

# WATZON

July 2015



**ZONTA**  
CLUB OF  
GLADSTONE INC

MEMBER OF ZONTA INTERNATIONAL  
**EMPOWERING WOMEN**  
THROUGH SERVICE & ADVOCACY



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## ZEAL

**Zonta Excellence And Leadership**

An initiative of the Zonta Club of Gladstone, designed to develop our local young women, enabling them to achieve their goals, understand their potential and make a difference in their local communities.



**Applications close 15th July, 2015**

For enquiries about the ZEAL Program, please contact the 2015 Coordinators

Jody McMullen 0438 846 669 [jrmcmull@bechtel.com](mailto:jrmcmull@bechtel.com)

Colleen Tribe 0417 309 443 [Colleen.Tribe@roseberry.org.au](mailto:Colleen.Tribe@roseberry.org.au)

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### Meetings

#### Dinner Meeting

6:00pm for 6:30pm  
3<sup>rd</sup> Tuesday of the month  
Harvey Road Tavern

#### Board Meeting

5:30pm  
Wednesday before Dinner  
Meeting  
Windmill Medical Centre

#### Membership Meeting

5:15pm for a 5:30pm start  
1<sup>st</sup> Tuesday of the month  
Coffee Club, Nightowl Centre

#### Service Meeting

5:15pm for a 5:30pm start  
1<sup>st</sup> Wednesday of the month  
Coffee Club, Nightowl Centre

#### Advocacy Meeting

5.15 pm  
1<sup>st</sup> Monday of the month  
Lightbox, Goondoon St



## Birthing Kit Workshop

A huge thanks to Abi Shead for taking on the organisation of this workshop. A huge task, very well done!

Thank you to:

- Trinity College for an excellent venue
- All those who took materials home to prepare ahead of the assembly day
- All those who helped on the day
- All those who brought along helpers (and special thanks to Heidi who brought the largest group of helpers).
- Oaks Grand Hotel Gladstone for the soap

The birthing kit holds supplies to meet the seven basic requirements for a clean birth and potentially saves the life of a mother and baby in a rural or remote community.

6 simple supplies that save lives:

Plastic Sheet, Soap, Gloves, Cord, Gauze, Scalpel



## Birthing Kit Assembly Workshop

Date: Saturday 4 July  
 Time: 9.00am – 2.00pm  
 Location: Trinity College  
 4 Archer Street Gladstone  
 Light refreshments provided

Each year 60 million women give birth with the assistance of a Traditional Birth Attendant or with no assistance at all. The United Nations (W.H.O) estimates that 385,000 women die annually in childbirth - developing countries account for 99% of these deaths.

Birthing Kits are designed to help create a clean birthing environment in order to reduce the risk of death from infection and bleeding. Each birthing kit includes: a plastic sheet, soap, gloves, gauze squares, cord ties, and a sterile scalpel blade.



For more information about the assembly workshop contact:  
 Abi Shead (M) 0412 622 358



### New Members Inducted in June 2015



Val Cleary, Kelly Boase, President Suzanne Schulte, Debbie Williams & Suzanne Neucom  
Welcome and we hope you enjoy your time with Zonta Club Gladstone.

### Thinking of inviting a guest to dinner?

The most important thing to remember about this is to please wait until the process has been followed before inviting someone to a meeting. The information below helps to explain why.

