



ZONTA CLUB

Burdekin Inc

September 2011

BURDEKIN THEATRE



Area 5
Club No 1475
CHARTERED 1.5.1994

President:

Raelene Grantz

Vice President:

Margaret Culpan

Minutes Secretary:

Judy Mitchell

Correspondence Secretary:

Jan Hollingsworth

Treasurer:

Diana Moschen

OMC

Margaret Culpan

LAA

Robyn Haller

SERVICE

Beth Hancock

Meeting Time

6pm for 6.30pm start

YVETTE'S PLACE

The Club meets on the second
Tuesday of each month

(except January)

Postal Address

PO Box 2204
AYR Q 4807

64 countries
1203 clubs
30,000 members

GUEST SPEAKERS

Lyndy McCathie

Abbot Point

Marg Culpan

Phillipines

Hi Ladies

This month of September is already here, and what a busy month for Zonta.

This Tuesday don't forget our dinner meeting we are going to Beth Honeycomb's place for our 2nd pot night of the year. Mary is organizing what everyone is bringing.

Our 2nd information evening will be on Thursday 22nd at Margaret's place.

The Zonta Conference is on the 23-25 of this month. To Janice, Robyn, Rita and Margaret, safe travelling and happy conferencing in Brisbane.

Remember coming events for us, 23rd October- Breast care Cushions and 8th November we will be going to Townsville for our birthday celebrations this year.

I would like to thank everyone who attended the birthing kits, and also Jo, Leith and Karen who prepared the plastic and the string in advance which made our job a lot easier on the day. A big thank also to Kate & Meg Andrews, Deanne, Chloe & Ranae Lewty, Daniella and Carmel Cardillo and Alanna Mills for coming along and giving us a hand. It was great to see some non zontians there and hoping to see them at future functions.

See you all at Beth's house on Tuesday night.

Raelene



ADVANCING THE STATUS OF WOMEN WORLDWIDE

International Website: www.zonta.org District Website: <http://zontadistrict22.org> Club Website: <http://burdekin.zontadistrict22.org>

ATTENDANCE OFFICER Nilda Piotto

Email: lrpiotto@gmail.com or TEXT

Please advise Nilda by 10.00am on FRIDAY if you cannot attend the meeting or will not be staying for the meal.

Fees: Meeting & dinner \$25
Meeting only \$5
Fee if apology received \$5
Fee if no apology made \$25

WHO IS YOUR BUDDY?

Lyndy McCathie	Margaret Culpan
Rita Cranitch	Judy Mitchell
Majella Meehan	Seanne O'Shea
Pierina Dalle Cort	Giovanna Gabiola
Diana Moschen	Karen Clarke
Raelene Grantz	Peta Bird
Robyn Haller	Isabel Stubbs
Jan Hollingsworth	Rosemary Menkens
Mary Lynch	Inez Larson
Leith Kennedy	Janice Micola
Beth Hancock	Nilda Piotto
Ardella Alberts	Beth Honeycombe
Ruth Diehm	Mary Anne Fraser



RAFFLE

Beth Hancock (September)
Jan Hollingsworth (October)
(\$10.00 - \$15.00)

Friendship Officer: Rosemary Menkens
Phone 0439 705 021
Email: burdekin@parliament.qld.gov.au

Please note: Ladies you **MUST** advise Nilda if you cannot attend the meeting or if you are attending but will **NOT** be staying for a meal. You must understand that if you do not advise Nilda you are assumed to be attending and consequently we are charged. We are sorry but this cost must be paid by you.
As our venue is small it is also a seating issue as well.

Thankyou for your understanding.



