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Club 1476 Area 5 District 22

March/April 2009

Address PO Box 916 Bowen Queensland 4805 <u>www.bowen.zontadistrict22.org</u>

From the President's Pen

Kerry and I recently attended the Area 5 meeting in Cairns. It was about a 15 hour road trip and the really remarkable part about that was that we never stopped talking. We drove directly from Cairns to Townsville in the return trip and marvelled that we had managed to hold our bladders for so long, but alas ...not our tongues. It was an excellent opportunity to reflect upon what we had learnt at the meeting and to discuss strategies/ideas for the next year. At the meeting, we were addressed by Vicki Varthas - District 22 Governor from Brisbane Metro Breakfast Club: Trish Collins - Lt. Governor and District Chair OM&C from Rockhampton Club; Anne Grant -District Treasurer from Cairns Club and Kelly Stokes - Area 5 Director from Townsville Metro Club. I'm giving you this information so that you may realize that each of these women are real and have busy work, family and social lives that they manage as well as their Zonta roles. These women are inspirations that all members can aspire to greater leadership roles within Zonta. Each session was extremely rewarding and both Kerry and I felt our understanding of Zonta had jumped to a much higher level. We will be sharing this information with you over a period of time through newsletter articles and reports at dinner and committee meetings. Refer to this newsletter's article on the Multiplier Effect. The weekend was an excellent opportunity to gain insight into the "workings" of other clubs and to be able to use or adapt good practices from those clubs to suit our needs. We are encouraged by the activities of our neighbouring clubs and would really like to foster more interclub activities in the coming year. The invitation to the Zonta District 22 Conference, Create, Communicate and Celebrate, to be held in Townsville 25-27 September has been issued. We often complain that we in the North always have to travel (pretty much a fact of life up here) but this conference is on our doorstep, so to speak, and the organizers are hoping for an attendance of 200 to 250 delegates. I would encourage as many of you as possible to attend even if only for one of the sessions. I would hope that Bowen Zonta Club has adequate representation at each of the sessions. Consider those clubs outside of Brisbane who would need to make their way to Brisbane first before flying to Townsville and consider ourselves fortunate that we are not the ones needing to make the trek this time. Plans are well under way for the Handover Dinner so consider inviting all those friends and particularly those women whom you feel may aspire to the objects of Zonta and may be potentially recruited as new members. Bev Lowcock (President)

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Diary Dates

Club meets every 2nd Wed of the month at 7.00 pm Central 8th April 16th April 29th April Board Meeting - 5.30 p.m. Dinner Meeting - 7.00 p.m. F&F,Prog Meeting - 5.15 p.m Handover Dinner

7th May 13th May

21st May 14th June SOW,PR,Comm,UN - 5.15 pm Board Meeting - 5.30 p.m. Dinner Meeting - 7.00 p.m. F&F,Prog Meeting - 5.15 p.m White Elephant Stall

Advancing the Status of Women Worldwide

Committee Clippings

PR & Communications Report

Excellent PR was gained through our International Women's Day, with an informative write up accompanying many photos in the Bowen Independent in the week following the event.

Our club received quality PR and communications with other Zonta clubs when President Bev and Vice President Kerry journeyed north to Cairns to the Area 5 meeting on $28^{th} \& 29^{th}$ March. A wonderful and informative weekend was enjoyed by all who attended.

The newsletter will be produced for the months of March and April.

Kerry Picknell Chairperson

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Q150, SOW & UN Report

Role of Status of Women and Service Committee

Service Goal

To provide mission focused service, locally and globally in order to improve women's rights, health, education, economic status and to prevent violence against women.

Areas of Activity

The Committee work encompasses:

- Zonta International service programs o current service projects
 - Zonta International Strategies to Prevent Violence Against Women (ZISVAW)
 scholarships and awards
- scholarships and awa local service projects
- local service projects
 local legislative awareness and advocacy

Responsibilities

- recommend action and local service and advocacy projects related to Zonta International service projects
- coordinate programs, function and events which:
 - o raise the awareness of status of women issues
 - o provide education and development to women
 - support educational awards and scholarships to women
 - publicise and raise funds for local and current ZI projects
- seek corporate sponsorships, grants, bequests and individual contributions for major projects designed to advance the status of women
- support justice, human rights and fundamental freedoms through advocacy, finance and partnerships with other organisations for specific advocacy issues
- keep members informed of the accomplishments of women
- provide self development and training programs for club members that enhance their legal, political, economic, educational, health and professional status
- provide a support service to members who may require assistance in times of need.

