



BURDEKIN'S SILVER LINK BRIDGE

ZONTA CLUB

Burdekin Inc

AUGUST 2011



Area 5
Club No 1475
CHARTERED 1.5.1994

President:

Raelene Grantz

Vice President:

Margaret Culpan

Minutes Secretary:

Judy Mitchell

Correspondence Secretary:

Jan Hollingsworth

Treasurer:

Diana Moschen

OMC

Margaret Culpan

LAA

Robyn Haller

SERVICE

Beth Hancock

Meeting Time

6pm for 6.30pm start
YVETTE'S PLACE

The Club meets on the second
Tuesday of each month
(except January)

Postal Address

PO Box 2204
AYR Q 4807

64 countries
1203 clubs
30,000 members

GUEST SPEAKER
August (Tuesday)
JOHN SCOTT
Manager
Library Services
Burdekin Library

Hi Ladies

The month of July has come and gone already, what a busy month we have had at Zonta.

What a great night at "The Tastes of the Burdekin" with our curry stall. Thanks to Beth and her committee for organizing a great event. Thank you to Lyndy for letting us cook at her house on the Friday night. Thanks to all the ladies who used their knife skills on Friday night and to all the ladies on Saturday night with the curry stall. Pierina did a great sales job all night. Once again we sold out of curry.

Thanks to Margaret and her committee for the information evening. Unfortunately I couldn't attend because of illness. We will hear from Margaret on Tuesday night.

We were also involved with the Cores Charity Bowls. All the ladies that were involved had a great time. May I thank personally, Jan, Majella and Rosemary for a great Sunday morning bowl. The ladies did Zonta proud by winning and being the highest score on the day.

This Tuesday night we need to focus on finalising the motions for conference. Our guest speaker for Tuesday night is John Scott who is the manager at the Burdekin Library.

See you at Yvette's

Raelene



ADVANCING THE STATUS OF WOMEN WORLDWIDE

ATTENDANCE OFFICER **Nilda Piotto**

Email: lrpiotto@gmail.com or **TEXT**

Please advise Nilda by 10.00am on FRIDAY if you cannot attend the meeting or will not be staying for the meal.

Fees: Meeting & dinner \$25
Meeting only \$5
Fee if apology received \$5
Fee if no apology made \$25

WHO IS YOUR BUDDY?

| | |
|--------------------|------------------|
| Lyndy McCathie | Margaret Culpan |
| Rita Cranitch | Judy Mitchell |
| Majella Meehan | Seanne O'Shea |
| Pierina Dalle Cort | Giovanna Gabiola |
| Diana Moschen | Karen Clarke |
| Raelene Grantz | Peta Bird |
| Robyn Haller | Isabel Stubbs |
| Jan Hollingsworth | Rosemary Menkens |
| Mary Lynch | Inez Larson |
| Leith Kennedy | Janice Micola |
| Beth Hancock | Nilda Piotto |
| Ardella Alberts | Beth Honeycombe |
| Ruth Diehm | Mary Anne Fraser |



RAFFLE

Robyn Haller (August)
Beth Hancock (September)
(\$10.00 - \$15.00)

Friendship Officer: Rosemary Menkens
Phone 0439 705 021
Email: burdekin@parliament.qld.gov.au

Please note: Ladies you **MUST** advise Nilda if you cannot attend the meeting or if you are attending but will **NOT** be staying for a meal. You must understand that if you do not advise Nilda you are assumed to be attending and consequently we are charged. We are sorry but this cost must be paid by you. As our venue is small it is also a seating issue as well. Thankyou for your understanding.