#### The process in brief:

- 1) A prospective member approaches the club in some way, or an existing member suggests a name. This information is passed on to our Membership Chair, Tracy Sutton: [tracy@nedgas.com.au](mailto:tracy@nedgas.com.au)
- 2) A member of the Membership Committee (usually Tracy) will then contact the prospective member via email and send some information about Zonta and some questions to answer, if the person is still interested (e.g. where they work, or have worked, occupation, skills, strengths and reason for wanting to join Zonta.)
- 3) Once this information has been received, then Tracy will email all current members to see if there are any objections to the prospective member.
  - a) If there are no objections, Tracy will email and invite the prospective member to a dinner meeting and email the membership information form. When the form comes back, Tracy will email the President, Suzanne, who will be introducing the prospective member at the next dinner meeting. (NB: Prospective members pay for their own meal. If a member has put forward the name, then that member may choose to pay for the meal if they wish – optional.)
  - b) If there is an objection, the President will speak to the member who has objected to try to resolve the issue. If the issue is resolved, the application goes ahead as above in 3a. If the issue cannot be resolved, a letter is sent to the prospective member regarding the decision. A folder will be kept of all objections and the objection will remain in place until the member who made the objection is no longer a member, then the potential member can be contacted again to see if they are still interested in joining.
- 4) Once a prospective member has attended 2 dinner meetings as a guest, they will be inducted and will receive a Zonta bag containing important information, and their name badge.
- 5) New members are contacted by the Treasurer regarding membership fees, and are registered on the membership list with ZI and then sent an email advising of their membership number and links to websites.



### The ZEAL Program (Zonta Excellence and Leadership Program)

Presented by the Zonta Club of Gladstone



The ZEAL Program has been developed for young women aged 14-17 years, who are currently completing secondary education in the Gladstone Region. For the pilot program, we are looking for a group of 8 – 12 young women to attend in Term 3 this year (3 Monday evenings, 4.30-7.30pm, 20th & 27th July, 3rd August).

The program aims to foster personal growth and the development of leadership skills in young women in the Gladstone area. Content will be delivered by the Zonta Club of Gladstone as well as independent professional women (aged between 18-30 years).

The ZEAL Program will focus on understanding and developing a Personal Brand. Some of the skills to be explored include professional presentation, first impressions, professional communication skills and confidence building.

Upon completion, attendees will have a broad understanding of their personal brand as well as the different aspects of leadership and what is required of professional women. We also hope to connect these young women with their peers from different schools, as well as with potential mentors in the community.

During each session Guest Speakers will share real life experiences, deliver course content and give related advice. Content will be interactive, with a combination of theory as well as group and individual activities.

#### **Applications close 15th July, 2015**

Please direct enquiries and/or application forms to the Zonta Club of Gladstone  
zontagladstone@gmail.com Zonta  
Contacts: Jody McMullen 0438 846 669 and Colleen Tribe 0417 309 443

*For 95 years, Zonta International has been working to empower women worldwide through service and advocacy.*

### The Zeal Program – 2015 Framework

#### Monday 27th July (4.30-7.30pm) Session 1 – Presenting Professionally

- Professional presentation
- First impressions
  - o Interviews
  - o Unconscious bias
- Introductions and networking
- Your social networking profile and public image

Presenters: Kiara Austin, Gemma Pirie & Grace Duckham

#### Monday 3rd August (4.30-7.30pm) Session 2 – Professional Communication

- Building confidence: delivering presentations and public speaking
- Remaining professional in difficult situations (dealing with criticism, customers, competitors and peers)
- Identifying and understanding different communication styles (personality types, verbal & non-verbal)

Presenters: Ellen Terry, Giorgia Papi-Morini & Jennifer Ross

#### Monday 10th August (4.30-7.30pm) Session 3 – Networking evening

- Giving back (volunteering and community service)
- Exploring and explaining your 'Personal Brand'

Presenter: Grace Duckham

### The Trading Table – Trail run for July Member's Meeting

Trish Jacobsen has suggested this and a trial run will be held at the July meeting.

Members may bring items for sale and price them yourself at a reasonable price (e.g. to cover the cost of materials). There will be a float there, so members **please bring cash** (notes and coins).

#### Ideal goods to bring are:

- **Baking and preserves:** biscuits, loaves, cakes, slices, pies, puddings, cupcakes, muffins, pikelets, sweets, homemade jams, relish, pickles, etc.
- **Plants:** potted or in a bucket (cuttings or pups like bromeliads), or bunches of parsley, radish, mint, herbs, chives, dill, even flowers fresh or dried.
- **Produce:** Eggs, fruit and veggies from your gardens (E.g. lemons, garlic)
- **Craft:** knitted & crocheted items, patchwork, pottery, works of art, decorated clothes hangers, scrap booking materials, craft materials, hand-made cards, mobiles like dream catchers, etc.
- **Brick-a-brac:** (Pre-loved in good condition, or new) Good magazines, books, CDs, DVD's, napkins, nice linen, unwanted presents, china ware, glass, candles, soap, frames, pictures, reference books, novels, bling, hats, belts, good shoes, children's toys & books, games, unopened makeup, perfumes, creams, bath stuff, anything new that's not wanted.