CLUB BOARD 2011-2012

President: Raelene Grantz

pantrydoor@bigpond.com

Vice President: Margaret Culpan

ken52@bigpond.com.au

Correspondence Secretary: Jan Hollingsworth

janaura@bigpond.net.au

Treasurer: Diana Moschen

dianamoschen@ozxpress.com.au

Minutes Secretary: Judy Mitchell

mitchell.rj@bigpond.com

SERVICE

Chairman: Beth Hancock

gb.hancock@bigpond.com

Isabel Stubbs
Diana Moschen
Rosemary Menkens
Judy Mitchell
Pierina Dalle Cort
Giovanna Gabiola
Peta Bird
Lyndy McCathie

LA & A

Chairman: Robyn Haller

robynh@scorpionjacks.com.au

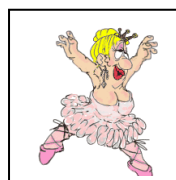
Janice Micola
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Seanne O'Shea
Beth Honeycombe
Ruth Diehm
Ardella Alberts
Mary Lynch
Jan Hollingsworth

OMC

Chairman: Margaret Culpan

ken52@bigpond.com.au

Leith Kennedy
Mary Anne Fraser
Majella Meehan
Inez Larsen
Rita Cranitch
Karen Clarke



Remember this motto to live by: Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well preserved body, but rather to skid in sideways, chocolate in one hand, wine in the other, totally worn out and screaming 'WOOO HOOOOO what a ride!' (Reminds me of an entertainer at a Zonta conference)

CALENDAR 2011 - 2012

June 14th	Changeover Pot Night Lyndy's
July 12th	15 th Lyndy's home re curry preparation 5.15pm – <i>bring crockpot</i> 16 th Taste of the Burdekin 22 nd & 29 th CORES Charity Bowls – LAA 22/7 28 th Information Night
August	4 th LAA Committee at Mary's home 5 th & 7 th CORES Charity Bowls 9 th monthly meeting 17 th OMC meeting 21 st Birthing kits
September	1 st LAA Committee at Mary's home 13th POT NIGHT AT BETH HONEYCOMBE'S (monthly meeting) 21st OMC Meeting 22nd September Information Night @ 9 Hillcrest Place Marg Culpan's 23 rd – 25 th District 22 Conference Novotel Brisbane
October	6 th LAA Committee at Mary's home 11 th monthly meeting guest speaker from overseas 19 th OMC Meeting 24 th United Nations Day 23 rd Breast Care Cushions/Drainage Bags/Care Packs/Comfort Packs
November	3 rd LAA Committee at Mary's home 8 th monthly meeting/ZI International Birthday Townsville Club 16 th OMC Meeting
December	3 rd Christmas Party?
January 2012	11 th Amelia Earhart Day 26 th Driver Reviver
February	2 nd LAA Committee at Mary's home 14 th monthly meeting 15 th OMC Committee Health Expo? 14 th Planning Night - Pizza
March	1 st LAA Committee at Mary's home 8 th IWD/8 th Yellow Rose Day Burdekin Woman of Achievement Award 13 th monthly meeting 21 st OMC Committee Annual Fees Due
April	5 th LAA Committee at Mary's home 10 th monthly meeting 18 th OMC Committee 25 th Anzac Day – book presented Pot night
May 8th	1 st Club birthday (18 years old) 3 rd LAA Committee at Mary's home 8 th monthly meeting 20 th OMC Committee AGM/Board inducted Biggest Morning Tea

Please advise Robyn (robynh@scorpionjacks.com.au) with any alterations, additions or suggestions

August 2011

Dear Zontians,

As we have passed the first year of the biennium, we would like to share a short update regarding Zonta International and the Zonta International Foundation. Let us please start by thanking you all for the large efforts and all your work initiating, conducting and implementing processes and strategies to fulfill our mission: *Advancing the status of women worldwide.*

A report, summarizing the information received through the governors' reports to the Board, has been prepared and can be downloaded from the website via the link below. <http://www.zonta.org/MidBiennialReport.aspx>
We have divided the report in four sections:

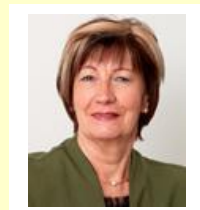
- a. Focus on our mission: Service and Advocacy
- b. Membership
- c. Communication, meetings, conferences
- d. Towards our centennial anniversary

We hope that you find the information provided useful and that it helps you to continue catalysing your district efforts to achieve our mission.

