

Advancing the Status of Women Worldwide

Club No. 680, Area 1, District 22 – Charter Date 01.10.1971 – ABN 47 885 713610 GPO Box 1768, Brisbane Q 4001

# Newsletter – NOVEMBER/ DECEMBER, 2012

President – Pamela Deakin; 1<sup>st</sup> Vice-President – Vacant;

Secretary – Adrienne Irvine; Treasurer – Christine Maclean; Directors – Christine Carlton, Patrice Grealy-Ridley, Anna Herbert, Belle Pinnow; Newsletter Editor – Susan Hocking.

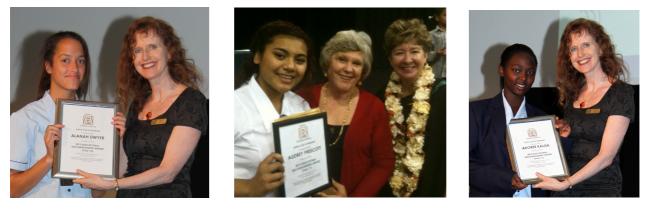
# DATE CLAIMERS, REMINDERS, & EVENT INFORMATION

- **SAT., DEC. 1** WORKING BEE FOR CHRISTMAS WINE ORDERS A reminder to those who have indicated they will help with the Christmas wine order working bee, co-ordinated by Lea Greenaway, it will be held at the home of Judith Anderson, from 9am until approximately noon, at 1/49 Bellevue Terrace, St Lucia.
- WED., DEC. 5CLUB DINNER MEETING 6.30pm fellowship for 7pm meeting. There will be no<br/>Guest Speaker as this is the Club's Christmas celebration. Come along and be<br/>festive in what is traditionally one of our most memorable nights of the year.<br/>Christmas wine orders will be ready for collection tonight. ALSO at this meeting, the<br/>annual fellowship offer of smoked salmon will be available for collection. If you have<br/>not yet paid for your salmon order and some haven't please ensure you have the<br/>money with you to pass to Iris Scott.

### WED., JAN. 2 NO DINNER MEETING IN JANUARY

- THURS., JAN. 31 WOMAN OF ACHIEVEMENT AWARD Final day for receipt of applications for the Zonta Queensland's Woman of Achievement Award for 2013. Committee Chairman Judith Anderson disseminated information about the award to members earlier in October. For a nomination form and all relevant information please go to http://brisbane.zontadistrict22.org or contact Professor Janet Delpratt AM, on telephone 3848-2865, mobile 0408850775 or email j.delpratt@griffith.edu.au
- WED., FEB. 6 CLUB DINNER MEETING 6.30pm fellowship for 7pm meeting. Guest speaker will be Karyn Walsh of Micah, a community organization committed to social justice. Micah provides a range of support and advocacy services to individuals and families in the belief that every child and adult has the right to a home, an income, healthcare, education, safety, dignity and connection with their community of choice.

The United Service Club has a strict deadline for finalising meals. As it is assumed you will be attending all meetings of the Club unless an apology is received, it is critical that you let Christine Maclean know by telephoning 0407574404 or on email christinemac@gmail.com **by noon on Monday, DECEMBER 3**, if you will not be attending. Christine must also be advised by that deadline of any guests. Any member from whom an apology is not received in time is automatically invoiced for the meal ordered for her (\$41.00).



Caroline Heim and Sally Anne Atkinson present Educational Encouragement Awards at two of the many schools we support each year through these awards.

#### **PRESIDENT'S MESSAGE**

**Dear Club Members** 

It's a cliché, but it is hard to believe that this busy calendar year is drawing to a close.

I want to thank all members for the encouragement and support you have given me to help me undertake this role. It is true that the real privilege of being Club President is a more complete understanding and insight into the many contributions made by members and the spirit of support and service within the Zonta family at all levels.

There are so many who make tremendous contributions to service and fellowship in the Club. We rely on the Zontians who organise our projects and the members who lend a hand and give support. This month, a particular thank you to Judith A. Anderson, Sally Anne Atkinson, Christina Carleton, Elizabeth Clarson, Lea Greenaway, Caroline Heim, Adrienne Irvine, Julie Mannion and Barbara Murray who have presented the Club's Educational Encouragement Awards at local schools.



Jak Vaessen of Agapi Hair & Beauty in Spring Hill was Merryl Ducat's guest at the November meeting. He prepared and donated beautiful gift bags for the women of Windana.

This is the last newsletter for the year. Our newsletter is a pleasure to read every month and provides a quality record of the breadth of our interests and activities. You may not be aware that we provide a copy each month to the Queensland State Library for the John Oxley archives. The Club is indebted to Susan Hocking for writing and editing our newsletter.

