

ZONTA ON THE ROCKS.



Zonta Club of Rockhampton Inc
Member of Zonta International
Advancing the Status of Women Worldwide

Email: rockhampton@zontadistrict22.org

Rockhampton Webpage: www.rockhampton.zontadistrict22.org

District 22 Website: www.zontadistrict22.org

Zonta International Website: www.zonta.org

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Editor: Berenice Payne
berenice.a.payne@bigpond.com

From the President:

PLEASE NOTE!

If you are
unable to attend
the dinner meeting,
please advise
Anna Tempest
Ph 4928 7880 (W)
Ph 4928 7125 (H)
by 10 am
on the Monday
before the meeting.

**Failure to
apologize will
incur payment
of \$30.00.**



Area 2 Meeting:
Peppers Pier Resort
Hervey Bay
27-28 April 2013

District Conference:
**Noosa Convention &
Exhibition Centre**
Australis Resort
27-29 Sept 2013

Firstly a huge congratulations to Jan who co-ordinated our IWD Breakfast - A mighty success enjoyed by 143 ladies and celebrating the success of our YWPA winner, Julia Webb and our Living Treasure Award winner, Carol Gorton, both worthy recipients. A big thankyou to our major sponsors, Ergon and Telstra.

We are drawing closer to our Regional Conference in Hervey Bay on the Anzac Day weekend. You have seen their exciting programme. If any members now find they can attend a stimulating weekend of networking with like-minded Zontians please phone Zonta Club of Hervey Bay on 4928 9900.

Our annual dues of \$200 are due now and there is a financial penalty to the club for late payment (as with other large corporations). I'd like to congratulate our treasurer, Valda, who has kept our fees to last year's level. A mighty effort in this economic climate.

Today I saw a news report on the 3 F's most important to women - Friendship, Freedom and Financial Security. Without financial security it is very hard to play a successful part in the wider community such as Zonta. Zonta fosters F1 and F2 and I keep stressing the importance of friendship. On a down day, friendship can be your saviour, so don't be in too much of a hurry to bypass friends, old and new.

The other thing that has been highlight-

ed to me in recent months is the speed of life charging past me. Sure, it is an age thing, but it is the younger people also who are experiencing road rage, computer rage, phone rage - when things don't happen fast enough!

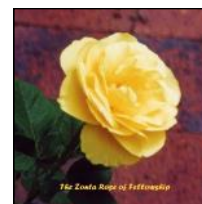
When we send an email, send a text message or pick up the mobile, we expect an instant response. A little hesitation in responding - ie. a cooling off period, could smooth ruffled feathers, so if I am tardy in my response, maybe I am thinking. There are still places where emails don't drop in from cyberspace and phones which don't pick up emails - so be patient whilst waiting for a response. I may have gone bush!

We are always seeking new members from ladies interested in Zonta, so encourage them to come to a very informal information session at 14 Huet St., Wandal next Sunday, 14th April, between 10am and 12am. I look forward to seeing you then and at our next meeting at St Luke's on Tuesday 16th April.

Finally a "fact" from the Weekend Australian magazine - "Did you know that the more noise a chip makes when you eat it, the more you like it" (but..... chips have the greatest responsibility for obesity in the United States)

Kind regards

Meredith



Notices:

MEETINGS.

Board Meeting:

6.30pm:
2nd Tuesday
of the month
Venue:
Rockhampton Plaza
Hotel.

Club Meeting:

6.00 pm for 6.30pm
3rd Tuesday
of the month
Venue:
Rockhampton Plaza
Hotel.

Committee Meetings.

MEMBERSHIP:

Venue:
Rockhampton Plaza
Hotel
5.30 pm—
2nd Tuesday
of the month.

ADVOCACY+Program /
PR & C/ United Nations/
Newsletter /Archives:

Venue:
Rockhampton Plaza
Hotel.
5.30 pm—
2nd Tuesday
of the month.

SERVICE:

Venue:
Rockhampton Plaza
Hotel.
5.30pm—
2nd Tuesday
of the month.

Calendar:

April:

9 Committee Meetings /
 Board Meeting
 16 Dinner Meeting—Away dinner at
 St Luke’s Church Hall—Wandal
 27/28 Area 2 Meeting - Hervey Bay

May:

14 Committee Meetings /
 Board Meeting
 21 Dinner Meeting

Special United Nations Observances and
Other Significant Days.

April:

07 World Health Day

A hug is a gift
 One size fits all
 And it’s easy to exchange. *Anon*

Dinner Raffle.

The supply of gifts for the
 Dinner Raffle follows the listing
 in the Members Directory.

