National Plan Communications Strategy that will be released next year. It will tell you more about how you can get involved.

### The four Action Plans under the National Plan are:

The First Action Plan: Building a strong foundation (2010-2013)

The Second Action Plan: Moving ahead (2013-2016)

The Third Action Plan: Promising results (2016-2019)

The Fourth Action Plan: Turning the corner (2019-2022)

### How can I find out more?

To find out more about the National Plan and the Second Action Plan, go to [www.dss.gov.au/NationalPlan](http://www.dss.gov.au/NationalPlan)

An Easy Read version of the National Plan is on the website too.

### Do you need help?

If you or someone you know is experiencing domestic and family violence or sexual assault, get help by calling:

- 000 if you, a child, or another person is in immediate danger
- 1800 RESPECT – 1800 737 732
- Relationships Australia – 1300 364 277

*From the Australian Government Website—Dept. of Social Services.*



# ZONTA



INTERNATIONAL

## THE STRUCTURE OF ZONTA INTERNATIONAL

### THE ZONTA INTERNATIONAL BOARD

The Zonta International Board directs the affairs of Zonta International. It consists of **four elected officers**, who constitute the executive committee, and **seven elected directors**. The Board is elected at biennial international conventions. The four elected officers are:

- ◇ The President
- ◇ The President-Elect
- ◇ The Vice President
- ◇ The Treasurer/Secretary

### DISTRICTS

For administrative purposes, Zonta International divides the world into districts, each under the supervision of an elected governor and district board. The governor is the link between the district and the ZI Board via a board liaison. The governor and the district board set goals and develop strategic and biennial plans for the district. While responding to local needs, the district goals shall be aligned with the current biennial goals adopted at convention and the Zonta International strategic plan, and focus within the context of Zonta's mission.

A district conference is held at least once during each biennium to promote the objects and programs of Zonta International and to conduct the business of the district. The governor, lieutenant governor, treasurer and, in some districts, the area directors (and optional vice area directors) are elected at the district conference. The governor is formally installed at the international convention. The district board takes office at the close of the next international convention. The district board includes:

- ◇ Governor
- ◇ Lieutenant Governor
- ◇ Area Directors (and optional Vice Area Directors)
- ◇ Treasurer
- ◇ Secretary (as appointed by the Governor and has no vote on the district Board).

### AREAS

- ◇ With the approval of the majority of the clubs affected, the district board shall establish areas and outline their boundaries to implement the administrative functions within the district.
- ◇ Areas shall be named in numerical order.
- ◇ An area is an administrative subdivision of a district.
- ◇ Each area holds at least one meeting or workshop annually for all the clubs in the area.
- ◇ The area director and optional vice area directors can be elected at this meeting or at the district conference.
- ◇ The area director is a member of one of the clubs in the area, acts as a liaison between the area clubs and the district board and stays in contact with clubs in the area.
- ◇ In some districts, the vice area director assists the area director in the performance of area duties and performs the duties of the area director in the absence or inability of the area director.

### CLUBS

The individual Zonta club is the basic organizational unit of Zonta International. A club shall be accepted as a member of Zonta International and issued a charter if it has paid dues and fees, and provided it has elected officers, is represented by a variety of classifications specified in Article IV, Section 2.(b) Diversity of Classification, has the minimum charter membership, and has met any other requirements established by the Zonta International Board. The rules of club operation are stated in the Zonta International Bylaws and the club's own bylaws.

*(From the Zonta International Club Manual)*

**Profile: Jan Landsberg**

*It is quite timely to publish Jan's profile as she takes up the position of Area 2 Director.*



I was born in Rockhampton the younger of two girls. I am a fourth generation Central Queenslander on both my parents' side, with my ancestors arriving in Rockhampton in the 1860s and 1870s from England, Wales and Prussia.

I lived in Rockhampton until after my junior year and then went to boarding school in Brisbane to finish my schooling and university. I studied Occupational Therapy, our group was small and we still have a close friendship, with everyone still in contact and with regular get togethers, some fifty years later. After graduation I returned to work in Rockhampton for one year, where I worked as the first Occupational Therapist at the Rockhampton Base Hospital.

I then returned to Brisbane and started my work with people with disabilities at the Cerebral Palsy League of Queensland. After one year there I travelled overseas and lived and worked for two years in the UK, Europe, USA and Canada. By then my sister Moya had moved to the USA, where she still lives, so this was the first of many visits there to visit her and her family.

