



Zonta Whitsundays Newsletter July 2019

President's Report



June and July were always going to be very light months as lots of auspicious members are away on holiday, travelling distant lands, getting ready to be a grandma, selling up and generally moving on. That certainly hasn't daunted those who stayed in Airlie to party like it's going out of fashion at the Airlie Beach Foreshore opening. Wow! We are so lucky to have such a lovely new area on the foreshore and it does make us locals very proud.

We also celebrated our 'Zonta Ladies wot lunch' at the Sailing Club last Thursday (27th June) when we all had fabulous lunches and drinks; a great gossip and lots of laughs. Don't forget ladies that we will always be having a 'Zonta Ladies wot lunch (ZLWL)' every last Thursday of the month. Next month, will be at 12.00 at the Hogs Breath.

Wendy would also like me to remind everyone to think about attending the D22 District Conference in Brisbane as we only have until the end of July to register the delegates and she will be very lonely on her own!



The July General meeting was a re-sounding success with the number of ladies in attendance

AND the fantastic food that was brought by members. I'm sure My Kitchen Rules will be wishing they had been there to experience the delicious culinary delights.



Table 1 won a plethora of incense sticks as they won the table mind-game (there is a different game every month to keep your brains ticking over and to

President's Report (cont.)

give you the opportunity to work with different members and get to know them) Next month will be some tangrams to puzzle out so come with your thinking caps on.

Next month, we are having a guest speaker from the Queensland Ambulance Services to help us refresh our general first aid and first response so we can keep up to date with all the new legislation regarding how to treat a sick loved one.

Looking ahead, the Reef Festival is already getting into gear so start thinking about what you could wear for "The Living Reef" theme, so start knitting that mermaids' tail!

Thank you everyone, for being so supportive for my first members meeting and hope all the rest will be just as well received.

Best wishes

Patsy



PJ, Patsy, Mae, Laura and Ann enjoyed Member's & Friends lunch at the Sailing Club. Ann was the photographer!

The next lunch will be at Hogs Breath Café on Aug 25th.



Membership Report

It has been brought to my attention that some members are failing to contact Claire if they are unable to attend a General meeting. **If you fail to let Claire know by midday the Tuesday before the meeting you will be required to pay for your meal.** Claire's email is: clairejardine@live.com Once Claire has notified Linda (the cook) with numbers ZONTA is charged for those meals.

STOP PRESS

From the August meeting Cath Fernbach will be taking over from Claire so from August you will need to notify Cath (cathfern@bigpond.com.au) with your apologies.

We have now got a Leave of Absence form available to any member who will be absent for a considerable length of time to fill in and present to the board for approval which will then be put on Claire's list as a permanent apology until they advise otherwise. If you would like this form please email me carlandjudy@whitsunday.net.au and I will send it to you.

Our next Members and Friends luncheon will be on Thursday 25th at Hogs Breath Cafe, 12 noon. All are welcome. Our next morning tea will be Thursday August 8th 10am Rainbow Cafe.

Judy Brown Membership Director



Congratulations Pammie Harrison:

10 years a Zontian.



Advocacy Report

Hello everyone.

Not a lot to report this month as project proposals and awards are being processed. Firstly, Roz notified Jacqui (Yasi's teacher) from Proserpine High school that Yasi was accepted to receive the A&A award. For her privacy, it was decided that we would not contact any media or request photos. Here is Jacqui's letter.



Morning Roz,

You wonderful ladies take my breath away. So kind, caring and generous – Yasi will be stoked. Please let us know when you have a sausage sizzle, etc so we can come and help out.

Thanks again, it is so heart-warming to know there are still people like yourself that care so much about the wellbeing of struggling youngsters.

Have a great day,

Jacqui

How good is it to get that feedback? We will definitely stay in contact with Jacqui and Yasi and follow her future progress.

The Coverall Modesty Blankets for SNP are under way. Dawn and the sewing team have been given some material which they are testing for suitability. I notified Dee Fraser of the Project's approval and she was thrilled and can't wait to see them.

Rally girls update:

Extract from Mel at Rallycars.com.au.

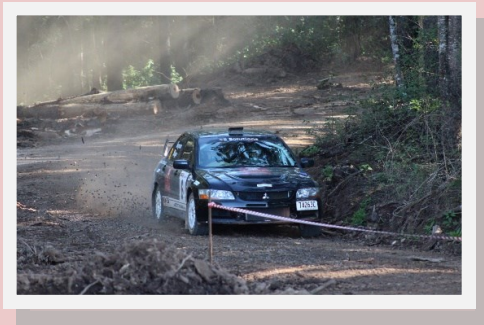
Pictured is the 3rd place trophy, and another type of trophy — the rock that a kind and forgiving official gave me after the event, saying I hit him while he was on the side of the road! (Not sure which trophy I like more). The 3rd round of the 2019 P3 Solutions Queensland Rally Championship is the Accent Benchtops Working Dog Rally 2019 in Bonalbo, NSW on 20 July.

