

Coral Coast Chat

 **Zonta Club
of Bowen**
Member of Zonta International

Club 1476 Area 7 District 22

January 2008

Address PO Box 916 Bowen Queensland 4805 www.bowen.zontadistrict24.org

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Diary Dates

*Club meets every 2nd Wed
of the month at 6:45 pm
venue TBD*

- Jan 16** General meeting 6:45
Central Hotel
- Jan 16** Committee meeting
6:15 Central Hotel
Finance, PR, Program
- Date** Committee meeting
TBD SOW, OCM, SG
- Feb 5** Board meeting 5:15 CHR
- Mar 31** deadline for Convention
early bird registration fee

Contacts

President Rhonda Nilsson
nilsson2@optusnet.com.au
043 8756233

Treasurer Angela Cornwell

Secretary Lynette Klukas

Attendance for Board Meeting
Lynette Klukas 4785 0000 (h)
4786 6996 (w)
lynette.klukas@bigpond.com.au

Attendance for Monthly Meeting
Bev Lowcock 4785 0221 (h)
4785 9824 (w)
blowc1@eq.edu.au

Newsletter Hortense Ingram
Editor 4786 4606

Please send submissions to
ghingram@optusnet.com.au

From the President's Pen

Happy New Year to everyone. May 2008 be a happy one for you.

June will rush around sooner than we think and as you know that is hand-over month for Zonta. Over the next month or so, please think about all the different positions available in Zonta and be ready to nominate when the nominating committee sends out the email. Those positions are:

*President
Vice President x 2
Treasurer
Secretary
Board Members up to 5*

The nominating committee will be announced at this month's dinner meeting, so feel free to contact them with any queries.

I'm sure you too would have received a personal mail out from Zonta International Foundation asking for direct donations to our various causes. I would like to send my contribution through the club so that our club gets the kudos for the donation. So if anyone else wants to do that, please get your contribution to Angela by February dinner meeting, then just one cheque can be sent over to Chicago.

Our Christmas function was enjoyable and a fitting finish to a successful year. Thanks to all those behind the scenes making sure it ran smoothly.

This month we will trial a change of venue - something the club has talked about for years. We will discuss this further at the dinner meeting.

I'm off to the Sydney festival at the end of the month - one of the stage shows booked is the Billy Elliot show, also Cate Blanchett's first directed play at the Sydney Theatre Co - Blackbird. It's a girl's only trip so we've got something booked each night!

*Cheers
Rhonda Nilsson*

DID YOU KNOW?

Rotterdam Convention website
www.zonta2008.com
has all the latest information

The Spirit of Christmas



Through its ongoing fundraising efforts and member donations, the Club hoped to make a difference this Christmas in the lives of others.

The finance committee organised a special Christmas Eskie filled with donated and purchased Yuletide goodies. In excess of \$750 was raised in selling raffle tickets.

On behalf of the Zonta Club of Bowen, Bon Wharley made a personal donation to our *Hope for the Children* sponsor child. Her gesture enabled a young girl to celebrate Christmas and buy a raincoat and school bag.



Christmas Toys Appeal for Palm Island



The situation with children affected by domestic violence in Palm Island is quite desperate. We were happy to assist Australia's CEO Challenge and White Ribbon Day in Qld through DV Connect in an urgent request to purchase Christmas presents.

Our donation was used by the *Palm Island PCYC* for Christmas presents for approximately 350 children under the age of 12. The gifts included sporting gear, books and art supplies which are long lasting and promoted healthy lifestyle choices.

Bowen Neighbourhood Centre

The combined Club and members' contribution of over \$500 went towards the purchase of food for the annual Neighbourhood Centre Christmas hampers. The Club also handed over a hamper filled with goodies on behalf of the *Commonwealth Bank's Social Club*.

The hampers were distributed by the Neighbourhood Centre to singles and families, so all could have a Merry Christmas.

Rhonda hands Cheryl Throssell Vice Chair of the Bowen Community Council a cheque.



Christmas Function

It was great to see so many Zontians and their guests enjoying the festivities at the Christmas dinner. Members provided the entertainment, each group presenting a different amusement. The fun started with a verse “why Santa has to be a woman”. Did you know that all the reindeer are females? The evening included music, games and recitation. Not sure what was in the drinks at Veronica’s table that kept them laughing so much? The table decorations made by Bev added a nice touch.



Treasurer Angela Cornwell and husband David



As we reflected on our achievements for the year, each Zontian was filled with a sense of pride, knowing they helped to put a smile on a few children’s faces this Christmas.

