

# ZONTA ON THE ROCKS.



Zonta Club of Rockhampton Inc  
Member of Zonta International  
*Advancing the Status of Women Worldwide*

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Rockhampton Webpage: [www.rockhampton.zontadistrict22.org](http://www.rockhampton.zontadistrict22.org)

District 22 Website: [www.zontadistrict22.org](http://www.zontadistrict22.org)

Zonta International Website: [www.zonta.org](http://www.zonta.org)

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## PLEASE NOTE!

If you are  
**unable to attend**  
the dinner meeting,  
please advise  
**Anna Tempest**  
**Ph 4928 7880 (W)**  
**Ph 4928 7125 (H)**  
**by 10 am**  
on the Monday  
before the meeting.

**Failure to  
apologize will  
incur payment  
of \$25.00.**



**Area Meeting**  
**2nd & 3rd April**  
**2011**

**Maryborough**

**District Conference**  
**23rd—25th**  
**September 2011**  
**Brisbane**

## From the President:

.Dear Zontians

The year is moving on and we have only one more fairly busy month ahead before our Christmas break-up on 14<sup>th</sup> December.

I would like to remind all members of the "2<sup>nd</sup> Time Around" sales on 5<sup>th</sup>, 6<sup>th</sup> November. We'll be setting up on Thursday 4<sup>th</sup> and will need help in manning the shop and in bringing articles for sale. Please email Anna of your availability over those days. Anna is emailing us a flyer. Please advertise this where you can.

We were fortunate in enjoying Birgit Freitag as a guest speaker to celebrate United Nations Day. She discussed her situation as an immigrant here and also the circumstances of living in East Germany during the collapse of the Berlin Wall – an entertaining speaker.

Next month is our "Back to Zonta" night for which we have mailed out about fifty invitations. It

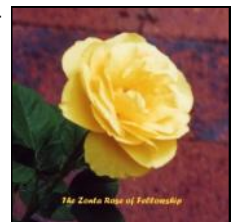
will be interesting to hear stories of the old days and I'm sure former members will enjoy hearing of recent developments.

Membership continues to be a worry – not only for Zonta but for many volunteer organizations. Please intentionally consider colleagues, associates or people you hear of for membership. Meredith will be delighted to receive your suggestions.

The Club meeting in October voted to have our planning meeting in January rather than mid year. I think this is a very positive step which should make our calendar more manageable. Please try to be at that meeting so that the wishes of the whole club are represented.

Look forward to seeing you at the committee meetings on 9<sup>th</sup> November.

Sincerely,  
Margaret



As of June 2010, Zonta International has  
**31,000 members in 1,200 clubs in 66 countries.**

## Notices:

### MEETINGS.

#### Board Meeting:

6.30pm:  
2nd Tuesday  
of the month  
Venue:  
Rockhampton Plaza  
Hotel.

#### Club Meeting:

6.00 pm for 6.30pm  
3rd Tuesday  
of the month  
Venue:  
Rockhampton Plaza  
Hotel.

#### Committee Meetings.

##### OMC:

Venue:  
Rockhampton Plaza  
Hotel  
5.30 pm—  
2nd Tuesday  
of the month.

##### LA & A / Program / PR & C/ United Nations/ Newsletter /Archives:

Venue:  
Rockhampton Plaza  
Hotel.  
5.30 pm—  
2nd Tuesday  
of the month.

##### Service:

Venue:  
Rockhampton Plaza  
Hotel.  
5.30pm—  
2nd Tuesday  
of the month.

### Calendar:

#### November:

05/06 2nd Time Around Shop  
09 Committee/Board Meetings  
16 Dinner Meeting  
25 White Ribbon Day

#### December:

14 Dinner Meeting—end of year  
function—Plaza Hotel

#### *Special United Nations Observances and Other Significant Days.*

#### November:

20 Universal Children's Day  
25 International Day for the  
Elimination of Violence  
against Women.

"If we all did the things  
we are capable of doing,  
we would literally astound ourselves."  
Thomas Edison



### Dinner Raffle.

The supply of gifts for the  
Dinner Raffle follows the listing  
in the Members Directory.

