

2024

ZONTA

Club of Bundaberg Inc.

16 DAYS OF ACTIVISM CALENDAR OF EVENTS



ZONTA

CLUB OF
BUNDABERG INC



16 DAYS OF ACTIVISM CAMPAIGN TO ELIMINATE VIOLENCE AGAINST WOMEN



CALENDAR OF EVENTS

Monday 25th November – Tuesday 10th December

Day 1: A Day of Envisioning - Monday 25th November

9:15am at Buss Park Join members of Christ Church Anglican Church - Anglican Mothers Union Australia and Zonta Club of Bundaberg as we launch the calendar of events for the 16 Days of Activism Campaign

9:30 Hear the 'Ringing of the Bells' in remembrance of women and children who have lost their lives because of gender-based violence in 2024.

10:00 Everyone is invited to attend a special Prayer Service, Christ Church Anglian Church with guest speakers.

11:00 Join us in a walk around Buss Park to mark the commencement of the 16 Days of Activism Campaign and Say NO to Violence Against Women

11:10 Everyone is invited to morning tea in the Church Hall and meet with guest speakers.

DUSK Lighting of the Fig Trees on Walker Street near the Multiplex complex and the Auswide Bank Building

Day 2: A Day of Knowledge - Tuesday 26th November

Visit our Zonta Club of Bundaberg social media pages to view some sobering statistics on Domestic and Family Violence and its impacts.

Day 3: A Day of Orange - Wednesday 27th November

The colour orange symbolises a brighter future, free from violence. It serves as a means of demonstrating your solidarity in eliminating all forms of violence and is therefore used as the colour of the International Day for the Elimination of Violence Against Women

Look for evidence of ORANGE in the city as we encourage businesses to dress their staff and premises in orange for today and any time through the 16 days campaign and share images on their social media pages.

Several Bundaberg businesses are hosting a large cut-out orange lady during the 16 days. If you see an orange lady please thank the business for their support, take your photo with it and share to your social media. Tag us and use the hashtags #zontabundaberg #16daysofactivism.

Day 4: A Day of Listening - Thursday 28th November

Official Launch Event – Breakfast at Brothers Sports Club

6:45am Join us at Brothers Sports Club for our official launch breakfast, with a Q&A with Ingrid Barham. As a co-owner and general manager of Bundaberg Today, she is leading the way in providing top-quality public interest journalism to the Bundaberg region This is a ticketed event with a plated breakfast meal. Tickets are \$30 and can be purchased online through the QR Code attached.

Day 5: A Day of Remembrance - Friday 29th November

Browse the Red Heart messages on our Remembrance Trees, located in the foyers of Bundaberg Base Hospital and Bundaberg Regional Council. Take time to reflect on the significance of the women and children's lives lost in Australia due to domestic violence this year.

Day 6: A Day of Allyship - Saturday 30th November

View the Red Shoes Project Art Installation behind Fairymead House from 10am to 12pm. This is one of only two such installations in Australia. The 300 pairs of shoes placed in the grounds have been painted red by Bundaberg community members and represent women who have lost their lives due to gender-based violence.

Day 7: A Day of Discussion - Sunday 1st December

Zonta members are hosting the Bunnings Sausage Sizzle today. Buy a sausage sandwich and chat with Zonta members about Zonta projects locally and internationally and statistics of violence against women in Australia.

Day 8: A Day of Advocacy - Monday 2nd December

Listen to the podcast "Getting stronger together" through Impact Community Services' Weekly Podcast.

Day 9: A Day of Awareness - Tuesday 3rd December

Visit our Zonta Club of Bundaberg social media pages where you'll find more information and statistics about domestic and family violence and how we as a community can work together to address it.

Day 10: A Day of Giving - Wednesday 4th December

The Zonta Club of Bundaberg is proud to give back to our community. Our recent cent sale raised funds to assist Edon Place and Phoenix house, local organisations that support victims of domestic and family abuse and sexual violence.

Day 11: A Day of Tribute - Thursday 5th December

Engage with the Zonta Club of Bundaberg at the Pageant of the Lights Parade. Snap a photo or two and share to your socials. Tag us and use the hashtags #zontabundaberg #16daysofactivism

Day 12: A Day of Student Engagement - Friday 6th December

Visit our socials to view the video created by Australian Doctor, Dr Curtis Rayment - 'It's a Man's Issue' – targeting education for secondary students around respectful relationships

Day 13: A Day of Service - Saturday 7th December

6:45am Nielsen Park Bargara: Put on your runners/walking shoes, don your orange shirt and join us at ParkRun Bargara. It's a FREE 5km walk or run along the beautiful Bargara Esplanade and into the Turtle Trail. No registration necessary; just come along and have fun. Why not take some pics and share to your socials - tag us and use the hashtags #zontabundaberg #16daysofactivism.

