

# **Burdekin Inc JUNE 2011**

**CLARE WEIR** 



Area 5 Club No 1475 **CHARTERED 10.5.1994** 

#### President:

Raelene Grantz Vice President: Margaret Culpan Minutes Secretary: Judy Mitchell Correspondence Secretary: Jan Hollingsworth Treasurer: Diana Moschen

**OMC** Margaret Culpan LAA Robyn Haller **SERVICE** Beth Hancock

#### **Meeting Time** 6pm for 6.30pm start YVETTE'S PLACE

The Club meets on the second Tuesday of each month (except January) Postal Address PO Box 2204 AYR Q 4807



65 countries 1200 clubs 31,000 members

## Hi Ladies

Firstly may I extend a big welcome to our 6 new members, Ardella, Judy, Inez, Isabel, Nilda and Seanne.

Our June meeting is our 1st pot night of the year. Looking forward to a busy year ahead. It's a treat to hear that all the committees have met, with some very positive things coming out of them.

Our 1st function of the year will be "Taste of the Burdekin", Saturday 16th July. So come on ladies lets all get together and have fun with our curry. Details from Beth and her committee at the June meeting.

Don't forget ladies to read the monthly newsletter, it's a great source of information for everyone. And don't forget to get in touch with your buddy.

See you all at Lyndy's place for our June meeting. Don't forget to contact Robyn and let her know what you will be bringing on the night.

Yours in Zonta

Raelene



ADVANCING THE STATUS OF WOMEN WORLDWIDE

International Website: <a href="http://zontadistrict22.org">www.zonta.org</a> District Website: <a href="http://zontadistrict22.org">http://zontadistrict22.org</a> Club Website: <a href="http://burdekin.zontadistrict22.org">http://zontadistrict22.org</a> Club Website: <a href="http://burdekin.zontadistrict22.org">http://burdekin.zontadistrict22.org</a>

# ATTENDANCE OFFICER Nilda Piotto Phone 4783 5648

Please advise Nilda by 10.00am on FRIDAY if you cannot attend the meeting or will not be staying for the meal.

Fees: Meeting & dinner \$25

Meeting only \$5

Fee if apology received \$5 Fee if no apology made \$25





Giovanna Gabiola (June) Raelene Grantz (July) (value \$10.00 - \$15.00)

#### WHO IS YOUR BUDDY?

Lyndy McCathie Margaret Culpan Judy Mitchell Rita Cranitch Majella Meehan Seanne O'Shea Pierina Dalle Cort Giovanna Gabiola Diana Moschen Karen Clarke Raelene Grantz Peta Bird Robyn Haller Isabel Stubbs Jan Hollingsworth Rosemary Menkens Mary Lynch Inez Larson Leith Kennedy Janice Micola

Beth Hancock Nilda Piotto
Ardella Alberts Beth Honeycombe
Ruth Diehm Mary Anne Fraser

Happy Birthday to our June ladies Ruth, Giovanna, Mary, Majella and Nilda



#### **CLUB BOARD 2011-2012**

**President: Raelene Grantz** 

pantrydoor@bigpond.com

Vice President: Margaret Culpan Correspondence S

ken52@bigpond.com.au

**Treasurer: Diana Moschen** 

dianamoschen@ozxpress.com.au

**Correspondence Secretary: Jan Hollingsworth** 

janaura@bigpond.net.au

**Minutes Secretary: Judy Mitchell** 

mitchell.rj@bigpond.com

#### **SERVICE**

**Chairman: Beth Hancock** 

gb.hancock@bigpond.com

Isabel Stubbs
Diana Moschen
Rosemary Menkens
Judy Mitchell
Pierina Dalle Cort
Giovanna Gabiola

Peta Bird

Lyndy McCathie

#### LA & A

Chairman: Robyn Haller

robynh@scorpionjacks.com.au

Janice Micola
Nilda Piotto
Seanne O'Shea
Beth Honeycombe
Ruth Diehm
Ardella Alberts
Mary Lynch
Jan Hollingsworth

