

East-enders

SEPTEMBER 2016



ZONTA
CLUB OF
BRISBANE EAST INC

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

Board Members 2016 - 2017

Jo Diessel
(President)

Irene Kinder
(1st Vice-President)

Kerstin Liebchen-Meades
(2nd Vice-President)

Ros Kinder
(Secretary)

Bronwyn Cameron
(Treasurer)

Directors:

Margaret Casey

Jane Gray

Lyn Papa

Elizabeth Peters

Next Meeting
Monday, 17 October 2016

NB This is third Monday of the month
Bulimba Library, Riding Road, Bulimba
6.45pm for meeting 7.00 pm for supper
Cost \$5 per head to cover coffee, tea and sweets

President's Patter



Sunday 25 September was our last breast cushion bee for 2016. Between January and September we have provided 422 breast cushions and 275 drainage bags to the Mater Private Hospital as well as back up supply of some 150 breast cushions to the Mater Private Redlands, Mater Public Hospital, PA Oncology Unit and the QE11 Hospital.

A great effort from our members and Hon Zons. A recent email from a woman who received our cushion and drainage bag puts it into perspective.

I just wanted to write and express my sincere gratitude for the wonderful present of a beautiful little pink cushion that I received less than 48 hours ago at the Mater Hospital in Brisbane after my breast surgery for my breast cancer, I have just been diagnosed with. In my darkest hours literally this gorgeous little pillow has been a godsend for me not only for support driving home from the hospital but constant pain relief under my arm 24 hours a day. I can't tell you how much it is helping me.

I am so very grateful for this wonderful gift and would like to say how much I appreciate it and how very much it has helped me on this just beginning journey and also how it is helping me cope with the pain.

I can't thank you enough for your kindness in giving me this little pink lifesaver.

It was a pleasure to have our Zonta International YWPA awardee Phoebe and her mum at our last meeting. Many thanks to our District 22 Governor Ans Van Erp for coming along to present the award and to give us an update of the projects and major plans for Zonta International in the upcoming Biennium.

Once again it was lovely to welcome Megan, Bianca and Maureen as special guests at our September meeting and I hope to other meetings for the Club. At our October meeting we hope to have a guest speaker from Zig Zag, a young women's resource support centre.

At our November meeting we will also have another special guest speaker Natalie Williams from NAPCAN. Natalie will provide an update on our LoveBites Project as well as a talk on her work at the Royal Brisbane Hospital Sexual Assault Response Team.

The September Issue of the Zonta International E Newsletter provides a number of updates of our work around the Globe as well as projects Clubs are undertaking for the Zonta Says No Campaign. The newsletter is easily accessed on the website; doesn't take a lot of time to scroll through (for us busy people) and a great way to refresh and update yourself with the work of Zonta International.

Postal Address: GPO Box 3060, Brisbane, Q., 4001.

Email: brisbaneeast@zontadistrict22.org Website: <http://brisbaneeast.zontadistrict22.org>

Facebook: Zonta Club of Brisbane East

Charter Number: 1235 13 November 1989

President's Patter (Cont)

Our major project between now and the end of 2016 is the Zonta Says No Campaign between 25 November and 10 December. Work is progressing on gaining support from businesses, schools, cafes etc in hosting our orange women silhouettes. Why Orange?

The United Nations Secretary-General's Campaign UNiTE to End Violence against Women has proclaimed the 25th of each month as 'Orange Day', a day to raise awareness and take action against violence against women and girls.

As a bright and optimistic colour, orange represents a future free from violence against women and girls.

In response to members' requests at our September meeting, Ros emailed our one page of information on the Zonta Says No Campaign to you. A number of you asked to have a copy to share on Facebook – so please do.

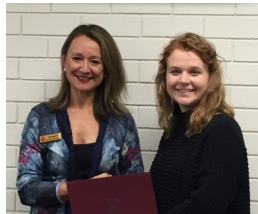
I urge all members to come along to our meetings and events in the lead up to Christmas – enjoy yourselves with other Zontians and help us tell our story to the community.

Jo Diessel

Guests

What wonderful guests we had at our September meeting!

District 22 Governor Ans Van Erp attended to give us an update on ZI. Ans spoke of her role as the District Governor, the ZI Goals and ZIF Service Projects for this Biennium, her plans for the 2017 District 22 Conference in Brisbane from 8-10 September 2017 and the Combined Area 1/3 Meeting on 4 March 2017. She also spoke of plans for 2019 to celebrate Zonta's 100 years.



