

# ZONTA ON THE ROCKS

## ZONTA CLUB OF ROCKHAMPTON INC.

P O Box 323 Rockhampton 4700.

Club No. 1054 - Charter 05.08.83.

Email: [rockhampton@zontadistrict24.org](mailto:rockhampton@zontadistrict24.org)

Rockhampton Web page: [www.rockhampton.zontadistrict24.org](http://www.rockhampton.zontadistrict24.org)

District 24 Website: [www.zontadistrict24.org](http://www.zontadistrict24.org)

Zonta International Website: [www.zonta.org](http://www.zonta.org)

ABN. 51 605 623 392

AREA 4 - DISTRICT 24.

ISSUE 8 - AUGUST 2006.

### NOTICES.

If you are unable to attend the dinner meeting, please advise Anna Tempest Ph 4928 7880 (W) Ph 4928 7125 (H) by 10 am on the Monday before the meeting.

Failure to apologize will incur payment of \$25.00.



Area 4 Workshop:  
28-29 April 2007  
Hervey Bay

District  
Conference:  
08-09 Sept. 2007  
Canberra

International  
Convention:  
2008: Rotterdam



## Zonta Club of Rockhampton

### Member of Zonta International

*Advancing the Status of Women Worldwide*

### *President's Message:*

Dear Fellow Zontians

It was lovely to hear from members who attended Convention. Thank you Valda for your informative written report. Thank you Norma and Elizabeth for providing all those relevant details that helped to make the Convention more personal for those of us who were not able to attend. It was great to hear from you last meeting.

Thank you Berenice for emailing Vicki Varthas' (Lieutenant Governor) newsletter. It was interesting to read about retention.

As well as selecting meaningful projects that are valued by members and the community, we sometimes need to better foster relationships with those (should I say quality?) members that we already have. It was so pleasant to be able to get to know some of our members at the last dinner meeting. It was one of the most

enjoyable evenings I have had at Zonta. Sometimes, we seem to be so pressured to take care of the business matters that we take little time for relationships. We have set aside our next meeting for planning, and I trust that most of this will be done at committee meetings, so that ideas are well formed, and we can have a little quality time for relationship maintenance.

Looking forward to seeing everyone at committee meetings on 8 August and at our dinner meeting on 15 August.

Yours in Zonta,

Glenys



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*President: Glenys Conrade*  
*Glenys\_Conrade@health.qld.gov.au*

*Phone: 07 4928 0807 (H)*  
*07 4920 6914 (W)*

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**Happy Birthday to Zonta Club of Rockhampton.**  
**We are 23 years old on the 5<sup>th</sup> August.**  
**We will celebrate at our Dinner Meeting**



*Zonta on the Rocks – Advancing the Status of Women Worldwide*

**MEETINGS.**

**Board:**

6.30pm:  
2nd Tuesday  
of the month  
Venue:  
Rockhampton Plaza  
Hotel.

**Dinner:**

6.00 pm for 6.30pm  
3rd Tuesday  
of the month  
Venue:  
Rockhampton Plaza  
Hotel.

**Committee  
Meetings.**

**OMC/PR/UN**

**Program:**

Venue:  
Rockhampton Plaza  
Hotel  
5.30 pm—  
2nd Tuesday  
of the month.

**Finance and  
Fundraising:**

Venue:  
Rockhampton Plaza  
Hotel.  
5.30 pm—  
2nd Tuesday  
of the month.

**Status of Women:**

Venue:  
Rockhampton Plaza  
Hotel.  
5.30pm—  
2nd Tuesday  
of the month.

**Calendar:**



**AUGUST:**

- 08 Committee Meetings/  
Board Meeting
- 16 Dinner Meeting/Planning

**SEPTEMBER:**

- 12 Committee Meetings/  
Board Meeting
- 19 Dinner Meeting

*Special United Nations Observances  
and Other Significant Days.*

**September:**

- 08 International Literacy Day
- 19 International Day of Peace

***'Health is the greatest gift,  
contentment the greatest wealth,  
faithfulness the best relationship.'  
- Buddha.***

**Dinner Raffle.**

The supply of gifts for the  
Dinner Raffle follows the listing  
in the Members Directory.