#### OMC

**Chairman: Margaret Culpan** 

ken52@bigpond.com.au

Leith Kennedy Mary Anne Fraser Majella Meehan Inez Larsen Rita Cranitch Karen Clarke

#### 11 Empowering Ways to Strengthen Your Brain

#### 3. Learn a skill

Stimulates: The intraparietal sulcus, which directs hand-eye coordination

Why: At Oxford University, researchers taught 24 people to juggle and found that after six weeks this region had a higher density of white matter (the fibres that let neurons communicate). Any novel activity that is practiced intently, such as tennis or guitar playing, will likely have this effect, says study author Heidi Johansen-Berg.

# **CALENDAR 2011 - 2012**

June 14th	Changeover Pot Night Lyndy's
July 12th	16 <sup>th</sup> Taste of the Burdekin
August 9th	Charity Bowls?
	21 <sup>st</sup> Birthing kits
September 13th	8 <sup>th</sup> Int Literacy Day
	21 <sup>st</sup> Int Day of Peace
	22 <sup>nd</sup> – 25 <sup>th</sup> District 22 Conference Novotel Brisbane
	10 pin bowling?
October 11th	15 <sup>th</sup> Int Day of Rural Women
	24 <sup>th</sup> United Nations Day
	Breast Care Cushions/Drain Bags/Care Packs?
November 8th	8 <sup>th</sup> ZI International Birthday
	25 <sup>th</sup> Int Day for the elimination of violence against womer
	(White Ribbon Day)
	Inductions?
December 13th	1 <sup>st</sup> World Aids Day
	3 <sup>rd</sup> Christmas Party?
	10 <sup>th</sup> Human Rights Day
January 2012	
February 14th	
March 13th	
April 10th	
May 9th	Club binth dow
May 8th	Club birthday; AGM;
	Board inducted
	Dourd Madelea

Please advise Ruth (jrdiehm@bigpond.com) with any alterations, additions or suggestions

# ZONTA INTERNATIONAL Service Program 2008-2010 + 2010-2012 Prevention of Mother-to-Child Transmission (PMTCT) of HIV in Rwanda UNICEF US\$600,000 2008-2010 & US\$500,000 2010-2012 Final Report: December 2008 – December 2010

#### **PROJECT SUMMARY**

In Rwanda, 22,200 children are HIV positive; 90% of those children living with HIV contracted the virus during pregnancy, childbirth or breastfeeding. Almost all of these cases could have been prevented if the mother had access to proper medical treatment. The goal of this project is to prevent mother-to-child transmission of HIV by providing health care, prenatal and obstetrical services, and links to reproductive health programs, nutritional support, psychosocial services and income-generating activities to HIV - positive mothers



UNICEF supported the provision of comprehensive PMTCT services in 20 sites, with the following results reported from January 2009 to August 2010: A total of 28,889 pregnant women received prenatal services in UNICEF-supported sites. 98% of them were counseled and tested.

#### **EXPRESSION OF THANKS**

The U.S. Fund for UNICEF, UNICEF Rwanda, the Ministry of Health and its major partners in the area of HIV and children, including government institutions and civil society organizations, are grateful for the support provided by ZONTA INTERNATIONAL to reach an HIV-free generation in Rwanda. The U.S. Fund for UNICEF thanks ZONTA INTERNATIONAL for its continued commitment during the 2010-2012 Biennium to fund the Prevention of Motherto-Child Transmission of HIV and Gender-Based Violence in Rwanda and looks forward to the success of the project and the ongoing partnership between ZONTA INTERNATIONAL and UNICEF.

### **Combating HIV Transmission in Rwanda**

By Sam Nkurunziza December 2010:

It has been a decade now since a joint program to prevent the transmission of HIV from mother to child was introduced at Muhura Health Centre in eastern Rwanda. And the results have been impressive.

