

East-Enders



August 2024

“Building a Better World for Women and Girls”



President's Patter

What a busy month it has been! Can't believe it is the end of July already.

Thank you to Jacinta for hosting dinner to meet and welcome Kirsten's mothers to Australia. It was a very special evening with great company and beautiful food. In Europe, if you are invited to a party, the host provides all the food, so it was an experience for Marijke and Mary to have an Australian Bar-b-que with 'bring-a-plate' salads and desserts provided by the guests. Kirsten has promised to share the recipe for the desert Marijke made.

Lesley and I met with Tradie Terry and the Carina Police station and have organised a starting date in August for the refurbishment of the safe interview room. Thanks to Carina Leagues club for providing funding for this project.

Jo, her family and I attended the Amelia Earhart Sparkling High Tea hosted by the Zonta Club of Brisbane South on 28th July. Also present were the ZI Vice President Sandy Venn Brown, District Governor Petra Ladwig and immediate past DG Lyn Agnew.

Guest speaker, Dr Tamara Sopek, Doctorate in Aerospace Engineering and Postdoctoral Research Fellow for Women in STEM, spoke of her work at UniSQ on Hypersonic Propulsion. Something I am sure Amelia Earheart had never even dreamt about. Listening to inspiring women like Tamara working in STEM, it tells me a that the programs that Zonta supports are very relevant and important for today's women and girls.

Tamara's quote *“The sky is not the limit, for us in aerospace, the sky is home!”* Translates for us as Zontians, to mean that there is no limit to what we can do and the difference we can make.

Susan

Editorial

Innovative way to promote Zonta – you have received an email from our District Governor with suggested email signature lines. Throughout the biennium, you can use these in your signature block:

Build a Better World for Women and Girls

Zonta means so much to the women and girls we impact through our mission, membership, projects and programs. Ask what Zonta means to me!

Zonta International has a table of suggested email signature lines for suggested timelines. So until 14th October, try using this in your signature block:

What is Zonta? Ask me and find out how I work with members in 64 countries to build a better world for women and girls! www.zonta.org

Information about the Zonta International Service Programs endorsed at our recent Convention continues in this edition. Members will be keen to read about Laaha: Virtual Safe Space for Women and Girls (click the link to the Zonta International project description).

Last month, the Ending Child Marriage Project was highlighted – I promised to publish more information as it became available, so now I can suggest Zontians access: [9.1 2024-2026 Project Description Ending Child Marriage.pdf \(zonta.org\)](#)

Zonta International will continue to support the final phase (Phase III) of the Global Programme to accelerate the decline in child marriage. The focus will be on strengthening government capacity of the work and generating important evidence and data to sustain the program long-term.

Phase II (2020-2024) achieved increased political support, resources about healthy safe decisions, gender-responsive policies, as well as enhanced investment in and support for both married and unmarried adolescent girls. Over 6.3 million adolescent girls were empowered with life skills and sexuality education.

Phase I (2016-2019) saw almost 8 million adolescent girls receive life skills and school support; 39 million individuals engage in community behaviour change, and 26,000 schools strengthen their adolescent girl-friendly education.

Ending Child Marriage Project is engaging adolescent girls in 12 countries which account for almost half of the world's child marriages: Bangladesh, Burkina Faso, Ethiopia, Ghana, India, Mozambique, Nepal, Niger, Sierra Leone, Uganda, Yemen and Zambia.

In a future issue, I hope to include information on the recipients of Women in Industry Grants. This grant program aims to help women enter, remain in and progress into leadership roles in male-dominated industries. The Australian labour market is highly gender-segregated by industry – this unequal distribution is a key driver of gender pay-gap. Examples include Construction, Manufacturing, Mining – less than 30% women. Women in Industry grants applications close on Friday 9th August. Once recipients of these one-off grants of up to \$150,000 for eligible projects are available, I will update. [Women in Industry grant program | Office for Women](#)

Jacinta

Service



**Birthing Kit
Foundation**
Australia

Our Zonta Club will be packing birthing kits with students at Cannon Hill Anglican College on 12th August.

Contact Sarah for information if you would like to assist.

[Home - Birthing Kit Foundation \(bkfa.org.au\)](http://bkfa.org.au)

Fundraising:



Sausage Sizzle:

Many thanks to Jo for coordinating our Bunnings Sizzle, and to all Zontians, HonZons, family and friends who assisted on 21st July. Approximately \$2200 profit – busy on the BBQ!

Jo has requested next Sausage Sizzle in December – we'll advise date as soon as possible.

Containers for Change

Keep collecting and depositing - our code is **C10671310** – funds slowly, slowly increasing.

If you are not able to drop to a depot, please bring your bag of bottles and cans to our August meeting – Jacinta is willing to deliver for you.

Please tell your neighbours, family, friends and workmates about this scheme – they might be willing to deposit containers using our Code or collect extras for you to deliver.