Respectfully submitted by,
María José Landeira Østergård
ZI/ZIF Vice President 2010-2012
Krattholmsvej 8
2830 Virum - DENMARK
H: +45 4585 1944, Mobile: +45 2275 4420
oestergaard.zonta@gmail.com
skype address: maria.jose.zonta



Beryl McMillan
ZI/ZIF Director 2009-2012
307/598 St. Kilda Road
Melbourne Victoria 3004, AUSTRALIA
H: +61-3-9525-0884, Mobile +61-418-388-738
berylmcm@gmail.com
skype address: berylmcmillan1



a. Focus on our Mission: Advancing the Status of Women Worldwide

All districts except for 3 have biennial goals focusing on our mission. Furthermore, approximately half of the districts have developed strategic plans to achieve those goals. Other districts have adopted Zonta International's Strategic Plan for the district. Furthermore, all districts have specific Foundation goals. All districts have UN and Legislative Awareness and Advocacy initiatives. In addition, the European districts work in close contact with the Council of Europe. The work of the International UN Committee has been strengthened significantly during this first year of the biennium and the information level intensified. **The theme of the Commission on the Status of Women (CSW) 55 in February was "Access and participation of women and girls to education, training, science and technology, including for the promotion of women's equal access to full employment and decent work"**. Zonta International participated very actively in this meeting, including conducting a workshop on the Amelia Earhart Fellowship.

It is pleasing to note that there has been an increase in advocacy initiatives across many districts. Members of the community have been invited to seminars and panel discussions, involving experts on the topics of human trafficking, domestic violence, women's policy and other issues affecting women. In some districts, there is a strong link between education, service and advocacy activities. For example, following hearing at a club meeting from a victim of domestic violence, one club conducted a public awareness seminar about the topic as an advocacy activity, then commenced a service activity collecting personal items and clothing to give to a domestic violence shelter for distribution to women who have fled their homes with nothing but the clothes they were wearing. Others conduct mentoring programs for women in homeless shelters, or women preparing to return to the community after a time in prison.

The two interdistrict seminars in North America "Building a Better Zonta" and Europe "Keep up women's rights! Enhancing Zonta's ability to improve the status of women in the future" focused through several workshops, among other issues, on advocacy, Zonta's identity, leadership, membership, public relations and visibility. Information about the seminars can be found on our website.

Please remind clubs that the Zonta website has tools for both service and advocacy activities. Most districts have sent candidates for the Amelia Earhart Fellowship, Jane M. Klausman Women in Business Scholarship and Young Women in Public Affairs Award. Among them, 36 candidates from 17 countries have received the Amelia Earhart Fellowship and 31 candidates from 20 countries the Young Women in Public Affairs Award. And we are looking forward to receiving district candidate applications for the Jane M. Klausman Scholarship.