CLUB BOARD 2011-2012

President: Raelene Grantz

pantrydoor@bigpond.com

Vice President: Margaret Culpan

ken52@bigpond.com.au

Correspondence Secretary: Jan Hollingsworth

janaura@bigpond.net.au

Treasurer: Diana Moschen

dianamoschen@ozxpress.com.au

Minutes Secretary: Judy Mitchell

mitchell.rj@bigpond.com

SERVICE

Chairman: Beth Hancock

gb.hancock@bigpond.com

Isabel Stubbs
Diana Moschen
Rosemary Menkens
Judy Mitchell
Pierina Dalle Cort
Giovanna Gabiola
Peta Bird
Lyndy McCathie

LA & A

Chairman: Robyn Haller

robynh@scorpionjacks.com.au

Janice Micola
Nilda Piotto
Seanne O'Shea
Beth Honeycombe
Ruth Diehm
Ardella Alberts
Mary Lynch
Jan Hollingsworth

OMC

Chairman: Margaret Culpan

ken52@bigpond.com.au

Leith Kennedy
Mary Anne Fraser
Majella Meehan
Inez Larsen
Rita Cranitch
Karen Clarke

11 Empowering Ways to Strengthen Your Brain

5. Wiggle your eyes: Can't remember where you stashed your glasses? Try looking from side to side. Rapid horizontal eye movements cause the brain's two hemispheres to interact with each other more efficiently, explains memory researcher Andrew Parker PhD. In moments of temporary amnesia, that action may help you pull up information.

CALENDAR 2011 - 2012

| | |
|---------------------|---|
| June 14th | Changeover Pot Night Lyndy's |
| July 12th | 15 th Lyndy's home re curry preparation 5.15pm – <i>bring crockpot</i> 16 th Taste of the Burdekin 22 nd & 29 th CORES Charity Bowls – LAA 22/7 28 th Information Night |
| August | 4 th LAA Committee at Mary's home 5 th & 7 th CORES Charity Bowls 9 th monthly meeting 17th OMC meeting 21st Birthing kits |
| September | 1st LAA Committee at Mary's home 13th monthly meeting 21st OMC Meeting 22nd – 25th District 22 Conference Novotel Brisbane |
| October | 6th LAA Committee at Mary's home 11th monthly meeting 19th OMC Meeting 24th United Nations Day – guest speakers from different nations 23rd Breast Care Cushions/Drainage Bags/Care Packs/Comfort Packs |
| November | 3rd LAA Committee at Mary's home 8th monthly meeting/ZI International Birthday Townsville Club 16th OMC Meeting |
| December | 3rd Christmas Party? |
| January 2012 | 11th Amelia Earhart Day 26th Driver Reviver |
| February | 2nd LAA Committee at Mary's home 14th monthly meeting 15th OMC Committee Health Expo? 14th Planning Night - Pizza |
| March | 1st LAA Committee at Mary's home 8th IWD/8th Yellow Rose Day Burdekin Woman of Achievement Award 13th monthly meeting 21st OMC Committee Annual Fees Due |
| April | 5th LAA Committee at Mary's home 10th monthly meeting 18th OMC Committee 25th Anzac Day – book presented Pot night |
| May 8th | 1st Club birthday (18 years old) 3rd LAA Committee at Mary's home 8th monthly meeting 20th OMC Committee AGM/Board inducted Biggest Morning Tea |

Please advise Robyn (robynh@scorpionjacks.com.au) with any alterations, additions or suggestions

United Nations Industrial Development Organization (UNIDO):

Support for Revival of Rural Community-based Self-Help Initiatives in Sri Lanka

PROJECT FOCUS

Women's Economic Self-Sufficiency

2006-2008 FUNDING

Provided by the Zonta International Foundation, International Service Fund: US\$250,000

The Tsunami disaster that occurred on 26 December 2004 caused severe damage to the socio-economic activities in Sri Lanka, affecting the coastal belts in the Southern, Northern and Eastern Regions

THE PROJECT

This project will provide hands-on assistance to the women and women's groups affected by the Tsunami and by the war in the North and East Regions, increasing the agricultural productivity and promoting community-based entrepreneurship to revive their socio-economic livelihood.

