

East-Enders



July 2019

Presidents Patter



Our year is off to a great start! We welcomed a new member by transfer from Toowoomba – Divya Viswanathan. We are so pleased Divya has joined us.

We had a very successful Trivia afternoon on June 15. We had a full house and raised \$1600. Awesome result!! Many thanks to Jill and Valerie for organizing this event and our members who supported it. My team didn't win but there is always next year!

Many thanks to our members and Hon Zons for their work and support on the June 25 Bunnings sausage sizzle. Unfortunately it was a cool rainy type of day.

We held our planning meeting in June to discuss the club's strategic plan and consider ideas for the coming year. We broke into small group to do a SWOT analysis and the results were that members wanted more education, guest's speakers at meetings, Instagram account, hands-on projects, and conference/workshop. Thanks to Ros for leading this discussion.

Many thanks to Denise for her leadership on the Shoeboxes of Love project. A total of eighty-four Shoeboxes of Love were boxed in Roma for distribution to women in drought affected areas in South Western Queensland. A wonderful initiative by 24 Zonta clubs in southeast Queensland.

Remember our next major fundraiser for the year is the High Tea on the 15 September at Belmont Bowls Club. Please start inviting guests and make sure the date is in your diary.

I am leaving on holidays July 12 to visit family and friends in Canada – see you in early August.

Until next month. Loris

"The way we experience the world around us is a direct reflection of the world within us." Gabrielle Bernstein

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Sad News

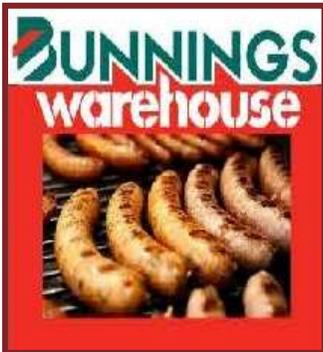
Our thoughts are with Jo, her sister HonZon Michele, HonZons Cindy and Pete and all their family on the passing of Michele's partner and Cindy's father, Vince, on Friday 28 June at Mater Redlands. Vince would be known to a number of our members as he often came to our Club functions with Michele.

Trivia Afternoon

Thank you to all who attended our Trivia Afternoon and helped make it a very successful fundraiser for the Club. Feedback on the afternoon was positive and again our Trivia Mistress Lesley Solar kept everyone on their toes or should that be putting on their thinking caps with her questions and puzzles. Many thanks to Jill and Valerie for again organizing a fun afternoon.



Bunnings Sausage Sizzle



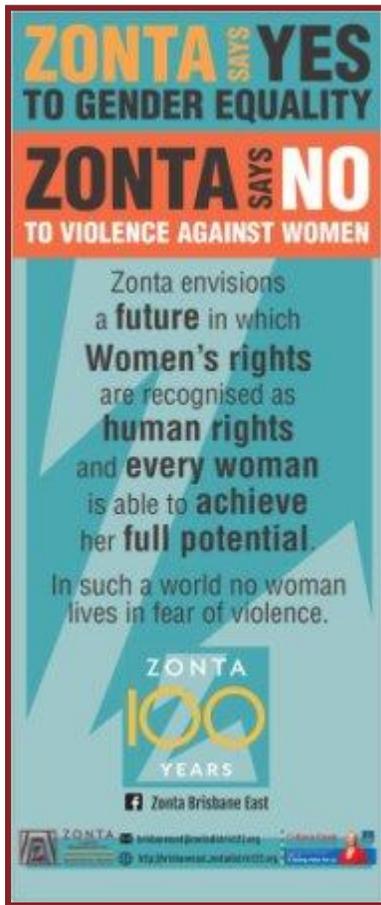
Another month and another Sausage Sizzle at Bunnings Rocklea – a mixed day selling out of sausages and bread but as usual in winter low drink sales and of course the cold rainy weather didn't help either. These are a major fundraiser for the Club enabling us to fund our agreed service projects but without the help of our Hon Zons we could not manage these and again we thank them for their assistance. Our next sausage sizzle is 22 July with a further date. If you can help on this date please let Jo know so she can include you on the roster.

We are on Instagram

Following on with the promotional theme thanks to Sarah's skills the Club is now on Instagram. Check us out, Brisbane East, follow us and watch for updates. It has been linked with our Club Facebook page

Annual High Tea

Our Annual High Tea is all booked in for 15 September 2019 at the Belmont Bowls Club. This will be a very special function as we will also celebrate Zonta's Centennial Anniversary and of course our past 30 years since Charter. A small committee has been formed to assist with all the preparations so be prepared to hear from them soon and also consider what you can contribute for the day. Also start rounding up your friends to keep the day free and attend. A Flyer for this major fundraiser is also attached for you to start promoting this major fundraiser for the Club.