- |           |          |
|-----------|----------|
| August    | Berenice |
| September | Trish P  |
| October   | Chris P  |
| November  | Veronica |

Please give your  
raffle prize to  
Elizabeth to co-ordinate.



**Committees - July 2006.**

**President:** Glenys Conrade

**Status of  
Women/Service/Amelia Earhart**

**Chris Putman (Chair)**

Meg Berryman  
Jacki Manning  
Margaret Anderton  
Mary Lawrie  
Robyn Donovan  
Norma Davies  
Jan Landsberg  
Trish Power  
Carol Weekes  
Teresa Moore

**Program/OMC/PR &  
Communication/ Newsletter/UN**

**Norma West (Chair)**

Wendy Christie  
Elizabeth Acton  
Trish Collins  
Berenice Payne  
(Newsletter/Archives)  
Roberta Harreveld

**Finance & Fundraising**

**Anna Tempest (Chair)**

Veronica Rickard  
Diane Humphreys  
Diane Williams  
Marie Keating  
Meredith Sutherland  
Valda Fitzgerald



**If you would like to contribute to your Newsletter  
please forward articles to Berenice Payne  
either by  
Fax: 4922 3315 or Email to  
berenice.a.payne@bigpond.com**

**Deadline: First Tuesday of the month.**

**In April 2006  
Zonta membership  
worldwide reached  
33,240.**

***The following information was contained in a Media Release  
from the Australia National University.***

***Female genital mutilation affects births: study***

The first comprehensive study of the effects of female genital mutilation on women and babies during childbirth has been published by leading medical journal, *The Lancet*.

The study, which provides the first reliable evidence that female genital mutilation can adversely affect birth outcomes, was undertaken by African and international researchers, including Associate Professor Emily Banks from the National Centre for Epidemiology and Population Health at Australian National University.

It involved 28,393 women in 28 obstetric centres in six countries: Burkina Faso, Ghana, Kenya, Nigeria, Senegal and Sudan.

The study found that women who have had Female Genital Mutilation (FGM) are significantly more likely to experience difficulties during childbirth and that their babies are more likely to die as a result of the practice. Complications include the need to have a caesarean section, dangerously heavy bleeding after the birth of the baby and prolonged hospitalisation following the birth.

The degree of complications increased according to the extent and severity of the FGM.

According to the World Health Organization, FGM is a common practice in a number of countries around the world, and over 100 million women and girls are estimated to have had FGM. The study used a three level scale set out by the World Health Organization on FGM severity.

In the case of caesarean section, women who have the most severe form of FGM will have on average 30 per cent more C-sections compared with those who have not had any FGM. Women affected by severe FGM are 70 per cent more likely to suffer haemorrhage after birth.

The researchers also found there was an increased need to resuscitate babies whose mother had experienced FGM, and the death rate among babies during and immediately after birth is also higher. In all, the study estimated that in the African context an additional one to two babies die per 100 deliveries as a result of the practice.

“This collaborative African study provides the first reliable evidence on the impact of FGM on complications during childbirth, and shows that the practice is likely to be responsible for large numbers of infant deaths and an increased burden of maternal illness, affecting millions of deliveries,” Associate Professor Banks said.

Joy Phumaphi, the Assistant Director General, Family and Community Health at the World Health Organization, which organised the study, said: “We should not underestimate the significance of this study. For the first time we have the evidence that deliveries among women who have been subject to FGM are significantly more likely to be complicated and dangerous.”

## **2006-2008 Biennial Goals**

Adopted by the 2006 Convention, Melbourne, Australia, June 2006

*These biennial goals are aligned to Zonta's strategic goals. They are intended to provide the framework within which districts and clubs shall develop their own biennial goals, taking into account the need for alignment and focus within the context of Zonta's mission while responding to local needs.*

### **SERVICE**

- *Provide mission-focused service, locally and globally, in order to improve women's legal rights, health, education, and economic status, and to prevent violence against women.*
- *Combine service with advocacy to enhance the effects of our work.*

### **ADVOCACY**

- *Be effective advocates and opinion leaders on women's issues.*
- *Produce position papers defining where we stand on at least two priority issues.*
- *Cooperate and collaborate with like-minded organizations to achieve our mission.*