Committee Clippings

Board Meeting Jan 8

Funds to Zonta International

Having reviewed the budget within the Strategic Plan for 2008, it was decided to forward \$2,500 to Zonta International. In addition, if members would like to reply to the personal request from Zonta International Foundation collectively on behalf of the Club, please give your contribution to the treasurer at the February meeting.

New District Number for Queensland

Due to the separation from NSW/ACT, Qld is now District 22.

Thank You Letters

The Club has received thankyou letters from those charities which recently received a Christmas donation.

Nominating Committee

Three members are required for the nominating committee, who preferably have experience with some of the Club's positions.

Change of Venue

The Central Hotel will be on trial for a change of venue for the January general dinner meeting. Discussion to follow.

Membership

Results of the survey were analysed. Most members preferred to contribute to local causes. Currently the Club has 15 active members.

United Nations

Liberian Women Complete Police Training

Under the UN initiative in conjunction with the Liberian Police Force and the government a special training program aims to bring the education level of women up to high school graduation. This will qualify women for police training. Over 100 women completed the course bringing the total to 10% of the entire force. Female officers are successful in handling cases of sexual and gender based violence.

Status of Women

International Women's Day Lunch 2008 Queensland Women: Shaping the Future Bowen Golf Course

Date to be determined Mar 8 or 9th

Planning is underway for this major event. This year the Qld Government encourages all women to challenge the media's and society's fixation on the "ideal body". The theme aims to inspire women to look into themselves rather than at themselves. By remembering their actions mean more than their looks, Qld women will truly embrace the spirit of IWD 2008.

Communication and PR

Display Book

Items are currently being collected for the display book.

The display book is designed to highlight and show case the Zonta Club of Bowen to visitors and perspective members. It will include the following:

- our mission statement and goals
- description of what we do locally and internationally
- description and photos of significant events
- media releases
- letters of appreciation and awards
- partnerships and sponsors

If you have something worthy to place in the book, please notify Hortense Ingram.

Finance and Fund Raising

- The Christmas raffle was very successful.
- Chocolate sales will continue after the hot weather.
- A movie premier is till in the pipeline.

Likeability has something to do with how you look but a lot more with how you make people feel.

Happy Belated Birthday

**Christine Coventry Nov 22nd
Nan Hansen Dec 15th
Veronica Hickmott Jan 8th**

Member's Moments

A Wonderful and Unusual Christmas Present

This Christmas, Werner and I were the recipients of a wonderful and unusual Christmas present. Through the World Wide Fund for Nature, our daughter Judy and her family adopted Monty the Green Turtle on our behalf.

The green turtle is one of the threatened species which are on the adoption program. This is not only a fun and unusual gift, but the proceeds raised will enable the WWF to help species like this in the wild.



The adoption is symbolic, it does not support one particular animal, and it helps fight the threats faced by species like these, threats such as land clearing, climate change, invasive plants, feral animals, marine and water pollution.

We received an adoption certificate, a photo of Monty and a fact sheet plus one year's subscription to Living Planet. Other members of the family received the adoption of a sugar glider and a whaler shark. It is a most unusual present but one to which I could fully relate and was most thrilled to receive.

Lynette Klukas

New Year Social Lunch

A few members attended the social lunch at the Central Hotel on January 5. It was a great time to catch up with everyone's holiday news. We also had the opportunity to sample some of the food and meet the manager who showed us the private function/meeting room.

Rhonda Nilsson has received a *Coastalcare "Local Hero"* award. The award recognises her work on behalf of the Queens Beach and Kings Beach action groups which maintain natural coastlines in the area.

BIG THANK YOU

to Lynette Klukas for a great job producing Oct and Nov editions of the newsletter.

From the Hen's Hutch



What To Do With All Those Ripening Mangoes?

This is an easy recipe liked by all, especially children in hot weather.

Mango Weiss Bars



1 cup sugar
1 cup water
1 ¼ kg peeled and sliced mangoes
1 tablespoon lemon juice
300 ml thickened cream

Place sugar and water in a saucepan and stir over low heat until sugar dissolves. Bring to boil and boil for 5 minutes or until syrup thickens slightly. Cool to room temperature.

Blend mangoes and lemon juice with syrup until smooth. Combine 1 cup of mango mixture with cream but do not beat. Put cream mixture in a foil lined container and freeze. When firm place mango mixture on top and freeze again. Cut into slices and keep in freezer.

Optional - Chopped Macadamia nuts can be added to the mango cream mixture.

Mangoes are a highly nutritious food, very high in beta carotene, Vitamin C and fiber which can help:

- aid digestion
- lower cholesterol
- reduce risk of heart disease, cancer, high blood pressure and stroke.