If a non-perishable item does not sell, whoever brings it may take it home, or Trish will take it and bring it back next time. After two months if still unsold it will go to a charity. (a different charity each time).

### June Dinner Meeting



Thanks Carol Thompson for making these gorgeous decorations for our June Dinner meeting. Everyone took home a pretty pack of chocolates, and the birthday girls scored the owls. A lovely surprise indeed!

Excerpts from the June meeting:

Thank you to guest speaker Hannah Gregory who was a previous recipient of the Young Women in Public Affairs Award. Hannah told us about the great work she has done, volunteering overseas.

Suzanne Schulte showed us how to access and use the Google Drive, new member Debbie Williams spoke entertainingly about her trip and we welcomed Fiona as our guest. We hope you enjoyed the evening, Fiona.

### July Dinner Meeting



The membership committee is organising a Christmas theme for the next dinner meeting so please feel free to wear Christmas colours or some Christmas jewelry (entirely optional).

The Membership Committee is also organising Zondarme for this meeting.

Our guest speaker for July will be Kevin Bourke who will be speaking about his experiences in working with, and working for, successful women.

### Newsletter Submissions

For submissions or ideas for the newsletter, or for questions or feedback, please contact me on [robyn-liddell@netspace.net.au](mailto:robyn-liddell@netspace.net.au)

Mob: 0418 746 574

Thanks, Robyn Liddell



### Happy Birthday to Zontians with July Birthdays

Jennifer Ross (2<sup>nd</sup>); Marianne Cornwall (3<sup>rd</sup>); Dianne Treveton (16<sup>th</sup>) & Abi Shead (29<sup>th</sup>)

Hope the year ahead brings all wonderful things.



**Welcome to Valerie Cleary**

**Can you tell us a little about yourself?**

I have been an educator in a range of contexts for 35 years either at CQUniversity or as an advisor and teacher with Education Queensland. I currently work within the Academic Learning Services Unit at CQUniversity which provides enabling programs and support for computing, maths science and writing skills and concepts to undergraduate students in a range of schools including education, nursing, engineering and business.

When at home I am a keen cook and gardener as well as enjoying a range of craft projects including sewing. I love to travel and gets away as often as I can.

**What prompted you to join ZONTA?**

I am keen to join a group that can make a difference in the lives of women and hope ZONTA is that group.

**What would you like to achieve while in ZONTA?**

As yet I am still working out what I can do to be more fully involved. I guess I am an action person and I'm not sure what that will be just yet.



**Welcome to Suzanne Newcom**

**Can you tell us a little about yourself?**

Gladstone has been my home for most of my life. I am married to Brett and have one son who is at Uni now. I have been studying externally on and off for most of my adult life and have just completed my Masters in Commerce (Professional Accounting). Currently I work for LBS Accountants as an Auditor, but have worked in a number of industries over the years.

My family has always been involved in sporting and other community groups within Gladstone and volunteering on the committees and whenever asked, is part of our life. As a result of this volunteering I have been honoured with Life Membership of the Gladstone Gymnastic Club Inc. and the Dolphin Sea Scout Group. I like to read and cook, and now I have finished my study am looking forward to getting back into craft.

**What prompted you to join ZONTA?**

My interest in joining Zonta stems from my wish to be involved in a community service organisation working with professional women who have similar interests to my own.

