

Coral Coast Chat



Club 1476 Area 5 District 22

June-November 2010

Address PO Box 916 Bowen Queensland 4805

www.bowen.zontadistrict22.org

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Diary Dates

*Club meets every 2nd Wed
of the month at 6.00 pm for a 6.30 pm
start at the Central Hotel*

10th Nov Dinner Meeting - 6.00 p.m.
17th Nov SOW, UN - 7.00 a.m.
17th Nov F&F, PR - 5.00 p.m.
18th Nov OMC & Program - 2.30 p.m.
20th Nov Combined Xmas Social
24th Nov Board Meeting - 5.00 p.m.
25th Nov White Ribbon Day
8th Dec Xmas Dinner Meeting 6.00pm
10th Dec International Human Rights Day
23rd Sep 2011 D22 Conference

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From the President's Pen

'Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it's the only thing that ever has.' *Margaret Mead*

We may not change the world but we are a small group of women who is certainly helping to change the lives of many, locally and globally through service and advocacy. I having been trawling through Zonta photos from 2010 to include in our newsletter and it has emphasised how busy our year has been and how diverse our activities. Members, FOZ and friends came together to assemble birthing kits which assist women in undeveloped countries to have a clean, safer delivery of their babies. Our SOW committee organised production of breast cushions which are given to local and regional women fighting breast cancer, post-mastectomy. They also organised a very successful 'Enlighten Education' program for high school students empowering and encouraging the girls to take control of their lives and steering them towards success. An important advocacy activity was assisting BSCAT with the Dry Boat Regatta. The event provided members with an enjoyable afternoon while raising awareness of 'White Ribbon Day'. In May we participated in Bowen's first 'Relay for Life' event, our team consisted of members and friends and our club provided and served the afternoon tea for survivors and carers. Lastly, I must say the F&F committee and club members have been busy with 'ThirstZapper Stalls', Movie premiers and raffles to raise funds for ZI projects and local projects such as 'Bowen Community Crisis Accommodation' providing funds for crisis accommodation for victims of domestic violence. Phew, I'm exhausted just writing about it. Well done ladies on a successful year, your commitment and dedication is indeed changing our world.

*Kerry Picknell
President*

Thought of the Month

Volunteers aren't paid, not because they are worthless, but because they are priceless.

Anonymous

Committee Clippings

OMC Report

OMC meetings are held the **3rd Thurs of every month at 2:30 pm** prior to the board meeting and work in conjunction with Program.

Current membership details:

Members:	21
New members (since handover):	4
Resignations (since handover):	4
Current prospective members:	2
Current leave of absence:	2

OMC plan has been endorsed.

The inaugural Coffee Club was held on Sat June 12th at Horseshoe Bay Café.

The membership process flowchart has been updated.

A resignation survey is being conducted.

An Expression of Interest Form has been created. This form is for women who have shown interest in Zonta and have not been nominated by a member. These forms can be given to interested women who make enquiries at our drink stalls or other functions.

The new ZI president Dianne Curtis stated **"Membership is vital to our ability to influence the status of women in the future"**. In her president's message she emphasises that, "membership must be a high priority and that we must get back to basics to strengthen our clubs. (*The Zontian July 2010*).

For OMC and Program this includes 3 areas:

Orientation for new and existing members

Meetings and activities that are meaningful and follow protocol

Mentoring new members and assisting their development through effective and courteous communication.

The following OMC materials have been updated:

Letter to join and Zonta brochure

Membership application form (old pink form)

Membership induction package including welcome letter

FOZ list

A Member's Handbook containing information about the club, member and committee responsibilities, membership recruitment process etc is to be distributed at November meeting.

Carol Carter (edited version)

PR & Communications Report

May: BI – “Zonta Celebrates Big Year” was the heading for a story with 4 photos about our Handover Dinner held in May. A photo of newly inducted members, Marg and Lyn was included.