At the health center where hundreds of couples turn up every month to receive counseling and antiretroviral, both residents and health workers admit that a significant change has taken place. "When the program started 10 years ago, it was mostly women who were conscious about spreading HIV to their unborn children. Now the trend has changed and men are also concerned," explains Marie Clair Uwimana, a health worker at the clinic. She attributes the change to a family based approach where partners are helped to understand the importance of knowing their HIV status along with other important issues such as breastfeeding, nutrition, immunization and family planning. Uwimana explains that community health education also helps to create awareness, emphasizing that the more educated parents are, the less likely it is that their children will contract HIV.

Gad Rwamungu, a 50 year old male, is married to 47 year old Jeannette Kibukayire. They are the parents of six children. But unlike his wife and their children, Rwamungu is HIV positive. He regrets that had it not been his repeated cheating on the wife, he would not have contracted HIV and would be a happily married man. "But when I learned that I was HIV positive after the birth of our last child seven years ago, I agreed with my wife never to engage in unprotected sexual intercourse." "We have even talked about HIV with the children and there is absolutely no problem. What we have learned at this clinic, all married couples should know about," he continues. "If other couples elsewhere follow suit, future generations will benefit around the world," he adds.

In Rwanda, available statistics show that over 300,000 people live with HIV. Rwanda's Government has taken a very aggressive stance to preventing, caring and treating people living HIV and with the support of UNICEF has been able to model a comprehensive approach to PMTCT in seven health centers around the country.

#### **CLUB BOARD RESPONSIBILITIES**

- Develop coordinated goals and monitor progress towards their achievement
- Supervise the affairs of the club between meetings, without conflict and with club actions
- Recommend, but not determine, policy, projects and donations for adoption by the club
- Disseminate Zonta International programme information to all club members
- Encourage support of Zonta International and district biennial goals, including the encouragement of club and individual contributions to the Zonta International Foundation funds
- Approve appointments of committee chairmen submitted by the president
- Receive reports of the committees
- Review financial reports comparing actual versus budgeted income and expense
- Review and approve all individuals proposed for club membership
- Evaluate unexcused absences and member resignations
- Approve leave of absence for a specific period of time
- Fill vacancies in any office except that of president
- Consider the budget (s) and present them to the membership for adoption
- Ensure that the club fulfils its legal liabilities in the country, province or state and local governmental unit where it is constituted
- Ensure that club bylaws are updated and aligned with ZI Bylaws and also fulfil the legal requirements in the country, province or state and local governmental unit where it is constituted
- Maintain a policy book (see duties of recording secretary in this section)
- Consider awarding club honorary membership to people who have demonstrated distinguished service outside Zonta

#### **LEONILDA PIOTTO**



My name is LeoNilda Piotto (Nilda) and I am the daughter of Otto and Angela. I am a first generation Australian, born and bred in the Burdekin and speaking fluent Italian. I grew up on a sugar cane farm in Clare with my three younger sisters.

When I was married I moved to a farm on Bapty Road Home Hill. Then came the big move to Ayr where we purchased a small business. The business was sold after the divorce in 2005.

My 3 children are Mark 26 who is an occupational therapist currently working in the UK, David 23 who has deferred uni and is currently seeking employment where he lives in Townsville as does Danielle 20, who is studying Education at James Cook University.

I am currently employed at Medicare Australia. In my past employment I have been a record bar manager, sales, barista, worked for a member of parliament, and pharmacy dispensary technician. I've completed a Certificate II in business, Certificate IV in community pharmacy, Real Estate course; CQU Steps program which when completed gave me entry into CQU.

When my children were younger I was an active member of the P & C of both St Francis Primary School and BCHS. I was secretary of the BCHS P & C as well as club secretary for the St Francis Soccer club where I also coached my son's under 8 soccer team. I was also a founding committee member of the Ayr C & K Kindy. For the past 15 years I've been a Friend of the Theatre.