Our Christmas dinner meeting will be a celebration of all members' contributions. In keeping with the Club's tradition, there will be music, so come in fine voice. The Club is very lucky and grateful that Rhonda Davidson-Irwin is again organising the musical festivities.

Just a reminder, too, to bring along a food item or gift to make up Christmas hampers that the Club will distribute in December. It is also not too late to donate summer or winter sleepwear for the Windana refuge we support.

Christmas is a time for celebration, for friends and family, faith and reflection. I wish everyone a very happy and peaceful Christmas.

Yours in Zonta

Pamela Deakín

## HAPPY 90<sup>th</sup> BIRTHDAY JOAN GODFREY!

It is with great pleasure that the Club sends its very best birthday wishes to one of our Charter Members, Joan Godfrey, who turns 90 on December 9. It has not been the happiest of years for Joan, particularly following the death of her beloved sister, Aileen, but we want her to know that our thoughts are with her as she celebrates this wonderful achievement - just one of the many in a long and illustrious life. (So much so that when the newsletter editor tried to print out Joan's biography/CV from the Web, it was so extensive that her printer ran out of paper and almost out of ink as well!) Have a happy day Joan and a wonderful year ahead. We look forward to sharing your 100<sup>th</sup> birthday with you, Joan - now won't that be a party!

This is a link to Joan's biography in the





### MALALA POWER BRINGS CHANGE TO PAKISTAN

Members will likely have heard of 15-year-old Pakistani, Malala Yousufuzi, who in October was shot in the head by Taliban in her country for her promotion of girls' right to education.

This remarkably brave young woman continues to recover from her injuries in a hospital in the UK, surrounded by her family, but she has inspired countless people worldwide and as well as reaching far, far outside Pakistan, her courage, passion and her message have brought change already to the women of her homeland – those she most wanted to help.



In a letter to the I AM MALALA website, UN Special Envoy for Global Education, Gordon Brown, noted that because of the overwhelming number of signatories to a petition on behalf of Malala, Pakistan has in late November voted for the first time to introduce free and compulsory education. An estimated three million boys and girls will now receive cash stipends to help them go to school and all political parties are now discussing doubling the education expenditure of Pakistan from 2 per cent to 4 per cent of national income.



"I stopped believing in Santa Claus when I was 6. Mother took me to see him in a department store and he asked for my autograph." Shirley Temple

#### SIXTEEN SPECIAL DAYS FOR REFLECTION AND RESOLVE

On the subject of Malala, it is timely to note that we are currently in the midst of the 16 Days of Activism Against Gender Violence, a period observed since October 1991 and which emerged as a result of the Global Campaign for Women's Human Rights. During the 16 days, the campaign highlights the connections between women, violence and human rights from November 25 through December 10. The period encompasses four significant dates: 25 November, the International Day against Violence Against Women; 1 December, World AIDS Day; 6 December, the anniversary of the 1989 Montreal Massacre, when 14 engineering students were



gunned down at Montreal's Ecole Polytechnique by a gunman shouting "I hate feminists"; and 10 December, Human Rights Day. In the mist of the pre-Christmas frenzy, this could be the ideal time to take a little quiet time for reflection and resolve.

### PAST PRIZEWINNER COMPLETES WORLD'S LARGEST SELF-INJURY SURVEY

If you have ever wondered what becomes of the people who are recipients of the Club's various awards (and the good work they are undertaking), recent news is that Professor Graham Martin, winner of our 2009 Helen Row Zonta International Memorial Prize, has surveyed a representative sample of 12,006 randomly selected Australians to determine the prevalence of self-injury – the world's largest survey of self-harm.

Professor Martin, Professor of Child and Adolescent Psychiatry at the University of Queensland, is also Clinical Director of the Royal Children's Hospital and Health Service District Child and Youth Mental Health Service. His research is dedicated to suicide prevention and he played a formative role in Australia's National Youth Suicide prevention Strategy. He currently chairs Queensland Health's Mental Health promotion and Early Intervention Committee and his main passion is working in the area of self-injury in young people.

The key findings in his latest survey include: the prevalence of self-injury was an alarming 8.1 %; high rates were seen in the 15-19 year age group (females being 16.6% and males 11.6%); males used different methods of self-injury, deliberately hitting a body part against a hard surface or punching, hitting or slapping oneself, while females tended to cut or severely scratch themselves; the most common motivation for self-injury was management of emotions; nearly two-thirds of those who self-injure never ask for help; and only 14% receive medical treatment. To watch the 60 Minutes TV story "The Hidden Epidemic" about self-injury featuring Professor Martin, go to *http://sixtyminutes.ninemsn.com.au/article.aspx?id=8553846* 



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