UPDATE MAY 2011 *Practical Session in Basic Business Counselling for Women, Trincomalee Sri Lanka*

Success Story: Fruit Farming as a Business Enterprise

A training programme in *Fruit Farming as a Business Enterprise* was planned in co-operation with the Rural Women's Development Society, the Department of Agriculture and the District Chamber of Commerce in Trincomalee. This programme began in April 2010 and targeted rural women entrepreneurs to increase their skills and capacity in entrepreneurialism and modern farming techniques. Ms. Subaskaran Ranjani, a 44 year old mother of two children from Kumpurupitty Village in Trincomalee has been displaced by the civil conflict for much of her life, but was able to return home to Kumpurupitty in August 2009 accompanied by her husband, Mother and Father. Upon returning home, Rajani had no plan to improve her life. It has been hard for many displaced persons to pick their lives back up after the conflict ended in May 2009. Many are in fear of returned conflict as has been so frequently the case in the past. The adjustment to the new norm is not an easy one. Unfortunately the adjustment has been extremely difficult for Rajani's husband who now suffers from mental depression. Rajani's nine year old child has also returned injured and often incurs medical expenses.

Rajani now lives in a basic clay hut with her husband, two children, Mother and Father and has a few acres of land. Since the conflict, Rajani has struggled to provide a basic subsistence living for her family with a few odd jobs as an agricultural labourer approximately 10 days per month earning an income of Rs. 7,500 (USD\$66) per month. Rajani's fight for the economic wellbeing of her family was not an easy one and this was recognised by the Women's Rural Development Society who recommended her for the project's training in *Fruit Farming as a Business Enterprise*. "I was quite happy when [I] saw my name in the selected participants list ... really, I am fighting to get income to manage my family's cost of living." After successful completion of the *Fruit Farming as a Business Enterprise* training programme, Rajani gained skills in modern farming techniques and increased entrepreneurial capacity. Rajani has become an entrepreneur who continues to learn new skills through the support of UNIDO's activities. As a successful beneficiary Rajani also supports others in the cultivation of their papaya through knowledge transfer exercises.

During the training Rajani received papaya seedlings and fertilizers to start her farm, now enabling her to earn an additional monthly income of Rs.6,000 (USD\$53) for a total of Rs.13,500 (\$119). In an innovative manner, Rajani has decided to grow green gram between her papaya trees to fetch additional income.

When asked about her current situation, Rajani informed that "we are ok now. I am gradually increasing my earning through [cultivating] papaya. I have no doubt it will give my family income [for] at least 2 1/2 years. I plan to plant more papaya at my land, [and] if possible get lease of other lands. She further added with a soft smile, "you know my husband is also ok now, and he is doing a job as unskilled labour."



MOTION FROM ZONTA CLUB OF BRISBANE BREAKFAST Inc to be presented at the District 22 Conference in Brisbane 23rd to 25th September



That Zonta International District 22 advocates to the Queensland State Government that it provide financial support to the Women's Legal Service for the continued operation of a dedicated legal advice line for women in rural, remote and regional Queensland.

RATIONALE:

The WLS was established in December 1984 as a feminist organisation developed and operated by women for women, and has a proud 27 year history of assisting some of the most vulnerable women in our society. In addition to service delivery, WLS undertakes community education and law reform. Therefore calls received from the Legal Advice Line feed into wider advocacy, law reform and systemic change.

WLS is committed to the creation of a society in which every woman is safe from violence and receives a fair and just outcome in legal and social services. The objectives of Women's Legal Service include:

- To provide effective and appropriate information, advice, counselling and support services to empower women to gain access to justice and safety;
- To provide broad ranging community legal education programmes and publications to demystify and facilitate access to the legal system;
- To influence and affect changes to the law, legal processes and service delivery to enable the active participation of all women in the legal system; and
- To initiate and participate in community development work to facilitate women's access to justice and safety.

WLS is run by a voluntary Management Committee which comprises women from legal and social services. The day to day operations of the service are overseen by a coordinator, and there are 15 part-time staff who are from a legal and social service background. A core part of WLS are 120 lawyers and support workers who volunteer their time to assist women in need.

