WATZON

August 2015





Outgoing & Incoming President, Suzanne Schulte & Catherine Benson

Inside this issue:

Presidents, meeting information	1
ZEAL Program	2
A message from outgoing President	3
Profile – Incoming President	4
July Dinner Meeting & photos	5
August Dinner details	6
Farewell Suz!	6
Coming events & Bank details	7
Birthdays & Committees	7
Trading Table	8
Calendar	8-10
ZCG Membership List	11

Meetings

Dinner Meeting

6:00pm for 6:30pm 3rd Tuesday of the month Harvey Road Tavern

Board Meeting

5:30pm Wednesday before Dinner Meeting Windmill Medical Centre

Advocacy Meeting

5.15 pm 1st Monday of the month Lightbox, Goondoon St

Membership Meeting

5:15pm for a 5:30pm start 1st Tuesday of the month Coffee Club, Nightowl Centre

Service Meeting

5:15pm for a 5:30pm start 1st Wednesday of the month Coffee Club, Nightowl Centre

The ZEAL Program (Zonta excellence and Leadership)

The Zonta Club of Gladstone conducted our inaugural ZEAL program with 18 young women attending our leadership program across three weeks.

Thank you very much to Jody McMullen and Colleen Tribe, and to the presenters: Kiara Austin, Gemma Pirie, Grace Duckham, Ellen Terry, Giorgia Papi-Morini & Jennifer Ross.

More on this in next month's newsletter.













A Message from our Outgoing President, Suzanne Schulte

What promoted you to join ZONTA?

I joined Zonta as its vision and mission really appealed to me and my own personal beliefs. I also like the people in the club more than any Rotary club meeting I had attended!

What has your path in ZONTA been like (committees etc.)?

I joined the club in 2011 and was an advocacy committee member for a while. In 2012/13 the club needed a minutes secretary and I figured it was an "easy, no commitments" style position so put my hand up. During that year I got really interested and involved in the "Zonta Says No" work and from there I then became the Vice President, and then President.

Can you recall any memorable/funny moments?

Oh, there haven't been too many Zonta Gladstone events that don't make me laugh or smile.

I think one of the funniest times would have been when Colleen, Kate, Hilary, Heidi and myself went to the Area 2 meeting in Bundaberg (2014). We were only going for one night and Colleen was driving us and had told us to all pack light because boot space was limited. Heidi packed a big suitcase because "she was bringing the club laptop". She had also packed her dressing gown, slippers and a big mirror too! Sheelagh always had hilarious Zondarme fines for everyone and more recently Trisha's "health check" made everyone a little giggly!

What have you gained from being in ZONTA?

What haven't I gained?!

Personally, I've met some truly amazing women who I'm privileged to call my friends. I moved to the region by myself and anyone that has made that type of move can attest to how lonely it can get. I was always welcomed at Zonta meetings with big smiles and warm hearts and I hope I can find an equally amazing group of women in my next Zonta club. There is also the sense that we have made some significant differences to the lives of women in our community and international areas. Professionally, I think being part of the club and specifically the board has really helped me to further develop my leadership skills.

What are your plans once you move on?

Well firstly, I'm going on a holiday!!! I'm moving to Brisbane and I'm not sure which Brisbane club I will joining as yet.

The next couple of months will be all about getting my feet firmly on the ground, finding somewhere for me and Mr George (my dog) to live and getting my head around being in a new city and everything that is associated with that!

What do you wish for ZONTA Club Gladstone?

All the very best of everything!!! (and that you stay in touch – my email address and phone numbers aren't changing!)

I think in the years I've been a member we have really grown and matured as a club and are now, more than ever strongly aligned with Zonta International/ District 22 and its strategic objectives as well as their service and advocacy projects all while successfully servicing our own community. As a club I believe we've learnt to work "smarter rather than harder" and I really hope this continues because we are all time-poor professional women with competing priorities and Zonta should be a joy rather than a chore!

From a club programs point of view, my biggest wish is to see the ZEAL program pilot:

- 1. Be acknowledged for a District Service Award at the District Conference in October
- 2. Gain momentum with the regions young women so that there is enough interest and support to establish a Z Club in the region
- 3. See it develop and grow into the larger mentoring program we initially aspired to create.

From a club leadership point of view my biggest wish is to see more members nominating for leadership roles at club and at a district level. We all have so many professional skills that are highly transferable to Zonta leadership roles and whilst Zonta knowledge is important it is learnt and gained over time. We all have to start somewhere, right?!

Overall I hope that the ZCG continues on the course they have set themselves. I hope you continue to challenge yourselves to provide the best service to our community and our members. When you don't want to change or innovate because its confronting I hope you continue to challenge yourselves and when you have great ideas I hope you continue to speak up and/or listen.