November	Margaret A
December	Wendy C
January	Trish C
February	Glenys C

Please give your  
raffle prize to Elizabeth  
to co-ordinate.



## Happy Birthday

#### November:

09 Meredith  
Sutherland



### Date Claimer

Zonta District 22.

Area 2 Meeting.

Maryborough: 2nd–3rd April 2011.

Zonta District 22

District Conference

Brisbane: 23rd–25th September 2011

Please enter into your diary - more information coming soon.

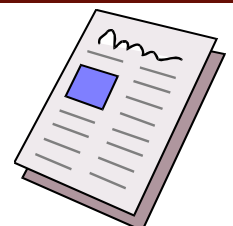
If you would like to contribute to your Newsletter  
please forward articles to Berenice Payne

either by

Fax: 4922 3315 or

Email: [berenice.a.payne@bigpond.com](mailto:berenice.a.payne@bigpond.com)

Deadline: First Tuesday of the month.



Some words of wisdom from the CEO of Coca Cola.

Imagine life as a game in which you are juggling some five balls in the air. You name them Work, Family, Health, Friends, Spirit and you're keeping all of these in the air. You will soon understand that work is a rubber ball. If you drop it, it will bounce back. But the other four balls—family, health, friends and spirit are made of glass.

If you drop one of these they will be irrevocably scuffed, marked, nicked, damaged or even shattered. They will never be the same. You must understand that and strive for balance in your life. How?

*Don't undermine your worth by comparing yourself with others.  
It is because we are different that each of us is special.*

*Don't set your goals by what other people deem important .  
Only you know what is best for you.*

*Don't take for granted the things closest to your heart.  
Cling to them as you would your life, for without them, life is meaningless.*

*Don't let your life slip through your fingers by living in the past or for the future.  
By living your life one day at a time, you live ALL the days of your life.*

*Don't give up when you still have something to give.  
Nothing is really over until the moment you stop trying.*

*Don't be afraid to admit that you are less than perfect.  
It is this fragile thread that binds us together.*

*Don't be afraid to encounter risks.  
It is by taking chances that we learn how to be brave.*

*Don't shut love out of your life by saying it's impossible to find.  
The quickest way to receive love is to give:  
the fastest way to lose love is to hold it too tightly:  
and the best way to keep love is to give it wings.*

*Don't run through life so fast that you forget not only where you've been but also where you are going.*

*Don't forget that a person's greatest emotional need is to feel appreciated.*

*Don't be afraid to learn. Knowledge is weightless, a treasure you can always carry easily.*

*Don't use time or words carelessly. Neither can be retrieved.*

Life is not a race, but a journey to be savored each step of the way. Yesterday is History. Tomorrow is a Mystery and Today is a gift: that's why we call it "The Present".

### Guest Speaker to acknowledge United Nations Day.

At the October Dinner Meeting, in order to acknowledge and celebrate United Nations Day which falls on the 24th October, Birgit Freitag was invited to address members. Meredith introduced Birgit to the members. Birgit held everybody's attention as she proceeded to tell of her experiences as an immigrant in a very interesting and delightful manner.

Birgit first came to Australia from her homeland of East Germany in the year 2000. She had trained as a teacher in her homeland and was employed by Education Queensland to teach in the LOTE Program (Languages Other Than English) in schools. Birgit had a twelve month Work Visa and intended to return to East Germany at the end of that time. However, on meeting her future husband during that time, her intentions were not so firm. She did however return to Germany but two years later, returned to Queensland, married and is now settled in Rockhampton with her family. She has continued working with Education Queensland with children of immigrant parents.

Her experiences while growing up in East Germany were interesting including the time when the Berlin Wall "came down" in 1989. She immediately took advantage of the freedom to visit London. As in common with most Europeans, she has a command of a number of languages.

Birgit obviously enjoys her life in Australia and also maintains close contact with her family in East Germany.