June: BI-Photo and story about Bev, Veronica and Kerry going to US to attend International Convention and Kate Jacka’s letter to editor thanking Zonta for donation to BCC Emergency Housing Fund.

Oct: BI- Fashions in the field – Bowen Cup 2010; BI Gleanings – Notice of Movie Premiere; Photos of Movie Premiere – Eat Pray Love; “High school girls celebrated, challenged, changed”. Heading of story and photos about Enlighten Education Workshop held at Bowen State High School; North Queensland Bulk Ports newsletter: mention of Zonta Club being a beneficiary of the profits from the binoculars project.

A calendar of Dates was sent to all members during June.

Cath Morgan (edited version)

Finance and Fundraising Report

Well what a busy start for our team! We have had 4 events to plan in about 6 weeks, starting with the fishing Classic on the 18/19th September. This weekend was a great success for us raising about \$1600, including the esky raffle which was a huge draw card. The next event was the Races, which our team left up to Rhonda to arrange. She did us proud again; I have only heard great words spoken about the day. Next year I feel more of us will get there. “Eat Pray Love” What a great story, about a young lady finding herself. The F & F committee had fun arranging this movie premier; we had 164 movie goers attend. These nights are great we can have a drink watch a great movie mingle and of course eat. Thank you every one for supplying all the great food. Ending our run of events was the Seafood Festival; this was a very busy day for all involved. It wasn’t the biggest fundraiser event for us this year, but we all had fun mingling with each other and the public. With the silly season fast approaching the F & F committee has retired for the year. We would like to thank everyone who helped with these events as they wouldn’t have gone ahead without you.

Colleen Aberson (edited version)

Committee Clippings

SOW Report

The past few months have been quite a busy period for our committee. Birthing Kit Assembly Day was held on Saturday 7th August at Community Solutions. Members, friends and Friends of Zonta came together to ensure a successful day. Eighteen Breast cushions and drainage bags have been organized through The Quilters Group and are to be distributed to the Doctors surgeries, etc. Our Enlighten Education programme at the Bowen State High School was an outstanding success. Feedback from the presenters, teachers, year 8 and 9 students and some parents has all been positive. The presenters were so astonished that a body like Zonta was so interested in the students to present the course. Grade 11 and 12 students are being encouraged to enter YWPA with Zontians Bev Lowcock and Wendy Downes of Whitsunday Zonta addressing the students. Our tertiary bursary will soon be finalized and notices sent to relative students who may wish to apply. We hope then to present the award at the IWD Luncheon. We are in the throes of nominating a young woman for a Jane M Klausman Scholarship in 2011 which will be a first for this club. Our next dream would be to commence a Z Club at the High school. Emergency Kits for distribution to the Hospital and Bowen Neighbourhood Centre continue to be assembled. Our club assisted BSCAT with their White Ribbon Day event, the Dry Boat Regatta in November. We now start planning for IWD in March, 2011.

Bon Wharley (edited version)

Reminder

Purchase your tickets to our Combined Club Christmas Social at the November dinner meeting or Hickmott's SupaNews.
\$25 p.p.

Program Committee Report

The Program Committee has been successful in organising a variety of speakers and activities at our general meetings.

June: the new Executive had numerous housekeeping items on the agenda. Lavender for Leukemia items were on sale with the monthly raffle being made up of a Teddy Bear, soaps, lip gloss.

July: coincided with NAIDOC week. Beverley Cummins, Director of Girudala Cooperative, spoke on the history and background of the Girudala Cooperative and informed members of the future direction of this organisation.

August: Matthew Magin from North Qld Ports Corp spoke on the proposed Binocular Project on Flagstaff Hill and on the responsibilities of directorship of an Incorporated Association. The raffle money was donated to PAINT THE TOWN RED which is sponsored by Mummy's Wish Foundation.

September: a presentation by our delegates to the International Conference at San Antonio Texas, USA reminded members that we are part of an international organisation and made members determined to attend the next one in Torino Italy.