March: Glenys C
 April: Valda F
 May: Jan L
 June: Mary L

Please give your
 raffle prize to Elizabeth.
 to co-ordinate.



April:

08 Mary
 12 Elizabeth
 22 Berenice



A Reminder from our Area 2 Director—Denise Wilschut.

Hello Everyone,

Hope you & yours have enjoyed a wonderful Easter break.

This is my final request to you to ask if you might encourage your members to attend the Area Meeting. Numbers are slowly rising but I'm sure there are some Zontians who have been busy or on holidays.

The Hervey Bay club have prepared a great weekend of Zonta learning & fellowship . They are eagerly awaiting those last minute ,or , "oh I almost Forgot", or , "is it that close" thoughts to be turned into registrations.

Your assistance by encouraging your members would be most appreciated.

Looking forward to meeting up with many of you in Hervey Bay,
 Sincerely,
 Denise.



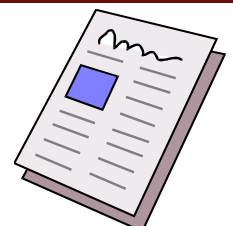
If you would like to contribute to your Newsletter
 please forward articles to Berenice Payne

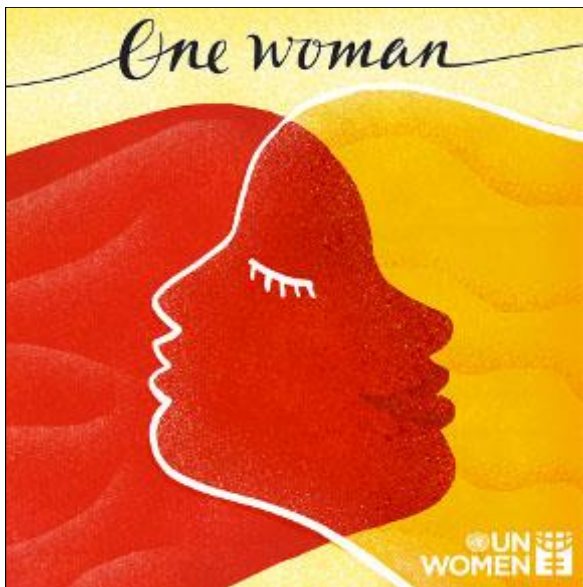
either by

Fax: 4922 3315 or

Email: berenice.a.payne@bigpond.com

Deadline: First Tuesday of the month.





Below is the link to the UN Women song which was launched on International Women's Day.

<http://song.unwomen.org/>

"All proceeds of "One Woman" will go to UN Women and support our work to empower women and improve their lives worldwide".

From China to Costa Rica, from Mali to Malaysia acclaimed singers and musicians, women and men, have come together to spread a message of unity and solidarity: We are "One Woman".

Launched on International Women's Day, 8 March 2013, the song is a rallying cry that inspires listeners to join the drive for women's rights and gender equality. "One Woman" was written for UN Women, the global champion for women and girls worldwide, to celebrate its mission and work to improve women's lives around the world.

"One Woman" reminds us that together, we can overcome violence and discrimination against women and look toward a brighter future: "We Shall Shine!" Join us to help spread the word and enjoy this musical celebration of women worldwide.

(From the UN Women Website.)



One Woman

In Kigali, she wakes up,
 She makes a choice,
 In Hanoi, Natal, Ramallah.
 In Tangier, she takes a breath,
 Lifts up her voice,
 In Lahore, La Paz, Kampala.
 Though she's half a world away
 Something in me wants to say ...
 We are One Woman,
 You cry and I hear you.
 We are One Woman,
 You hurt, and I hurt, too.
 We are One Woman,
 Your hopes are mine.
 We shall shine.
 In Juarez she speaks the truth,
 She reaches out,
 Then teaches others how to.
 In Jaipur, she gives her name,
 She lives without shame
 In Manila, Salta, Embu.
 Though we're different as can be,
 We're connected, she with me
 We are One Woman,
 Your courage keeps me strong.
 We are One Woman,
 You sing, I sing along.
 We are One Woman,
 Your dreams are mine.
 And we shall shine.
 We shall shine.
 And one man, he hears her voice.
 And one man, he fights her fight.
 Day by day, he lets go the old ways,
 One Woman at a time.
 Though she's half a world away,
 Something in me wants to say.
 We are One Woman,
 Your victories lift us all.
 We are One Woman,
 You rise and I stand tall.
 We are One Woman,
 Your world is mine
 And we shall shine.
 Shine, shine, shine.
 We shall shine
 Shine, shine, shine.
 We shall shine.
 Shine, shine, shine.



