



ZONTA ON THE ROCKS

Club No: 1054—Charter: 05.08.1983
ABN: 51 605 623 392

Area 2—District 22
Incorporation No: 1A 13139

Message from our President: eNewsletter: October—November 2019.

Dear Zonta Members

Zonta spirit isn't flagging despite the approach of the Christmas Spirit and the pace of activity is not slowing as we approach the end of the year. I sincerely thank you all for maintaining your enthusiasm and support for our initiatives and activities.

The Zonta Shirts (Thanks, Jan) should be a great way to identify us if we can manage to have these ready to wear at the Arcade Markets on 8th December (for which Valda is organizing lamingtons to sell.) We all need to get to *Totally Workweas* as soon as possible to purchase shirts, if we don't have a suitable one, and arrange for the embroidering.

Our new members have quickly become imbued with Zonta spirit. Cara Edwards hasn't hesitated to volunteer her services and Gaylene Weir moved speedily regarding arrangements for a Sausage Sizzle at *Officeworks* in January. Cara had informed us of the requirements at *Bunnings* but Gaylene found *Officeworks* were more flexible. We hope to capture the crowd getting ready for a return to school. Gaylene has also made initial contact with a potential guest speaker for our *International Women's Day Breakfast*. On another 'front', Jenny Baker has amazed us with her production of Breast Cancer Cushions. The samples we've seen are really attractive as well as comfortable for our clients.

Meetings have been lively of late and I thank Elizabeth and Berenice for their efforts in organizing 'in theme' catering, decorating our venue and providing some light entertainment. The quizzes are fun and informative... 'once a teacher always a teacher' Berenice?

The November meeting has a 'birthday' theme and a special guest speaker, Helen Gallehawk. November 8th is the official centenary celebration day, with a massive international effort aimed at raising US\$1,000,000 for the ZONTA Foundation. Our Club is looking to make a significant donation and individuals are also able to do so.

Meredith is also busy promoting the special awards associated with *International Women's Day* and it's great to see, too, that plans are well underway for our '16 Days of Activism'. Jan and Trish have indicated, however, that 'able bodied' support (husbands, partners, sons or daughters with ladders) is much needed to erect banners and displays. Jan will be happy to provide details of where help is needed.

Our next round of Committee Meetings occurs on 13th November. The new venue seems to be working well but we will make a decision on the best way forward at the end of the year. It was great to see (and, for me, meet) Margaret Anderton at our October Committee Meetings. It will be good to welcome Margaret back to Club Meetings soon.

The success of a Zonta Club is not only measured by the achievements it celebrates but also by the support it offers in difficult times. As a Club, we were deeply saddened to hear the news of the passing of Rosalie Welburn's husband. Some of you were able to be present at Shaun's funeral but all of us express our sympathy and support for Rosalie and her family.

Let us continue to work together to support the ZONTA family, both locally and internationally.

Catherine.



For 100 years Zontians have

- Invested in an equal future for women and girls
- Advocated for sustainable change
- Achieved global impact through local action
- Empowered members to become global advocates

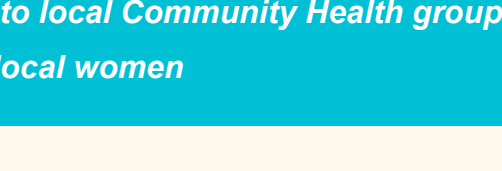
Developed leaders for gender equality

If you are unable to attend the dinner meeting, please advise Elizabeth Acton elizabethacton@cqnet.com.au (Ph: 4922 4944) by 10 am on the Monday before the meeting.

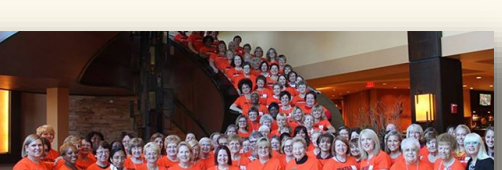
Failure to apologize on time will incur payment of \$27.50.

Meetings:

Club Meeting: 6.30 pm: 3rd Wednesday of the month
Venue: The Stirling—Albert Street Rockhampton.



Board Meeting: 5.30 pm: 3rd Wednesday of the month
Venue: The Stirling—Albert Street Rockhampton.