**No officials were injured in the making of this win! **

How good are these ladies? The only all women's team showing the men how it's done and still proudly displaying our Zonta logo. They are well and truly in the race (pun intended) to rank highly or even WIN the entire competition. I'd like to think we were instrumental in empowering them from the first round. We wish them all the best for round 3 this month! Will keep you all updated on their progress.



Advocacy cont.



The girls in action

Just like to thank Qld Rally Championships for this photo of the car as on their Official Queensland Rally Facebook Page thumbnail photo. <https://www.facebook.com/queenslandrallying>. You can also read more about the girl's adventures during the rally and see some video.



Zonta International

This month Zonta International moved into a new home:

You can now find them at:

Suite 330, 1200 Harger Road,

Oakbrook IL 60253

Telephone numbers will stay the same.

Or you can email them at zontaintl@zonta.org with any questions.

Finally, if you have any advocacy suggestions, ideas or young women we could support please let me or the Advocacy Committee know. We are always happy to hear them and bring it to the committee.

Thank you everyone and have a great day.

Amanda Walter

Advocacy Director.



Service Report

There has been a good response to the call for members to take on organising roles in lieu of a Service Director. We have members who have put themselves forward to organise the BBQs, the Bowen Cup, IWD and the Christmas gift-wrapping. Thank you. However, it would still be nice to have someone to co-ordinate all of these groups. So, if you think that you could do this (the committees have been sorted!), Patsy would love to hear from you.

Cath Fernbach has accepted the role of attending to GM attendances. So, from the August GM all apologies will need to go to Cath: cathfern@bigpond.com.au. Also, Mary (Mez) has taken on the database entry duties. Thank you ladies.

Many members have indicated that they will be there to help on BBQ's, gift wrapping, etc.

Keep an eye out for the rosters.

Maxine



Bunnings BBQs:

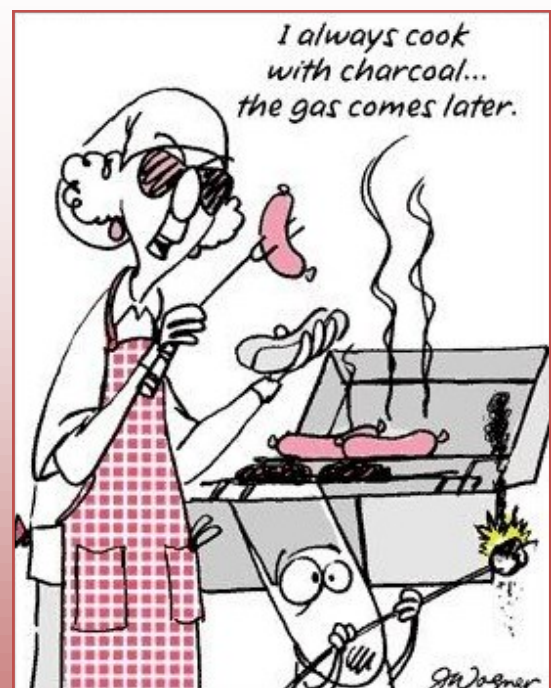
Sunday Aug: 18th

Co-ordinator: Marlene Reifel

Saturday Aug: 24th

Co-ordinator: Marlene Reifel

Look out for the Rosters at the next GM.



Advocacy Spotlight:

Domestic violence and cruelty to animals

Submitted by Christina della Valle

Last week I went to the hardware store to buy some shade cloth for my cat enclosure. I chatted to Sally (name changed) who served me, explaining her what it was for. Like almost everyone she knew that I run the Animal Rescue Whitsunday and enquired about the animals. She started talking... "My father was terrible with his dogs. He neglected them, didn't feed them properly, never desexed any animals, but mistreated the puppies. He didn't care whether they lived or died, but there was no way we could actually take them away and look after them. He didn't treat us 7 kids any better anyway, beating us up with a hose, controlling our lives until we left home." I asked: "What about your mum?" "She died 1 year after giving birth to her 7th child, my baby brother; I was 12. She was his slave, but before she died, I promised her I would look after dad. I raised my siblings and looked after dad. I couldn't wait to leave home!" "How are your siblings?" "The oldest turned out to be like dad, us 5 sisters are fine, and my youngest brother takes after us, not dad! Dad is now 94, hasn't changed a bit." Sally chuckles: "he is in hospital at the moment and tries to bully the nurses, with little success!" I looked at her and said: "It's a miracle how well you turned out!" I could have wept for her and all those women and children who go through life bullied by a controlling father, seemingly leading normal lives! The abuse often starts with animals and progresses to children and women. The abuser NEVER takes on an equal male, because they are cowards.

