



Centre Pivot irrigation system watering cotton

# ZONTA CLUB

## Burdekin Inc

**FEBRUARY 2012**



*Advancing the Status of Women Worldwide*

Area 5  
Club No 1475  
CHARTERED 1.5.1994

**President:**

Raelene Grantz

**Vice President:**

Margaret Culpan

**Minutes Secretary:**

Judy Mitchell

**Correspondence Secretary:**

Jan Hollingsworth

**Treasurer:**

Diana Moschen

**OMC**

Margaret Culpan

**LAA**

Robyn Haller

**SERVICE**

Beth Hancock

**Meeting Time**  
**6pm for 6.30pm start**  
**PANTRY DOOR**

The Club meets on the second  
Tuesday of each month  
(except January)

**Postal Address**  
PO Box 2204  
AYR Q 4807

64 countries  
1203 clubs  
29,005 members

*Hi Ladies*

*Happy New Year to all!*

*Unbelievably we are in the second month of a new year already.*

*Our 1st Dinner Meeting of the year is on Tuesday Night 7th February, at The Pantry Door, 6pm for a 6 30pm start.*

*The evening will be our Planning Night for the year, so it is very important if all members can attend.*

*Yes it is the night not only do we decide our calendar for the year, but we have to decide on which committee we would like to be in for next year.*

*The District Board has sent through 2 motions that we have to decide on as well. You should have been given this information about the motions by your committee chairs.*

*This meeting will be a more casual evening and we will be having pizza for dinner during the meeting.*

*Yes there is always business to do but this will also be a good opportunity to catch up with everyone since the Christmas break.*

*See you all at The Pantry Door.*

*Keep Smiling,*

*Raelene*



**ADVANCING THE STATUS OF WOMEN WORLDWIDE**

International Website: [www.zonta.org](http://www.zonta.org) District Website: <http://zontadistrict22.org> Club Website: <http://burdekin.zontadistrict22.org>

**Email:** [lrpiotto@gmail.com](mailto:lrpiotto@gmail.com) or  
**TEXT on mobile phone 04276 834 354**

**Please advise Nilda by 10.00am on FRIDAY if you cannot attend the meeting or will not be staying for the meal.**

Fees: Meeting & dinner \$25  
Meeting only \$5  
Fee if apology received \$5  
Fee if no apology made \$25

- |                    |                  |
|--------------------|------------------|
| Lyndy McCathie     | Margaret Culpan  |
| Rita Cranitch      | Judy Mitchell    |
| Majella Meehan     | Seanne O'Shea    |
| Pierina Dalle Cort | Giovanna Gabiola |
| Diana Moschen      | Karen Clarke     |
| Raelene Grantz     | Peta Bird        |
| Robyn Haller       | Isabel Stubbs    |
| Jan Hollingsworth  | Rosemary Menkens |
| Mary Lynch         | Inez Larson      |
| Leith Kennedy      | Janice Micola    |
| Beth Hancock       | Nilda Piotto     |
| Ardella Alberts    | Beth Honeycombe  |
| Debra Cochran      | Mary Anne Fraser |

# RAFFLE



**Mary Lynch (February)**  
**Lyndy McCathie (March)**  
*(value \$10.00 - \$15.00)*

Friendship Officer:  
Rosemary Menkens  
Phone 0439 705 021  
Email:  
[burdekin@parliament.qld.gov.au](mailto:burdekin@parliament.qld.gov.au)

ZONTA  
INTERNATIONAL  
IS NOW ON

FACEBOOK,  
TWITTER,  
YOUTUBE,  
LINKEDIN, AND  
FLICKR



**JANUARY**  
Leith  
**FEBRUARY**  
Margaret  
Raelene  
Robyn  
Diana

## CLUB BOARD 2011-2012

**President: Raelene Grantz**

[pantrydoor@bigpond.com](mailto:pantrydoor@bigpond.com)

**Vice President: Margaret Culpan**

[ken52@bigpond.com.au](mailto:ken52@bigpond.com.au)

**Correspondence Secretary: Jan Hollingsworth**

[janaura@bigpond.net.au](mailto:janaura@bigpond.net.au)

**Treasurer: Diana Moschen**

[dianamoschen@ozxpress.com.au](mailto:dianamoschen@ozxpress.com.au)