All Standing Committee Meetings: 5.30 pm: 2nd Wednesday of the month
Venue: Rocky Sports Club
1 Lion Creek Rd. Wandal

Click on the images above for updated information about Service and Advocacy

Zonta Rockhampton first supported the Women's Shelter in Rockhampton in 1983 and continue to do so

For your Diary:

24th October: United Nations Day

8th November: HAPPY 100th BIRTHDAY ZONTA INTERNATIONAL

13th November: Committee Meetings: Rocky Sports Club

20th November: Board / Club Meetings: The Stirling
Guest Speaker Helen Gallehawk—CQU Science Award Winner 2001

25th November to 10th December: 16 days of Activism—Zonta Says NO to Violence Against Women

25th November: International Day for the Elimination of Violence Against Women

7th December: Board Meeting / Christmas Party (Lunch—to be held at Roslyn Bay)

8th December: Stall at Kern Arcade Markets (commencing 8.00 am)

10th December: Human Rights Day

During Zonta Rockhampton's 36-year history many donations have been made to local Community Health groups to support local women

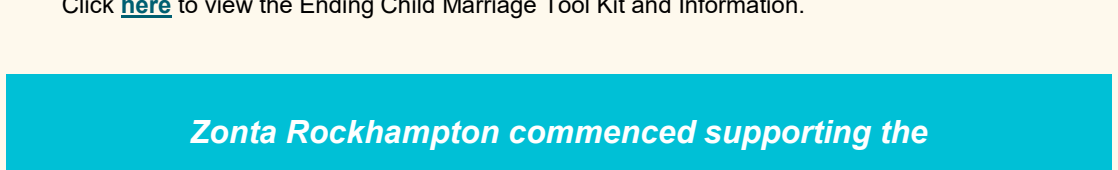


Orange Day

FROM AWARENESS

25 NOV

TO ACTION!



#ZontaSaysNO #16DaysOfActivism
www.ZontaSaysNO.com

Since 2012, Zonta Rockhampton has supported the Zonta Says NO campaign to eliminate domestic violence

Activities for 16 days of Activism:

Rockhampton:
Airport—display
Orange Lighting—Heritage façade buildings in Quay St
Rockhampton South Library—display
ZSN Banner—displayed at RRC site Colts Ruby Union, opposite Kershaw Gardens
Orange ladies—Bluebird Sports Club, Paint Inspirations, CQ Agencies
Arcade Markets—08 December stall with display

Capricorn Coast:
Orange lighting—Yeppoon foreshore lights, Wreck Point Lookout, Singing Ship Emu Park
Yeppoon Library—display
ZSN banner—Beaman Park, Yeppoon CBD.
Orange ladies—Paint Inspirations

Media—coverage on radio stations
Facebook—promotion on Facebook page
Informational materials—brochures, flyers etc.
Safety Card—with contact information

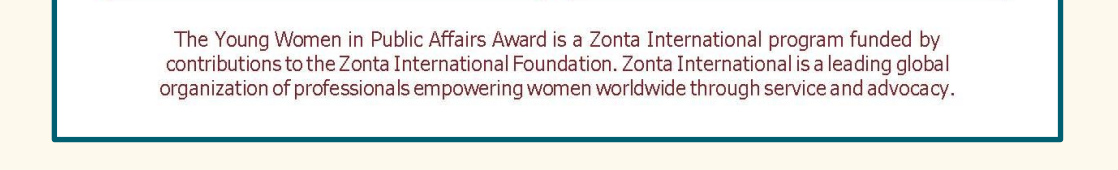
Zonta Rockhampton has prepared and delivered Pamper /Essential Packs to the residents of Women's Shelter since 2001

DID YOU KNOW

ALMOST 41,000 girls become brides every day, often to older men

This is 28 girls per minute
1 of 9 is under 15 years old

Facts from: Girls Not Brides and Care.org



#ZontaSaysNo #16DaysOfActivism
ZontaSaysNo.com

Click [here](#) to view the Ending Child Marriage Tool Kit and Information.

Zonta Rockhampton commenced supporting the Young Women in Public Affairs Award in 1992 and still does so today

Young Women in Public Affairs Award 2020:

Applications for the 2020 Young Women in Public Affairs (YWPA) Award are now being called for by the Zonta Club of Rockhampton.

This Award is open to young women who are aged 16 to 19 years on 01 April 2020 and live, study or work in the Central Region. Applications are to be received by the Zonta Club of Rockhampton by Monday 24th February 2020. At club level, all applicants will receive a Certificate of Participation and the winner will receive a Certificate and a \$500 cheque.

