## Monthly Newsletter





### President's Message

I'm sorry but a very short report from me this month.

Committee Chairs, please ensure you hold meetings this week to establish your strategic plans for the year.

To enable the Board to be able to peruse them I would like to have receipt by the weekend please.

Thank you for kind wishes, I'm on the road to recovery.

Merrilee

"If you cannot do great things, do small things in a great way"

Merrifee

## Dinner Meeting Information

#### **Date**

Tuesday 20 August 2024 **6:00pm** 

#### Venue

Function Room AFL Tigers Club 28 Ashton St Labrador

#### Cost

\$30.00

#### **Payment for Dinner**

Zonta Club of Paradise Point Inc - Admin BSB 124-022 Acc 1042 1645 Reference: Your name

#### **Apologies/Guests**

Please notify: Merrilee 0402 108 406 by 10:00am, Friday 16 August 2024

If an emergency requires a late apology, please call Merrilee before noon on Tuesday. This is a courtesy call and may not remove the necessity for payment.

## **Zonta - Introducing Ros Scott Area 3 Director 2024-2026**

Words: Ros Scott

Hello Area 3 Zonta clubs.

Recently installed as Area 3 Director 2024-2026, I am Roslyn Scott, currently a member of the Zonta Club of Paradise Point Inc. and thoroughly enjoyed my ZI Convention 1st Timer experience.

27 years ago, I moved to Cairns, North Queensland where I was inducted into Zonta in 1997. I left the club to do a Degree in Education and later be a Scout Leader and attend Jamboree 2016. I returned to Zonta Club of Cairns Inc. in 2017 and served as the President 2018 - 2022. During this time our club updated its Constitution; Chartered the first eZ Club of Cairns School of Distance Education; became very visible in community for 16 Days of Activism awareness activities with Qld Police DV and Sexual Assault Units, Cairns Libraries, Hairdressers, Cafes and Shelter Hubs; Zonta community awareness at Women of the World (WOW) Festivals, VEXPO and Rotary Markets; hosted IWD Lunch with Jess Hill and previously with Rosie Batty in conjunction with Cairns Business Women's Club; held "Chatters" and "Art Without Boundaries" (Gals at the Gallery) events and joined forces with Empowering Women; Empowering Community "The Yarning Place" women to hold a much awaited Masquerade Ball to help fund our Projects. How you might ask? COVID restrictions were in place but seemed to allow the North Qld community to continue day-to-day life earlier than southern cities.

I have enjoyed very positive Zonta relationships and experiences including attending the 100 Year Australia and New Zealand Conference with eZ club members and celebrating 30 and also 35 year Birthday celebrations of this club.

I look forward to meeting you all and working with your clubs.



# July Dinner - Celebrating Inclusion & Diversity! Zonta Spirit

During our meeting, we embraced the Zonta Spirit through an engaging activity that involved aligning key words related to our Zonta Spirit with various objects in a box. Members were asked to link the object with a key word.

The Zonta Spirit: a flame that continues to ignite our passion for our mission. It is the heart and soul of all members, fostering a strong and inclusive culture of community, fun, and friendship as we strive to build a more equal world.

We demonstrate the Zonta Spirit when we:

- · Work towards gender equality.
- Build a culture that embraces people of diverse backgrounds.
- · Say NO to gender-based violence.
- Address climate actions through Zonta Says NOW!
- · Connect with one another within our clubs and across the world.







## **NAIDOC** Week and Acknowledgement of Country

By Kathryn Janovsky

Our July dinner meeting was a vibrant celebration of NAIDOC Week, focusing on inclusion and diversity. The table settings beautifully embodied the 2024 NAIDOC Week theme: *Keep the Fire Burning! Blak, Loud and Proud.* 

NAIDOC Week is a time to honour and celebrate the resilience, cultures, and achievements of our Aboriginal and Torres Strait Islander peoples. Let's continue to support and celebrate the rich cultural heritage and remarkable contributions of our Indigenous communities.

We explore a brief history of this week as follows:

#### A Brief History of NAIDOC Week in Australia

NAIDOC Week is an annual event in Australia celebrating the history, culture, and achievements of Aboriginal and Torres Strait Islander peoples. Its origins date back to the 1920s, when Aboriginal rights groups began advocating for better treatment and recognition of Indigenous Australians.

#### **Early Beginnings**

- 1920s-1930s: Indigenous rights groups like the Australian Aborigines Progressive Association (AAPA) and the Aborigines Progressive Association (APA) campaigned for civil rights and national policy for Indigenous Australians.
- 1938: The Day of Mourning on January 26 marked 150 years since the First Fleet's arrival, highlighting mistreatment and calling for equality and recognition.

#### **Formation of NAIDOC**

- 1957: The National Aborigines Day Observance Committee (NADOC) was formed to promote Indigenous issues and celebrate Aboriginal culture and heritage.
- 1975: NADOC expanded to include Torres Strait Islander people, becoming the National Aborigines and Islanders Day Observance Committee (NAIDOC).