Rockhampton women celebrated International Women's Day with Zonta

Zonta Club of Rockhampton hosted the annual Zonta International Women's Day Breakfast at the Leichhardt Hotel on 8th March. The event was attended by more than 140 women. As in previous years the event was sponsored by Ergon Energy. An International Women's Day video message by Penny Williams, Australia's Global Ambassador for Women and Girls, was viewed during proceedings.

Zonta President Meredith Sutherland's address gave an overview of Zonta's contribution to women and girls through local support of services such as the Women's Shelter and Girls Time Out and through International projects. Two of the ZI projects mentioned were the Elimination of New Paediatric HIV Infection and Prevention and Response to Survivors of Domestic and Gender Based Violence in Rwanda, which are funded by Zonta International and delivered through the United Nations. It was appropriate to acknowledge that in August this year the Zonta Club of Rockhampton will celebrate thirty years of service to the women in local and global communities.

Two awards were presented during the breakfast celebrations. The annual Zonta Young Women in Public Affairs Award was presented to student Julia Webb from the Rockhampton Girls Grammar School. This award honours young women of age 16 to 19 years, who demonstrate a commitment to leadership in public service. Julia will now be considered for the Queensland Zonta District 22 Award. The second award, the Zonta Living Treasure Award was presented to 2013 winner Carol Gorton by Margaret Deluary who represented the sponsor Telstra Countrywide. The Living Treasure Award recognizes women who have made a significant and lasting impact on our community in a wide variety of fields. Carol's contribution to the community has extended over 55 years and is exemplified by her never ending support in developing better communities, raising funds for all kinds of worthy causes and through years of voluntary service and advocacy.



Guests at the IWD function.



President Meredith Sutherland presents the 2013 YWPA Award to Julia Webb.



Carol Gorton is presented the 2013 Living Treasure Award by Telstra Representative Margaret Deluary.



Carry Lee, Janelle Williams, Julie Layt, LTA nominee Nyoka Hatfield and Tracey Weeks enjoyed the event.

*Rockhampton
Zonta - 30 years of service
1983 - 2013*



1983–2013: 30 years advancing the status of women



The Silent March of Ownerless Shoes

(From the Zonta Says No website)

It doesn't make any difference which kind of shoes the victims wore, heels or ballerinas, sneakers or flip-flops. They were women who have been killed because they refused someone or because they made a choice which differed from what their partner wanted. Violence against women is often steeped in prejudices and stereotypes, a form of violence in themselves. Zonta clubs use these silent manifestations to say NO to violence against women and they do this not only on 8 March or 25 November; they do it all the time, because violence against women has no schedule," said District 30 Governor Nadia Biancato during the event hosted in her city.

On Saturday, 23 March, in Alessandria's central gallery Guerci, local government, Zonta Club Casale Monferrato and Zonta Club Alessandria, in cooperation with Anti-violence centre me.dea, have provoked people with 127 pairs of shoes, silently denouncing femicide, a crime which cannot be ignored, neither in Italy nor worldwide. The shoes chosen for this representation are of every kind of style and make, because there is no single "model" of woman as victim of violence. This phenomenon hits indiscriminately: housewives, mothers, students, female employees as well as businesswomen.

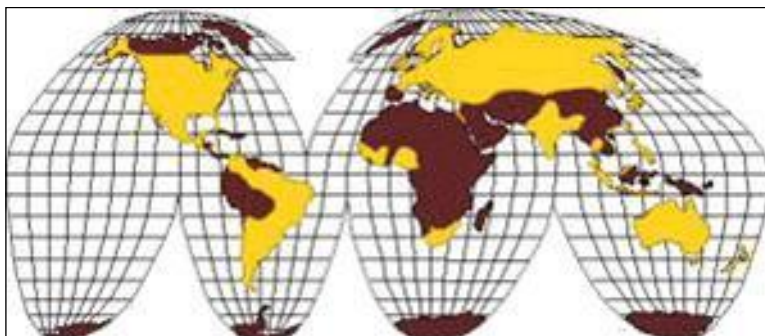
Log on to <http://zontasaysno.com/> to learn more about the Zonta Says No Campaign.

There were **30,050 members** of Zonta worldwide as of 28 February 2013.

The 2012-2014 Membership Goal for Zonta worldwide is **31,000 members**.



Zonta maintains a presence in countries marked in Gold.



District 22
 A Queensland Australia
 B Northern Rivers Inc.
 New South Wales Australia

