



ZONTA
CLUB OF
PINE RIVERS INC.
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

Zonta Club of Pine Rivers Inc.

VOLUME 1, ISSUE 1

DECEMBER 2015

BOARD MEMBERS:

- **Glynnis Gartside**
(President)
- **Simone Boersma**
(Vice-President)
- **Dot Patrick**
(Secretary)
- **Sharlene Brookes**
(Treasurer)

DIRECTORS:

- Alicia Reid**
- Judith Symnes**
- Andrea Barrett**

MEETINGS: 2ND
WEDNESDAY OF
THE MONTH

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By Sunday prior

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President's Patter

by Glynnis Gartside

October and November have been busy and successful months for the Pine Rivers Zonta Club. There was strong representation from our club at the District 22 Conference in Airlie Beach with four members in attendance. Past President, Dot, presented at the conference and was featured in the local media as the Zonta International Foundation Ambassador. This newsletter includes a full report of the conference.

The following weekend was our club's biggest of the year. The Birthing Kit Assembly Day on Saturday at St Paul's went really well. Under Wendy's guidance and with the support of the St Paul's Interact Club we have achieved 100 percent growth this year. The 2000 Birthing Kits assembled on

the day will provide some safety for the poorest and most disadvantaged women in the global community. Members fronted up again on the Sunday for our busiest Bunnings Sausage Sizzle of the year and raised around \$1600 for their efforts.

Congratulations to Ros, Jan, Vicki and Yvonne for their organisation of an enjoyable and successful Melbourne Cup Party at the Wantima Country Club. This was the first Melbourne Cup Party I've ever attended and I felt it was entirely appropriate that I was at a Zonta Function when the first woman rode the winner.

This November we are participating with other Zonta Clubs around the world in

the 16 Day of Activism Against Gender Violence. Our Zumba for Zonta Event at Jacaranda Park on Sunday, November 15 was well attended and was fun. As well as raising sweat from the participants it may go some way towards raising awareness, in our community, that all women, no matter their socio economic status, are vulnerable to violence and will shed light this most shameful violation of human rights.

Glynnis



Upcoming Events

Save the Date:
6th March 2016
International Women's Day

Christmas Meeting
9th December
6.30pm
At Glynnis Gartside's house
11 Vaux Street
Newmarket
Don't forget your plate!

Suggested Club Planning Meeting
Date: 6th February
Time: 10am
Venue: Strathpine Library Meeting Room



Vibrant Erin Cash—
R.A.V.E.S facilitator

Service: R.A.V.E.S Program Summary

Over the past 5 years the Zonta Club of Pine Rivers has used both its own fund raising, plus grants in different years, from Moreton Bay Regional Council, Our Village Foundation, and in 2015, Bendigo Bank's Brendale Community Bank, to run the R.A.V.E.S (recognise; assess; vocalise; escape; survive) personal safety system programme for some Grade 11 students and all grade 9 students in three of the Pine Rivers District High Schools, (Pine Rivers, Bray Park and Dakabin, in various years). The programme is facilitated by Erin Cash of Sweat Systems. Erin is a former Detective Sergeant in the Queensland police Service with spe-

cialisations in child abuse, crowd control and combative training methods.

R.A.V.E.S. consists of separate and different three-hour sessions for male and female students covering protective behaviours, basic self-defence principles and escape techniques, also how to handle peer pressure, bullying and defining destructive relationships.

R.A.V.E.S aims to prevent or neutralise violent situations amongst young people, and to stop destructive behaviours which can lead to domestic violence later in life.

The grants the Zonta Club of Pine Rivers has received enables the Club to use more of

their hard-earned funds to continue to assist women and children in a domestic violence refuge; provide an annual bursary to a female QUT student who is doing well academically but struggling financially; and to continue to support many other causes which assist women and girls to live safe and productive lives.

People interested in knowing more about Zonta are invited to visit www.zonta.org; or visit the Zonta Club of Pine Rivers Facebook page. If you are interested in joining the Club please email pinerivers@zontadistrict22.org.

With hats and bows all on show, a marvelous time to be had by all.



Melbourne Cup Lunch 2015 Report by Rosalind Pestell

We had a very successful lunch this year with 100 guests. Jan's network of friends filled 5 of the 11 tables and Yvonne & Vicki also fielded tables of 10. Thanks to all Zontians who were able to be there.

Congratulations and thanks go to Wantima's staff who set up the room & tables so attractively, and efficiently served up a much praised two course meal. Jodie the administrator is always very helpful, including placing T.A.B. bets for guests. Karen provided table settings of glass containers filled with colourful jelly beans which we used as thank you gifts for the models etc. Thanks, Karen.