**Minutes Secretary: Judy Mitchell**

[mitchell.rj@bigpond.com](mailto:mitchell.rj@bigpond.com)

### SERVICE

**Chairman: Beth Hancock**  
[gb.hancock@bigpond.com](mailto:gb.hancock@bigpond.com)

- Isabel Stubbs
- Diana Moschen
- Rosemary Menkens
- Judy Mitchell
- Pierina Dalle Cort
- Giovanna Gabiola
- Peta Bird
- Lyndy McCathie

### LA & A

**Chairman: Robyn Haller**  
[robynh@scorpionjacks.com.au](mailto:robynh@scorpionjacks.com.au)

- Janice Micola
- Nilda Piotto
- Seanne O'Shea
- Beth Honeycombe
- Ardella Alberts
- Mary Lynch
- Jan Hollingsworth
- Debra Cochran

### OMC

**Chairman: Margaret Culpan**  
[ken52@bigpond.com.au](mailto:ken52@bigpond.com.au)

- Leith Kennedy
- Mary Anne Fraser
- Majella Meehan
- Inez Larsen
- Rita Cranitch
- Karen Clarke

Chinese Proverb: When someone shares something of value with you and you benefit from it,  
you have a moral obligation to share it with others.

# CALENDAR 2011 - 2012

June 14th	Changeover Pot Night Lyndy's
July 12th	15 <sup>th</sup> Lyndy's home re curry preparation 5.15pm – <i>bring crockpot</i> 16 <sup>th</sup> Taste of the Burdekin 22 <sup>nd</sup> & 29 <sup>th</sup> CORES Charity Bowls – LAA 22/7 28 <sup>th</sup> Information Night
August	4 <sup>th</sup> LAA Committee at Mary's home 5 <sup>th</sup> & 7 <sup>th</sup> CORES Charity Bowls 9 <sup>th</sup> monthly meeting 17 <sup>th</sup> OMC meeting 21 <sup>st</sup> Birthing kits
September	1 <sup>st</sup> LAA Committee at Mary's home 13 <sup>th</sup> POT NIGHT AT BETH HONEYCOMBE'S (monthly meeting) 21 <sup>st</sup> OMC Meeting 22 <sup>nd</sup> September Information Night @ 9 Hillcrest Place Marg Culpan's 22 <sup>nd</sup> – 25 <sup>th</sup> District 22 Conference Novotel Brisbane
October	6 <sup>th</sup> LAA Committee at Mary's home 11 <sup>th</sup> monthly meeting guest speaker Diana Moschen 19 <sup>th</sup> OMC Meeting 24 <sup>th</sup> United Nations Day 23 <sup>rd</sup> Breast Care Cushions/Drainage Bags/Care Packs/Comfort Packs
November	3 <sup>rd</sup> LAA Committee at Mary's home 9 <sup>th</sup> ZI International Birthday Townsville Club/monthly meeting 16 <sup>th</sup> OMC Meeting 23 <sup>rd</sup> Board 6.00pm
December	3 <sup>rd</sup> Christmas Party A Touch of Salt Townsville 13 <sup>th</sup> monthly meeting
January 2012	11 <sup>th</sup> Amelia Earhart Day 25 <sup>th</sup> Board meeting 26 <sup>th</sup> Driver Reviver
<b>February</b>	2 <sup>nd</sup> LAA Committee <b>7<sup>TH</sup> PLANNING MEETING Pantry Door – Pizza Night 6.00/6.30pm sharp</b> 15 <sup>th</sup> OMC Committee
<b>March</b>	1 <sup>st</sup> LAA Committee <b>8<sup>th</sup> IWD/Yellow Rose Day/Burdekin Woman of Achievement Award</b> 13 <sup>th</sup> monthly meeting – Guest Speaker 21 <sup>st</sup> OMC Committee <b>Annual Fees Due</b>
<b>April</b>	5 <sup>th</sup> LAA Committee 10 <sup>th</sup> monthly meeting – Guest Speaker? 18 <sup>th</sup> OMC Committee 25 <sup>th</sup> Anzac Day – book presented
<b>May</b>	1 <sup>st</sup> Club birthday (18 years old) 3 <sup>rd</sup> LAA Committee 8 <sup>th</sup> monthly meeting/AGM Board inducted 20 <sup>th</sup> OMC Committee <b>22<sup>nd</sup> Cervical Cancer Info Night Neighbourhood Centre</b> Biggest Morning Tea
<b>June</b>	7 <sup>th</sup> LAA committee <b>9<sup>th</sup> Bush Poet's Breakfast Theatre forecourt</b> 12 <sup>th</sup> monthly meeting