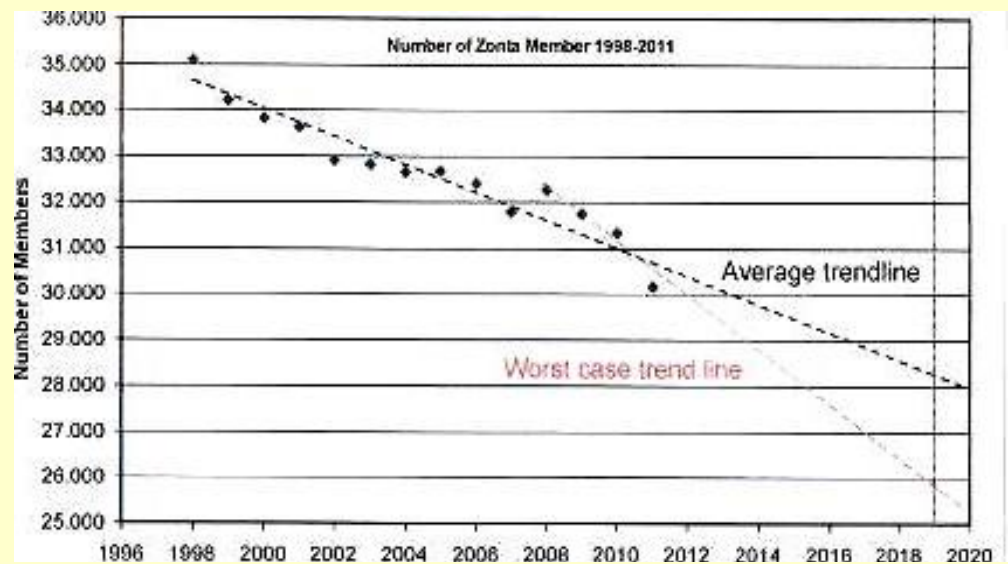
Donations to Zonta International Foundation have been wonderful in this first half of the biennium. Contributions from individual Zontians in all districts have been received. Comparison with contributions at the same time in the previous biennium show a total amount of 416,437,46 USD (2% increase) donated by a total of 2292 individuals (3% increase). Furthermore, the amount donated by clubs is US \$1,553,626,58 (30% increase) donated by 646 clubs (10% increase). This is a fantastic result! Let us please acknowledge your efforts as governor, and the efforts of the foundation ambassadors and all individuals and clubs that have contributed to these excellent results.

b. Membership

Although many efforts have been reported since the beginning of the biennium, the results so far are very discouraging. The figure below shows the number of members since 1998 and the predictions for membership in 2019, our centennial anniversary. If this trend continues, we face continued membership decline or an even worst case scenario where our membership numbers decline even more dramatically.

Number of Zonta Members
1998-2011
34,000 to 25,000

We are aware that the membership figures provided by Headquarters rarely match the ones in possession of the governor. This is due to the fact that the numbers from Headquarters reflect the members that have paid their dues and have not resigned during the period reporting. There is always a



delay between the time a club announces to the governor the membership data, and when the payments and lists are processed at Headquarters. We are working hard to minimize this gap, but for the present, if the numbers included in the data given to you do not match your numbers, please consider the reason given for it.

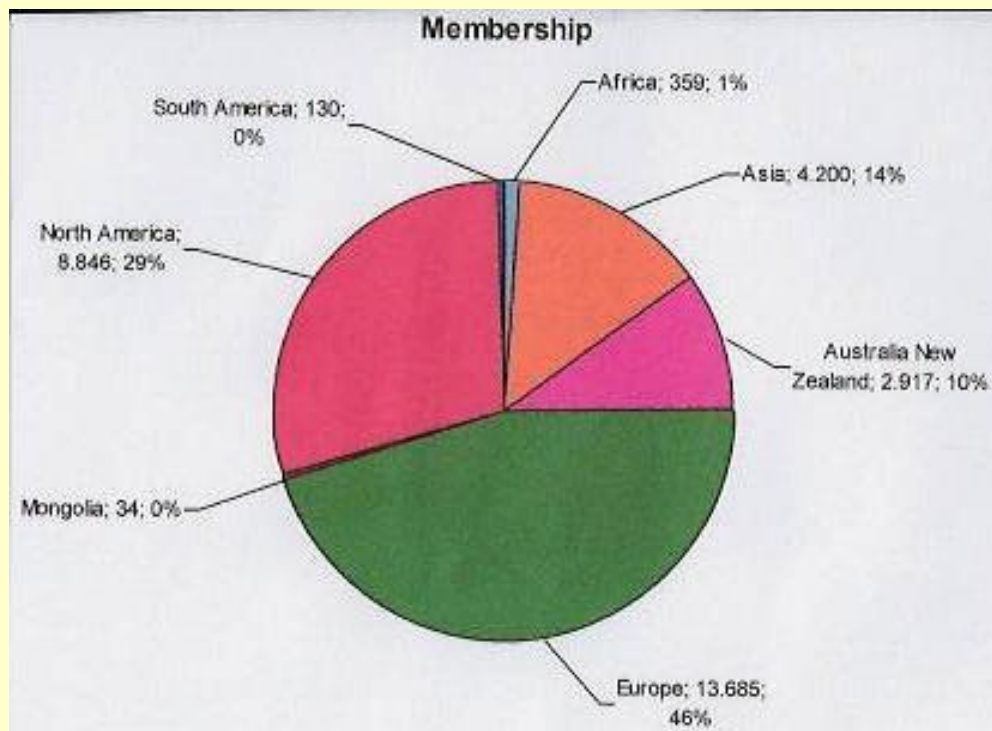
From 31 May (in the very near future), corresponding to a net loss of 7 clubs.

