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**BOARD MEMBERS AND COMMITTEE CHAIRS**

**President**

Kelly Callaghan

**Vice President**

Dorothy Barnes

**Minute Secretary**

Pam Hall

**Treasurer**

Vicki Christie

**Correspondence Secretary**

Jenny Cranny

**Committee Chairs**

**Finance & Fundraising**

Lynette Croft

**Service**

Christine Alder

**Advocacy**

Jillian Scott

**Membership**

Judy Hill

**Newsletter Editor**

Desley Melrose

**Historian Archivist**

Simone Ricketts

**President's Patter**

My first month in the chair has seen two big events – the successful change-over dinner at Wildflower Restaurant and the planning day. Thank you to Mary for organising the dinner where we were able to thank and recognise the support of Andrew Elvin from Coast to Bay, Judy and Mark McArdle (MP), Marilyn from Rotary and Emma Pickens (retailer) as well as friends and partners.

The vision and plans of each committee were discussed at the Planning Day and will be presented to members at the next meeting. While the fundraising focus is on the RISE project, the plans for a Race Day, IWD, the Sunshine Coast Marathon and the Gary Crick Charity Bike Ride are all in motion. Please check the calendar in this newsletter for those important dates – together we can achieve great things.

Congratulations to the Membership Committee, who were led by Christine over the last year. You have achieved a net membership gain (11-15 members) that has been awarded **Silver** by Zonta International. If anyone plans to go to Nice for the convention then you can proudly stand on the stage on 6<sup>th</sup> July to accept the award on behalf of the club! The current membership committee articulated their intention of growing the club to 35 members, so let's get behind them.

Other ideas from the planning day included; investigating a Go-Fund me site, tracking monthly profits, using drop-box for sharing information, flying minutes to deal with club issues quickly, progressing a Z-club at Caloundra State High and engaging interesting monthly speakers.

We are also in the fortunate position of being able to consider our dinner venue. This was discussed at length at the planning day and it was decided to go back to Wildflower restaurant for further discussion about pricing and ask them to meet our current dinner costs. Urban Espresso has been a great host but it is a small venue that we may outgrow. Wildflower is a modern new venue with good audio-visual resources and they are very keen to have our business. In the past when we have looked at venues, it has been difficult to find places that were suitable as many service clubs have long standing bookings. After further discussion with the manager at Wildflower, they will meet our current price and provide us with a main meal (changing each meeting, special dietary requirements), tea/coffee and a small sweet, audio-visual, microphone, cloth table settings, wine and beer at \$5 per glass.

There are some pros and cons to moving and staying. Please think about this prior to the dinner meeting on Tuesday when we will vote.

Our club has sent flowers and a card to Cathy, who is in Melbourne preparing for surgery on the 11<sup>th</sup> July. She is very grateful for our thoughts and prayers.

I look forward to seeing you all on Tuesday at 6.00 pm.

*Kelly*

# Reports

## Changeover Dinner

**Meeting held at:** Wildflower Restaurant Kawana Oceanside Hotel.

**Guests:** A. Elvin (Coast2Bay) , K Christie, M. Callaghan, G. Barton , M. Harris (Caloundra Pacific Rotary), Mark & Judy Mc Ardle, J. Wilson (Iluka) ,Janet Austen (Beerwah SH Principal), Carmel Sullivan, Ann Geddes, Karen Ziebarth , Emma Pickens, Lyn Agnew (Zonta Area Director)

**Area Director, Lyn Agnew** spoke about Zonta International Projects and also about District 22 membership in comparison to other districts including their generous contribution to International projects. .Lyn went on to induct the new Club Executive and New Directors.

**New President, Kelly Callaghan** thanked Mary Henzell for her very successful term as President and went on to outline her objectives for the club during her term of office.

**Marilyn Holness outlined an update of the RISE Project** acknowledging the assistance of Coast2Bay, Caloundra Pacific Rotary, Barb Ryan, Mark and Judy McArdle and others who have offered assistance with this project.

