

"The only limitations are the ones we put on ourselves"
-Ita Buttrose



Information stalls and raffle prize draws available on the day!

**In celebration of International Women's Day,
the Zonta Club of Sandgate presents**

Real Women, Inspiring Lives

When: 9:30am - 12:00pm, Sunday 3rd March, 2013

Where: Sandgate Bowls Club, corner Lagoon & Keogh Streets, Sandgate (free street parking available)

Cost: \$30 per head, or \$150 for a pre-paid table of six.

Cost includes entry, morning tea and a lucky prize draw.

All are invited to attend this forum, which features three amazing local women who are making a difference to the lives of others.

They will share their insights into the forces that have shaped and driven them, and in doing so inspire and challenge others to do the same.

Funds raised from the forum will be used to support local and international projects.

Elizabeth Shobbrook, Harvest Cambodia: In 2010, Redcliffe teacher Elizabeth Shobbrook engaged her school community to raise money to build the First Steps School in rural Cambodia, which now supports 800 students.

Elizabeth has also established a sponsorship program to provide financial support for First Steps teachers, and leads tours of Australian teachers to deliver professional development to their Cambodian counterparts.

For more information, see www.harvestcambodia.com.au.

Janice Crosbie, SANDBAG client and consumer advocate: Janice has a lived experience of mental illness for which she has accessed the support of SANDBAG (a non-government organisation aimed at supporting residents of the 4017 community; see www.sandbag.org.au). She is undertaking a PhD in social work, and has been instrumental in implementing a number of consumer-operated services around Australia for people with a mental illness.

Deb Spink, Peach Tree Perinatal Wellness Inc: Deb co-founded this not for profit organisation with a friend in 2011 after their shared experience of post-natal depression. Peach Tree is aimed at providing services and support to those experiencing perinatal stress and mental illness, and their family and friends, in the North Brisbane region. For more information, see www.peachtree.org.au.

To register your place (including pre-booking your tickets) or for more information, contact Sophie Craker on 0411 374 664 or email sophiecraker@yahoo.com.au.



Zonta Club of Sandgate
Member of Zonta International

Advancing the Status of Women Worldwide



International Women's Day 2013