Total net loss of 1,183 members in the first year of the biennium:

- Africa: loss of 30 members, 8%
- Asia: loss of 41 members, 1%, though an increase in D25 and D31
- Australia & New Zealand: loss of 173 members, 6%, though an increase in D24.
- Europe: loss of 329 members, 2.4%
- North America: loss of 624 members, 7%

Net gain in membership in South America: +15 members, 11%

- ❖ Approximately 29% of membership is in North America, 45% in Europe, 14% in Asia, 10% in Australia & New Zealand, 1% in Africa and less than 1% in South America.
- ❖ The average membership per district is 1,711 in Europe, 680 in North America, 840 in Asia, 729 in Australia & New Zealand, 359 in Africa.
- ❖ There are plans for establishing 59+ new clubs, 45+ Z clubs and 13+ Golden Z clubs
- ❖ Only D12, D14, D24, D25 and D31 show membership growth in this first year of the biennium.



Although the strategies that work in one district might not work in another, we would like to share some of the practices that have given success to those districts:

- A membership thermometer presented on the district website with the goal and the actual number.
- The club board ensures that all members understand that membership growth is every member's responsibility.
- All club members participate in recruiting and inviting potential members to the monthly meeting.
- All new members receive ZI and ZIF orientation and have a mentor.
- The clubs have active OMC committees which, among other tasks, survey membership and determine member satisfaction and priorities.
- The clubs have a clear, written membership application process and use it.
- Follow-up is done with members who miss meetings and with those who did not renew their membership to understand their concerns.

c. Communication, meetings, conferences

Most governors communicate through newsletters and e-mail. The number of newsletters differs from district to district but it is worth noting, that several districts have started communicating through a monthly newsletter. One of our primary jobs is to make Zonta well known and recognized for its accomplishments. If we succeed in this effort, it will be easier to gain new members and local support. We must persevere in working with the media. It is great to review the different webpages and see the improvements. Some districts have renewed completely the district website, updated district manuals and facilitated the use of internet communication. Although most districts try to get information to the world through newspapers, in the radio etc, difficulties are reported by many governors. It is a hard job to get the Zonta word out, and perseverance is needed. Several districts have held area meetings, area workshops and even district conferences. Many hours of work have been expended to strengthen bonds among members and focus on our mission.

d. Towards our centennial anniversary (2019)

Most districts have already initiated planning and/or activities regarding our centennial anniversary. Some districts are intending to have a single, large celebration, whilst others are thinking of a series of events. To date, historians, archivists or archivist/historians have been appointed in 20 districts, or are in the process of being appointed. It is proposed that a Centennial History book will include material (words and pictures) from each district.