Grill'd – Local Matters

Our thanks to Grill'd Carindale for promoting Zonta Club of Brisbane East through their Local Matters campaign. We received the most tokens during the month of April – cheque for \$300 has been deposited – and we have just been advised that Zonta Brisbane East is approved for Local Matters promotion for later in the year. We will encourage you to dine at Grill'd Carindale and place a token in our jar – we will let you know the dates.



Fellowship:



Zontians from Zonta Club of Brisbane East and Zonta Club of Utrecht enjoying dinner together.

It was very interesting to hear about Zonta Utrecht's projects to promote equality of women

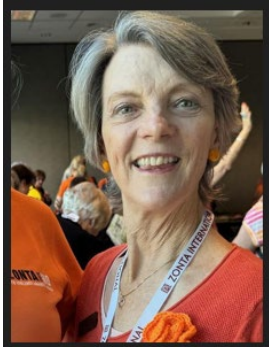
- Equal positions for women in politics and business
- Financial independence for women and a fair sharing of care responsibilities
- Education of women and girls in disadvantaged positions
- Advocacy for a safer world for all, without violence against women.



ZONTA Leadership:

Zonta District 22 Area 3 Director for 2024-2026 is Roslyn Scott.

Roslyn is now a member of the Zonta Club of Paradise Point. She was inducted into the Zonta Club of Cairns in 1997, and while she left Zonta for a period (to obtain her Degree in Education, and to commit to Scout Leader duties, Roslyn reapplied for membership in 2017.



Roslyn served as the President of Zonta Club of Cairns 2018-2022. During this time, Roslyn led

- updating Club Constitution;
- chartering the first e- Z Club of Cairns School of Distance Education;
- increasing Zonta visibility in the community for 16 Days of Activism with collaborative partnerships with Qld Police DV and Sexual Assault Units, Cairns Libraries, Hairdressers, Cafes and Shelter Hubs;
- promoting Zonta within the community through involvement in Women of the World (WOW) Festivals, VEXPO and Rotary Markets;
- hosting IWD Lunch with Jess Hill and previously with Rosie Batty in

conjunction with Cairns Business Women's Club;

- arranging "Chatters" and "Art Without Boundaries"(Gals at the Gallery) events
- collaboratively working with Empowering Women; Empowering Community "The Yarning Place" women to hold a Masquerade Ball to help fund our Projects.

(Ed's Note: We look forward to meeting Roslyn and working with her over this next biennium)

Zonta International Project: Laaha: Virtual Safe Space for Women & Girls



Delegates at the ZI Convention voted for this Service Project for 2024-2026 Biennium.

Laaha, the first-ever digital web-based platform created by UNICEF with women and girls, from crisis-affected regions has two primary objectives:

1. Increase knowledge on gender-based violence (GBV) and sexual and reproductive health (SRH) by providing quality and accurate information to girls and women about menstrual health and hygiene, healthy relationships, how to stay safe and know one's rights, financial literacy, female anatomy and services for women and girls facing violence. In time, this digital space will replicate the sense of a safe social network that physical safe spaces provide.
2. Reduce isolation by building safe spheres of support for adolescent girls through peer-to-peer connection through a moderated user forum.

[9.4 2024-2026 Project Description Laaha.pdf \(zonta.org\)](#)

Items of Interest:

'Dress to Express' Day: 30 August, 10.00 a.m. – 12.30 p.m.

Join Beyond DV in the Queen Street Mall, wearing your favourite outfit, and walk with DV survivors. At the end of the walk, there will be a panel discussion. 'Dress to Express' aims to empower DV survivors to rediscover their identity and style – in abusive relationships, as a form of coercive control, they have not been able to choose what they wear.

Supporting this event will help Beyond DV to continue to deliver innovative DV recovery programs from their centres across Brisbane. For further information, or to register for this event, or to make a donation: [Beyond DV Ltd - Dress to Express | HomePage \(gofundraise.com.au\)](https://www.beyonddv.org.au)

Live Like Her Challenge: 5 September (overnight)

Make a difference for homeless women over 55 by taking part in the Live Like Her Challenge. By spending one night living in your car, you'll contribute to funding The Forgotten Women's mission to provide suitable housing for women over 55 experiencing or at risk of homelessness. More than 700 women over 55 in Brisbane area are part of the hidden homeless, living in cars or couch-surfing.

What is the Challenge – you will park and sleep in your car at the Skygate multi-deck car park at Brisbane Airport. Registration fee (\$60 per person) is part of the minimum fundraising target of \$500. You can take on the challenge solely or form a team with multiple cars.

For further information, to register for the challenge, or to donate:

[The Forgotten Women: Live Like Her Challenge 2024 | Home](https://www.theforgottenwomen.org.au)

Diary Dates

12 August 2024 – Birthing Kit Assembly, at Cannon Hill Anglican College

19 August 2024 – Club Meeting – Hybrid (ie. At Bulimba Library or by ZOOM)

25 August 2024 – Fellowship – Amateur Theatre matinee

05 September 2024 – Board Meeting – ZOOM

16 September 2024 – Club Meeting – Hybrid

03 October 2024 – Board Meeting – ZOOM

21 October 2024 – Club Meeting (Hybrid)