October: Club member Cheryl, an accomplished speaker, delivered a professional talk on the violence experienced by women in various countries by burning. Thought provoking the talk increased awareness of the suffering of women in other countries and reminded all of how good our lives are and the opportunities available to women in Australia. Veronica organised a fun activity complete with a cake to celebrate our Club President's 50th Birthday.

November: guest speaker Roslyn Boyce will speak on her recent trip overseas where she volunteered for a children's charity.

Girls Social Night: to be held in the post Christmas/New Year period. It is proposed to hold a picnic tea at the Front Beach in January. Date to be confirmed.

Combined Clubs' Social: Saturday 20th November. We are organising entertainment - a skit, poem, humourous Christmas songs and a quiz to be placed on tables. It promises to be a wonderful fun night and is open to partners, family members, FOZ members etc. **Tickets are \$25 per person and tickets will be on sale at the November General Meeting.**

Lynette Klukas (edited version)

UN Report

UN Women, created in July 2010, merged the UN Development Fund for Women ([UNIFEM](#)), the Division for the Advancement of Women ([DAW](#)), the Office of the Special Adviser on Gender Issues ([OSAGI](#)), and the UN International Research and Training Institute for the Advancement of Women ([UN-INSTRAW](#)).

The Millennium Development Goals Summit (20-22 September) primary objective is to accelerate progress towards the MDGs by 2015 which aim to encourage development by improving social and economic conditions in the world's poorest countries. ZI has interest in MDG 3: Promote gender equality and empower women & 5: Improve maternal health, which specially pertain to women. Go to www.Youtube.com and type in MDG 3 (or 5 etc) and <http://www.endpoverty2015.org> for more information.

Zonta International is affiliated with the United Nations as an NGO through: General Consultative Status with the UN Economic and Social Council (ECOSOC); Consultative Status with the International Labour Organization (ILO); Affiliation with the Department of Public Information (DPI); Member of the Conference of NGOs (CONGO) which has a Consultative Relationship with the UN (Zonta participates in a number of CONGO Standing Committees in New York, Geneva and Vienna); Operational Relations with UNESCO (Paris); Accredited Representative (on application) to Working Group Sessions of the Human Rights Council (now Commission) via consultative status with ECOSOC (Geneva). ZI also has Participative Status with the Council of Europe.

2010-2012 Biennium - International Service Program Fund is supporting: 1. Prevention of Mother to Child Transmission of HIV and Gender-Based Violence in Rwanda; 2. Safe Cities for Women Project in Guatemala City, Guatemala and San Salvador, El Salvador & 3. Elimination of Obstetric Fistula and the Reduction of Maternal and Newborn Mortality and Morbidity in Liberia. **ZISVAW Fund is supporting:** 1. Comprehensive Strategy to End Burns Violence Against Women in Cambodia, Nepal and Uganda; 2. Security and Empowerment for Women and their Families: Ensuring a Gender-Responsive Humanitarian and Early Recovery Response in Haiti.

Our Zonta UN committee involvement at United Nations (2010) includes attending forums, keeping us informed and attending CEDAW. ZI UN committee members serve on several CoNGO committees.

Bev Lowcock (edited version)



Who's 21 Again?

Happy Birthday to all our members who celebrated their birthday within the last 6 months.

Upcoming Events Snippets

2011 District Conference

The District 22 Conference Committee is busy planning and preparing for the 2011 D22 Conference to be held at the Novotel Hotel, Creek Street, Brisbane from 23-25 September, 2011. Attending conference is educational and inspiring and provides the opportunity to meet and network with members from other D22 clubs. Note this date in your diary.

Combined Clubs Christmas Social

Saturday 20th November. Come and enjoy some fun and frivolity with our friends from the Rotary and Lions Clubs. Delicious food, entertainment, singing and dancing awaits all who attend. It is open to partners, family members, FOZ members etc. Tickets are \$25 per person and tickets will be on sale at the November General Meeting and from Hickmott's SupaNews.

