







This weekend is the highlight of the Zonta year – District 22 Conference 2017 "Empowering Women through Service & Advocacy". Trish, Rosalie, Valda and Jan will

**Dear Zontians** 

be representing the Rockhampton Club and their votes will represent us, the Club. Other clubs are feeling the pinch of small membership and declining administration accounts, so we look forward to hearing about positive moves for a turnaround. A big thankyou to Jennifer for organising the Breast Cushion Sewing B – (lots of sewing and delicious morning tea) and the upcoming Pamper Pack Working B on October 21. Many

hands make the work fun and productive, or as our International President said "Working together we can achieve more than if we work separately". Valda and her committee have organised a High Tea at the North Rocky High Hospitality Training Centre on October 28. Berenice has produced a very inviting invitation, so we expect all Zontians to support the committee in this fundraiser. Save the date NOW.

Have you read the ZI newsletter that dropped into your Inbox last week? There are interest-

ing articles from all over the world. Who knew there is a Zonta Club in Kathmandu? Have you checked whether there is a Zonta Club where you go for your next international holiday? Why not contact them?

The latest message from ZI encourages us to plan for the 16 Days of Activism against Gen-

der based violence. This year, Zonta will focus specifically on ending human trafficking and unsafe migration in Nepal and to eliminate child marriage in Niger. How does one compare current "newsworthy" issues in Australia with the victims of these international issues?

At our next meeting, Berenice will help you register on the Zonta websites if this is a problem. With NBN this should be easy - shouldn't it? Finally, - go window shopping if you're feeling low. Daily low intensity activity is associated

with high levels of wellbeing (well that's as reported in the Journal of Health Psychology). See you all at the next meeting, Meredith.

If you are unable to attend the dinner meeting, please advise

Elizabeth Acton elizabethacton@cqnet.com.au (Ph: 4922 4944) by 9am on the Monday before the meeting. Failure to apologize will incur payment of \$30.00.

Through Service and Advocacy

**Empowering Women** 



## All Standing Committee Meetings: 5.30pm: 2nd Tuesday of the month Venue: The Stirling—Albert Street

Meetings:

**Board Meeting:** 

Rockhampton.

Club Meeting:

Rockhampton.

**For your Diary:** 

Rockhampton.

6.30 pm: 2nd Tuesday of the month Venue: The Stirling—Albert Street

6.00 pm: 3rd Tuesday of the month Venue: The Stirling—Albert Street

**Tuesday 12th September** 

**Tuesday 19th September** Friday—Sunday 8th—10th September

Friday 8th September

Saturday 21st October

Saturday 28th October

Saturday—Sunday

sity.

14th—15th April 2018



Dinner Meeting: The Stirling

**Zonta District 22 Conference:** 

Convention Centre Brisbane

**International Day of Peace:** Theme—"Together for Peace"

**Pamper Pack Working Bee** 

UN officially came into being.

High Tea @ High Noon

Zonta D22 Area 2 Meeting:

Rockhampton

President Meredith Sutherland and Vice-President Catherine Dunbar represented Zonta Club of Rockhampton when they attended the 50th Anniversary celebrations of CQUniver-

Former staff and students, donors and supporters of the University, gathered at the Regent Hotel to celebrate the achievement, noting that on opening in 1967, it was known as the Queensland Institute of Technology Capricornia (QITC), achieving full university status by

In 1985, as a donor, the Zonta Club of Rockhampton commenced offering awards to women in Science and Engineering at CQUniversity (then QITC) and over the following years also included Information Technology, Paramedic Science and a STEPS Award.

Nth R'ton High School Hospitality Centre

Royal on the Park-

iSew Premises Berserker Street



Click on the images above to access information

about Service and Advocacy

**United Nations Day: Tuesday 24th October** UN Charter—1945

Wednesday 8th November Zonta International Birthday 1919 to 2017—98 years

Zonta celebrates 50th Anniversary of CQUniversity at CQU function:

High Tea @ High Noon:

Mark the date in your Calendar for our High Tea fundraiser - Saturday 28 October 11.00am to 2.30pm. The High Tea Committee is planning an enjoyable function at the North Rockhampton High School Trade Centre, so mark the date and organize a table of



## Successful Breast Care Cushion Working Bee:

A big thank you to Jenny, Meredith, Leanne, Trish and Helen along with Jenny's friend Leanne, who were responsible for the recent very successful working bee. A good number of cushions are now ready for delivery to the Breast Care Nurse who will deliver to patients. Thank you also to Suzan for the use of her work premises. Elizabeth will now wrap the cushions ready for presentation, as she has done for many years.





Member of Zonta International.

women worldwide, the first being in 1970.

**District 22 Conference 2017:** 

across the globe.

The conference theme *Empowering* women through Service and Advocacy represents Zontians coming together to participate in rich learning experiences and to be inspired to work together and advance the status of women and girls

Click here to read more on unicefusa.org.

Zontians do this through

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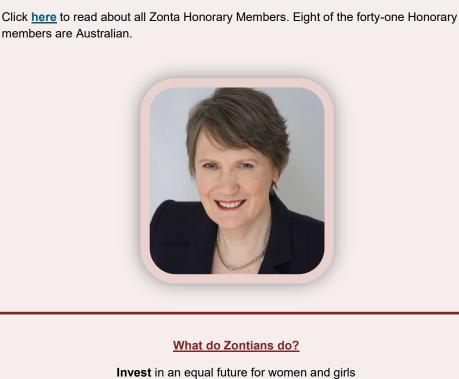
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District 22 Website: www.zontadistrict22.org Zonta International Website: www.zonta.org Contributions to this Newsletter are welcome. Please email articles/photos to Editor Berenice Payne.

A PDF version of this eNewsletter is available here.

Rockhampton Webpage: www.rockhampton.zontadistrict22.org

(Click here to find Zonta Clubs around the world).



Advocate for sustainable change

Achieve global impact through local action

**Empower** members to become global advocates Develop leaders for gender equality.

The Right Honorable Helen Clark, Former Prime Minister of New Zealand and Former Administrator of the UNDP and Chair of the UNDG, Named Honorary

Zonta International has announced that it would award The Right Honorable Helen Clark, Former Prime Minister of New Zealand and Former Administrator of the United Nations Development Programme (UNDP) and Chair of the United Nations Development Group (UNDG), an honorary membership in the organization, which seeks to empower women worldwide through service and advocacy. Ms. Clark, who served three successive terms as Prime Minster of New Zealand from 1999 to 2008 and is a steadfast champion of inclusive and sustainable development, joins 40 women whom Zonta has recognized for their significant contributions to advancing the status of

Royal on the Park

**Dinner Raffle:** Gifts for the dinner raffle follow the listing in the Members Directory. September: Margaret October: Karen November: Trish Please give your raffle prize to Elizabeth to co-ordinate.



P O Box 323 Rockhampton 4700

Zonta clubs around the world.

Zonta District 22 Queensland and Zonta Club of Northern Rivers Inc. NSW ZONTA COUNTRIES

> 'Empowering Women Through Service and Advocacy'