

INVITATION TO THE TOOWOOMBA COMMUNITY!!

ZUMBA FOR ZONTA

AT

BREATHE HEALTH CLUB

To launch **Zonta** International's

16 DAYS OF ACTIVISM

Zumba is a fun way to dance & get fit. We encourage you to join us and be active in showing your support against domestic violence.



WEDNESDAY 25 NOVEMBER

10:30am

Breathe Health Club

Corner of James, Prescott & Goggs Street, upstairs of Centrepoint

GOLD COIN DONATION

PLEASE WEAR ORANGE (ZONTA 16 DAYS OF ACTIVISM COLOUR)

Tel: 46 387645 Breathe Reception or E: ajkj7761@bigpond.com



WHO IS ZONTA?

THE ZONTA CLUB OF TOOWOOMBA IS A MEMBER OF ZONTA INTERNATIONAL, A LEADING GLOBAL ORGANISATION OF PROFESSIONALS EMPOWERING WOMEN WORLDWIDE THROUGH SERVICE AND ADVOCACY

WHAT IS THE 16 DAYS OF ACTIVISM?

THE 16 DAYS OF ACTIVISM IS A GLOBAL CAMPAIGN TO RAISE AWARENESS ABOUT VIOLENCE AGAINST WOMEN AND ITS IMPACT ON A WOMAN'S PHYSICAL, PSYCHOLOGICAL AND SOCIAL AND SPIRITUAL WELL-BEING.

You don't have to be fit to participate!