<b>ZONTA Gladstone Committees</b>		
<b>President: Suzanne Schulte</b>		
<b>Membership</b>	<b>Service</b>	<b>Advocacy</b>
Tracy Sutton (Chair)	Astrid Baade (Chair)	Marianne Cornwall (Chair)
Margaret Esdale	Catherine Benson	Kate LeLacheur
Trisha Jacobsen	Ruth Bishop	Jody McMullen
Alison Kelly	Lola Kerr	Giorgia Papa-Morini
Robyn Liddell	Karen Marsh	Jennifer Ross
Heidi Moller	Dianne Treveton	Gail Sellers
Carol Thompson	Suzanne Neucom	Abi Shead
Val Cleary	Debbie Williams	Colleen Tribe
		Alison Young
		Kelly Boase

## Coming Events

### Date Claimers

- The **District 22 Conference**, at Airlie Beach, Whitsundays, on 9<sup>th</sup> to 11<sup>th</sup> October 2015. Early bird discount if you register by 31 July. For registrations: <http://www.trybooking.com/Booking/BookingEventSummary.aspx?eid=142465>
- **Reclaim the Night** Street March & Rally, Friday 30<sup>th</sup> October
- The UN **International Day for the Elimination of violence against women and girls** is 25<sup>th</sup> November.
- **16 Days of Activism to Stop Violence against Women** starts on 25<sup>th</sup> November, and ends on Human Rights Day (December 10).
- **International Women's Day** for 2016 will be Sunday 6<sup>th</sup> March.

### Banking Details

Bendigo Bank  
BSB: 633 000  
Acc: 154 176 531

### Membership Fees

Membership fees are due now and can be paid via internet banking, to our ZONTA account.

### Dinner Fees

Dinner fees can also be paid via a deposit into the bank account.

## Zonta International 63<sup>rd</sup> Convention

Fancy a trip to Nice, France in 2016? Then you may want to consider this convention. For more details so please go to the website:

<http://www.zonta.org/ZontaEvents/2016Convention.aspx>

2016 Convention



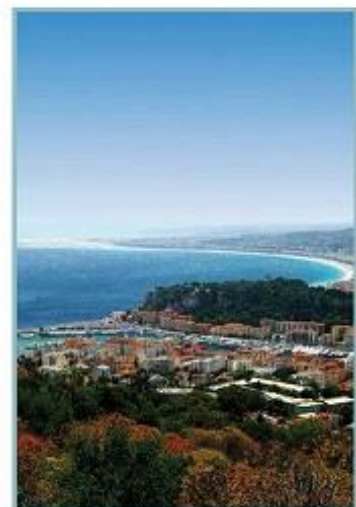
  
ZONTA  
INTERNATIONAL  
EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

# Save The Date

For the Zonta International 63<sup>rd</sup> Convention

2-6 July 2016  
in Nice, France

Held at the newly renovated  
Acropolis Convention Center





July 2015

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
		1	2	3	4	5
		Service Meeting			Birthing Kit Workshop	
6	7	8	9	10	11	12
Advocacy Meeting	Membership Meeting					
13	14	15	16	17	18	19
		Board Meeting				
20	21	22	23	24	25	26
	Dinner Meeting					
27	28	29	30	31		

August 2015

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
Advocacy Meeting	Membership Meeting	Gladstone SHOW DAY Service Meet				
10	11	12	13	14	15	16
		Board Meeting				
17	18	19	20	21	22	23
	Dinner Meeting					
24	25	26	27	28	29	30
31						
Early Bird regn closes for District Conference						

September 2015

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	1	2	3	4	5	6
	Membership Meeting	Service Meeting				
7	8	9	10	11	12	13
Advocacy Meeting		Board Meeting				
14	15	16	17	18	19	20
	Dinner Meeting					
21	22	23	24	25	26	27
28	29	30				

October 2015

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
Labour Day Advocacy Meeting	Membership Meeting	Service Meeting		District 22 Conference	District 22 Conference	District 22 Conference
12	13	14	15	16	17	18
		Board Meeting				
19	20	21	22	23	24	25
	Dinner Meeting					
26	27	28	29	30	31	
				Reclaim the Night		