New Year Girls Social

Unfortunately, we had to postpone our Girls Social Night. We now intend to hold this evening in the post Christmas/New Year period when we have more time to relax and enjoy the each other's company. It is proposed to hold a picnic tea at the Front Beach in January. The date is yet to be confirmed.

White Ribbon Day History

The 16 Days of Activism for the Prevention of Violence Against Women is a campaign that extends from November 25th, International Day for the Elimination of Violence Against Women (White Ribbon Day) and December 10th, International Human Rights Day. White ribbon day was created by a handful of Canadian men in 1991 on the second anniversary of one man's massacre of 14 women in Montreal. They began the white ribbon campaign to urge men to speak out against violence against women. White ribbons and bands are sold and events are organised around the world. The Bowen BSCAT (Building Safer Communities Action Team) Dry Boat Race Day/Regatta is to raise awareness of this important campaign.

SNAPSHOTS OF EVENTS

Handover Night



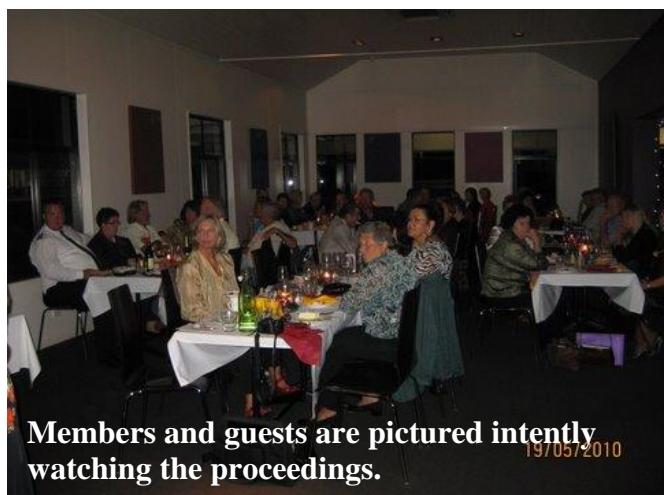
Members Hortense Ingram and Lynette Klukas congratulate new member Lyn Hodges.



Kerry Picknell is installed into her new position of President by her mother and Charter member Veronica Hickmott.



Immediate Past President Bev Lowcock chats with new member Marguerite Tawse.



Members and guests are pictured intently watching the proceedings.