It hasn't even been 5 months since I opened Animal Rescue Whitsunday and already, I could write a book! About failed relationships, where the animals are collateral damage; abused animals that get rescued by someone who cares; un-desexed animals, cats and dogs, who breed and then get abandoned. Abandoned horses just left somewhere, from full blood racehorse who didn't win enough races, to a quarter horse who was just not convenient anymore. But contrary to domestic violence, there are lots of people in the community who care, because it is not as hidden as domestic violence. They actually adopt rescue animals, they donate money, food and bedding, they offer to volunteer.



***Kareela, the full blood
abandoned race horse***



Betty the gutter cat giving birth in a safe place.



Puppies that found a home

Advocacy Spotlight cont.



Jetta, almost run over. Her owner wanted her run over!



Paul— abandoned at Conway

I can try to help the animals that are unwanted but I can't solve the problem.
Whether we will ever get closer to a solution— I don't know.

Christina della Valle

Member's Moments

As we all know, Sandii & Neil Hansen are on an adventure around Australia. At the moment, they are in Jabiru, Kakadu National Park. They will be there for a few days before starting their journey West. "We are loving every minute of it", says Sandii. "So much to see; so much to do. Happy Zontioning!! Cheers everyone."



Mindil Markets, Darwin at sunset



Ubirr Rock, Ubirr Gorge: Kakadu



*Cahill's Crossing— if
you are game*



Fireworks: NT Day



The happy travellers

Member's Moments



A couple of ladies celebrating birthdays this month



Nothing wrong with my eyesight!
How many saw me turn the candle around to light it!!!



Kerrie and Ken Adam have purchased a home in Stant-horpe. They are locals now!!

Introducing Ellenore (Ellie) Dunn. The second Great grand daughter for Noelene in 26 days! Ellie was born in Brussels on June 20th to Noelene's Grandson Andrew and his wife Sarah. Noelene reports that both great grand daughters (Luna and Ellie) are doing well and she is now ready for a break— 2 great grand daughters in 26 days has been rather tiring!!

Congratulations, Noelene. A job well done!!



Member's Moments Cont.

Janice was asked by several members for her Roasted Vegetable salad recipe: this is it.

Roasted vegetable salad with rosemary and balsamic

From "ccoking passions: food for friends" by Nico Moretti

Serves 6-8 as a side

4 raw beetroot peeled and cut into wedges
6 small gourmet potatoes washed dried and halved
300g pumpkin cut into 2cm squares
300g sweet potato peeled and cut into 3cm squares
1 red capsicum seeded and thickly sliced
2 tbsp. fresh rosemary needles
3 tbsp. olive oil
1.5 tbsp. balsamic vinegar
2 handfuls of salad leaves
Salt and pepper

Preheat oven to 220c. Toss beetroot and potatoes in a drizzle of olive oil, to lightly coat, sprinkle with salt and pepper and one tbsp. of rosemary. Spread onto a baking tray in one layer and place in the hot oven for 30 minutes or until tender. Set aside.

Toss pumpkin, sweet potato and capsicum in olive oil to lightly coat, sprinkle with salt and pepper and one tbsp. of rosemary and spread on a baking tray on the single layer. Place in hot oven for about 20 minutes, checking for doneness in the last 5 minutes.

To serve, place the salad leaves on a large platter, drizzle with one tbsp. each olive oil and balsamic vinegar and season with salt and pepper. Place cooked vegetables, warm but not hot, on top of the dressed leaves and drizzle with a little more balsamic. Toss gently and serve.

The key to roasting vegetables is to have the oven nice and hot, cut all the vegetables to about the same size and coat lightly in oil. Cook firmer ones such as beetroot and potato for longer than softer ones like pumpkin.



Dates to remember:

General Meeting: Thursday, July 18th

Members and Friends Lunch:

Thursday, July 25th 12noon

Hogs Breath Café

Coffee Morning: Thursday August 8th at

Rainbow Cafe : 10AM

Bunnings BBQs: Sunday August 18th

Saturday August 24th



Birthdays for July:

15th: Angela Spicer

16th: Christina della Valle

17th: Kerrie Adam

18th: Dawn Green

18th: Pammie Harrison

23rd: Joanne Richardson

25th: Ann Cleghorn

31st: PJ Halter



Apology: Last month I published that Mae McPhie helped us establish our club and then fell from the sky. It was actually **May McPhail** . So, apologies to May.

Life's lighter moments



President: Patsy Morgan
Vice President: Carol Bolton
Secretary: Janice Lake
Treasurer: Laura Morrison
Newsletter Editor: Maxine Thiele
Contact details: zontclub7@hotmail.com

Zonta Club of the Whitsundays celebrating 20 years of service and Advocacy.

My guests always stick around my kitchen.
Maybe I should mop it!



Nah— rather do the Newsletter!!