Hortense Ingram Chairperson

Committee Clippings

Finance and Fundraising Report

The outgoing committee is keen to have in place a few fundraising ideas in the pipe line for the incoming committee and subject to members' approval on the new suggestions below.

Raffle for Handover dinner night organized thanks to Lynette and Bonnie. This raffle helps to cover the costs of putting on this evening so please give it your support.

White Elephant Stall, at the market, is planned for Sunday June 14th. The market will be up and running and the southerner's starting to appear! Keep sorting out those drawers, bookcase, garage etc. Hopefully most members will be able to help out for an hour on the day.

Ben Deluca is looking out for a good film for us for a Film Night in possibly July/ August.

Russ on the Fishing Classic Committee has been advised Zonta will look to participate again in Sept at the Fishing Classic. Suggested this year we do a "Drinks Stand" – Tea, Coffee, Water, Poppers for kids, and Soft Drinks - plus our big Raffle.

Committee decided not to do a big Mothers Day raffle this year due to difficulty with selling tickets. *Chris Coventry Chairperson*

(edited version)



Organization Membership & Classification Committee Role

"When we SHARE our world of Zonta we must LISTEN to the needs of our members, TALK to and include our new members and LEARN from their ideas." As a committee we are trying to ensure we retain each member of our club as well as introducing new members. Thus we hope all members find diversity with something for yourself and a fulfilling opportunity for service and fellowship through the whole club's activities.

The OMC's Membership duties are:

- Ensure growth and retention of members
- Source new names and present to Board & Club for approval.
- Send appropriate forms to District & Zonta International
- Organise information sessions for new members
- Look after the needs and welfare of all members.
- Look after members transferring from other clubs
- Responsibility for mentoring new members
- Organise fellowship opportunities for new members.
- Contact members who are sick or need support.
- Handle protocol and conflict resolution
- Keep a profile of all members
- Print a membership list Record and monitor club attendance.
- Follow up any members who miss 2 meetings.
- Concentrate on Retention of members.
- Send a letter of transfer for Zontians transferring to another club.

The Organisation duties are:

- Support the Organization of new Clubs.
- Mentor any Clubs sponsored by our Club. The Classification duties are:
 - Classify new members following the Marion de Forest Classification Manual
 - Check that there are at least 1/4 as many classifications as the club has members.

2008-2010 ZI OMC Program Goals

"Include a total net gain in membership each year; introduce a more effective District division; develop resources to encourage clubs to retain members, as well as help clubs to recruit qualified members with an increase in the global mission of Zonta International" Nan Hansen (Chairperson)

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Who's 21 Again?

Vicki	Feb 23		
Bonnie	March 2		
Angela	April 20		

Reminder

Membership dues are required as soon as possible. Payment of your fee of \$150.00 to Angela at the April meeting would be appreciated, with exception to members who may have been using the lay-by system. Q150 Update Stay tuned for further updates from the Q150 committee.

2009 District Conference

The Townsville Zonta club will be hosting the 2009 district conference to be held from the 25th to 27th of September. Mark this in your diary and start making plans.

Handover Dinner

Our Handover Dinner is on Wednesday the 29th April at the Bowen Golf Club. Tickets are \$25.00 and must be pre-purchased. Anyone bringing a guest please be sure to buy their ticket prior to the dinner.

White Elephant Stall

Plans are underway to hold the White Elephant Stall on the 14th June at the Markets in Hansen Park. Keep putting aside items for this fundraising event.

> Don't forget to wear your artistic Easter Bonnet or fascinator to April's meeting.



Thought of the Month

It is so much easier to suggest solutions when you don't know too much about the problem.

By Malcolm Forbes

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SNAPSHOTS OF EVENTS













Goral Goast Chat





Women's





160 women (above left) gathered to enjoy a day of celebration, inspiration and social togetherness. Guest Speaker Michelle Hooke (top right on left) assured all present that achievement is possible if you have the drive and the ambition. Elizabeth Rodgers enthralled as she transported us back in time to days that some remembered well while to others it is a part of history. Above and left Elizabeth demonstrates how the sugar sack was to be used in air raids during World War 2.