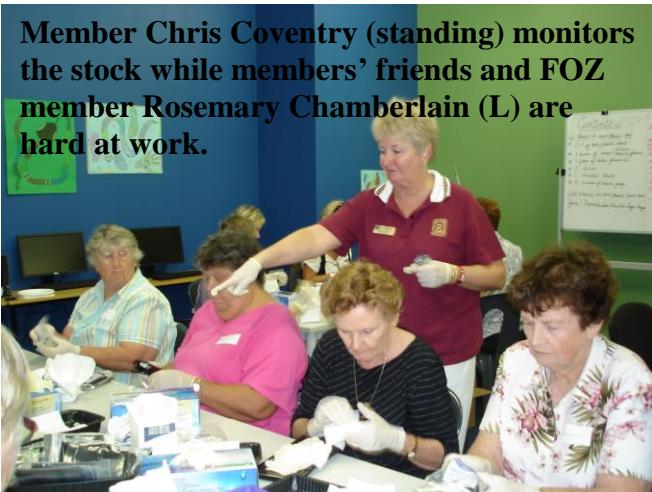


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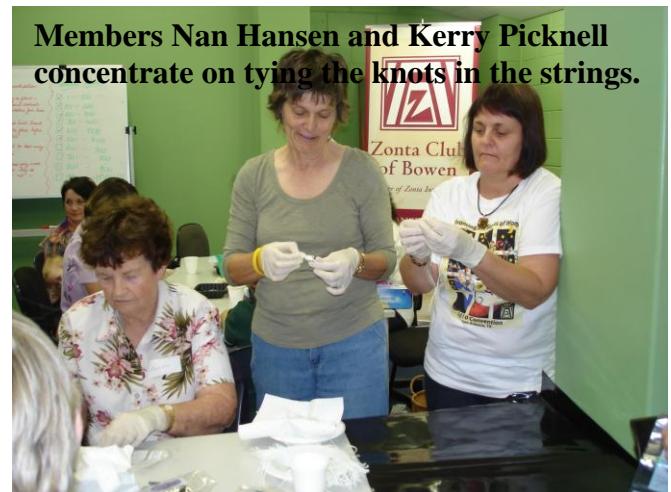
As a Past President and Charter member, Veronica Hickmott (left) happily installed the 2010 Board members – (from right) Lynette Klukas (Director), Cath Morgan (1st Vice President), Bon Wharley (Director), Shelley Tait (Secretary), Colleen Aberson (Director), Kerry Picknell (President), Angela Zyla (Treasurer), Bev Lowcock (Director), Bonnie Kohlhase (Director) and Hortense Ingram (2nd Vice President).

SNAPSHOTS OF EVENTS

Birthing Kits Assembly Day



Above, members Veronica Hickmott (R) and Bon Wharley (C) concentrating on the job at hand while Bev Lowcock (standing) folds the black plastic. Member Hortense Ingram counts and bags the completed kits (below).



We start them young at the Zonta Club of Bowen. Pictured below is new member Ros Boyce, with her daughter Olivia, taking a break from packing the kits.



SNAPSHOTS OF EVENTS

Relay For Life



A large contingent of Zontians, FOZ and friends participated in Bowens Inaugural Relay for Life event as seen above. Below left, member Rhonda holds our baton up high as the walk continues through the night. A stunning sunset made a beautiful backdrop as members Bev Lowcock (L) and Kerry Picknell prepare to join the walkers on the track.



Members Chris Coventry (2nd left) and Lynette Klukas (right) enjoy good company at the 2010 Rotary Handover night.

Up, up and away. From left, members Bev Lowcock, Veronica Hickmott and Kerry Picknell prepare to head to San Antonio Texas, USA for the 2010 International Convention in June.

SNAPSHOTS OF EVENTS



With our July Dinner meeting coinciding with NAIDOC week, guest speaker Beverley Cummins, Director of Girudala Cooperative, spoke on the history, background and future of the organisation.



Happy Birthday to us. Members donned party hats & enjoyed delicious patty cakes in celebration of the club's 16th birthday.



Our movie premier for 'Eat Pray Love' was very successful, with over 160 people attending. Kerry Picknell (L) and F&F Chairperson Colleen Aberson (R) presented Shannon Kirk, the winner of the raffle, with her prize (above). Members Angela Zyla and Carol Carter were pictured manning the entry table (left). (Photo courtesy of the Bowen Independent.)



The Bowen Quilters ladies joined with Bowen Zonta to provide breast cushions to breast cancer patients. SOW Chairperson Bon Wharley is pictured receiving the breast cushions and drainage bags from the ladies.



Members at the September dinner meeting listened as Kerry Picknell presented the 2010 ZI Convention report by powerpoint.



SNAPSHOTS OF EVENTS

ThirstZappers/Raffles



Ready and prepared for action. Members can be seen waiting for customers at our ThirstZappers stall at the commencement of the Bowen Fishing Classic (above left). A very suitable and successful raffle was held in conjunction with the stall (above right).

Enlighten Education



The SOW committee are to be congratulated for their extensive organisation of the Enlighten Education Workshop held at Bowen State High School. The Bowen and Collinsville High school students who attended were educated, enlightened and empowered. Citing 'The Bowen Independent' heading, "High school girls celebrated, challenged, changed". Clockwise from top (R), Enlighten Education presenter Storm Greenhill with students; Zonta ladies, Cheryl Vennard, Bon Wharley and Chris Coventry are seen providing lunch to students; Louise from Enlighten has students performing stress release activities; Bowen and Collinsville girls are pictured busily doing scrap booking journals.