### **CREDIBILITY, IDENTITY AND VISIBILITY**

- *Improve our credibility through evidence-based reporting on the outcomes of our service and advocacy programs.*
- *Strengthen our identity and increase our visibility through effective marketing and brand management, and on-going external communications and public relations efforts.*
- *Commemorate Zonta Rose Day/International Women's Day (8 March) through local activities that provide visibility for Zonta and its mission.*

### **MEMBERSHIP**

- *Grow our membership by 1,000 members net of resignation through effective recruitment, retention, revitalization and new club formation strategies.*
- *Enhance the value we deliver to our members through participation, communication, continuing education, networking and bottom-up initiatives.*

### **FINANCIAL**

- *Expand the levels of financial support to the Zonta International Foundation through increased personal and club contributions and planned gift giving and donor development.*
  - *Every Zonta club to contribute annually to the Zonta International Foundation one-third (33%) of all service funds collected.*
  - *Every Zontian to make an individual annual gift to the Foundation.*
  - *Every Zontian to investigate and consider a planned gift to the Foundation.*
  - *Formulate strategies and action plans for successful donor development.*
- *Study ways of diversifying the Zonta International income stream to support and sustain operations.*
- *Ensure appropriate fiduciary practices are in place and financial resources are spent prudently.*

### **GOVERNANCE**

- *Align and integrate strategies.*
- *Develop a performance-based culture that evaluates and celebrates achievements.*
- *Use information and technology for informed decision making and increased efficiency of operations.*
- *Develop tools and allocate resources to support strategy.*
- *Build a pool of empowered, knowledgeable and inspirational leaders through leadership development and continuing education.*
- *Continue process improvement through a regular review of systems, structures, programs and policies.*

## **2006-2008 INTERNATIONAL SERVICE PROGRAM PROJECTS**

*(Read more on the Zonta International Website)*



### ***CARE International:***

**Education and Leadership for Girls and Young Women in Bolivia**

#### ***Project Focus:***

**Women's Education, Health, and Economic Self-Sufficiency**

#### ***2006-2008 Funding:***

**US\$250,000**



### **United Nations Industrial Development Organization (UNIDO):**

**Support for Revival of Rural Community-based Self-Help Initiatives in Sri Lanka**

#### ***Project Focus:***

**Women's Economic Self-Sufficiency**

#### ***2006-2008 Funding:***

**US\$250,000**

### **Continuing Projects**

#### **CARE International:**

**Mata Masu Dubara "Women on the Move," Phase II**

#### ***Project Focus:***

**Women's Economic Self-Sufficiency and Health Education**

#### ***2006-2008 Funding:***

**US\$300,000**



**AFGHAN INSTITUTE OF LEARNING (AIL):**  
**Developing Community-based Efforts to Educate Afghan Women and Girls**

#### ***Project Focus:***

**Women's Education and Health**

#### ***2006-2008 Funding:***

**US\$100,000**



## **Membership Dues.**

As members of Zonta, we pay Annual Membership Dues.  
Individual clubs determine the value of their Membership Due.  
The Rockhampton Club's Initial Membership Due is \$200 which consists of  
a \$50 Joining Fee and \$150 Member Fee.  
In subsequent years, members pay only the Member Fee of \$150.

### **The \$50 Joining Fee is used to provide**

Name Badge  
Zonta Pin  
Certificate of Membership  
E-Copy of Club Manual  
E-Copy of District Manual  
Rockhampton Club Brochures  
Rockhampton Club Bylaws  
Zonta Rose  
Remainder goes to Administration A/c.

### **The \$150 Membership Fee is distributed to**

Zonta International - US \$50 (approx AUD \$70)  
Zonta District 24 - AUD \$30  
Dinner/Committee Meeting Room Hire \$20  
Remainder goes to Administration A/c (Approx \$30).

### **Of the US \$50 which goes to Zonta International**

82% goes to Member Services  
8% goes to Convention costs  
10% goes to Organization and Extension.

**The last increase in Zonta International Member Dues was in 1996.**

**The last increase in Zonta District 24 Member Dues was in 2001.**



*Happy Birthday*  
*Zonta Club of*  
*Rockhampton*