Berenice thanked Birgit for her delightful and informative address and presented her with a Zonta Coaster as a memento of her visit to our club. The menu for dinner, which was based on German Cuisine, was enjoyed by all.



**Meredith, Margaret, Birgit and Berenice.**

**TREASURER—VALDA FITZGERALD****PROFILE.**

I was born in Rockhampton, and have lived here all my life, as has my husband Paul. So we are real Rockyites. My parents were from this area also and my siblings and I lived in Murray Street, near the football grounds. Our family think it is very funny that the area in real estate advertising to-day is referred to as "The Range".

I worked in small offices before marrying Paul in 1959 and became, as was usual for that time, a housewife and at home mother. In 1966 when Paul opened our electrical contracting business I, of course, handled the office work. In 1975 we also extended out business interests opening Rockhampton's first Hi Fi store "Premier Sound". We moved that business to Musgrave Street where it operated until 2002. We also purchased

and operated the skating rink business, "The Planet Rollarena" from 1992 to 2002. This was the year we retired.


Paul and I have five children, four sons and one daughter. We are very fortunate that four of our children and twelve of our grandchildren live in Rockhampton. Stephen, our third son, lives in Canberra with his wife and two sons. So you now know why I like to visit Canberra often.

We have always thought that Central Queensland was a great place to live and bring up our family. Having a university in our town offers great educational opportunities. Three of our children have attended the CQU, Stephen graduating as an accountant, Therese with an Arts Degree followed by Librarian Degree and Bernard as a teacher, now a Deputy Principal. Our other two children Michael and Mark are qualified electricians.

I think that when I was growing up, it was perceived to be very important that you got a job as soon as you were able to. I started work when I was 15. In working in small offices, I learnt to do everything needed to operate a small business, which was what I required all of my working life. Premier Sound developed into a larger and more successful business than we could ever have imagined. In 1990, in conjunction with a software developer, I designed a successful computer program for our business and with the introduction of GST in 2000 we changed to MYOB. I found I had a talent for business management and became a director of a small Australian company involved in the audio industry.

I have a few personal hobbies including family interests, golf, hand embroidery, quilting, and the arts. I am still chasing that elusive hole-in-one. My new year's resolution should be to finish some of my sewing projects instead of being side tracked with new ones.

I have been a member of Zonta for 26 years. I have always tried to be involved by taking positions in the club, having been President, Minutes Secretary and Treasurer quite a number of times. Zonta has allowed me to offer the skills of my financial training in business, which is what I regard Zonta to be. By attending conventions and conferences, I find this is the best way to fuel the fire of my interest in Zonta and gain more knowledge of Zonta at all levels, club, area and international. Being part of an international service club is a wonderful thing to be involved in. Best of all, to me, has been the chance to meet and become friends with all of the members of our club and Zontians from other clubs over the years. Friends I may never have come in contact with in my other life outside of Zonta.



## Zontian of the Month

### Norma West—Charter Member 1983



The Board has nominated Norma West as Zontian of the Month for November.

Norma is a Charter Member of Zonta and joined when the Rockhampton Club commenced in 1983. She has been a dedicated member ever since. Over the years, Norma has been a regular attendee of Area Meetings, District Conferences and International Conventions, sharing the knowledge gained at these Zonta meetings with other members of the club.

Norma has accepted responsibility for many positions in the club acting as a Committee Chair, Chairing Ad Hoc Committees and leading the Club as President from June 1997 to May 1999. Her knowledge of meeting procedure and Zonta bylaws is invaluable to the smooth running of the club.

Norma has always been a strong advocate for women's rights and the principles of Zonta and brings years of experience in the wider community to the service of the club

Many Current members would know Norma as our "doorkeeper" - tracking attendance of members and guests at dinner meetings. She still retains a keen interest in all club functions, our fundraising, committee activities and all Zontian gatherings.

Thank you for many years of constant and faithful service.

Margaret.

Zonta maintains a presence in countries marked in Gold.



#### District 22

- A Queensland Australia
- B Northern Rivers Inc.  
New South Wales Australia

