

East-Enders

May 2024

“Building a Better World for Women and Girls”

President’s Patter



In April, we had a small but productive Breast Cushion working bee at Jo’s home. Thank you to Jo and to those who attended.

Jo and her sister Michele had made a couple of cushions with different material to showcase at the International Convention coming up in June.

This led to the question about whether other countries do this project. Kirsten mentioned that she didn’t recall hearing about Zonta clubs producing breast cushions in her home country – The Netherlands.

Breast Cushions are possibly the most widely known Zonta service project in Australia. Probably because by 2013 over 50,000 cushions had been made and delivered across the country. Unfortunately, I couldn’t find more updated figures, but with most Zonta clubs participating and making between 500 and 1000 per year it must be a considerable number.

This is what I have discovered about the beginning of breast cushion project that is vital to the health and well-being of so many women and men recovering from breast cancer.

The Breast Cushion was initiated by Zonta Club of Botany Bay in 1995 by a member whose friend was recovering from breast cancer surgery.

- Adopted by other Zonta Clubs in Districts across Australia progressively from 2000.
- Endorsed as a District 24 Project 2005.
- Also adopted by Zonta Clubs around the world since being showcased at the Zonta International Convention in Melbourne in 2006.

The project has been active in places as far flung as Germany, Canada, the USA, New Zealand, and Macedonia (where the project began in 2007 to mark the third anniversary of the chartering of the Zonta Club of Skopje), and in Sri Lanka in 2012 by the Zonta Club of Colombo.

This is a reminder that a seemingly small idea to help a friend in need can grow to become a worldwide project which continues to have a positive impact on so many.

At our April meeting, we welcomed scholarship recipients Nghi (2023) and Farishta (2024). They updated the members on their ambitions and university progress. The members offered support and encouragement.

The next few months will be a busy time with the AGM in May and countdown to ZI Convention in June. I look forward to both events as an opportunity to engage with our members and international members at the convention.

Susan

Editorial

Each May, Queensland hosts DFV Prevention Month to raise awareness of the impact of domestic and family violence and engage communities across the state in campaigns to prevent violence and harm. This year the theme is "It's in our control to end coercive control".

What can we do during this month?

- Access information / resources and promote this knowledge in your community. Have a look at websites such as:
[Domestic and Family Violence Prevention Month | Community support | Queensland Government \(www.qld.gov.au\)](#)
[Respect.gov.au – Violence against women. Let's stop it at the start](#)
[Campaigns - Domestic Violence Prevention Centre](#)
- Attend a candlelight vigil – Zonta Brisbane East is supporting the Bayside DV vigil on 9th May. Meet at park behind Pandanus Beach, Wynnum approximately 5.15 p.m. (perhaps wear your Zonta shirt)
- Support an event that is raising funds or resources for a domestic violence service.
- Share a post on social media!
- Join Zonta Club of Redcliffe in Saying No to Domestic Violence at the Dolphins Rugby League Respect Round 11th May (Pre-Game). All details: [Zonta International District 22 | » QRL Respect Round – Redcliffe \(zontadistrict22.org\)](#)
- Attend Zonta District 22 Ltd Housing and Homelessness Working group Zoom seminar on 28 May, 6 p.m. – 7.30 p.m.
REGISTER NOW: [Housing Affordability for older women](#)
- Attend a Women's Safety and Violence Prevention Community Event: [Women's Safety and Violence Prevention community events calendar | Department of Justice and Attorney-General](#)

"I am only one, but I am one. I cannot do everything, but I can do something." (Edward Everett Hale) - So, this DFV Prevention Month what is your "something" going to be?

Jacinta

BAYSIDE DV CANDLELIGHT VIGIL: 9th May, 5.30 p.m. – 6.15 p.m.

Organised by Joan Pease MP, with support from Zonta, Rotary and SCOPE



May is Domestic and Family Violence (DFV) Awareness month. Each year, Joan Pease holds this Candlelight Vigil to send a clear message that Domestic Family Violence in the Bayside suburbs will never be tolerated. Insightful guest speakers will present before lighting of candles and walking onto the sand at Pandanus Beach for a moment of reflection.

Registration for the Bayside DV Candlelight Vigil is free and open to all: register here: [Bayside DV Candlelight Vigil | Humanitix.](#)

Ros is speaking at this event – show your support by attending with your friends and family as we take a stand against DFV together. All members, HonZons are encouraged to attend.