Thanks to Glynnis who kept the programme moving, while Jan, and then Fred and I handled the Sweepstakes and Vicki sold the raffle tickets. On each table we had a list of the raffle prizes, and to keep our guests amused Vicki had prepared a fun quiz on "who said what" and I provided a small racing themed paper puzzle for each person, with boxes of Smarties as prizes for the first few puzzle solvers.

As always Yvonne, of W. Lane Brookside, put on an entertaining fashion parade with Vicki, her daughter Leela, daughter -in-law Mandy and Yvonne's friend Gail as models, and Jan as one of the 'dressers'. Linda and Gay Maloney (a well-known Samford artist and milliner) both provided beautiful displays of hats and fascinators and collaborated with Yvonne to choose hats for the models which matched so well with the outfits.

Linda's friend, Kate Crowley-Smith, was the judge of fashions off the field, and choose a lady in a lovely vintage outfit as the fitting receiver of the Nutrimerics gift pack provided by Yvonne (many thanks). The lucky door prize was "first pick of the raffle prizes" and not surprisingly a brightly coloured summer handbag, scarf and necklace from W. Lane was selected.

Some of our raffle prizes were provided by Zonta members – thank you to all who contributed - and we also had vouchers from Yvonne's friend of Pedi-Express, Karen's "Wax", the Coffee Club Albany Creek and Dan Murphys. We also had a lovely floral arrangement from the Albany Creek florist

(thanks to a tip-off from Kay).

The highlight of the day for me (apart from it being over without any disaster) was when Glynnis commented on how great it was that for the first time a woman jockey (Michele Payne) had won the Cup, and the whole room cheered – it was a very supportive response to the work our Club does.

Thanks to my fellow organisers Jana and Vicki, and to all the Zontians who contributed in one way or another to our happy 2015 Melbourne cup lunch.



Enjoying the Melbourne Cup lunch.

Did you know?

Zonta International Service Fund Project for 2012 -2014 Elimination of New Pediatric HIV Infection & Prevention and Response to Survivors of Domestic and Gender Based Violence in Rwanda

Zonta International commenced a three year program to address critical issues in the areas of HIV awareness and gender based violence in Rwanda in 2012.

In 2010 3% of Rwanda's population was HIV positive yet only 48% of girls knew how HIV was transmitted.

In 2010 an estimated 10 000 children were living with HIV and only 4 350 were receiving treatment.

In 2010 Mother to Child HIV Transmissions (MTCT) was at 16%

Effective programs focussed on the prevention of MTCT of HIV include working with the Rwandan Government to:

- Implement high impact interventions with a focus on the most vulnerable and hard to reach women.
- Support male and female centred approaches to the prevention of HIV.
- Strengthen youth friendly services for the growing number of adolescents living with HIV.

By the end of the triennium US \$1 000 000 will have been con-

tributed from Zonta's International Service Fund.

The project also supports the Government of Rwanda in the expansion of one stop centres to deal with gender based violence. They ensure equal geographic distribution of services and have standardised protocols for medical, legal and psychological care and follow up for survivors of violence.

This Zonta Project working in cooperation with UNICEF and the Government of Rwanda is well on track to achieve its goals of eliminating mother to child transmission of HIV in Rwanda by 2015 and reduce the incidence and impact of gender based violence.

District 22 Conference 2015



Stepping with the times—Our selfie shot!

REPORT OF THE ZONTA INTERNATIONAL DISTRICT 22 CONFERENCE 9-11 OCTOBER 2015 AT AIRLIE BEACH - "EMPOWERING WOMEN WITH CONVICTION, COMMITMENT, COURAGE"

Four Zonta Pine Rivers members attended the District 22 Conference at Airlie Beach from October 9 to 11. Simone, Glynnis and Ros flew up together on the Friday and were greeted by Dot and Ross who had driven up from Brisbane and arrived that morning. The Whitsunday Club made everyone feel very welcome, providing transport from the airport, helping with registration and then seeing visitors to the various accommodation venues.

The Coral Sea Resort, situated right on the waterfront, provided a very picturesque venue for the conference. On Friday evening Zontians, locals and guests attended the Civic Reception in the resort grounds, hosted by the Mayor of the Whitsunday Regional Council, Jennifer Whitney.

On Saturday after the Opening Ceremony, Flag Parade and Official Welcome the charming International Representative, Sally Bean, was introduced. Sally

presented the message of inspiration for the conference from President Maria Jose and later spoke about using the skills that she uses as a Human Resource Manager and Board member of her company in Wisconsin to further her work in Zonta.

The debate at the Business Sessions, which were conducted on Saturday and Sunday, was as fierce as ever with everyone mindful of upholding the traditions and principles of Zonta but not quite agreeing on the way to go about it. The first motion, for District 22 to transition to a company limited by guarantee, was passed after considerable debate. Another motion that was passed supported an Inter District Conference in Brisbane in 2019 to celebrate Zonta's 100th Anniversary. Advocacy for the improved management of Osteoporosis and for partnering with existing UN Women's Programs in Papua New Guinea to address the issues of domestic and family violence in PNG were debated and passed by the delegates representing clubs from throughout Queensland and Northern NSW.