Please advise Robyn ([robynh@scorpionjacks.com.au](mailto:robynh@scorpionjacks.com.au)) with any alterations, additions or suggestions

# INTERNATIONAL WOMEN'S DAY BREAKFAST

Thursday 8<sup>TH</sup> March Cloves Restaurant 7.00am

Tickets Jo's Gifts & Linen \$30.00

Guest Speaker: Marissa Candy

Owner/Director The Marketing Factory & Owner/Editor SUCCESS Business Magazine

WOMAN OF ACHIEVEMENT WINNER ANNOUNCED



## International Women's Day

*International Women's Day (IWD) is a global day celebrating the economic, political and social achievements of women past, present and future. In some countries like China, Russia, Vietnam and Bulgaria, IWD is a national holiday. The first IWD event was run in 1911 so 2011 sees the Global Centenary.*

International Women's Day has been observed since in the early 1900's, a time of great expansion and turbulence in the industrialized world that saw booming population growth and the rise of radical ideologies.

### 1908

Great unrest and critical debate was occurring amongst women. Women's oppression and inequality was spurring women to become more vocal and active in campaigning for change. Then in 1908, 15,000 women marched through New York City demanding shorter hours, better pay and voting rights.

### 1909

In accordance with a declaration by the Socialist Party of America, the first National Woman's Day (NWD) was observed across the United States on 28 February. Women continued to celebrate NWD on the last Sunday of February until 1913.

### 1910

In 1910 a second International Conference of Working Women was held in Copenhagen. A woman named a Clara Zetkin (Leader of the 'Women's Office' for the Social Democratic Party in Germany) tabled the idea of an International Women's Day. She proposed that every year in every country there should be a celebration on the same day - a Women's Day – to press for their demands. The conference of over 100 women from 17 countries, representing unions, socialist parties, working women's clubs, and including the first three women elected to the Finnish parliament, greeted Zetkin's suggestion with unanimous approval and thus International Women's Day was the result.

### 1911

Following the decision agreed at Copenhagen in 1911, International Women's Day (IWD) was honoured the first time in Austria, Denmark, Germany and Switzerland on 19 March. More than one million women and men attended IWD rallies campaigning for women's rights to work, vote, be trained, to hold public office and end discrimination. However less than a week later on 25 March, the tragic 'Triangle Fire' in New York City took the lives of more than 140 working women, most of them Italian and Jewish immigrants. This disastrous event drew significant attention to working conditions and labour legislation in the United States that became a focus of subsequent International Women's Day events. 1911 also saw women's 'Bread & Roses' campaign.

### 1913-1914

On the eve of World War I campaigning for peace, Russian women observed their first International Women's Day on the last Sunday in February 1913. In 1913 following discussions, International Women's Day was transferred to 8 March and this day has remained the global date for International Women's Day ever since. In 1914 further women across Europe held rallies to campaign against the war and to express women's solidarity.

## 1917

On the last Sunday of February, Russian women began a strike for "bread and peace" in response to the death over 2 million Russian soldiers in war. Opposed by political leaders the women continued to strike until four days later the Czar was forced to abdicate and the provisional Government granted women the right to vote. The date the women's strike commenced was Sunday 23 February on the Julian calendar then in use in Russia. This day on the Gregorian calendar in use elsewhere was 8 March.

## International Women's Day

### 1918 - 1999

Since its birth in the socialist movement, International Women's Day has grown to become a global day of recognition and celebration across developed and developing countries alike. For decades, IWD has grown from strength to strength annually. For many years the United Nations has held an annual IWD conference to coordinate international efforts for women's rights and participation in social, political and economic processes. 1975 was designated as 'International Women's Year' by the United Nations. Women's organisations and governments around the world have also observed IWD annually on 8 March by holding large-scale events that honour women's advancement and while diligently reminding of the continued vigilance and action required to ensure that women's equality is gained and maintained in all aspects of life.