HOT TO TROT CHURCH CURRY FOR THE MASSES

Per kind favour Member for Burdekin Rosemary Menkens MLA



4 kg diced chuck steak or other stewing steak
12 large onions
½ dozen cloves of garlic or ¼ bottle of prepared garlic
salt – about 2 tabs – to taste
¾ bottle tomato sauce
1 tin Keens Curry Powder– (approx 5cm high size) - or other variety
½ cup Worcestershire sauce
fish sauce or oyster sauce is an optional addition
12 carrots
1 bunch celery

3 or 4 capsicums
1 packet surprise peas
Herbs – rosemary, basil oregano
Sugar to taste – at least ½ cup
Black pepper
bird's eye chillies or prepared chilli mix according to taste
1 packet of cornflour for thickening (need usually about ¾ of the packet)

Brown onion, garlic and curry powder, followed by the meat in oil in base of large boiler. Cover meat with water and sauces and simmer until tender about 1 ½ to 2 hours. Add diced vegetables herbs etc and cook for further ½ hour or more until vegetables tender. Thicken with cornflour and water.

Alternative cooking method.

After browning onion, garlic and curry powder and then meat, add all ingredients to a slow cooker for cooking overnight. Note – can be flexible with vegetables with whatever is available. Turnip, parsnip etc are surprisingly good, and I have also added pumpkin and potato. Provided there are plenty of spice flavours and garlic, the vegetable content can add to the flavour.

CHAIRMAN REPORTS

OMC Chair Marg Culpan

There is another information night on 22nd September at my house 9 Hillcrest Place where the remaining invitees who couldn't make it to the previous one are invited to attend. The OMC members are to be there if possible and the nominators of the invitees to round off the numbers. Anyone else in the club who would like to come are welcome.

LAA Chair Robyn Haller

Present: Mary, Jan (briefly) Robyn

Apologies: Nilda, Beth, Janice, Ardella, Ruth

Mary will organise the pot night to be held at Beth Honeycombe's home. Nilda has advised Yvette. We talked briefly about the October meeting which will be our International Night but nothing was finalised. Beth has contacted Carmel Dal Ponte and she is available as a guest speaker for October on her journey to Kilimanjaro. Logo has been produced by Lyn Hodder and we can simply drop in our shirt and Lyn will bill the club. Banner design has been done by Marissa Candy of The Marketing Factory for nil cost as a personal favour to me. (her old boss). I will try to obtain a better price from Burdekin Printers as they do not have to do the artwork. We talked about the Christmas Party and it was felt that maybe a trip to Townsville this year would be a nice change. I will investigate Osmans a Turkish restaurant but we are open to all suggestions. Mary and I will shortly start on our Archives.

HEALTH TIP

Ovarian Cancer Watch for these signs -

- Pelvic or abdominal pain or discomfort;
- Vague but persistent gastrointestinal upsets such as gas, nausea, and indigestion;
- Frequency and/or urgency of urination in the absence of an infection;
- Unexplained weight gain or weight loss;
- Pelvic and/or abdominal swelling, bloating and/or feeling of fullness;
- Ongoing unusual fatigue;
- Unexplained changes in bowel habits.
- If symptoms persist for more than 2 weeks, ask your doctor for a combination pelvic/rectal exam, CA-125 blood test, and trans-vaginal ultrasound.

Birthing Kits Busy Bees



Girls hard at work packing 1000 kits which are going off to Sudan.



Lyndy McCathie, President Raelene Grantz, Deanne Lewty (mother), Diana Moschen and Pierina Dalle Cort all looking very efficient.

Our mission on August 21st was to pack 1000 birthing kits for Sudan . We had 10 zontians, 2 students from the Youth Council who were from ASHS, 2 more students from ASHS, 2 students from BCH and 2 Mums. Apart from feeling the satisfaction of helping those women less fortunate than ourselves, we enjoyed each other's company and a yummy morning tea. Thankyou to those of you who brought along food, a necessary evil! It was lovely to have the students there and we did appreciate their help. Jo, Leith and Karen cut up the plastic and string before hand and saved us so much time. Thankyou to everyone who made this year's assembly the success it was.