#### **Evolution and Celebration**

- 1991: NAIDOC Week was moved from July to September to better align with the northern Australian climate and school terms, allowing for broader participation.
- 2000s: NAIDOC Week grew in prominence with events like cultural performances, art exhibitions, and educational activities. Each year, a theme highlights specific aspects of Indigenous culture and history.

#### **Today**

NAIDOC Week is celebrated nationally, from remote communities to major cities, as a time for all Australians to acknowledge and celebrate the rich history, diverse cultures, and outstanding contributions of Aboriginal and Torres Strait Islander peoples. It continues to foster understanding, respect, and reconciliation between Indigenous and non-Indigenous Australians.

#### **Acknowledgement of Country**

As such the club members decided to incorporate an Acknowledgement of Country as part of the norm at meetings.



### Items of Interest

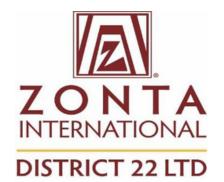


### Support the Girls

Support the Girls have a bra gifting event at Helensvale, Thursday 15 August 2024, 1pm to 4pm for attendees.

Volunteers needed to assist with afternoon tea from noon to 5pm.

Contact Janet Burrage if you can help.



### Zonta District 22 Strategic Plan 2024-2026

The new plan was forwarded to our Club members on 15 July 2024.

Any members who did not receive the plan, please contact Viv Koorey and I'll forward it to you.



## The Forgotten Women

Women over 55 are the fasted growing homeless population in Australia.

There are more than 40,000 Queensland women who are doing it tough.

The Forgotton Women mission is to put a roof over the heads of as many of these vulnerable women as possible.



# Live Like Her Challenge

To help change the lives of homeless women over 55, The Forgotten Women are urging Brisbane to come together to take on the Live Like Her Challenge on 5 September 2024.

By living in your car for one night you will help fund The Forgotten Women's mission to provide fit-for-purpose housing for women over 55 years of age who are experiencing homelessness.



# Children's Day - 4 Aug 2024

Children's Day - a special occasion recognised by SNAICC (Secretariat of National Aboriginal and Islander Child Care). This day is dedicated to honouring and supporting the rights, well being, and development of all children, with a particular focus on Aboriginal and Torres Strait Islander children in order to Close the Gap.



## Women's Equality Day 2024

Women's Equality Day, commemorated annually on August 26th, marks a vital moment in the ongoing fight for women's rights and quality. In 2024, this day hold particular significance as it underscores the continued need for progress, amplifying the voices of women still facing various forms of discrimination and inequity.

## **Zonta Brisbane City Heart Pre-Spring Fling**

25 August 2024 2:00pm - 6:00pm Stone & Wood Brewery 99 Bridge St, Fortitude Valley Qld 4006 \$95 includes drink on arrival and canapes

This year, the club are doing things a little differently, they are giving the catwalk a rest and warming up the dancefloor instead!

They will raise money and awareness for Sheltered by Grace and Forgotten Women as they continue to campaign for Homeless Women.

Join them for an afternoon of fun and festivities. There will be top notch drinks, delicious food, awesome raffle prizes and live music. If a good time is what you are after - then look no further!

#### Register for the event:

https://www.zontabrisbanecityheart.com.au/event/zonta-brisbane-city-heart-pre-spring-fling/





### **Diary Dates**

06 August 2024 - Service Committee Zoom Meeting - every 1st Tuesday of the month

06 August 2024 - Advocacy Committee Zoom Meeting - every 1st Tuesday of the month - 6:30pm

13 August 2024 - Board Zoom Meeting - every 2nd Tuesday of the month

14 August 2024 - Membership Committe Meeting - every 2nd Wednesday of the month

20 August 2024 - Monthly Club Dinner Meeting - 6:00pm

26 July 2024 to 11 August 2024 - Paris Olympics

05 August to 11 August 2024 - Homelessness Week 2024

04 August 2024 - National Aboriginal and Torres Strait Islander Children's Day

09 August 2024 - The International Day of the World's Indigenous Peoples

10 August 2024 - Royal Queensland Show Ekka

10 August 2024 - National Science Week

19 August 2024 - World Humanitarian Day

23 August 2024 - Daffodil Day

26 August 2024 - Woman's Equality Day



The theme for World Humanitarian Day 2024 is #Act for Humanity. World Humanitarian Day 2024 is dedicated to recognising humanitarian people and those who lost their lives working for humanitarian causes.

The day also pays tribute to those who have sacrificed their time and risked theirl lives in order to support and deliver aid to people worldwide undergoing many humanitarian crises.

It especially focuses on those who put their lives at risk trying to help people in war-stricken and disease-ridden areas.



The theme for Homelessness Week 2024 is "Homelessness Action Now". Homelessness Australa hosts Homelessness Week annually to uild community support and government commitment to end homelessness.

During the week homelessness services and community groupls raise awareness of the impact of homelessness and the solutions needed to end homelessness. To Advocate for change via national and local community events, media and social media activities.

On any given night, 122,494 people in Australia are experiencing homelessness (ABS Census 2021). Homelessness services are overwhelmed. In 2022-2023, 108,000 people were unable to be assisted, 80% of those were women and children, many of whom are fleeing domestic and family violence.