

East-Enders

December 2021

“Transitions, Changes and Opportunities”



Presidents Patter



As we approach the end of the year there are many competing priorities; they may be work-related, social, family or volunteering. We are constantly balancing the “have to’s” and “should do’s” in our lives. Volunteering is a choice, however there can be a point where the “busyness” of our lives makes the commitment to the organisation stretched.

We need to be kind to each other, and recognise that each has a varying load that may change from month to month. Christmas is definitely a time when everything seems to have a magnifying glass held over it. For many it is the loneliness, and for others the pressure of meeting family demands.

Communication is key to any great working relationship and communicating with volunteers should be no different.

By creating an atmosphere of open communication where volunteers can openly communicate new ideas without being rejected, frustrations without retribution, and excitement without being met with indifference, their value will be reinforced. This is an important part of building a welcoming atmosphere for our volunteers.

Our energy and enthusiasm levels may wax and wane, but checking in with each other is so important. Struggling with the restrictions of COVID and navigating the digital world can be stressful and isolating. By making opportunities to connect face to face for social interaction, we can boost our well-being, both as a group and individuals.

Valerie

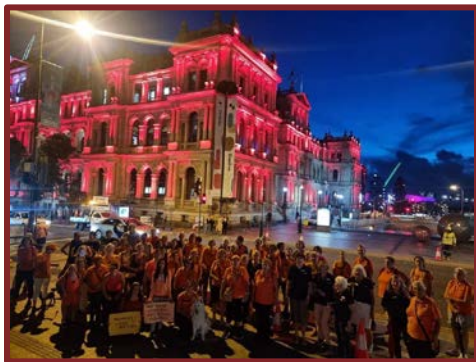


November Meeting/Induction of New Members

We welcomed 2 new members into our Club at our November meeting – Litty Abraham and Belinda Cox. AD3 Jo Diessel assisted by our Membership Committee Chairman Jacinta Fromm did the induction. Both new members introduced themselves and we were awed by their experience and enthusiasm for Zonta and our projects. We look forward to working with both Litty and Belinda over the coming years and know they will make a great contribution to our Club. Welcome to both of you!



Advocacy



As we all are well aware November is a huge month for Zontians worldwide as we have our 16 Days of Activism in support of the Zonta Campaign “Zonta Says NO to Violence Against Women”. Activities kicked off with the Fellowship walk around Brisbane organized by the Zonta Club of Brisbane Sunrise Inc. A number of members and HonZons attended



and enjoyed the walk as well as the fellowship afterwards at the PignWhistle. It certainly was a sea of orange as the walkers set off from King George Square. Many thanks to Jo who coordinates the combined Club committee and organizes for the bridges and buildings to be lit orange.

Our next event is our “Women in Action” Breakfast at The Greek Club which is fully booked. There is still time to register for our Webinar on 6 December at 6.30pm with Jonty Bush MP as our guest presenter. Registrations can be made at <https://zontatickets.com.au/event/14850> Full details on the Flyer attached.

Fundraising

Whilst not a “true” Brisbane East Fundraiser some of our members joined 105 guests at the 7th Paint the Bayside orange Breakfast on 23 November 2021. Guest speaker was Kirsty



Tirpshig from the MATES Program at Griffith University. Kirsty was an energetic speaker providing valuable insights into becoming an active “bystander” and standing up against D&FV. At the conclusion of her talk Kirsty showed a video produced by the MATEA Program encouraging all NOT to be a bystander. You can view the Video at <https://www.youtube.com/watch?v=t4FoVFR4U0s> It is well worth watching! It was wonderful to see the support of this event from the Zonta Club of Wynnum Redland Inc – many thanks. It was

also an opportunity to show off our new banner – design as per that for the light box. Profits from the breakfast are put towards funding for our training of facilitators to run the LOVEBITES program in schools.

Service

The Club received a Certificate of Appreciation for its support and endorsement of the Redlands Diner en Rouge Committee. Ros has been a member of this Committee which organizes a major annual fundraiser to raise awareness of domestic and family violence in the Redlands City local government area and raise funds to assist women and children experiencing DFV. Money raised to date has enabled the furnishing of new units built at a women’s refuge in the Redlands, improvements to the security system, enabled a recreation outdoor barbeque area to be built as well as a complete new interactive childrens’ playground which the children and their mothers absolutely love.



Birthing Kit Assembly

A very enjoyable afternoon was spent with 9 Zontains from the Zonta Club of Brisbane South Inc to assemble 200 Birthing Kits. The Kits were funded by donations from both Zonta Brisbane South and Zonta Brisbane Sunrise however sadly Brisbane Sunrise members were unable to join us on the afternoon. Assembled in quick time we then enjoyed fellowship over afternoon tea provided by Kym from Brisbane South and Jacinta

from our Club. Many thanks to all involved.

Club Scholarship Winners



Congratulations to Julia Horne the 2021 winner of our Beverley Farley Zonta Scholarship at Balmoral State High School. Jacinta and Divya represented the Club at the Awards night and presented the Award to Julia.



Rachel represented the Club at the Yeronga State High School Awards night and presented the Jill Hedley Zonta Scholarship to Asmaa Mohamed and we congratulate Asmaa on her Award and wish both students all the best as they embark on their chosen course of study.

Fellowship

Many thanks Jacinta for organizing our Mosaic Workshop. Seven of us fronted up to Westfield Garden City to find out if we had any creative talents decorating our choice of a lamp or a



candle holder. Many of the finished products were real works of art and showed just how creative and artistic some of us are. Got a bit messy at times with glue and sticky fingers but sure was a lot of fun – and Turkish Tea and bikkie served for afternoon tea was very nice! The photo shows some of the results.

Our next fellowship activity is a visit to the VanGogh Alive experience on 5 December. Come to our Christmas function the following weekend at Jo's and we can tell you all about it.

Diary Dates

- 2 December 2021 – ZSN Breakfast in partnership with BDVS – The Greek Club
- 6 December 2021 – ZSN Webinar with Jonty Bush MP as our guest speaker
- 12 December 2021 – Christmas get together at Jo's
- 25-28 June 2022 - 65th Zonta International Convention, Hamburg, Germany
- 2024 – Zonta International Convention - Brisbane



WEBINAR

Hosted by the Zonta Clubs of Brisbane East Inc, Brisbane City Heart Inc, Brisbane Breakfast Inc and Brisbane Domestic Violence Service

“WOMEN IN ACTION – SAYING NO TO GENDER INEQUITY”

Special Guest – Jonty Bush MP



For the past decade, Jonty has advocated for the rights of victims of violent crime. In 2009, she was recognised nationally as the Young Australian of the Year, when she developed Queensland's One Punch Can Kill campaign. Jonty has a Bachelor of Business Management and a Masters in Criminology and Criminal Justice. She became CEO of a statewide victim support group, worked on Ministerial taskforces, was appointed to Queensland's inaugural Sentencing Advisory Council and has continued to work and support government and community organisations with anti-violence and crime prevention strategies. Jonty is currently a member of the Legal Affairs and Safety Committee, the Parliamentary Crime and Corruption Committee and is a Temporary Speaker of the House.

WHEN: Monday 6 December 2021

TIME: 6.30-7.30PM

COST: \$5.00

REGISTRATION: <https://zontatickets.com.au/event/14850>

The link to the webinar will be forwarded on receipt of your registration