### 2000 and beyond

IWD is now an official holiday in China, Armenia, Russia, Azerbaijan, Belarus, Bulgaria, Kazakhstan, Kyrgyzstan, Macedonia, Moldova, Mongolia, Tajikistan, Ukraine, Uzbekistan and Vietnam. The tradition sees men honouring their mothers, wives, girlfriends, colleagues, etc with flowers and small gifts. In some countries IWD has the equivalent status of Mother's Day where children give small presents to their mothers and grandmothers.

The new millennium has witnessed a significant change and attitudinal shift in both women's and society's thoughts about women's equality and emancipation. Many from a younger generation feel that 'all the battles have been won for women' while many feminists from the 1970's know only too well the longevity and ingrained complexity of patriarchy. With more women in the boardroom, greater equality in legislative rights, and an increased critical mass of women's visibility as impressive role models in every aspect of life, one could think that women have gained true equality. The unfortunate fact is that women are still not paid equally to that of their male counterparts, women still are not present in equal numbers in business or politics, and globally women's education, health and the violence against them is worse than that of men. However, great improvements have been made. We do have female astronauts and prime ministers, school girls are welcomed into university, women can work and have a family, women have real choices.

**And so the tone and nature of IWD has, for the past few years, moved from being a reminder about the negatives to a celebration of the positives.** Annually on 8 March, thousands of events are held throughout the world to inspire women and celebrate achievements. A global web of rich and diverse local activity connects women from all around the world ranging from political rallies, business conferences, government activities and networking events through to local women's craft markets, theatre performances, fashion parades and more. Many global corporations have also started to more actively support IWD by running their own internal events and through supporting external ones. For example, on 8 March search engine and media giant Google some years even changes its logo on its global search pages.

Year on year IWD is certainly increasing in status. The United States even designates the whole month of March as 'Women's History Month'. Globally there are many very large scale highly organized IWD events. So make a difference, think globally and act locally! Make everyday International Women's Day. Do your bit to ensure that the future for girls is bright, equal, safe and rewarding.

The International Women's Day website at [www.internationalwomensday.com](http://www.internationalwomensday.com) is a global hub for sharing International Women's Day news, events and resources. It provides a free service to women and organisations around the world wanting to share and promote their IWD activity, videos, opinions and ideas. Please feel free to submit gender-related items for the site that you consider relevant and useful.

### 2011 IWD Global Centenary Year

2011 was the global centenary year for International Women's Day – 100 years since the first International Women's Day event was run. More than one million women and men attended rallies in 1911.

Visit [www.internationalwomensday.com](http://www.internationalwomensday.com)



# Hartanna The Zonta Rose

The beauty of a single yellow rose has been a favourite Zonta symbol for nearly 20 years.

The "Zonta Rose" was introduced at the 1984 Sydney Convention, thanks to the dedication and support of District 16 Zontians. In 1983, then Lieutenant Governor of District 16 (New Zealand), Valerie Webster, proposed that a breed of roses be developed as a living symbol of Zonta International. The renowned England-based nursery Harkness Roses worked to cultivate the flower, while Zontian Maureen Ross of Ro Roses in Adelaide, Australia enabled it to be introduced at the convention.

Today, the lovely yellow bloom can be seen in members' gardens, memorial plantings, schools, hospitals, homes for the elderly, and in the forecourt of Australia's National Parliament in Canberra. In 2002, a Zonta Rose Bed was inaugurated at Baltesspannaparken in Gothenburg, Sweden, as part of the Zonta International Convention festivities.

But the Zonta Rose is much more than a lovely flower. Since 1999, it has served as the symbol of Zonta Rose Day, which falls on 8 March and coincides with IWD. On this special day, Zontians worldwide are encouraged to publicly distribute yellow roses or items bearing the image of yellow roses, accompanied by information about ZI and issues relating to improving the lives of women.

The Zonta Rose itself has bright yellow blooms, produced in large sprays, is registered internationally under the name Hartanna but also goes by the name "Princess Alice" in Canada and the UK, and "Bright Lites" in the USA.