The Australian Institute of Family Studies has reported that domestic violence is the leading cause of injury to women of reproductive age; it is the single most common trigger of female suicide and is implicated in over 60% of murders of women. It is estimated that approximately 23% of Australian women will experience domestic violence. The violence occurs across all groups in society, however Indigenous women and women who live in rural and remote areas are at higher risk.

This resolution seeks support for and funding to promote and continue to operate a dedicated Legal Advice Line which is accessible by women in Rural, Regional and Remote Areas of Queensland. The staff working on the Legal Advice Line hold particular expertise in assisting women who are experiencing domestic violence.

WLS currently operates a Legal Advice Line from 9am -1pm five days per week. The line is available to all women in Queensland. Demand on the phone service currently exceeds organisational capacity, with WLS currently unable to answer at least 200 calls per week. Data collected from the phone service indicates that many of the "missed calls" are from women located outside of Brisbane.

The majority of callers sought legal advice and assistance for themselves and their children in relation to their experiences and concerns about domestic violence and child abuse.

Women from rural, regional and remote locations commonly state they access the phone system because there are no appropriate support services in their local area and/or the size of their community means that they do not have anonymity (this is vital when disclosing domestic violence). Women from these regions express a great sense of relief when they get through on the Legal Advice Line – many had been trying to contact the service unsuccessfully for weeks. Analysis of calls to the Legal Advice Line from women in rural, remote and regional areas showed that the calls were often of a significant duration (some 2 hours long), and often the women reported being in significant danger due to domestic violence. WLS staff have been able to successfully assist many women via ongoing support, referrals and legal advice. In particular over the last six months, two women have been assisted to leave a violent relationship in which their lives and the lives of their children were significantly at risk. This occurred through intensive case work with the women who contacted the Legal Advice Line.

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WLS is experiencing a funding crisis. Funding to the service has remained static despite the fact that demand for the service is high and running costs have significantly increased. WLS has undertaken grant writing and fundraising activities however they do not come close to meeting the current \$200,000 gap in funding that is required to maintain the current level of services.

The funding situation means that WLS may possibly have to close the Legal Advice Line one day per week and reduce free evening advice sessions from three nights down to two nights per week. These measures will significantly reduce service delivery and WLS is acutely concerned about the impact this will have on women who already find it difficult to reach the service. WLS statistics indicate that while WLS was able to assist close to 4,000 women last year, the service was unable to assist a further 15,000 who registered as "missed calls".

WLS seeks support from District 22 to continue the Legal Advice Line and promote access to the Line for women from rural, regional and remote areas of Queensland. During this time WLS will seek additional funding from philanthropic and corporate sources.

Any amount raised will be greatly appreciated by WLS and will be directed into direct service delivery of the Legal Advice Line.

CHAIRMAN REPORTS

OMC Chair Marg Culpan

Here is my report based on activity to date but having a meeting again on Wed as a summation of info night etc

The membership committee met several times this month with the main action being the information night on 28th July at the Neighbourhood centre. Despite the preparation we still seemed to have picked a date that not a lot of people could attend but we still presented and chatted to 2 new invitees Debra and Carmel.

The committee with discussion with other Zontians present on the night have decided to hold another information night with just committee members and the rest of the invitees who wished to attend but had commitments on the 28th. This will be held at my house with the same presentation via power point.

Thankyou to all the members who contributed to the preparation and presentation on the night.

I am now able to go to the Conference and will hopefully pick up some mentoring and membership gems from others at the conference. We are now going to focus on the ongoing mentoring and education of the membership within the club based on the bags of resources passed on to me from previous committee chairs and we as a committee are finding something new all the time.

Also we wish to explore the establishment of a Z club for the high schools in our area. When we hold our Breast cushion and birthing kit days I would like to invite some students from the High schools and would be grateful for any ideas of how to progress that.

SERVICE Chair Beth Hancock

Thank you to all the ladies who helped with the Taste of the Burdekin. See my report in the Curry section. I am sure everyone enjoyed the experience.