New Promotional Material

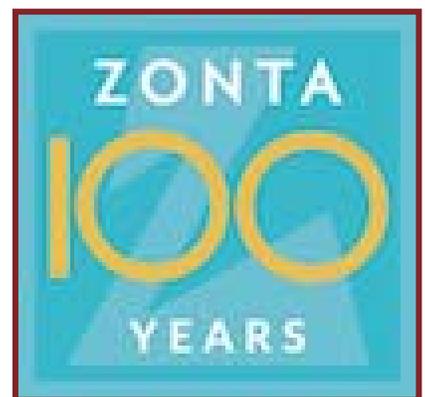
Our Trivia Afternoon was the first opportunity to display our new Zonta Says Yes to Gender Equality/Zonta Says NO to Violence Against Women Banner and our Flyers (see below) carrying the same message. Many thanks to Councillor Kara Cook, Councillor for the Morningside Ward, for sponsoring the printing of this material.

Councillor Cook is a great supporter of our Club and last year she sponsored the purchase of our small orange women silhouettes which we regularly use at our functions.

The Club has already been invited to participate in Councillor Cook's "Walk Against Violence" (see Diary Dates below) and as we did in 2018 use this as a promotion of our Club by staffing a stall on the day.

100 Year Celebration – District and Inter-District Conference

Early Bird Registration for this not to be missed event closed on 30 June 2019 (See attached Registration Form) but you can still register and receive a discount on the full registration. Newsletters have been forwarded to members outlining the great program and speakers and are available on the District 22 website. This is a chance to meet Zontians not only from our own District but also from District 16 (New Zealand) and Districts 23 and 24 (the remainder of Australia) and of course our Zonta International President Susanne von Bassewitz.



Workshops are planned for the afternoon of Thursday 5th September and our District Meeting and District 22 Ltd AGM for the Friday. The Official Opening is scheduled for Friday evening along with a welcome reception with Saturday and Sunday morning filled with interesting speakers and workshops. The Gala Dinner is on Saturday evening.

Successful “Shoe Boxes of Love” Drive



Many thanks to those members that contributed to the shoe boxes of love drive. We have now received a report on the drive. From Area 1, 3 and 4 twenty-nine Clubs donated either products or money. The cash donations were spent on additional items such as shampoo, conditioner, and deodorants with the excess spent on vouchers from local pharmacies that the women can use as a further boost to the local economy. The offerings were transported to Toowoomba and then to Roma where the boxes were assembled and distributed to women in South-West Queensland affected by the prolonged drought. The boxes were filled not only with love but with practical and luxury items such as hand cream, lip gloss and perfume – personal items these women often go without preferring the money to be spent on family purchases and future income production. Each box

included a letter explaining the origin of the project.

Zonta International News

Have you checked out what is new on the Zonta international website (<http://zonta.org>)? It like our District 22 website (<http://zontadistrict22.org>) contains a wealth of information which is regularly updated to keep you informed of what is happening in the world Zonta. Both sites have a section open to the general public plus a Members Only section. If you haven't registered for access to the Member Only Section or don't know how speak with Ros who can help you. It is a separate registration for both sites as they are not and cannot be linked.

Member Profile – Jacinta Fromm

I transferred from Zonta Club of Warwick Inc to Zonta Club of Brisbane East Inc in February. After being invited to prospective members' nights in Warwick 3 times, I decided that the time was right when I was invited for the 4th time in 2009. That shows persistence pays off when recruiting new members!



The time was right, because my 2 children were at boarding schools, and I was no longer involved in local school and sport committees, but I wanted to connect to a group of like-minded people. I had also undergone treatment for breast cancer earlier that year, and wanted to focus on making a positive difference. Being an active member of Zonta has definitely met my expectations, especially the fellowship of members, the stimulation of working on local projects, and becoming more aware of the difference being made through Zonta projects across the world.

I feel like I am 'a blank canvas' after retiring and relocating to Brisbane, and I am keen to 'paint some new pictures'. I worked with Dept Health, initially as a speech pathologist, and more recently as quality coordinator, and allied health team leader, for 34 years – so being retired is taking some adjustment! Moving from our farm near Warwick to a Brisbane suburb (and coping with traffic and having the GPS as 'my new best friend') is also taking some adjustment!

Zonta advocacy, especially the Zonta Says No to Violence Against Women campaign, has ignited my desire to be involved in a practical way to support women who have been victims of domestic and family violence. I have just been offered an opportunity to volunteer with an agency which works to link women to DFV services and community supports. I am hopeful that I will be a 'good fit' and can utilise my skills and experience.