### New Chairs and Committee members inducted -

	Service	Advocacy	Fundraising	Membership
Chair	Christine Alder	Jillian Scott	Lynette Croft	Judy Hill
Co-chair	Julie Pozzoli	Marilyn Holness	Marie Muller	Bev Bellett
	Joan Fitzgerald	Sharon Roffey	Bev Barton	Dorothy Barnes
	Val Roberts	Jo Ashburner	Jenny Craney	Mary Henzell
	Lyn Coloutti	Pam Hall	Shiree Hobson	Kerri Dick
	Simone Rickets	Desley Melrose	Jo Saxelby-Balisky	Jan Colless
	Cathy Govey	Marie Piggott	Vicki Christie	

Board members are Committee Chairs plus Vice President (Dorothy) Newsletter Editor (Desley), Minute Secretary (Pam Hall), Treasurer (Vicki) and Correspondence Secretary (Jenny Craney).

## Planning Day

Held Saturday 25<sup>th</sup> June from 10am -1pm at the home of President Kelly Callaghan

**Committee Ideas:** Membership, Fundraising, Advocacy and Service committees spent 15 minutes detailing ideas on our future direction. Each committee reported back to the whole group for further discussion. See Kelly's President's Report in the newsletter for details.

**President's thoughts:** Kelly presented her vision for the club going forward. Dinner Meetings to be Educational with Guest Speakers at each meeting to assist and inform members. Eg: Speaker to assist with improving members tech skills to allow better access to Zonta website and our Facebook page. Board Meetings to organise these Guest Speakers.

**IWD.** Committee to be formed at the July Dinner Meeting.

# Calendar

## KEY DATES:

- 5<sup>th</sup> July** Dinner Meeting at Urban Espresso 6.00 for 6.30
- 30<sup>th</sup> July** Birthing Kit Assembly Day
- 2<sup>nd</sup> August** Dinner Meeting (venue to be advised)
- 21<sup>st</sup> August** Sunshine Coast Marathon
- 27<sup>th</sup> August** Gary Crick Bike Ride for RISE PROJECT
- 6<sup>th</sup> September** Dinner Meeting (venue to be advised)
- 4<sup>th</sup> October** Dinner Meeting (venue to be advised)
- Mid-October** Race Day
- 1<sup>st</sup> November** Melbourne Cup Day - Club Fellowship Day/Lunch
- 8<sup>th</sup> November** Dinner Meeting in lieu of 1<sup>st</sup> November meeting
- 25<sup>th</sup> November** White Ribbon Day
- 25<sup>th</sup> Nov to 10<sup>th</sup> Dec** 16 days of Activism
- 6<sup>th</sup> December** Christmas Function
- January** no meeting
- 7<sup>th</sup> February** first Dinner Meeting for 2017
- Friday 3<sup>rd</sup> March 2017** IWD (IWD Committee to be formed at the July Dinner Meeting)

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## **16 DAYS OF ACTIVISM AGAINST GENDER VIOLENCE**

25th November - 10th December

The 16 Days of Activism Against Gender Violence is a global campaign to raise awareness about violence against women and its impact on a woman's physical, psychological, social and spiritual well-being. Human rights cannot be universal without human rights for women.

The 16 Days of Activism begins on 25th November on International Day for the Elimination of Violence Against Women and ends on December 10th International Human Rights Day. These two dates highlight that violence against women is a human rights abuse. We invite community members and organisations to coordinate or participate in an event to unite in the struggle to end violence against women.



During the 16 days, activists around the world use the campaign to further raise awareness about the prevalence and devastating impact of gender violence, to celebrate victories gained by the Women's Rights Movement, challenge policy and practice that allow women to be targeted for acts of violence and demand that violence against women be recognized as an abuse of human rights.

For further information on 16 Days of Activism please visit the [Amnesty International](#) website.

As mentioned in Kelly's report we have been awarded the Silver Award for our membership achievements. Congratulations to our Membership Committee. Thank you for all the work you have put in to achieve such an increase in our membership.



Dear Club President and Zontian representing your Club,

## Congratulations!

We are pleased to inform you that your club meets the criteria to receive the Silver certificate of the new CONVICTION-COMMITMENT-COURAGE Membership Recognition Program for achieving a **net membership gain of eleven through fifteen (11-15) members.**

Your club will be honored on stage at convention in Nice for its excellent membership achievements. We ask you to be available in the auditorium (Apollon) on Wednesday 6 July, 2016 from 8:30 a.m. - 9:45 a.m. to come on stage during this session **when group 2.3 is invited to go on stage.** There will be reserved seating prepared for you and monitors will guide you. You will receive the folder on stage from President Maria Jose Landeira Oestergaard and Membership Committee Chairman Annette Binder. Behind the stage, you will receive your Silver club certificate to put in the folder. Because we only have 30 minutes, we assume that doing it this way will accelerate the process.