Ans then presented our YWPA Club winner, Phoebe Frederick, with her Certificates from ZI recognising her as the District 22 and Zonta International recipient. Well done Phoebe who also had her proud mother in attendance at the meeting. Phoebe responded thanking the Club for its support and also for sponsoring her involvement with the Women in Technology mentoring program which she found very valuable.

We also welcomed Maureen Good to the meeting. We first met Maureen at the Morningside Festival where she expressed an interest in learning more about Zonta and becoming a member.

Our other guests were returned guests Megan Oliver and Bianca Capra. Both are very interested in Zonta and have some very exciting ideas for promotion of Zonta and service which we look forward to hearing about and discussing at our October meeting.

High Tea



Our High Tea in September has been declared as our best yet!! We enjoyed a wonderful fashion parade from Portofino and our models looked just great – many thanks. We also enjoyed the stalls from Nutrimerics and Your Inspiration at Home and of course the wonderful entertainment on piano provided by Anthony Gray. Our thanks to the students who provided the AV support, to HonZons Cindy, Pete and Michele who plated our food and to Lena and her friends who served the food to the tables.

High Tea (Cont)



As with all our activities and fundraisers we could not hold these without the support of our members, their friends and our HonZons. A big thank you to each of you for your contribution on the day – cooking/providing delicious food, helping set up and pull down, providing raffle prizes and the myriad of other tasks which need to be done.

Many thanks to everyone for a great day. The 2017 High Tea will be on **Sunday, 27 August 2017**, so reserve that date in your diary now.



Fundraising



Following on from our high tea we still have Nutrimerics Gift Packs for sale. These consist of 5 Shower Gels of various perfumes in a Gift Box and sell for \$35. Would make great Christmas presents so please let us know if you are interested in purchasing one – or more.



Member News

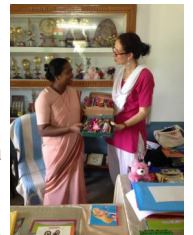
Kerstin is away again in her beloved India and visiting her school in Bodhgaya – a school she has supported and seen grow for some 20 plus years. Travel safe.



Loris takes off early this month for a few weeks in Canada visiting family. Enjoy and safe travels.

Jo is off again on another trek to 1770 and Hervey Bay with Pete and Cindy, Jane is off to Bundaberg and Lyn P has been on holidays as well.

Bronwyn is also now travelling as she sells her unit in preparation for building her new home in Newmarket. Hopefully whilst travelling and being as she terms it “homeless” she will still be able to attend some of our meetings and functions.



Breast Cushions

Our last working bee saw 60 cushions completed ready for distribution. We have a little stockpile but no doubt come the end of the year and early in 2017 these will be needed.



Bunnings

We have Sunday, 27 November confirmed for our Bunnings Sausage Sizzle and have asked for additional dates during the week. These have yet to be advised.



LoveBites



The facilitator training is completed and both Barbra and Jo can now breathe a sight of relief. The logistics were huge as 63 facilitators were trained in three two day sessions. From the evaluations the training was very successful and enjoyed by all. Implementation will occur in the schools in second/third term 2017.

The Club, through Jo, has applied for further grants to assist and support the implementation to ensure sustainability of the program.

Many thanks to all involved, the other Zonta Clubs who joined with us to support this training and the Department of Education.

Zonta Says NO Campaign 2016



Work is progressing well on this and our “orange ladies” are ready to go out and about spreading the message “Not Now – Not Ever”. We will be ordering a few more to meet demand as well as some smaller versions to represent the children affected by Domestic Violence.

Clubs in the News



Congratulations to the Zonta Club of Wynnum Redland Inc on their 35 years of service in the Wynnum Redland area. The Club celebrated their 35th Birthday with a function at the Redlands Museum. It was great to see four of their Charter members present – three of whom remain active members of the Club.

In October, the Zonta Club of Brisbane City Heart will formally celebrate their formation with the presentation of their Club Charter by our District Governor with a dinner at the Moreton Club. Again congratulations and welcome to the Zonta world.

Date Claimers

10 October 2016	Board Meeting, Easts Leagues Club
17 October 2016	Monthly Meeting, Bulimba Library
24 October 2016	United Nations Day
8 November 2016	Zonta's Birthday
14 November 2016	Board Meeting, Easts Leagues Club
21 November 2016	Monthly Meeting, Bulimba Library
11 December 2016	NOTE CHANGE TO SECOND MONDAY OF THE MONTH VENUE TO BE ADVISED
4 March 2017	Combined Areas 1 and 3 Meeting – Venue to be advised
18 March 2017	Trivia Night – venue to be advised
27 August 2017	4 th Annual High Tea
8-10 September 2017	District 22 Conference, Brisbane