Excellent Guest Speakers on both days contributed to the conference. Dr Marilyn Waring, Professor of Public Policy at Auckland University of Technology spoke about two Inspiring Australian women, Dr Helen Cald-

icott and Elizabeth Anne Reid, who had influenced her career and focussed on their unwavering conviction, commitment and courage. Both are worth a google search.

Amelia Earhart Fellowship 2015 Winner, Australian, Elise Fahy talked about her research and the opportunity that the scholarship had given her to work at the European Space Agency. She expressed her gratitude to Zonta for their support. Young Women in Public Affairs 2014 District 22 Winners Emma Tait, from Mackay and Sophie Ryan, 2015, one of 10 International winners, from Toowoomba, addressed the conference and amply demonstrated their commitment to the ideals of Zonta and the reason that they had been chosen. Katherine Webber, who works for UN Women which is aligned with Zonta International, spoke about supporting women's empowerment in Papua New Guinea and gave a workshop on the same topic on Sunday. A report from The Birthing Kit Foundation (Australia) was given by their Director, Jenny Weaver. 1.3million kits have now been distributed. Jenny showed a very interesting video of Valerie Browning who works with the BKFA and the Afar people of Ethiopia, which we will show at a meeting soon. Two clubs reported on their Service and Advocacy Projects.



Dot being interviewed by the ABC

Birthing Kit Report 2015



Hello ladies, and to everyone that helped on Friday and Saturday, THANK YOU for doing an amazing job and helping us pull off

Tables of 10 volunteers and our Zonta helpers! 2015

our club's largest birthing kit assembly ever!!

Thanks for baking, playing music, cutting string (+ Fred and Barry), cutting soap (+ Ross), cooking, printing, folding and doing the hundreds of little things for the day.

Lets hope that you are all available next year, so we can just repeat the whole process with only minor adjustments! I went home and repacked all my supplies and containers ready for next time. As you think of glitches and improvements, over the next while, please drop me an email so I can make a



"In recognition for the Birthing Kit Foundation" at conference 2015.

note of them for discussion next year (not about string please... Suzanne or anyone, I am going to find that string black hole!!)

I think the community appreciated being involved, we have a number of regular followers now and reached some new people through the

Event Brite online booking system. I made a few new friends, I hope many more did too.

I was touched by the enthusiasm today and so thank you again for helping us to make a difference!

XWendy



2012



2013

2014



Birthing Kit Project

The Birthing Kit Foundation of Australia has been sending kits around the world for 16 years now. Our club has been involved in the project for many years, but it has taken a slightly different direction in the last few years to include advocacy by involving high school students. The aim is to spread the

idea of service, the name of BKFA and of Zonta Club of Pine Rivers to the community via the teenagers and their families who volunteer to help us.

To this end, we have managed to inspire the Interact Club of St Paul's to raise just short of \$3000, and this with our annual

contribution meant that this year we facilitated the packing of 2000 kits on the morning of Saturday 17th October. It is my personal hope that soon this school will be able to run their own birthing kit days, and we can move on to other schools in our general area.

Birthdays

24 February—Dianne Brent
2 January—Glynnis Gartside
8 January—Kay Reid
15 January—Janelle Brent
5 February—Judith Symes
13 February—Belle Stephenson



Club History 1994-2014

by Rosalind Pestell

The Club and its members

The Zonta Club of Pine Rivers was chartered on 1 June 1994, (incorporated under the Queensland Associations Incorporation Act on 6 April 1995).

The SOM Club was the Zonta Club of Redcliffe (Area). Jane Wilson O'Brien was Chair of the Organizing Committee.

The Charter presentation dinner was held on 8 July 1994 at the Kallangur Hotel with presentation of charter and installation of officers by then District 24 Governor Mary Magee.

There were 34 Charter members. Charter President: Edith Fogg. Vice President: Gail Rienstra.

The Club Board has usually consisted of the President, Vice-President, Treasurer, Secretary, and 2 year Directors. Current Committees are Service, LAA, Membership, Finance and Fundraising, United Nations and Nominating.

Business dinner meetings are held on the 2nd Wednesday of the month except for January, currently we meet at the Eatons Hill Hotel.

Membership Member numbers have fluctuated from the initial 34, but have been mainly in the mid to high 20's. In March 2014 we have 22 members. The last Charter member, Bettina Mayfield, resigned in 2013. Charter president Edith Fogg transferred to the Zonta Club of Caboolture. The earliest member remaining is Jan Spittle who joined the Club in February 1995.