You may download a copy of your official recognition letter by clicking [here](#).

We look forward to this ceremony and celebrating your success! Thank you for joining us.

Kindest regards,

Maria Jose Landeira Oestergaard  
ZI President 2014-2016

Sonja Hönig-Schough  
ZI President-elect 2014-2016

Annette Binder  
ZI Membership Committee Chairman 2014-2016

Zonta International, 1211 West 22nd Street, Suite 900, Oak Brook, IL 60523-3384

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# *JUST FOR INTEREST*

## *The violent men who do change*



Cosima Marriner

### **SUN-HERALD SENIOR WRITER**

Two thirds of violent men who attend behaviour change programs completely stop abusing their families within two years, but they always fear slipping back into their old ways.

The first Australian study into the long-term effects of interventions for domestic violence perpetrators found that court-ordered participants in behaviour change programs were the most likely to stop being violent.

Monash University followed men who attended behaviour change programs in NSW, Victoria and Western Australia for two years after they completed the program.

Monash social work professor Thea Brown said 65 per cent of men were classed as violence-free at the end of the study. This meant they no longer physically, emotionally or sexually abused their partners, or made them afraid.

"That's a good outcome. The men do improve considerably," Professor Brown said. "It shows that the programs are effective." After the initial three-month program, most men continued to use professional help to remain violence-free.

Men who had been ordered by the courts to attend a behaviour change program did better than their peers. Professor Brown suggested this could be because they were more tightly monitored, had been rattled by their court experience, or feared the legal consequences if they didn't succeed at changing their behaviour.

All the men said it was difficult to remain violence-free. "None of them ever felt they were in a secure position and wouldn't slip back," Professor Brown said. "It's very hard to do as well as they should every day of the year."

One man said: "I only feel confident when I'm doing the program."

This daily battle was identified by some of the men's partners who contributed to the study. "He's good most days, not every day," one woman said of her partner. Overall most women were optimistic about the future with their formerly violent partners.

Half the men had broken up with their partners before they started the behaviour change program. Forty per cent of the program participants were born overseas.

Older men who were in relationships and had a higher standard of education were marginally more likely to permanently change their behaviour. However Professor Brown said: "We still don't know why some men change and some men don't."

Men said the program facilitators, rather than the actual content, made the difference to them. They also liked the group dynamic. "They found a lot of individual support, they felt they were being accepted by other people, they felt less evil," Professor Brown said.

Men were disappointed the programs didn't provide any help with their parenting.

The programs failed to reduce the incidence of mental illness among domestic violence perpetrators. Thirty per cent of violent men have mental health problems. The programs did halve the incidence of alcohol and substance abuse.

Professor Brown said her research, which was funded by Violence Free Families, showed there was a need for closer monitoring of participants in men's behaviour change programs, and proper exit assessments that could refer men to ongoing support services. Parenting advice also needs to be provided.

Read more: <http://www.smh.com.au/nsw/the-violent-men-who-do-change-20160527-gp53j0.html#nav#ixzz4DJDtUDB>  
Follow us: @smh on Twitter | sydney Morning Herald on Facebook

## *Next Dinner Meeting*

Our next **Zonta Dinner** is on **Tuesday 5<sup>th</sup> July 2016**  
Urban Espresso 4/5 Innovation Parkway, Lake Kawana.

We will be meeting at **6.00pm for 6.30** cost **\$35.00**  
Please pay into our Account with NAB. Details: BSB 084-484 A/C 98-771-5070

Please send apologies and guests to Jillian – (H) 07 5438 0899  
Apologies so far are Vicki Christie and Joan

*Remember - if you accept the invitation for dinner and cannot make it  
you are still liable for the \$35.00 cost.*

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*Our guest speaker for the dinner meeting is Andrea Nave who is the CEO of the  
Forget Me Not charity in Australia. The charity works with children in Nepal, India  
and Uganda and Andrea is a dynamic and passionate speaker.*