Mary Lynch and Peta Bird kept us amused, especially Mary trying to understand Diana with her Argentinian accent. Cadiz – cadets?? It was hilarious.



Left: Kate and Meg Andrews and Chloe Lewty working with our Zontians.



Right: Renae Lewty, Alanna Mills and Chloe Lewty enjoying their morning tea.



Judy Mitchell was a picture of concentration showing the Lewty ladies how it was done..

Right: Karen Clarke, Isabel Stubbs, Daniella Cardillo and her mum Carmel



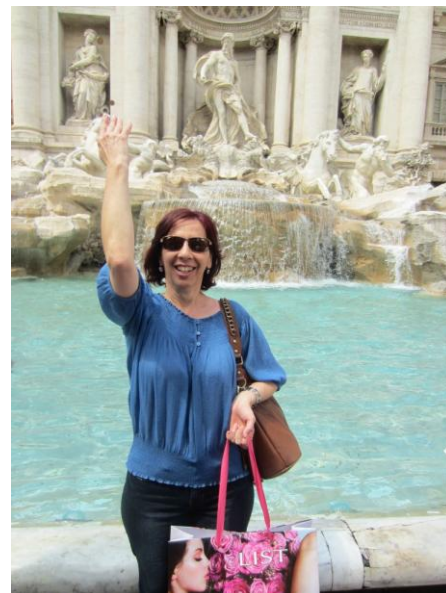
As of 2009, a total of 20 African countries and 13 countries that receive immigrants from countries where Female Genital Mutilation/Cutting is practiced **have enacted laws criminalising FGM/C**. In Nigeria, Australia and the United States, several states have enacted legislation on FGM/C. In Sudan, the states of South Kordofan and Gedaref have enacted such legislation. In several countries, mostly in Europe (e.g., France), FGM/C can be prosecuted under general criminal legislation provisions in the Penal Code.

Want to read the whole article? Go to ZI Home page; click on "New Tools for Club & District Historians" then click on left hand side "LAA Tools" then under CEDAW 2010-2012 fourth line "Legislative Reform to Support the Abandonment of FMG/C (UNICEF)"

a little light relief

My trip to Italy 2011

I left Townsville on the 23rd July 2011 and was away for 4 weeks. From Townsville I flew to Brisbane to catch my flight to Venice. After a 14 hour flight I arrived in Dubai where I had a connecting flight (another 6 hours!) to Venice. I arrived in Venice very excited but also very tired from the long journey. The weather on arrival in Venice was cold, windy and raining- it was supposed to be summer? I somehow managed to find my way to the centre of Venice where all I had to do was find my hotel. Yeah right! As you can imagine not an easy feat in Venice as there are so many lanes and alley ways that intertwine the city. After asking several locals for directions and no one being able to help me I just wandered through the city studying my map and *pretending* like I knew where I was going. I eventually gave up and stopped at the rear of a restaurant and asked someone for directions. Thank goodness this lovely man knew the hotel and he actually accompanied me right to the front door of the hotel. I was so relieved that I thanked him profusely and in true Italian style he kissed me -on the cheeks of course. Even though this is my third time to Venice I still find this city captivating and full of charm. I love to listen to the locals talk and go about their daily business and love just strolling and listening to the music being played in the piazza. There is so much to see and do. This time around together with my son Mark we went to see the Doge's Castle (Palazzo Ducale) which is a fascinating place. Not only is the architecture amazing but also the history of how the important and powerful people of the time governed Venice. This castle has rooms filled with beautiful art, and massive marble sculptures that surround the courtyard. You can't help but wonder how centuries ago people with limited resources could have constructed such large and ornate buildings.



After Venice we travelled north to Castelfranco in the Veneto region. My father was born in a small rural town called Loria. Most of his family still live there and it was lovely to catch up with them and to introduce them to my son Mark. It was especially interesting seeing my spritely 84 year old Aunt who still lives in the 'Piotto' house -this is the house where my father and his father were born. She told us some interesting family stories. About 15 minutes from Loria is a beautiful town called Bassano. This is where the world famous Nardini Grappa is made and of course you can't visit Bassano without sampling some grappa-not too much of course!