*Proceedings start in the park behind Pandanus Beach – try to meet from 5.15 p.m.
Fellowship following the event – fish and chips dinner.*

Family Fun Day: 9 June 10.00 a.m. – 2.00 p.m.

Zonta Club of Brisbane East has been invited to support this community event – the focus of which is to promote an awareness of domestic violence and the services that are available, and to take action to reduce the incidence of domestic violence. This event takes place at George Clayton Park, Wynnum.

Our club will have a stand, and resources, such as Safety Cards, will be distributed. It's an opportunity to partner with other community organisations who stand against gender-violence; to promote Zonta; to take action. Ros is our coordinator for this event, so please let her know if you are able to assist. Another opportunity to wear your Zonta shirts / caps etc.

Service:

Dignity Bag Assembly: 13th May

Kerstin is coordinating this assembly at Academy Science, Mathematics and Technology. Students will be donating handbags and toiletry items, and members of Zonta Brisbane East (and Zonta Brisbane River) will attend to promote Zonta Says No to Violence against Women campaign, and to assist collation. Bags will then be distributed to survivors of domestic violence through Share the Dignity, and local domestic violence services.

Breast Cushions Working Bee: 19th May, commencing at 10.00 a.m.

Jo will be hosting this working bee, so please let her know if you are able to attend.

Many ways to help (even for the non-sewers), and enjoy fellowship of working together.

Many thanks to those who assisted at our last Breast Cushion working bee. We have supplied the Redlands Mater Private Hospital with 30 breast cushions, the South Brisbane Mater Private Hospital with 37 cushions, and compiled about 30 cushions for Convention. Just under 100! GREAT JOB

Breast Cushion Working Bee: 22nd May, at Cannon Hill Anglican College, from 3.00 p.m.. Students will be supported by members and HonZons of Brisbane East to stuff, and wrap cushions.

Orange Lady Working Bee: 2nd June, 10.30 a.m

Jacinta will be hosting this working bee (adding promotion material to repainted ladies), so please let her know if you are able to attend.



At our April meeting we welcomed two of our Club Scholarship winners - Nghi Nguyen and Farishta Mohammed Ali (accompanied by her friend, Sakineh). Nghi, a former Balmoral State High School student is in her second year at QUT (studying Business) and Farishta a former student from Yeronga State High School is in her first year at QUT (studying Law). It is always inspiring to meet our scholarship winners and hear about their studies and aspirations for the future.

Mother's Day Gifts have been delivered to the Domestic Violence shelter which Zonta Club of Brisbane East has been supporting for many years.

Again, sincere thanks to HonZon Michele who crochets the rugs each year – feedback from the shelter is that the women really value their 'blanket made with love', and being able to snuggle into them gives warmth and comfort.

We added a range of other gifts for the children to wrap for their mums.



Fundraising:



Containers for Change

For those who are helping with our fundraising via “Containers for Change”, please collect cans and bottles (with 10c return label) and wine and spirit bottles (these do not have to have the 10c return label).

Drop your bag of recyclable bottles and cans to a Containers for Change depot and quote the number **C10671310**.

Our new financial year for Zonta – so far, \$11.50 deposited. Let’s aim to increase our monthly deposits. If you have been collecting bottles, but haven’t been able to drop to a deposit site, please bring these to the next Zonta meeting.

Fashion Parade: 20th June 2024

Blue Illusion at Carindale will host our fashion parade on Thursday evening, 20th June. Please save this date and invite family and friends to attend. Percentage of sales will come to Zonta Brisbane East – essential for funding our ongoing projects.

SAVE the DATE – more details will be forwarded.



Sausage Sizzle: 21st July 2024

Next shift at Bunnings Rocklea will be 21st July. So please try to keep your diary open to volunteer at this sizzle.

Many thanks to all who assisted at our last sizzle on 9th March – it looks as if you were kept very busy!

Fellowship:



Congratulations to Belle and Thomas who were married on 4th April.

Members shared a great afternoon tea, while hearing about their very special wedding day and seeing beautiful photos.

Annual General Meeting

Our new Board will be installed by District Governor Lyn Agnew at the AGM on 20th May. All positions have been filled – many thanks to members who accepted the nominations. Hopefully all members will be able to attend this meeting.

Members Fee

Reminder – members are to pay their annual fees by the end of May. If you haven't done so already, please do this now.

Ros has forwarded invoices which detail the amount, and account for electronic transfers.