*Note: Yellow roses are particularly hard to grow in the tropics.*

## CHAIRMAN REPORTS

### OMC Chair Margaret Culpan

Having meeting on Sat 4-2-2012

Discussion re Bush poets breakfast and nominations for Woman of achievement

Discussion about the new amendments from Area committee

### LAA Chair Robyn Haller

Present: Janice, Debra, Seanne, Nilda, Jan and Robyn met at Nilda's home. Apologies Beth and Mary.

**WOA:** We have one nomination and possibly 2. **IWD Breakfast:** We are organising the press release/flyer/"What's On" insertion in advocate/letter of invitation to journalist. Everyone will be given a flyer. **DV Sticker:** Our ever expanding list will be finalised soon. Jan is doing up a letter to Council requesting authority to place in all public toilets. We are also writing a generic letter for when we distribute the stickers. We may need more! **Cervical Presentation:** Neighbourhood Centre and Jan Gale Qld Health are booked for Tuesday 22<sup>nd</sup> May. Promotion to include letter to High Schools. We can submit a claim form to Qld Health of up to \$750 to help with promotional costs. **Driver Reviver:** Robyn was disappointed our banners were not on display thereby missing an opportunity to promote Zonta. **3 Guest Speakers** have been suggested **Motions from District:** We agreed with new District fees increase and therefore amended budget motion.

### SERVICE Chair Beth Hancock

We have met and had a very productive meeting regarding the IWD Breakfast. Our guest speaker is confirmed, Marissa Candy from The Marketing Factory/ Business Success Magazine. Judy Mitchell will be our MC. Cloves are confirmed and the price will stay the same at \$30.00. Tickets available from Jo's.

# DRIVER REVIVER



Above: Cath Previtiera, Beth Hancock, Rita Cranitch and Area 5 Director Janice Micola. (photo approved by Janice)  
Below : Rita Cranitch and Robyn Haller

Below : Peta Bird and Mary Lynch



Many thanks to all ladies who gave up some of their Australia Day to make it to Driver Reviver - Raelene, Margaret, Peta, Mary, Cath, Rita, Robyn, Beth, Janice, Jan, Diana, Majella, Lyndy and Pierina and Graeme. Not sure if any other "better halves" turned up on the day.

The driving public as usual appreciated our cuppas and the break from the road. It was interesting just on our 2 hour break to hear how many were just driving around the wider district seeing a bit of the countryside. 3 car loads at least were heading for Alva Beach. As always it was a pleasant 2 hours spent talking to different aussies and yarning amongst ourselves.



**Judith Andersen** our incoming District 22 Governor and presently our District 22 Secretary was awarded an OAM in the Australia Day honours for her services to the Arts and Women.

Judith is a retired - casual writer, researcher, producer and event coordinator. She is a Past General Manager at Queensland Ballet, Senior International Marketing Officer at Queensland University of Technology, and Manager International Relations at Griffith University.

## a little light relief



**Isabel:** Meet Oliver James Sutor-- Son of Belinda and Shaun born on Saturday at 12.11 weighing 7lb 2 oz and 48 cm long. All are well. Grandparents and Aunties and Uncle are elated .

**Mary:** I will be away for a couple of weeks, from next week end, to go to the Sydney Fashion Expo, where I seek out new goodies for the coming summer, even though we haven't had winter yet! Such is the nature of the clothing business. Will also work in Brisbane on the way back, and hopefully fit in some time with my sister at the Sunny Coast. Can't see my other son in Brisbane as he too, has taken off to Africa, so they are both hareing around there now, getting up to all sorts of tricks, including kayaking on the Zambesi River, abseiling waterfalls, and generally having a younger man's dreamrun, with all sorts of adventures! Makes my much looked forward to trip to see Rod Stewart perform in Brisbane , on the 22<sup>nd</sup>, pale by comparison , but I'm a bit beyond abseiling, and just have to line up and cheer him on with all the other old girls!



