



# Coral Coast Chat

## Zonta Club of Bowen NEWSLETTER February/March 2013

Club 1476 Area 5 District 22

### Date Claimers

11 April	General Meeting
15 April	Finance & Fundraising Meeting @ Bowen Flexi-Care starting at 5.00 pm
18 April	Service Committee Meeting @ Macca's starting at 5.30 pm
20 & 21 April	Area 5 Meeting
2 May	Board Meeting
9 May	General Meeting

### Club Contacts

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Treasurer	Lynette Klukas 4785 0000 (h) lynette.klukas@bigpond.com
Newsletter	Colleen Aberson Roslyn Boyce

### Monthly Raffle Prize Winner

The General Meeting Monthly Raffle for February was won by Shelley Tait and the March winner was Gertrude Tissen. Thanks very much Raynee Bidgood for organising the lovely gifts.

### Presidents Report March 2013

What a most marvellous Vintage High Tea we all had on Sunday. The mood of the day was delightful and I believe every single person enjoyed themselves immensely.

We are a great team and we can put together high calibre events and have lots of fun doing it. The feedback has been really good; it seems everybody has loved the change from the usual luncheon.

Thank you to everyone who played some part in pulling off this event.

I want to let you know what our club's expectations for fulfilling membership requirements are as against the Zonta membership rules and our constitution.

The Zonta rules	What Bowen Club does
Zonta is a membership organization. People join because they believe in Zonta's ideals and want to contribute their time and talents to fulfil these.	The club does not expect you to give <b>all</b> your free time to the Zonta cause – just a little. We know that the level of activity and commitment to family, work and other activity waxes and wanes over time and adjustments can be made to take this into consideration for any member at any time. No member wants another to do anything that they are uncomfortable doing.
Members who miss two meetings in a row are in breach of the rules.	We expect you to send an apology when you can't come to any type of meeting. We are very considerate and like to discuss with you the reasons why you may not have attended. If you can attend any of the meetings, be it board, general or committee, that is deemed having attended for that month.
"A Classified member is a decision-maker"	Big decisions are usually made by the group. Smaller decisions are at committee level and individuals make decisions as required when involved in projects etc.

It is very important for member to be mindful that each of you joined primarily for the reason that you may be able to make a difference to the level of equality of women's lives everywhere and so be thankful rather than critical for those who can give less time than others. Remember everybody elects to give some portion of their SPARE time. Also remember that united our voice has a much greater and far reaching impact than when we work singularly. You are all greatly valued members.

*Cath Morgan  
President*

## New Member Induction



President Cath Morgan inducts new member Trudi Fyfe at the General Meeting held on Thursday, 14 February 2013.

## Area 5 Meeting



Cath Morgan, Area Director Hilary Grant, Angela Stevens and Kerry Moloney at the Area 5 Meeting meeting held at Food Freaks on Friday, 22 February 2013 also in attendance where Raynee Bidgood, Veronica Hickmott and Roslyn Boyce.

## International Women's Day Celebration



The Zonta Club of Bowen's International Womens Day—Vintage High Tea.



Beautiful table decorations for the IWD Vintage High Tea created by Sandy Smith and Chris Coventry.



Zontians Nan Hansen and Cheryl Vennard at the IWD Vintage High Tea.



Councillor Jan Clifford, Jan Watson and Whitsunday Shire Council Mayor Jennifer Whitney at the IWD Vintage High Tea.

Key Note Speaker at the IWD Vintage High Tea - Vice Chancellor of JCU Professor Sandra Harding pictured with Member for Burdekin Rosemary Menkins.





## International Women's Day Celebration *continued*



Attending the IWD Vintage High tea are Rhonda Quadroy, Marcia Pott and Marcia's daughter Tanya.



Pam Finlay and Laura Barnes enjoying the IWD Vintage High Tea.



Winner of the Best Dressed Lady was won by Thea Crane pictured with her Mother Karen Crane.



Zonta President Cath Morgan at the IWD Vintage High Tea

### *International Women's Day Vintage High Tea*



Enjoying the festivities are Sandra Andersen and Caroline Douglas.



Zontians Kerry Moloney and Angela Stevens pictured with Jennifer Watters.



Wendy Wellington and Genevieve Barnes enjoying the IWD Vintage High Tea



Zontian Dee-Anne Fraser pictured with Bowen Flexi -Care worker Starr Lowry.



Zontians Chris Coventry and Bon Wharley drawing the raffle prizes winners.

## Recipes

### Maple Mustard Salmon

#### Ingredients

4 fresh salmon portions, skin on  
2 Tbsp wholegrain mustard  
1/2 cup maple syrup  
8 kipfler potatoes peeled  
1 Tbsp oil  
Green beans, steam to serve  
4 lemon wedges, to serve

#### Method

Pre heat oven to 220c. Place potatoes into a saucepan and cover with cold water, bring to boil and cook until tender 10-12 minutes. Cut in half and coat in oil, bake potatoes in the oven for 15 minutes until golden, turning occasionally. Combine wholegrain mustard and maple syrup in a bowl, and then coat the salmon portions. Place salmon portions on lined oven tray. Bake salmon with the potatoes for 8/10 minutes. Serve hot with cooked potatoes, green beans and lemon wedges to garnish.

### Decadent Hot & Cold Chocolate

#### Ingredients

2/3 cup pouring cream  
50 g finely chopped dark chocolate  
30 ml Frangelico or Amaretto Liqueur  
Good quality Chocolate ice-cream

#### Method

In a small saucepan add pouring cream and dark chocolate, stir for 3 minutes or until smooth, over a medium heat. Pour Frangelico or Amaretto liqueur into a glass. Top with chocolate mixture and scoops of chocolate ice cream.

## Newsletter Editors Comments

### Date Reminder

20 & 21 April 2013 - Area 5 Meeting to be held in Bowen.

### Reminder

- Membership Fees are due by 25 April 2013.
- Please note the change of date, times and venues for Committee Meetings. Finance and Fundraising will now hold their meetings on the third Monday of each month at Bowen Flexi Care starting at 5.00 pm. The Service Committee will meet on the third Thursday of each month at MacDonald's commencing at 5.30 pm.
- A New Zonta Calendar will be issued shortly with the above changes. If you have any further changes for the Calendar please let the PR Committee know so the changes and/or new events can be amended and/or added.

### Thank You

Thank you to Cath Morgan, Dee-Anne Fraser and Sandy Smith for taking photos at several functions during February/March..

If any members would like to contribute any stories, recipes, interesting facts and quotes or a picture please feel free to drop Colleen or myself an email at [rosboyce@hotmail.com](mailto:rosboyce@hotmail.com) or [regancolleenaberson@yahoo.com.au](mailto:regancolleenaberson@yahoo.com.au)

Hope you all enjoy.

The Editors, Colleen Aberson and Roslyn Boyce