Jane M Klausman Women in Business Scholarship

[Women in Business Scholarship \(zonta.org\)](https://www.zonta.org)

JMK Women in Business Scholarship program helps women pursue undergraduate and master's degrees in business management.

Women of any age, pursuing a business program with major field of specialization in accounting, economics, finance, business management, business technology, information technology, marketing, operations management, human resources management, international business, or entrepreneurship at an accredited university/college/institute, who demonstrate outstanding potential in the field and are living or studying in a Zonta district/region, are eligible.

Students must be enrolled in at least the second year of an undergraduate program through the final year of a master's program at the time the application is submitted to the local Zonta club. Applicants must still be in school at the time the scholarship funds are disbursed and must not graduate before April 2025.

Applications for this Scholarship are being accepted by the Zonta Club of Brisbane East until 31st May 2024. [2024-JMK-Scholarship-Application.pdf \(brisbaneeast.zontadistrict22.org\)](https://www.brisbaneeast.zontadistrict22.org/2024-JMK-Scholarship-Application.pdf)

Items of Interest

Circus in a Tea Cup fundraiser: [Artist Project: Circus in a Tea Cup 2024 \(australianculturalfund.org.au\)](https://www.australianculturalfund.org.au)

Vulcana is a community arts organization, combining the visceral nature of circus and movement with the perspectives and stories of participants to weave evocative and meaningful performance works. CIRCUS IN A TEACUP 2024 will invite survivors of domestic abuse to collaborate and devise a unique performance, presented in the Cremorne Theatre during 16 Days of Activism Against Gender-based Violence. It will create an ensemble response using circus, movement, video, storytelling, and design and provide a creative context for participants to share experiences of surviving, build new relationships and claim their space on a main stage.

Fundraising will run from 7 April – 31 May. Donations can be made at the link above.

DV Safe Phone

Mobile phones are collected, repaired and distributed (free) to domestic and family violence victims across Australia. DV Safe Phones are more than just a device – they are a means for connection, safety, education and support. [DV Safe Phone - Donate Phones, Donate Funds](#)

Zonta International Convention, 27-30 June 2024:

Although Early Bird registration has passed, you can still register to attend convention – [Zonta International | Brisbane 2024 | Women's Rights Convention \(zontaconvention.com\)](#)

You will need to know your Zonta Membership Number – this was included in the email you received from Zonta International on 18th January or contact Ros if you need assistance. Remember that the ticket prices are in US dollars, and GST will be added at online checkout. Book into workshops, and social events and tours.

Welcome to Convention Dinner for District 22 members.

26th June 2024, from 6:30pm – 9:30pm at The Charming Squire, 3/133 Grey Street, South Bank, Brisbane. This event is open to all D22 members (even if not attending the convention), partners and friends.

Purchase tickets at this site: [ZI D22 Welcome to Convention - Sticky Tickets](#)

Zonta Convention Tour – Recipe for Circus in a Teacup (hosted by Zonta Club of Brisbane North Inc): **26th June 2024, 8.00 a.m. – 12 noon. \$60 per person.**

Private tour of Vulcana Arts Hub; explore how arts-based programs can support long-term recovery of women who have experienced domestic and family violence.

Purchase tickets: [Zonta-Convention-Brisbane-2024-CIT-Tour.jpg \(2205x1103\) \(zontadistrict22.org\)](#)

Diary Dates

09 May 2024 – Bayside DV Candlelight Vigil, Pandanus Beach Wynnum

13 May 2024 – Dignity Bag Assembly, Academy Science Mathematics and Technology

11 May 2024 – Zonta Redcliffe Rugby League Respect Round

19 May 2024 – Working Bee for Breast Cushions

20 May 2024 – Club Meeting and AGM - Hybrid

22 May 2024 – Breast Cushion Working Bee, Cannon Hill Anglican College

02 June 2024 – Working Bee – Orange Ladies

06 June 2024 – Board Meeting – TEAMS

09 June 2024 – Family Fun Day / Zonta Stand, Wynnum Manly

17 June 2024 – Club Meeting – TEAMS

20 June 2024 – Fashion Parade, Blue Illusion Carindale

26 June 2024 – District 22 Welcome to Convention – Charming Squire, South Brisbane.

27-30 June 2024 – Zonta International Convention, Brisbane Convention & Exhibition Centre

04 July 2024 – Board Meeting – TEAMS

15 July 2024 – Club Meeting – TEAMS

21 July 2024 – Bunnings Sausage Sizzle