From Venice we travelled to Florence-another beautiful city. Here we visited the Galleria dell 'Accademia where the statue of David resides. I stood in front of David and was in awe at the sheer size, beauty and detail of this great work of art. There were so many marble sculptures of many once famous people and again I was in awe at how the sculptor was able to capture the personality of each of his subjects.



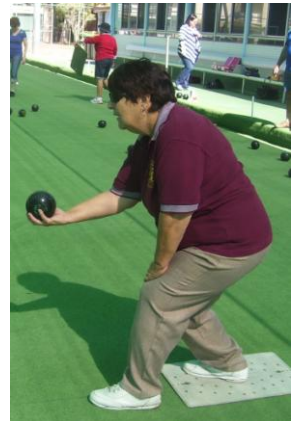
From Florence it was onto Rome where I threw a coin or maybe two in the Trevi Fountain. Then onto Sicily, where we caught up with more relatives as my mother was born in Fuimefreddo di Sicilia. There is so much to see and do in Sicily and you are never far from a beach. Being summer everyone goes to the beach. The Sicilians know how to eat well and enjoy the long summer days. A must in Sicily is an afternoon siesta which is a hard habit to break when the holiday is over and one must return to work! Etna even put on a show for us while we were in Sicily. We watched in fascination from our bedroom balcony as the volcano exploded and sent bright red lava spewing down the mountain. Against the dark of night it was a truly amazing sight. On our trip we visited lots

of churches and saw so many famous art works, visited beautiful and ancient cities, ate way too much pasta, and drank lots of coffee. More importantly we had lots of laughs and it was good to meet and connect with our Italian family. Both Mark and I agreed that while Italy is a beautiful country, there is no place like home and I was certainly glad to get home. Mark is continuing his journey and is now in France.

Lyndy: Last month I had the pleasure of taking my 8 year old granddaughter to Sydney for 3 days. We had a visit to the zoo, sightseeing around the city and the highlight was to go and see Mary Poppins. Not only was the show absolutely brilliant, to see Sydney through the eyes of an 8 year old is very special. We had a very memorable trip. If any Zontians ever have the opportunity to see Mary Poppins don't pass it up.



Rosemary Menkens (above) and Jan Hollingsworth show us their style at the Cores Bowling Challenge. Where was your photo Raelene?



It was the 10th anniversary of the great Boulia to Winton camel ride by these intrepid ladies, Joan Heatley, Majella Meehan, Rosemary Menkens and Pauline Cox aka The Cattle Queens. Resplendent in their Burdekin Zonta "fly chasing" straw hats they gathered at Joan's place to relive the wonderful memories. Joan told me one tale of having a shower in the hessian surround at the end of a long day when a camel's head suddenly appeared over the top looking for a drink! She fell in love with them.

*There once were some ladies from Zonta
Of camels were growing quite fonder
They hopped on their back
Came down with a whack
And couldn't stay on any longer*

Zonta International Board

Zonta International is led by four democratically-elected officers and seven elected International Directors who make up the Zonta International Board. Board members are elected by ballot vote at the biennial convention and take office at the close of the convention. It is the role of the Zonta International Board to determine policy and provide general oversight of Zonta International; the role of Zonta International Headquarters staff is to implement that policy. |



President: Dianne Curtis USA; President-Elect Lynn Williams NZ; Vice President Maria Jose Lendeira Oestergaard Denmark; Secretary/Treasurer Ellen Kara USA; Directors: Suzanne Von Bassewitz Germany; Jacqueline Beaudry USA; Kathleen Douglas Canada; Kikuko Hara Japan; Beryl McMillan Australia; Kirsi Nickels Finland; Sonja Honig Schough Sweden.