The Multiplier Effect

For each biennium, the Zonta International Foundation sets the operational fundraising goals for international service, education and prevention of violence. In addition, the Zonta International Service Program which seeks to improve the legal, political, economic, educational, and/or health status of women in developing countries or countries in transition, determines which International Service projects will be funded for the biennium. In supporting these projects, The ISP works collaboratively with the United Nations so that Zonta donations are contributing to UN funds which are earmarked for these identified projects, including United Nations Children's Fund (UNICEF), United Nations development Fund for Women (UNIFEM) and United Nations Population Fund (UNIFPA).

Obviously the decision to support a particular project is not whimsical but has been well researched and "costed" in terms of the amount of funds needed to attain predetermined achievable goals. In the same way that ZI contributes to existing UN projects to increase the effect of their work, we as clubs contribute to ZIF to increase the effect of their projects. We are all aware that collectively our donations have a greater impact servicing a designated few projects rather than individually trying to support many different projects. There in lies the multiplier effect.

Each of us is very keen to support our local projects (charity begins at home) but as members of Zonta International we are legally, morally and ethically obliged to follow the rules and guidelines of ZI. This does include contributing one-third of our fundraising dollars to ZI projects. We as a club do get to decide which of those projects we want it to be. The fact that our membership fees go to administration and we can be assured that our whole dollar goes to our designated project is the very aspect of Zonta we all appreciate.

The table below provides you with a brief overview of ZI projects for the 2008-2010 biennium and the funding goals set and those given at 31 December 2008. As you will notice our donation is very small within the big picture but together with lots of other small donations, we can be contributing to a much bigger project which would otherwise be unachievable on an individual basis.

	Fund	Goal	Received at 31 Dec 2008	Outstanding
International Service	Prevention of Mother-to-Child Transmission of HIV in Rwanda	US \$ 600 000		
	Safe Cities for Women Project in Guatemala City, Guatemala and San Salvador, El Salvador	US \$ 600 000		
	Reduction of Obstetric Fistula in Liberia within the context of Maternal and Newborn Health	US \$ 400 000		
Ĩ	Total ISF	US \$ 1 600 000	US \$ 178 481	US \$ 1 421 519
Preventin g Violence	ZISVAW Fund Including projects for ending violence in Cambodia (\$ 100 000), Egypt (\$ 200 000), Syria (\$ 100 000)	US \$ 600 000	US \$ 117 881	US \$ 482 119
Education, leadership & youth	Amelia Earhart Fellowship Fund	US \$ 650 000	US \$ 72 823	US \$ 577 177
	Jane M. Klausman Women in Business Scholarship Fund	US \$ 150 000	US \$ 43 360	US \$ 106 640
	Young Women in Public Affairs Fund	US \$ 190 000	US \$ 34 089	US \$ 155 911
	Rose Fund (not fund specific projects)	US \$ 800 000	US \$ 230 084	US \$ 569 916
	Endowment Fund (principal stays and interest used)	US \$ 500 000	US \$ 43694	US \$ 456 306

2008-2010 ZIF Fundraising Goals

The Amazing 5 Minute Chocolate Cake

This is an easy way to make a small cake in a couple of minutes or as a quick dessert. Grandchildren love to make it!

Use a bowl suitable for microwaving.[I use a 500ml Pyrex measuring Jug.] Into the bowl place 4 tbsp of S.R. Flour 4 tbsp of caster sugar or plain sugar 2 tbsp of cocoa

4 tbsp of S.R. Flour 4 tbsp of caster sugar or plain sugar 2 tbsp of cocoa Mix these dry ingredients together.

Add

3 tbsp of milk 3 tbsp of oil 1 egg

Mix ingredients together. Add a few choc chips if you want major decadence. Put bowl or jug with the mixture into Microwave [1000w] for 3 minutes on high. The chocolate chips tend to drift to the bottom so let it cool a few minutes and when you tip it out the melted chocolate chips are then the icing to the top. Very generous serves for 2

Tickets

Reminder to members to purchase Handover Dinner tickets at April Dinner meeting or from Lynette at LNQ office.

Thank-you

Your Co-editor Veronica thanks you all for thinking of her while she was away undergoing "running repairs". She hopes to be back with you all at the Handover Dinner to show off her newly constructed limb.



From the Editors



We are now coming to the end of our 2008 Zonta year and our club has concluded a very active and productive term with steady membership growth. much anticipation With we look forward to sharing another successful with all and old vear our new committee members and executive.

Kerry & Veronica