Reading, live theatre, movies and music are some of my interests. I enjoy paddling with the Dragons Abreast when I get the chance.

I look forward to being an active member of the Burdekin Zonta.

#### **INEZ LARSEN**



My name is Inez Larsen and my husband Pat and I have lived in the Burdekin for almost 25 years . Prior to moving to the Burdekin we resided in Innisfail. We were both employees of CSR Sugar and when Goondi Mill, near Innisfail, closed the company offered us fulltime position at Kalamia Mill. Pat and I lived in Newcastle for 3 years and Penang Malaysia for 2

years. Members of our families still reside in Innisfail. Both of my parents were born in northern Italy, migrated to Australia as children and settled in Innisfail.

I am currently employed by Sucrogen and have worked in a number of different positions within the company. My most recent roles are – site accountant at Pioneer Mill, Payroll Services Manager for CSR Sugar and currently, IR/ER Advisor – Senior.

In my "youth" (which was many years ago), I played a number of different sports and enjoyed athletics. Tennis is one sport I really enjoyed and am now a keen spectator of the sport. Pat and I have travelled to the Australian Tennis Open in Melbourne a number of times.

I have had little time for hobbies with a fairly heavy workload in my various roles and I have completed my studies as an external student. I have successfully completed an Associate Diploma in Commerce and an MBA – Human Resources. I enjoy reading, listening to music, going to a movie and cooking. I have recently completed a volunteer adult literacy and numeracy course and at the moment I am tutoring two ESL students which I am finding most rewarding.

I am looking forward to being a member of Zonta International District 22 and hope to be able to make some small contribution towards advancing the status of women.

#### JUDY MITCHELL



I am a Townsville girl since 1959, but have also lived in Childers, Gordonvale, Townsville and Hughenden before moving to Ayr. I'm one of seven children and have five sisters and one brother.

I attended St Patrick's College in Townsville and then went to the Townsville College of Advanced Education (now part of James Cook University) where I completed a Diploma of Teaching and began teaching at Aitkenvale State School in 1980. I have worked at Ayr State School since 1984, teaching mainly Year 7.

I married Robert in 1980 and have two boys – Chris who is a Pharmacist and Matt who is a Physiotherapist.

My interests include patchwork sewing, exercise, especially running and staying healthy. Last year my younger sister and I ran in the City to Surf Race in Sydney, along with 75,000 others and we intend to do the run again later this year. So I am busy training at the moment as the 10<sup>th</sup> Anniversary of the Burdekin Sugar Rush Running Festival is on in May.

Rob and I also enjoy travelling and trekking overseas (or anywhere really) and in 2008 we visited Nepal and trekked to Everest Base Camp. This year in June/July, we are going to South America visiting the Amazon Jungle, Machu Picchu and trekking in the Andes. On the local scene, the Northern Territory is the only State in Australia we have not visited and that is on our agenda to do once we retire from Education Queensland in a couple of years.

#### RITA CRANITCH - President's Report for year ending May 2011

It is with pleasure I present the president's report for 2010 – 2011 ZONTA Year. Last year's image was a steamboat but this year the image would be a sailboat. As a club and especially the Board, we have been able to relax after the efforts of the previous year. Each of us have come to appreciate the value of committee meetings and even if at times circumstances worked against regular meetings, I congratulate the committee chairs for perservering.

The theme for the area workshop was based on 'lessons from geese' and many of these lessons are ones we are already learning.

Firstly, a clear direction: our planning meetings at the beginning of each year have been successful in providing this. As every member has the opportunity to contribute to this planning we know the final activities will be well supported by all members and therefore have an excellent chance of success.

I believe we are all more aware of ZONTA goals and ways we can best meet them at local and global levels. We do need to maintain our ongoing education and make good use of our handbooks when in doubt.