SNAPSHOTS OF EVENTS

BSCAT Dry Boat Regatta



The Bowen BSCAT (Building Safer Communities Action Team) Dry Boat Race Day/Regatta was held on 6th November to raise awareness of White ribbon day and the Prevention of Violence Against Women. Our club assisted on the day by manning the registration and information tent. Members also enjoyed the activities which included the boat races, bathtub derby, sand castle and pirate competitions. Members (Right r-l) Veronica Hickmott, Kerry Picknell, Shelley Tait, Cath Morgan, Bon Wharley, Chris Coventry & Bev Lowcock enjoyed the beautiful setting at the front beach.

Zonta member Rhonda Nilsson (partly obscured) was a member of the team which won best decorated boat.



Members Veronica Hickmott (standing) & Cath Morgan sign the 'White Ribbon'.



Hospital team off & running.



Ambos ready & waiting.



Pirates of the Dry Boat Regatta

SNAPSHOTS OF EVENTS

Inductions



Our Club has welcomed four new members since Handover in May. Photo (top left) shows Lyn Hodges (centre left) and Marguerite Tawse (centre right) following their inductions at our Handover meeting with members Bev Lowcock (left) and Nan Hansen (right).

Gloria Campbell-O'Brien was new President Kerry Picknell's first induction. She is seen above with Rhonda Nilsson and Kerry.

Member Colleen Aberson assisted with our latest member Roslyn Boyce's induction (left). Roslyn is pictured being welcomed by Colleen and Kerry. Congratulations ladies and welcome to our club.



Member Veronica Hickmott represented the Zonta Club of Bowen at Cunningham Villas for the National Nursing Home Awareness Week Residential Aged Care Awards. Veronica is pictured with two of the residents (above left). October saw Zonta members organising the Fashions on the field at the Bowen Cup. Pictured (above right) is the winner Jessica Dray being congratulated by Ren Edwards and member Rhonda Nilsson (back right).

Photos courtesy of the Bowen Independent

Spring Clean

- Something I have become aware of is that if you don't clear out the old you limit the flow of new in to your life.
- You need to be looking constantly at ways you can 'spring clean' in all areas of your life.
- Don't try and do it all at once – that can be just too daunting.
- Decide on one area you are going to declutter and set yourself a goal of when it is to be done by.
- Purchase any items you may need to have on hand to store sorted goods or strong garbage bags for disposal of unwanted items.
- Plan how you are going to tackle the job. Is it easiest to do drawer by drawer or maybe get it all out on a bed or table and sort as it goes back in. The 'sort going back in method' can work well if everything is in a big mess like a wardrobe or garage shelves.
- Ideally you only want to handle items once, at the most twice so as you touch it decide is a definite keep or a definite toss out. You can always take a second look at the throw outs!
- If it is a keep item, group together with other like items in the one spot, ie belts, socks. Use recycled plastic containers to store smaller items to keep them together.
- Use space bags or roll out storage boxes under the bed to store infrequently used items like ski gear, travel clothes.
- Sort clothes in a method that works for you ...do you want to see clothes hung in colour groups or perhaps in a group of all similar items.
- A good rule is, if you haven't used it or worn it for a year the chances are you never will....toss it out.
- Take as many discarded items to the Op shop as you can as they will always appreciate the chance to resell.

Contributed by Christine Coventry

From the Editor

The months have flown by and Cath our Newsletter Editor has been unable to undertake this task due to other obligations especially work commitments with her new position at the TAFE. I have compiled an extensive newsletter covering activities and events that have occurred since the end of May. Being a busy period there are many pages of photos that I hope you enjoyed. They certainly provide a wonderful overview of our club and all that we are involved in.

**Proxy Editor
Kerry Picknell**