Rob and Judy at Machu Picchu Peru South America

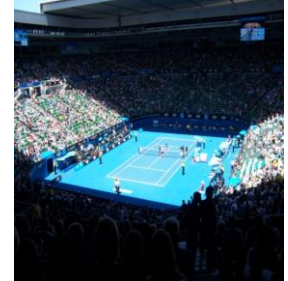
**Inez:** My husband, Pat, and I spent six days in Melbourne during the last week of the 2012 Australian Tennis Open. We had tickets to the Men's Singles Quarter Final and both of the Ladies Singles Semi-Final matches. The standard of tennis and the atmosphere were magnificent. The Australian Tennis Open is the first on the calendar of the Tennis Grand Slams Events. Tennis enthusiasts travel from all over the world to be part of this event. Melbourne's weather did not disappoint us where temperature ranged from a maximum of 34° on one day to 24° on the following day.



Garden Square Melbourne Park



Entry to Jacobs Creek Melbourne Park



Rod Laver Arena Melbourne Park

**Judy:** Rob and I spent 3 ½ weeks in Peru in December last year. We started off in Lima the capital city, which is a very old city and full of history. We then travelled throughout Peru visiting the Nazca Desert where we flew in a very small plane over the desert to view the Nazca lines. We then headed off into the Andes by bus and visited the city of Arequipa. Here we went into the Colca Canyon to hopefully see the condor but were unlucky as it was their nesting season.

We then ventured to Puno and Lake Titicaca where we had a homestay on Amantani Island with one of the local families. We did not speak their language and they had no English, so it was a very interesting night with lots of hand gestures and actions to convey a message. On the way back to the mainland, we stopped off at the floating reed islands where the Uros Indians still live. Everything on the island, including the island, is made of reeds which are growing in the waters of Lake Titicaca. From there we went to Cusco which was the starting point of our 4 day trek to Machu Picchu , the ancient Incan lost city. This was the highlight of our trip. The view of Machu Picchu was incredible and we spent several hours exploring the ruins.

After our trek was over, we returned to Lima and then headed off into the jungle where we stayed for 2 nights and 3 days on the Amazon River in a basic Jungle Lodge. Once again we were the only two, other than our guide, who spoke English! The highlight here was our piranha fishing trip on one of the smaller rivers flowing into the Amazon. We were lucky enough to catch 2 piranhas which then became our breakfast.

We had a wonderful time and are now looking into our next trip – exactly where and when we are not sure of yet.

**Mary Anne:** Our family celebrated my Mum's 80th last weekend in Brisbane with Mary Poppins on Saturday and luncheon on Sunday. She was thrilled to have us all around especially the grand kids and partners making a special effort. We had a delicious cake from 'The Welsh Lady' at Roselea so I recommend it if you need something special down there but order in advance as she appears very busy. I enjoyed catching up with my sister from London who I had not seen for 18mths or so.



# Ovarian Cancer Awareness Month – February



OVARIAN  
CANCER  
AUSTRALIA  
[www.ovariancancer.net.au](http://www.ovariancancer.net.au)

## Symptoms

**Every woman needs to know the symptoms of ovarian cancer. Make sure you do.**

It can be difficult to diagnose ovarian cancer because the symptoms are ones that many women will have from time to time, and they are often symptoms of less serious and more common health problems.

But we do know that ovarian cancer is NOT a silent disease. Women who are diagnosed with ovarian cancer report four types of symptoms most frequently:

- Abdominal or pelvic pain.
- Increased abdominal size or persistent abdominal bloating.
- Needing to urinate often or urgently.
- Difficulty eating or feeling full quickly.

If you have any of these symptoms, they are new for you and you have experienced them multiple times during a 4-week period. Ovarian Cancer Australia's [Symptom Diary](#) helps you to monitor your symptoms. You can then take the completed diary to your doctor to assist with diagnosis.

## Other symptoms to be aware of

The [Symptom diary](#) will also help you to track any other symptoms that are not usual for you. These may include:

- Changes in your bowel habits.
- Unexplained weight gain or weight loss.
- Bleeding in-between periods or after menopause.
- Back pain.
- Indigestion or nausea.
- Excessive fatigue.

## Be aware — but don't make yourself sick with worry

It is important to remember that most women with these symptoms will not have ovarian cancer. Your doctor should first rule out more common causes of these symptoms, but if there is no clear reason for your symptoms, your doctor needs to consider the possibility of ovarian cancer.

If you are not comfortable with your doctor's diagnosis or you are still concerned about unexplained persistent symptoms, you should seek a second opinion.

**You know your body better than anyone else, so always listen to what your body is saying and trust your instincts.**