Please put on your calander our birthing kit assembly day, which is Sunday 21st August. We have 1000 kits to assemble and many hands will make it light work. This is always a fun and social morning.

LAA Chair Robyn Haller

We have met by email as most were unable to attend. In a nutshell we are closer to getting the banner done. We have received a favourable quote from Burdekin Printers and I can get a photo from Peter Peach who will not charge us for it. In fact he has put about 8 photos on a disk which was very good of him. We will be getting a sample of the shirt logo from Lyn Hodder, material not a problem, and I plan to move a motion to the effect we buy our own white, maroon or yellow shirt and/or polo and the club will pay for a gold thread logo to be embroidered. Hopefully it will get a seconder. John Scott from the Library will be our guest speaker this month. We are looking at the next 2 months as well. Looking at our dinner meeting programme. I will be looking after the calendar and names and addresses for the next 6 weeks as Ruth will be coming and going on long service leave. Ardella has a new address and home phone number as she has relocated to Townsville.

How does a club apply for permission to use the Zonta emblem or logo?



Zonta Clubs and districts are authorized to use the Zonta name and emblem on district and club projects or programmes, as long as they are approved by the club board (if a club project) or the Zonta district board (if a district project).

Clubs and districts are not authorized to call a club/district or multi-club/multi-district project or programme a "Zonta International" programme. In such cases, a specific qualification indicating that it is a project or programme of the club/district must be indicated for example, "The Zonta District 99 Art Auction" or "The Chicago Zonta Club Walkathon." Clubs should therefore use the club level emblem/logo in connection with such projects.

Regarding the reproduction of the **Z** emblem (the emblem as it appears in the bylaws without words) or the Zonta International logo for use on articles for sale (to Zontians or the public), the club sends a request to the executive director at ZI Headquarters, including a description of the item, its uses, and a sketch if possible. The executive director acts on behalf of the Zonta International Board in authorizing such requests.

FREQUENTLY ASKED QUESTIONS

Where do I find my membership number?

Your membership number can be found on the back of your Zontian magazine above your name on the mailing label. Also included above the mailing label are your district, area and club numbers. If you have discarded your Zontian or did not receive it in the mail, you can contact your club president for your membership number.

How do I log in to the website?

Much of the information on the Zonta website is accessible to members without logging in. Your username and password are required to [Update Your Member Profile](#) or view the [Directory](#). If you do not know your username and password, please contact webmaster@zonta.org.

If you hold a leadership position at the club, district or international level, you can log in by selecting Member Resources from the menu and clicking on the [Leadership Access](#) button. You will then use your Zonta username and password to access protected material. If you do not know your username and/or password, or do not have leadership access to the website, please contact webmaster@zonta.org for additional assistance.

Where do I find my club number?

Your club number can be found on the back of your Zontian above your name on the mailing label. The numbers listed include your district number-area number-club number-member id.

Where can I find my membership list?

Only club presidents and treasurers can access a club's membership list. For a specific member's information, use the online directory which can be found under [Member Resources](#).

How do I edit my contact information?

You can edit your contact information on the website. Select Member Resources from the home page menu and click on [Update Your Member Profile](#).

How do I submit a story about my club's successful advocacy, service or fundraising activities?

Submit your club's success story, photos and/or video for inclusion on the Zonta International website using the [share your story](#) feature. Submissions will be reviewed by staff at Headquarters and edited for length and/or content. Please note that depending on the volume of submissions received, not all entries will be included on the website.

Curry in a Hurry 2011

Thank you to all the ladies who helped make the curry at Lyndy's home on Friday night, also everyone who worked on Saturday at the Tastes of the Burdekin.

We were very happy with everything, so do not plan to change anything for next year. The lady from the council was so impressed with our hand washing area she took a photo of it to use as an example to store holders next year. It was great to see all of our new members joining in the fun of the night, I am sure everyone enjoyed the experience and we made a good profit which is always nice.