ZONTA Club of Gladstone, QLD | District 22 | Area 2

Profile – Incoming President, Catherine Benson



I was born and raised on a coffee plantation in Papua New Guinea.

Growing up in a developing country I saw first-hand some of the extreme issues women have to deal with – poor health care and hygiene issues; lack of education; and a culture of domestic violence where physical and sexual abuse is accepted as simply part of life.

On a personal level I had the benefit of being raised to believe that I could be whoever, and do whatever, I wanted and that gender was not a barrier, despite meeting some real opposition to this from others. I was also taught that all people are born equal and that economic and educational benefits available to me were a privilege and not a right.

I was inspired by my parents who were very community aware and always contributing through various programs and fund raising events for those less fortunate. They were also adventurous and not afraid to tackle a challenge. I have, throughout my adult years, been involved in various community groups and assisted where I could with those less fortunate than myself.

From a young child I wanted to be a lawyer and advocate for those in need. When I began my legal career I was introduced to Family Law and have made that field my specialty. I have seen first-hand the impact of family breakdown on all, but especially, on women and children. A sense of real achievement for me is watching the emotional growth of a woman who has been abused or under the control of her partner or family attitudes as she develops confidence and a sense of empowerment, as I work with her through the mine field of the relationship breakdown. I have a particular passion for working towards a reduction in family violence which happens by working with both the perpetrators of such as well as the victims, and helping to educate parents on the horrendous effects of such behaviour on their children.

I joined Zonta shortly after I moved to Gladstone, in 2012 – introduced through Margaret with whom I work. I had been an active member of the National Council of Women in Cairns and been involved with the domestic violence association there. I was keen to meet other like-minded women and to become involved in the local Gladstone community.

I first joined the service committee where I have served until now, including chairing that committee for a year.

I enjoy being actively involved in the support of women in our community. We have such a diverse group of highly qualified, dedicated women (as there is in every community). I am constantly intrigued at hearing about the lives and stories that women bring forward and consistently amazed at the amount of volunteering and incredible support work that goes on in our community. As well as working to support women less fortunate, I am encouraged by the incredible depth of qualifications, knowledge and experience our women have to offer and feel proud to be a part of such a community.

Outside of work I am a passionate animal lover and feel very strongly about the need to protect our wildlife and environment.

July Dinner Meeting



It was an excellent meeting with Christmas in July, with the inaugural Trading Table which brought in \$40, and a most inspirational speaker, Kevin Berg, the Managing Director of Bechtel in Gladstone.

Kevin gave a most informative perspective of women today in industry within their company and Australia, plus their contingency plans for their company in Gladstone, as well as a perspective on his own life and travels. All so positive. It was one of the best meetings of the year I think. Thanks to the membership committee for organising the meeting.

Don't forget drink more water, eat more fibre, and squeeze the lemon. Trisha Jacobsen

















ZONTA International OBJECTS

To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.

To work for the advancement of understanding, goodwill and peace through a world fellowship of members. To promote justice and universal respect for human rights and fundamental freedoms.

To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations and the world.

August Dinner Meeting

Tuesday 18th August, 2015.

Fellowship will be from 6pm, with a prompt start at 6.30pm, at the Harvey Road Tavern.

What would tempt your taste buds on Tuesday night: Chicken Supreme wrapped with bacon served with mash, broccolini, carrot and red wine jus, or Herb crusted salmon served with mash, broccolini, carrot and bearnaise sauce?

At this meeting, we will be honoured to induct Catherine Benson as our Chairperson.

Our guest speaker for August will be Area 2 Director for Zonta District 22, Jan Lansburg.

Please bring your items for the trading table and coins/dollars for the trading table and Zondarme.

Newsletter Submissions

For submissions or ideas for the newsletter, or for questions or feedback, please contact me on <u>robyn-</u>

liddell@netspace.net.au

Mob: 0418 746 574

Facebook & Website

Zonta Club Gladstone has a Facebook page. Have you liked it and invited your friends to like it?

We are also on the Zonta Website http://zontadistrict22.org/district-22clubs/zonta-club-of-gladstone-inc/

Watch that space. More coming soon.





Outgoing President, Suzanne Schulte with Zontians in action. Thank you very much for all that you have done, and we wish you all the best for the future Suzanne.







Coming Events

Date Claimers

The District 22 Conference, at Airlie Beach,
 Whitsundays, on 9th to 11th October 2015. For registrations:

http://www.trybooking.com/Booking/BookingEventSummary.asp x?eid=142465

- Reclaim the Night Friday 30th October
- Zonta's Birthday is 8th October
- The UN International Day for the Elimination of violence against women and girls is 25th November.
- 16 Days of Activism to Stop Violence against
 Women starts on 25th November, and ends on
 International Human Rights Day (December 10).
- International Women's Day for 2016 will be Sunday 6th March.