On returning to Brisbane I worked for a short while at the Royal Brisbane Hospital, but soon returned to the Cerebral Palsy League where I worked for most of my career in a range of roles, initially as an Occupational Therapist progressing to be Head of Department Occupational Therapy. Over the years I moved into more generic management roles and gained my Graduate Diploma in Management and then my Master of Business. Some of these roles included State Coordinator Children's Services, State Supervisor Activity Therapy Centres, Coordinator of Volunteer Services, Project Officer and Manager Sevenoaks Accommodation Service.

During my years as State Coordinator Children's Services it was a time when children with disabilities were starting to be mainstreamed, so I had significant interactions with the Education Department, including being a member of the Fourth Ministerial Council on Special Education Needs and arranged for specialist teachers to accompany League therapists on regional trips to support children and teachers. Another career interest was being Chairperson of the Board of The Independent Living Centre (now LifeTec) for ten years, seeing great growth in services to support people with disabilities and older people over that time.

At the end of 2004 I decided to move back to Central Queensland and semi - retire settling in Yeppoon, a place with many fond memories of earlier family holidays. Over the next few years I moved into working in Aged Care, firstly as Coordinator of Community Care Services for Centacare and then as Manager of Gracemere Gardens Aged Care Facility for Blue Care.

I enjoy travel and have enjoyed many interesting trips, one with a difference was in 1987 being chosen to be 'chaperone' for that year's winner of the Miss Australia Fundraiser Award and traveling to Europe for six weeks on an all expenses paid trip! (The Miss Australia Quest was then associated with the Cerebral Palsy League). Other interests include family history research, reading and research, current affairs, technology, photography and health and fitness.

I joined Zonta in 2005 on my return to Rockhampton, encouraged by my keen Zontian cousins Elizabeth and Berenice! However, I soon found that the Zontian philosophy was very much in tune with my life long interests in women's issues, social justice and human rights.

I have found that connecting with other Zontians and becoming involved in the different levels has given me a much better understanding and appreciation of what Zonta does. I have attended all the Area Meetings and all but one District Conference. I have also attended International Conventions in Rotterdam (Netherlands) and San Antonio (Texas USA).

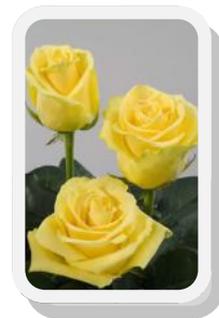
I am enjoying my involvement with Zonta and have undertaken a number of club and district roles, including as a Club Board member, President, Chairman of the Membership and Service committees and during the 2010 - 2012 and 2012 - 2014 biennia, the District 22 UN Chairman. For the upcoming 2014 - 2016 biennium I have been elected to the role of District 22 Area 2 Director and am looking forward to broadening my horizons with this new Zonta challenge.



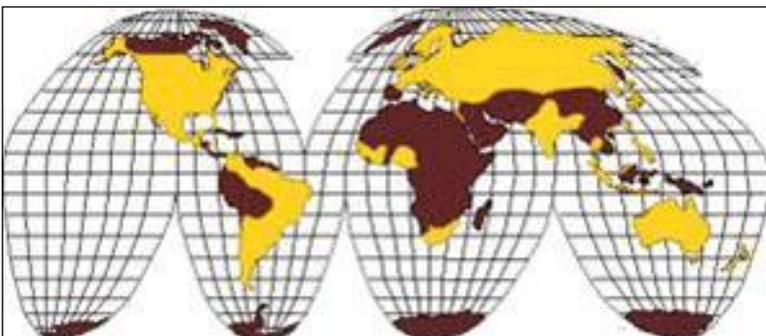
AD Denise Wilschut (far right) installed and congratulated the incoming 2014-2015 Board members at the June Club dinner meeting. From left, Deanne Smith (Director), Karen Sisley (Director) Cathy Neilsen-Lee (Treasurer) Trish Collins (Minutes Secretary) Judie Pettitt (Vice-President) Rosalie Welburn (President). Absent from photo Kaye Clark (Correspondence Secretary) and Shirley Francis (Director).



Incoming President Rosalie Welburn congratulated outgoing President Meredith Sutherland, presented her with flowers and thanked her for her dedication to the role of president.



Zonta maintains a presence in countries marked in Gold.



**District 22**  
 A Queensland Australia  
 B Northern Rivers Inc.  
 New South Wales Australia