Beth



Isabel, Mary Anne, Robyn, Janice, Mary, Ruth, Diana & Peta chopping and cooking



Pierina, Beth & Jan with the crockpots



Pierina looking the part and ready to secure customers as Judy and Diana wait for the hoards.



Peta keeping the food on the ready at Tastes of the Burtdekin. .

a little light relief

Karen Clarke: COSI – a theatre production in Townsville. On Friday 29th, Mary-Anne, Peta, Karen and 2 of Karen's neighbours, Lee-Ann Holmes and her mother Josie Cardillo travelled up to Townsville to see the "Shakespeare under the Stars" production of COSI. Beth Honeycombe was acting in the play. As we all travelled in the one car we had some interesting conversation on the journey. The play was a fantastic production about a young drama graduate putting on an opera by Mozart, in Italian, in a mental institution. There was a lot of laughter and a few near tears – a lot of emotion about the challenges and frustrations these people were facing in their everyday lives, dealing with their various conditions or afflictions, as well as managing the stresses of rehearsing for, and putting on, their performance of Cosi. We plan another trip to Townville to watch the Merry Widows of Windsor in September so hope some other members will be free to join us.

Beth Honeycombe: So great to have Zontians and friends at C*osi* on Friday, and so sorry you lost your rendezvous, Rita, and missed out. So sorry you were ill, Robyn. Thanks for your organizing, Karen



SUPPORT FOR CORES BOWLS

Giovanna: Friday the 29th July, cold, windy but Diana and I still put on a brave face and played lawn bowls for Zonta. We had John Botwright from the Gold Coast as our skip for the night and what a lovely man he was. We also had my cousin from Spain, Lara Gabiola who joined us in playing. Diana's daughter Chiara came to support us also. We started playing and as always we were hopeless. We got better with Diana and Lara playing some very good bowls. Our team had a draw 10 – 10 not bad because we kept up with the other more experienced team. As you can see in the photo we bought raffle tickets and didn't win that either. Good luck to next week's players.



Mary Anne: I had a week in Longreach with my parents and we had a great time - busy all day not doing terribly much though did manage the Races, some of the Diamond Shears which is a sheep shearing comp to find the 'gun' shearer, 2 days out with my brothers on the properties, cooking, gardening and lots of chats and laughs. Very specially I am off to meet up with my younger son Nathaniel next weekend to celebrate his 21st, and then on to a Conference in Brisbane.

Robyn: Our team for Friday 22nd July comprising Ruth, Robyn, Jan and Peter Sauer from Groper Creek but really north of Brisbane, had a lovely night improving as we went along. Peter was our skip and Jan was our star. They shared bowls and I shared Ruth's. I think our score ended up 16-12 with us taking 3rd prize on the night which was pretty remarkable given my skills. As with Giovanna's team our opposition were all bowlers so well done us! We weren't even on the board for quite some ends but eventually came through and we were chuffed as was Peter. It was an enjoyable night for a good cause (CORES). No we did not win the raffle either Giovanna.

CORES: Rita, Margaret, Pierina and John Botwright played on Friday night and Raelene, Jan, Majella and Rosemary flew the flag on Sunday. Thankyou to all of those ladies and our 2 gentlemen friends.

Judy Mitchell: This month I will be competing in the 10km run at the Townsville Running Festival on Sunday 7th August and then the City To Surf 14km run in Sydney from the city to Bondi Beach on Sunday August 14th. This will also include some fine dining and serious shopping!! All going well, I should still be on two legs by the end of August.

Lyndy McCathie: Pierina and I went to Brisbane to see Dr Zhivago. An absolutely fantastic show, over 3 hours of entertainment and beautiful voices. The story was told very well. It was certainly worth the flying visit to experience this musical.

I was very fortunate recently to be taken on a tour of the Burdekin Dam by Sunwater. This was very educational, we even walked inside the dam wall, how amazing.

I also attended a tour of Abbot Point. It has been 2 years since I was there last and there has been an amazing change since then.



Sunwater rep, John Honeycombe & Lyndy.



Inside Burdekin Falls Dam



Abbot Point