

# East-Enders

July 2022

*“Building a Better World for Women and Girls”*



## *Presidents Patter*



I have had a few different ideas floating around in my mind for this month's patter. Maybe because it is school holiday time I have been unable to pin one down. With more 'spare' time than usual I have had the opportunity to indulge in one of my past times - reading.

Both professional reading and reading for pleasure have filled quite a few hours. The most recent book that left quite an impression was Michael J Fox's memoir covering the decade following his diagnosis.

His journey from the beginnings of his career, with its highs and lows, followed by his diagnosis of Parkinson's disease, culminates in an acceptance of what the disease meant to him and his family. The title of his book is "Lucky Man" and he talks about what Parkinson's has given him: the chance to appreciate a wonderful life and career, and the opportunity to help to search for a cure and spread public awareness of the disease.

Diagnosed in 1991, it was not until 1998 that he announced that he had been diagnosed with the disease. He had been fighting the disease and by the time the public became aware, he had stopped grieving for himself. It was with the support of his wife, family and friends that he was able to deal with the illness.

This is just one of many books that have left a lasting impact of me. If you would like to share your response to a book or article that you have read, recently or in the past, please send to Ros by the end of the month and we will include it in our Patter.

*Valerie*

## June/July/August Meetings

At our June meeting it was decided that both our July and August Meetings will be held by ZOOM only. We will have a special guest speaker at each meeting also presenting by ZOOM. Apart from keeping us all out of the cold using ZOOM will enable better screen sharing of information provided by our speakers. In recognition of NAIDOC week with the theme “*Get Up, Stand Up and Show Up*” our speaker in July will be Dr Mary Graham, Adjunct Associate Professor (UQ), and Doctor of Philosophy, (QUT).

## Member News

Jo and Ros enjoyed catching up with former Club Member Bianca Capra. Bianca was the Guest Speaker at the Zonta Club of Brisbane South’s Amelia Earhart Brunch. Those who know Bianca would well understand that she has continued her passion with aerospace engineering in Canberra and gave an excellent presentation. She is now an active member of the Zonta Club of Canberra Breakfast and a member of the Zonta International Amelia Earhart Fellowship Committee which assesses all applications for the AE Fellowship.

A number of our members are on the move this month. Valerie enjoyed a short cruise in June, Jo spent a couple of weeks in Hervey Bay and this month we have Susan, Jacinta and Lyn all taking a break with Margy travelling to the US to visit her daughter and family. Enjoy your travels and stay safe.

## Advocacy

After all our hard work our Workshop at ZI Convention was well received. Sadly it was not live streamed however DG Lyn wrote in an email:



*“A note to let you know your presentation was well received by the attendees, 60 of them! Several people remarked that they were inspired by your work, another said she realised a strategy was needed rather than doing the same thing endlessly, and yet others were able to share their successes or otherwise in building partnerships. Bridget took some photos which I'm sure she'll share. I have a pile of Individual emails for those who wanted a copy of your presentation slides, whilst throughout phones were up to capture strategy and copies of some of the photos of implemented actions. So whilst I think Bridget and I did a good job, it was your efforts for Zonta Says No and creation of the presentation that enabled us to do well”.*



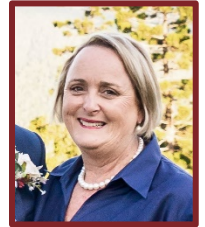
A similar email was received from PDG Bridget. Thank you Lyn and Bridget for doing the presentation and Sandra McLean from ZC Brisbane who prepared the slides.

## ***Congratulations***



Congratulations to our 2022-2024 District 22 Board which took office from the end of the 2022 ZI Convention and out thanks to the outgoing Board, with a special mention to our Area 3 Director Jo Diessel, for all your work these past two years.

Our District 22 Governor is now Lyn Agnew, a member of the Zonta Club of Brisbane Breakfast Inc and our Area 3 Director Michele Turner a member of the Zonta Club of Beaudesert Inc. We look forward to working with you these coming two years.



At the International level we also congratulate PDG Sandy Venn Brown from the Zonta Club of Stanthorpe Inc on her election as a Director on the Zonta International and Zonta Foundation for Women Boards. Congratulations also to PDG Ans Van Erp from the Zonta Club e-Club of Queensland Inc on her election to the Zonta International Nominating Committee.



## ***Fellowship***

Sadly our fellowship activity to an Escape Room had to be cancelled at the last minute. Thank you Jacinta and Belle for organising this and hopefully it can be rescheduled for later in the year. Our next adventure is a visit to GOMA to see “*The Soul Trembles*”, an exhibition by Chiharu Shiota. Look for an email from Jacinta with all the details.

## ***Fundraising***



Support our token drive at Grill'd Carindale by putting a token in the jar labelled Zonta Club of Brisbane East which will be on display during the first two weeks of July. This is a great fundraiser for the Club so buy a burger and encourage your friends to do likewise and support our Club.

Our Trivia Night at Grill'd, Westfield Carindale was a great success and so much so Grill'd have invited us to have another in October. Many thanks to Divya, Belle and Belle's brother who did a marvelous job as the MC on the night. The date will be set for a Wednesday in October so start letting your friends know now. .

We also now have a date for a Sausage Sizzle at Bunnings – Saturday 13 August. As usual need volunteers to help on this day. Please let Jo know if you can help out.

## ***Service***

NAPCAN offered some free spots for its Trauma Informed and Refresher Training in (LOVEBiTES) conducted in late June. With the help of Barbara using her Education networks we were able to train a further four facilitators to implement the program in our schools. Many thanks Barabra and NAPCAN.

Over the last few months members have combined fellowship and service by filling Dignity Bags to give to women attending Open Haven. These bags filled with toiletries were happily delivered by our Club member Jacinta to Lynne and Jenny from Open Haven who expressed their appreciation in receiving them for their clients.



We will again be working with the students and teachers at CHAC in August for our Birthing Kit Assembly Day. If you wish to be involved and can spare a couple of hours between 3 and 5.00pm please let Divya know.

## ***Diary Dates***

- 11 July 2022 – Board Meeting by ZOOM
- 18 July 2022 – Monthly Meeting
- 8 August 2022 – Board Meeting by ZOOM
- 13 August 2022 – Sausage Sizzle, Bunnings Rocklea
- 15 August 2022 – Monthly meeting by ZOOM
- 16 August 2022 – Service activity with students from CHAC
- 2024 – Zonta International Convention - Brisbane