Communicate: Everyone needs to know what is happening and therefore work together in harmony for success. Again, I make mention in gratitude of the Committee chairs, Raelene, Karen, Mary and Peta for their contact with committee members and for their reports to Robyn for the Newsletter. Many thanks to Robyn, our Newsletter Editor, for an informative newsletter. She probably has the most difficult task of trying to meet her own deadline with late contributions from errant members such as I. To Ruth who perservered as Minutes Secretary to provide us with details of our meetings so absent members were always up to date. Thanks to Leith for her role as Correspondence Secretary and for her success in keeping us informed of correspondence received and dealt with all outgoing correspondence. We now have a major increase in correspondence by email.

Lastly co-operation; we need to work together and share ideas and opinions openly and honestly if we are to function effectively. At times during the year some of us have been unable, due to family commitments or health to fulfill our roles within the club and it was at these times when fellow members have stepped in and helped out. No big fuss, it just happened. Again I feel this is due to the camaraderie that develops from attendance at committee meetings.

Committee meetings are also the idea venue in which each member can clarify their understanding of how the club is functioning and express their views and opinions which are then presented at Board level for direction setting. Our club meetings are an affirmation or negation of suggestions/decisions made at Board level but either presented or fully discussed at committee level.

Again my sincere thanks to all members of the Board for their time, energy and honesty in discussions and for their ready willingness to help whenever needed. I thank Janice, our Area Director for continuing to be part of our Board and sharing her ever growing wisdom in all things Zontian.

Many thanks to Lyndy for the use of her premises for our Board meetings and for her expertise in her role as Treasurer. I believe that the role and financial practices have been well streamlined during her time in the position.

Lastly, but not least, I thank each of you present this evening as without you there is no club. Thanks for your participation in the many club functions, attendance at meetings and your willingness to share ideas and opinions, but most of all for your acceptance of decisions when what you thought was a great idea could not be activated as it did not meet our ZONTA goals.

My final word is to encourage each of you to attend committee meetings and keep in touch with your buddy. To the incoming President, Raelene and Board I wish you a very successful ZONTA year ahead.

#### MARY LYNCH - PR & C Chairman's Report for year ending May 2011

It has been a pleasure to chair the Public Relations & Communications Committee for this year. We were in charge of publicity, guest speakers, club newsletter, education, UN and Archives.

My committee members have, I believe, done a sterling job under somewhat difficult conditions, considerint that issues of health and absence have at times left gaps to be filled. In this regard, I am greatly indebted to Robyn, who through thick and thin has constantly produced a first rate newsletter covering club activities and educational aspects, plus newspaper liason on our various service projects. This committee will be in excellent hands under Robyn's chairmanship for the coming year, and she has also undertaken to be our archivist, which links back well, in view of her charter membership and considerable experience.

We are indebted to many interesting guest speakers, who gave so freely of their time, to name a few, Jenny Dowie from the district chaplaincy service, Ross Romeo of CORES, and our own Seanne O'Shea from BCA. We've heard of the ultimate appreciative results of our birthing kits on the ground in PNG, also conditions and customs of volunteering in PNG as experienced by Mary Anne and a local medico, and had a first hand report from Graeme Haller of the application and appreciation of our charitable effort to the orphanage in Chennai India, which was largely funded by our wine dinner, which Lyndy and her helpers brought to a highly successful conclusion as both a social and fundraising event.

My thanks to Beth and Mary Anne for their assistance and support, and to President Rita for her prompt efficiency and constant accessability.



#### **NEWS FROM THE AREA DIRECTOR**

I will be visiting the Mt Isa Club on the 15th June. Cherry Brosnan has also invited the ladies from the Mt Isa Breakfast to attend the meeting. This will mean that when I visit the Mt Isa Breakfast club they will also be able to invite the Mt Isa Club.

Janice Micola

Also on 18 June I will be attending a Board meeting in Brisbane. Finalisation of Conference details will be the main agenda.