Banking Details

Bendigo Bank BSB: 633 000

Acc: 154 176 531

Membership Fees

Membership fees are due now and can be paid via internet banking, to our ZONTA account.

Dinner Fees

Dinner fees can also be paid via a deposit into the bank account.

Happy Birthday to Zontians with August Birthdays

Catherine Benson (9th); Kelly Boase (12th)

Hope the year ahead brings all wonderful things.

ZONTA Gladstone Committees President: Catherine Benson						
Membership	Service	Advocacy				
Tracy Sutton (Chair)	Astrid Baade (Chair)	Marianne Cornwall (Chair)				
Margaret Esdale (Assis Treas)	Ruth Bishop	Kate LeLacheur				
Trisha Jacobsen	Lola Kerr	Jody McMullen				
Alison Kelly	Karen Marsh	Giorgia Papa-Morini				
Robyn Liddell	Dianne Treveton	Jennifer Ross				
Heidi Moller	Suzanne Neucom	Gail Sellers				
Carol Thompson	Debbie Williams	Abi Shead				
Val Cleary		Colleen Tribe				
		Alison Young				
		Kelly Boase				

The Trading Table – Happening again at the August Meeting

Members may bring items for sale and price them yourself at a reasonable price (e.g. to cover the cost of materials). There will be a float there, so members **please bring cash** (notes and coins).

Ideal goods to bring are:

- **Baking and preserves:** biscuits, loaves, cakes, slices, pies, puddings, cupcakes, muffins, pikelets, sweets, homemade jams, relish, pickles, etc.
- *Plants:* potted or in a bucket (cuttings or pups like bromeliads), or bunches of parsley, radish, mint, herbs, chives, dill, even flowers fresh or dried.
- **Produce:** Eggs, fruit and veggies from your gardens (E.g. lemons, garlic)
- *Craft*: knitted & crocheted items, patchwork, pottery, works of art, decorated clothes hangers, scrap booking materials, craft materials, hand-made cards, mobiles like dream catchers, etc.
- Brick-a-brac: (Pre-loved in good condition, or new) Good magazines, books, CDs, DVD's, napkins, nice linen, unwanted presents, china ware, glass, candles, soap, frames, pictures, reference books, novels, bling, hats, belts, good shoes, children's toys & books, games, unopened makeup, perfumes, creams, bath stuff, anything new that's not wanted.

If a non-perishable item does not sell, whoever brings it may take it home, or Trish will take it and bring it back next time. After two months if still unsold it will go to a charity. (a different charity each time).

August 2015

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
Advocacy Meeting	Membership Meeting	Gladstone SHOW DAY Service Meet				
10	11	12	13	14	15	16
			Board Meeting			
17	18	19	20	21	22	23
	Dinner Meeting					
24	25	26	27	28	29	30
31						
Early Bird regn closes for District Conference						

September 2015

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	1	2	3	4	5	6
	Membership Meeting	Service Meeting				
7	8	9	10	11	12	13
Advocacy Meeting			Board Meeting			
14	15	16	17	18	19	20
	Dinner Meeting					
21	22	23	24	25	26	27
International Day of Peace						
28	29	30				

October 2015

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
Labour Day Advocacy Meeting	Membership Meeting	Service Meeting		District 22 Conference	District 22 Conference	District 22 Conference
12	13	14	15	16	17	18
			Board Meeting			
19	20	21	22	23	24	25
	Dinner Meeting				United Nations Day	
26	27	28	29	30	31	
				Reclaim the Night		

ZONTA's vision is a world in which women's rights are recognized as human rights

November 2015

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
141011	1465	7700	THUIS		Jul	1
2	3	4	5	6	7	8
Advocacy Meeting	Membership Meeting	Service Meeting				ZONTA's Birthday
9	10	11	12	13	14	15
			Board Meeting			
16	17	18	19	20	21	22
	Dinner Meeting					
23	24	25	26	27	28	29
		International Day for the elimination of violence against women White Ribbon Day Day 1 of 16	Day 2 of 16 days of activism on Violence against women	Day 3/16	Day 4/16	Day 5/16
30						
Day 6/16						

December 2015

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
	1	2	3	4	5	6
	Day 7/16 Membership Meeting	Day 8/16 Service Meeting	Day 9/16	Day 10/16	Day 11/16	Day 12/16
7	8	9	10	11	12	13
Day 13/16 Advocacy Meeting	Day 14/16	Day 15/16	Day 16/16 International Human Rights Day Board Meeting			
14	15	16	17	18	19	20
	Dinner Meeting					
21	22	23	24	25	26	27
				Christmas Day	Boxing Day	
28	29	30	31			

ZONTA Club Gladstone Members