ZONTA Club Gladstone Members

Zonta Club of Gladstone Membership List as at June, 2015									
Name	Address	Email	Phone	Work	Mobile	B/day	Committee		
Ashid	Brade	15 Williams Road, Burua	astrid.brade@bigpond.com	49787868	0409053675	23 May	Chair Service		
Catherine	Benson	62 Goodwood Street, Gladstone	catherine@christrevor.com.au	4976 1800	0405645107	9 Aug	Vice President/Service		
Ruth	Bishop	12 Lois Court, Gladstone	ruthb@etnall@gmail.com	4922693938	0422693938	20 Dec	Service		
Kelly	Boase	30 Agnes Street, Gladstone	kellyboase@gmail.com	49768015	0439066270	12 Aug	Advocacy		
Val	Cleary	12 Forrest Place, Gladstone	v.cleary@cqu.edu.au		0409624178	1 April	Membership		
Merrine	Cornwall	28 Lighthouse Drive, Boyne Is	marianne@firstnationalgladstone.com.au		0419787873	3 July	Chair Advocacy		
Margaret	Eadie	26 Oaka Lane, Gladstone	margaret@christrevor.com.au	49761800	0409720281	8 May	Asst Treasr/Membership		
Tasha	Jacobson	225 Gladstone Benaraby Rd, Wurdong Heights	trishaj.artist@gmail.com	49750323	0427270840	8 Mar	Membership		
Alison	Kelly	10 Hay Court, Gladstone	sakelly1@inet.net.au	4979 2706	0409758953	27 Oct	Membership		
Lois	Kerr	14 Grevillia Crescent, Gladstone	lola-not@windmillcentre.com	49783360	0412656725	3 Sept	Service		
Kate	LeLacheur	6 Hetherington Street	katelelacheur@inet.net.au	49787868	0423216234	7 Sept	Advocacy		
Robyn	Liddell	6 Orungal St, Clinton	robyn-liddell@netSPACE.net.au	49786055	0418746574	14 Jun	Membership		
Karen	Marsh	4 Grevillia Crescent, Gladstone	pegandkmarsh@gmail.com	49791457	0418746574	14 Jun	Membership		
Joey	McMullen	11 Awoonga Dam Road, Benaraby	jcmcmull@bechtel.com		0420373179	24 May	Service		
Heidi	Moller	14 Clipper Terrace, Gladstone	heidhans@netSPACE.net.au	4979 1179	0438846669	7 Jun	Advocacy		
Suzanne	Neucom	8 Carpentaria Close,	Suzanne@lpsgladstone.com.au	4972 2279	0423778991	30 Nov	Membership		
Giorgia	Papi-Morini	24 Sturt Crt, Glen Eden	giorgiamorini@hotmail.com	49783363	0409879946	15 May	Service		
Jennifer	Rosa	225/64 Glenlyon St	jennifer.ross@santos.com	48990164	0405608994	11 Mar	Advocacy/Correspond		
Gail	Sellers	6 Walters Avenue, Gladstone	jennifer.ross@santos.com	4972 5182	0407605465	2 July	Advocacy/Secretary		
Suzanne	Schulte	3/42 Glen Eden Drive, Gladstone	tsellers@tpg.com.au		0448863134	25 Oct	Advocacy		
Ash	Shead	140/75 Central Lane, Gladstone	suzanne.j.schulte@conocophillips.com	4836 7609	0416032740	22 Jan	President		
Tracy	Sutton	36 Allunga Drive, Gladstone	abi_shead@hotmail.com		0412622358	29 July	Advocacy		
Cerol	Thompson	8 Cedrelia Street, Gladstone	tracy@nedspas.com.au	4979 3369	49769313	31 May	Chair Membership		
Diane	Trevelton	12 Coody Triggs Court, Beacher	www.thompson@bigpond.com	49783440	0414569073	17 Jan	Membership/Treasurer		
Colleen	Tribe	7A Hallam Lane, Gladstone	dianne.trevelton@varietyqld.org.au		0417636129	16 July	Service		
Debbie	Williams	5 Cormorant Close, Gladstone	colleen.tribe@roseberry.org.au	4972 9086	4979 0047	21 Oct	Advocacy		
Alison	Young	21 Lighthouse Dr, Boyne Island	ldwilliams@bigpond.com	49791115	49781999	13 Mar	Service		
			alison@innatetehild.com.au	49738570	0409441046	8 Oct	Advocacy		
					0408394910				Gluren Free