#### NOMINATIONS FOR BOARD

As you are all aware voting will take place at the Conference for the incoming Board for the 2012-2014 biennium. Ans held a teleconference this week with the Area Directors of District 22. She was very concerned as there have not been any nominations received for any of the positions thus far. If you are interested in nominating please contact myself or Ans Van Erp Chair of the Nominating Committee.

#### **LAA Report** Chair Robyn Haller

Six of our committee (three apologies) met in a most unusual meeting place but due to mosies and eventual lack of daylight our time was shorter than anticipated. We did however get our list of jobs sorted out and we will have a more in depth meeting next time around.

**OMC and SERVICE** committees have met but there was no report to hand.



Raelene: Biggest Morning Tea- Thanks to all the ladies who bought a tea or coffee in the month of May at The Pantry Door. We donated 50cents from every hot drink to the Cancer Council for the month of May. This was our way of contributing to the Biggest Morning Tea for this year. We raised \$522.00 and we handed it over at the morning tea which we had at the Pantry Door last Saturday. The nurses from the Ayr hospital ran the morning tea, it was a great success. They only sold 40 tickets but 53 turned up. It was a bit crazy to get everyone seated. Thanks again.

Mary Anne: My parents John (83) and Anne (79) have lived near Muttaburra most of their life, on the head waters of the water that flows to Lake Eyre. Last week they did a 2 day flight from Longreach over the lake in South Australia and said it was the most spectacular sight - just great for them to see were all that water from central Queensland ends up every decade or so. If anyone is keen this would be the time to go.

**Diana:** Congratulations to Diana on being featured in Australian Business Womens Network "Women in Business". It states Diana Moschen is the principal and lead architect of a small architectural design firm in North Queensland. She specialises in both residential and commercial, and bases her designs on an environmentally sensitive design philosophy. Her team provides custom design, town planning application, 3D visualisation and more. Diana is an ABN member to support women in business, to learn from her peers and to offer advice in her areas of expertise.

#### 2010 District 22 JMK Women in Business Scholarship Winner

Jade Demnar of St Lucia, Qld, is the recipient of a 2010 Zonta International (District 22) Jane M Klausman Women in Business Scholarship. Jade was chosen as a Jane M Klausman Women in Business Scholarship recipient because of her consistently high scholastic achievement over the past 2 years and her future aspirations. Jade was nominated by the Zonta Club of Brisbane North Inc.

A Business Management student who is pursuing further studies in International Relations and Mandarin, Jade is in her 2nd year of study and has maintained a GPA of 6.75 or higher over her three semesters of study to date. A talented language student who speaks Spanish and

Mandarin, Jade is preparing herself well to work with international companies.



Jade accepting her award from District Governor Trish Collins

Jade's experience of living in a number of Asian countries during her school years, and an experience of assisting with the building of homes for impoverished families in Cambodia, have been significant factors in formulating Jade's goal to get involved in international business. She also has a commitment to volunteer activities both locally and internationally and is a talented public speaker.

She intends to pursue her goals to complete her Business Management degree, with further studies in International Relations and Mandarin so that she can be competitive in the increasingly competitive world of business. Jade has been accepted as an international student at Beijing University for her next semester of study.

Jade believes that women should take measures to realize a more equitable distribution of power between women and men in business and in all leadership positions. Jade wants to get involved in cross-cultural mediation and highlighted her belief that businesses in this global society need to understand local norms.

Jade epitomises what Zonta service and advocacy is about – women taking charge of their lives, aspiring to be the best they can be and working towards creating a world that is accepting of all cultural norms and genders.

Congratulations Jade – and we are hopeful that you will be successful in being announced an international winner.

### Did you know?

#### These are the UN days that ZONTA INTERNATIONAL support

8 September International Literacy Day
21 September International Day of Peace

15 October International Day of Rural Women

24 October UN Day

25 November is noted as International day for the elimination of violence against

women (also known as White Ribbon Day)

25 Nov - 10 Dec 16 days of activism against gender violence

1 December World Aids Day