Beyond Club level

By 2014 only Vicki Williams, had served beyond the Club level, as Area 1 Director 2008 – 2010. The Club hosted the Area 3 (old D24) meeting in 1997, and assisted Vicki Williams at the 2009 Area 1 & 3 workshop.

Since 1995 Club members have attended every District 22 (and old D. 24) conference and every International Convention except 2010 (San Antonio).

We have also organised the annual Pine Rivers combined Service Clubs dinner 3 times.

Z Club (2001 – 2011)

The Club formed the Z Club of Ferny Groves State High School in September 2001 but although active with projects in the earlier years it had ceased functioning effectively even before 2011 when the last FGSHS staff member of 3 who had supported the Z Club over the years retired from the school and then from Zonta.

District Service projects

We adopted the Zonta Club of Botany Bay's **breast care cushion project** in 2000 shortly before it became a District 23 & 24 project and have held on average 4 sewing bees or more each year producing up to 50 cushions a session and delivering them to local and regional hospitals, (together with drainage bags made by a Club supporter).

Since 2004 we have held an annual **Birthing Kits Assembly Day** (making up to 1800 kits), and in the past few years have included school students and other volunteers in the event.

Awards, Donations & Advocacy.

Donations

We have donated to the ZI Foundation annually since 1995; increasing to a third of funds raised from about 1998. We have donated funds to many local causes, and also assisted individual women and girls to improve their status or to assist other women and girls, including:-

1999 - onwards:- funded courses facilitated by reputable organizations for Pine Rivers women and/or girls including Seasons for growth (Loss and grief education), healthy eating, financial management, and assertiveness training

2001 - onwards:- **IWD** : Celebrated IWD with close to or over a 100 attendees every year at a Club organised breakfast or lunch with guest speakers and entertainment

1996 to 2006:- Held an annual **YWPA Club Award**. (re-started in late 2013 with Club award made March 2014).

2006 to 2009:- As an alternative to YWPA we experimented with **bursaries** and encouragement awards for female High School students.

2010 – ongoing: We established the **QUT Zonta Pine Rivers scholarship** – a \$2500 annual bursary for women who are sole parents and from low-income backgrounds. This scholarship is administered by QUT.

2006 - ongoing: support of women and children in a **domestic violence refuge** with improvements to the housing complex; starter packs of kitchen and household items for the families when they leave the refuge to start their new life; grocery cards, phone cards & other linen and clothing as requested by the Shelter staff.

2006 onwards: -Support for up to 4 **Grade 7 girls from Kowanyama** far north Queensland to attend school leadership camps. We also send clothes, books and household linen to the women of Kowanyama for an annual community fete stall. Proceeds assist more Grade 7 children attend the school camps where they learn life-skills before leaving the community to go to Boarding schools.

2007 & 2008:- we held two local **“Women in business”** expos.

2010 (re-painted 2014):- we erected a **fence panel** on the side of the Arana Rugby Leagues Club playing field saying “Zonta says no to violence against women” with the DV Help line number in the second panel.

2011:- established the **RAVES self-protection program** for year 9 students. This programme teaches Year 9 High School students of both sexes, but in separate sessions, verbal and physical skills to keep themselves safe, and how to recognize, avoid and defuse violence.

2013:- Several members took part in District 22’s inaugural “Zonta Says NO” walk in November and also in November we held a **“Zonta says no” Zumba session** in a local park.

Fundraising

Bingo. From November 1996 until December 2011 the Club’s major on-going fundraising was through the weekly “Zonta Pine Rivers” bingo games at the Arana leagues Club. The game was originally run by an Hon. Zon., before Club member Vicki Williams took over and ran the game from 2006 until the game was no longer a viable fundraiser, due to competition elsewhere.

Among other fund raisers we held Charity Golf Days 1995 to 1999, and 2005, and catered at events. We sell novelty items at Council-run outdoor concerts, and hold sausage sizzles at Bunnings from 2009 onwards. We’ve also had Casino nights, Christmas in July, Melbourne Cup lunches; established an annual trivia night in 2013, and an annual Mothers’ Day High Tea in 2014.

Grants

We have been the recipients of several grants for Club equipment, (photocopier, laptop, camera), Club events (IWD and Women’s business expo) and Club projects such as the RAVES programme.

Fund raising Collaborations

Zonta Pine Rivers joined with the Zonta Club of Brisbane Metro Breakfast and 3 other Clubs in organising the Fashion Showcase in June 2013 raising funds for Project NOW.

In 2014 we are again organising committee members supporting the next Area 1 & 3 Zonta Clubs collaborative project – Anglicare’s Home from Homelessness.

Sources: - Club minutes, newsletters, archive scrapbooking books, and annual reports. Completed Sunday 23 March 2014.