I am a member of a consumer advisory panel for BreastScreen Qld, and am passionate about promoting and improving health services from the consumers' perspective.

Being retired of course does have some perks! Rob and I will be planning to travel in all manner of ways – he is a very enthusiastic motorbiker, and I am keen to cross off some hiking treks which are on my bucket list. Some of these 'new pictures I will be painting' will be to improve my ability to cook, dance and garden – I have much to learn!

Diary Dates



- 15 July 2019 – Monthly Meeting – Bulimba Library Meeting Room
- 21 July 2019 – Fellowship Brunch – Tide Wine Bar, William Gunn Jetty, Manly
- 22 July 2019 – Bunnings Sausage Sizzle, Rocklea 12
- August 2019 – Board Meeting, Carindale Leagues Club

18 August 2019 – Function to thank our HonZons – The Undercroft, St Gabriels Church, Carindale
 19 August 2019 – Monthly Meeting – Bulimba Library – Bring a friend night and hear special Guest Speakers Drs Hall and Taylor (Special Invitation & details attached)
 6-8 September 2019 – InterDistrict Conference, Brisbane Convention & Exhibition Centre
 15 September 2019 – High Tea, Belmont Bowls Club (Flyer attached)
 18 November 2019 – Zonta Says No City Walk
 24 November 2019 – Walk Against Violence, Love Street Park, Bulimba
 25 November-10 December – 15 Days of Activism – Zonta Says NO to Violence Against Women Campaign



Zonta Club of Brisbane East Inc

Meet the Brisbane couple

Curing hundreds of shunned African women

One of Brisbane's most respected gynaecologists, Barbara Hall, decided to give up her thriving practice six years ago to become a volunteer surgeon in Africa and several other countries. Her husband John Taylor, a retired general practitioner, has joined his wife as her surgical assistant. They gave up a comfortable retirement to treat Ugandan women suffering debilitating gynaecological conditions. They operate at St Paul's Health Centre in Kasese, eight hours from Uganda's capital, and Kagando Hospital, an old leprosy hospital about 40 kilometres out of Kasese. Dr Hall and Dr Taylor have visited Uganda 28 times since 2013 performing over 1000 operations. Performing surgery in rural Uganda does present significant challenges never faced in the private hospitals of Brisbane, according to Dr Hall. For starters, they often have to operate with battery powered head torches because the powercuts out all the time. And when the local council turns the water off without warning to conserve supplies, the surgeons have to scrub using buckets out the back of the hospital. Please join us to hear their interesting story.

Join the members of the ZONTA Club of Brisbane East Inc. at our monthly meeting to hear Doctor's Barbara Hall and John Taylor talk about their work in Uganda.

DATE: *Monday 19 August 2019*
TIME: *7:00pm followed by coffee*
VENUE: *Bulimba Library, Meeting Room #1
 369 Riding Road Bulimba*

Some of the club's projects include:

- Bursaries for students from Balmoral SHS and Yeronga SHS over a 3 year period to encourage them to continue with higher education
- Making and free distribution of Breast Care Cushions and Drainage Bags to men and women who have undergone breast surgery
- Providing support to women in Domestic Violence refuges
- Assembling Birthing Kits to provide a safe and clean birthing area for women in developing countries
- Providing opportunities such as education for vulnerable and excluded children particularly girls in Madagascar through education
- Assisting Syrian and Jordanian refugee women's access to sustainable employment and safety
- Supporting an accelerated program to end child marriage
- Addressing human trafficking & unsafe migration in Nepal
- Continuation of the campaign to End Violence Against Women





Zonta Club of Brisbane East Inc

High Tea, Fun and Fashion Bookings Essential

Please advise special dietary requirements when booking



Lucky door and spot prizes, raffles and a parade by Fashions on Mavfield.
Items will be available to purchase on the day in sizes 8 – 26.
Not all sizes may be available on the day but can be ordered.



Join the members of the ZONTA Club of Brisbane East Inc. at our Annual High Tea and Fashion Parade to raise funds for local and international service projects to advance the status of women and

Celebrate our Club's 30th Anniversary

DATE: Sunday 15 Sept 2019
TIME: 2.00pm – 4.30pm
VENUE: Belmont Bowls Club, 20 Narracott St, Carina 4152
COST: \$40 per person for delicious sweet and savoury finger food, tea and coffee.
CASH BAR WILL BE AVAILABLE
RSVP: By the 6th of September with payment
Email: presidentbrisbaneeast@gmail.com
Phone: 0466 082 002
PAYMENTS: ZONTA Club of Brisbane East Inc – Bank of Qld
BSB: 124 001 Account No: 11207043 (referencing your name)

PROJECTS INCLUDE:

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