For more information and Application Form click [here](#).

2020 YOUNG WOMEN IN PUBLIC AFFAIRS AWARD

Recognizing young women for their commitment to volunteerism, volunteer leadership achievements and dedication to empowering women worldwide



1 APPLICATION, 3 OPPORTUNITIES

Club award AU\$500
32 district awards US\$1,500 each
10 international awards US\$4,000 each

Applications must be received by the applicant's local Zonta club's deadline. To locate a club nearby and download an application, please visit: foundation.zonta.org/YWPAAward

CLUB DEADLINE: Monday 24th February 2020

SUBMIT APPLICATION TO: (in electronic file)
Zonta Club of Rockhampton Inc.
Email: rockhampton@zontadistrict22.org

The Young Women in Public Affairs Award is a Zonta International program funded by contributions to the Zonta International Foundation. Zonta International is a leading global organization of professionals empowering women worldwide through service and advocacy.

Zonta Rockhampton has been providing Scholarships for women studying STEM subjects at Central Queensland University since 1985

CQUniversity 2001 Science Award winner is Guest Speaker for November Meeting:

Our speaker for the November meeting is Helen Gallehawk.

Helen was the Rockhampton Club's recipient of the CQUniversity Science Prize in 2001 when she also won the Capricorn Coast Medical Association Science Prize.

In 2001, also at CQUniversity, she received the Dean's Commendation for outstanding performance and in 2001, she was also given membership of the Golden Key Society which is offered to the top 15% of students.

In 2002, Helen graduated with a Bachelor of Environmental Science (Distinction). Photo shows Helen as a guest at Zonta's 2003 IWD Dinner.

We look forward to hearing of Helen's 'journey' since leaving University.

Since 2001, Zonta Rockhampton has made and delivered approximately 120 Breast Care Cushions each year to breast surgery patients in the Rockhampton area

47-HOUR GLOBAL ANNIVERSARY GIVING

BE PART OF THE CELEBRATION!



Celebrate Zonta International's Birthday on 08 November

EMPOWERING WOMEN FOR 100 YEARS

On 8 November, the centennial anniversary will begin at the stroke of midnight in New Zealand and close 47 hours later when the day concludes in Hawaii.

To honour Zonta's 100th birthday, the International Board is inviting members to give US\$100 to our Foundation. It will be a special giving event where donors will be recognized for this unique gift. If 1,000 people donate, we can meet our goal of US\$100,000

This gift will honour our visionary founders and continue to make a difference in the lives of women, girls and the communities in which they live and work.

For our birthday wish, we are requesting donations to:

1. The Zonta International Strategies to Eliminate Violence Against Women Fund to demonstrate support of our major initiative to end child marriage
2. The Endowment Fund to strengthen the Foundation and allow us to continue to empower untold generations of women and girls

Click [here](#) to make your donation.

Zonta Rockhampton offers the JM Klausman Award each year to young women studying business related subjects

Dinner Raffle:

Gifts for the dinner raffle follow the listing in the Members Directory.

November: Anna
January: Gaylene
February: Elizabeth
March: Margaret

Please give your raffle prize to Elizabeth to co-ordinate.

Zonta Rockhampton offers a Living Treasure Award to local women whose achievements continue to inspire or influence others

Contacts:

Zonta Club of Rockhampton Inc.
P O Box 323
Rockhampton 4700

President: Catherine Dunbar
catherined@stursulas.qld.edu.au

Vice President: Trish Collins
Trish_Collins@bigpond.com

Newsletter Editor: Berenice Payne
berenice.a.payne@bigpond.com

Email: rockhampton@zontadistrict22.org
Rockhampton Webpage: www.rockhampton.zontadistrict22.org

District 22 Website: www.zontadistrict22.org
Zonta International Website: zonta.org

Contributions to this Newsletter are welcome.
Please email articles/photos to Editor—Berenice Payne.

A PDF version of this eNewsletter is available [here](#).

Zonta International believes in gender equality and Zontians help women and girls gain access to opportunities

Zonta clubs around the world. (Click [here](#) to find Zonta Clubs around the world).

Zonta District 22
Queensland and Zonta Club of Northern Rivers Inc. NSW

Zonta Rockhampton has been a regular donor to the Zonta International Foundation since 1984