Day 14: A Day of Community - Sunday 8th December

Zonta Club of Bundaberg is hosting an information stand at Shalom Markets, near the BBQ. Drop by for a chat about the work Zonta does and the 16 Days of Activism Campaign.

Day 15: A Day of Outreach - Monday 9th December

Zonta Club members will be contributing Letters to the Editor to our local newspaper highlighting the messages behind the 16 Days of Activism Campaign to Eliminate Violence Against Women.

Day 16: A Day of Reflection - Tuesday 10th December

9:00am at Buss Park Join members of Christ Church Anglican Church - Anglican Mothers Union Australia and Zonta Club of Bundaberg as we close the calendar of events for the 16 Days of Activism Campaign.

9:15 Hear the 'Ringing of the Bells' in remembrance of the women and children who have died because of gender-based violence in 2024 including the last 16 days.

10:00 Everyone is invited to attend a special Prayer Service at Christ Church Anglian Church with prayers and reflection on domestic and family violence.

11:00 Join us in a walk around Buss Park to mark the conclusion of the 16 Days of Activism Campaign to end Violence Against Women

11:10 Everyone is invited to morning tea in the Church Hall

Take time today to sit and reflect on one of the 5 Red Benches provided by the Red Rose Foundation. They are located at Bundaberg Base Hospital, Churches of Christ, Bundaberg Neighbourhood Centre, Anglican Church in Buss Park and Alexandra Park.



Please scan the QR code to purchase tickets to Zonta Club of Bundaberg's 16 Days of Activism Campaign Official Launch Breakfast.

Thursday 28th November 6:45am to 9:00am

Brothers Sports Club, Takalvan Street.

Tickets \$30 for a seated breakfast.



Ingrid Barham is a highly experienced and accomplished media professional, with a proven track record of success in both marketing and business. As a co-owner and general manager of Bundaberg Today, she is leading the way in providing top-quality public interest journalism to the Bundaberg QLD region.

ZONTA SAYS NO TO VIOLENCE AGAINST WOMEN

The Australian Institute of Health and Welfare states that, “Family, domestic, and sexual violence is a major health, welfare, and social issue. It affects people of all ages and from all backgrounds, but mainly women and children. While every experience of family, domestic or sexual violence is very personal and different, it is most common for this type of violence to be perpetrated against women, by men”. Following are some estimates of family, domestic and sexual violence in Australia.



1 in 5 adults

in 2021–22 had experienced **family and domestic violence** since the age of 15



For hospitalisations for FDV-related injuries in 2022–23, the most common perpetrators were:

- parents (79%) for children aged 0–14
- domestic partners (76%) for females aged 15–24
- other family members (54%) for males aged 15–24

1 woman was killed every 11 days

1 man was killed every 91 days

by an intimate partner on average in 2022–23

1 in 4 women

1 in 14 men

in 2021–22 had experienced violence from an **intimate partner** since the age of 15

23% of women

14% of men

in 2021–22 had experienced **emotional abuse** by a partner since the age of 15



16% of women and 7.8% of men in 2021–22 had experienced **economic abuse** from a partner since the age of 15

Reference – “Family, domestic and sexual violence.” Australian Institute of Health and Welfare, 23 September 2024, <https://www.aihw.gov.au/family-domestic-and-sexual-violence>

Zonta

Zonta is a diversified organisation of individuals from many different backgrounds coming together in pursuit of common goals. Zonta’s service activities are both international and local. Becoming a member of Zonta offers unlimited opportunities for personal and professional growth and an opportunity to develop relationships and friendships locally and worldwide.

Club Membership

Join the Zonta Club of Bundaberg and make a difference for women and girls in the Bundaberg Community and around the world.

We want to hear from you! To find out how Zonta membership can enrich your life through service and advocacy projects locally and internationally, please contact us. Not only will you be helping to improve the lives of vulnerable women and girls, but you will also make lifelong friends.

For enquiries about becoming a member of Zonta please

Visit or message: <https://www.facebook.com/ZontaClubBundaberg>

Email: zontaclubbundaberg@hotmail.com

Acknowledgements

The Zonta Club of Bundaberg would like to say thank you to everyone who is identified in our program and to all others who have assisted in the production of this calendar of events and supported our 16 Days of Activism.