East-Enders



August 2019

Presidents Patter

Our President is currently enjoying time with family in Canada this month so no President Patter but still plenty to read and report. Enjoy your holiday Loris and looking forward to hearing all about it on your return.





We welcomed Divya to our Club at our last meeting and presented her with her Name Badge. Divya has transferred her membership from the Zonta Club of Toowoomba Inc. Divya came to Australia from Canada (near Toronto) to undertake her medical studies and training and is now doing her specialist training in Obstetrics and Gynaecology at the Caboolture Hospital. Whilst in Canada she learned about Zonta through her membership of a Z Club and her participation in and winning a YWPA Award. We look forward to working with Divya in the coming years and enjoying her fellowship and contribution to the Club.

Zonta Centennial Anniversary Grants

Exciting news this month to receive advice from Zonta International that our application for a Zonta Centennial Grant has been successful. We are one of 62 projects worldwide to receive a grant of \$US5000. Our application was for the grant to be



used to train additional facilitators to run the LoveBites program in schools. The training will be done by NAPCAN later this year with the program run in the schools during 2020. Thank

PO Box 1873 | Carindale , 4152 | Qld | Australia | Ph: 0419 026 756 Website: www.brisbaneeast.zontadistrict22.orgEmail: brisbaneeast@zontadistrict22.org

you Jo and Barbara for assisting with the preparation of the grant application and especially to Barbara who will work with the schools now to identify the staff to be trained.

Congratulations to the three other Clubs in District 22 who were successful in their applications – Zonta Club of Brisbane City Heart partnering with Anglicare Southern Queensland and the Zonta Food Bank Mobile Kitchen, Zonta Club of Brisbane Metro Breakfast Inc partnering with Women's Community Aid Association and the project Enhancing Connection: Resourcing Women to get Online and the Zonta Club of Ipswich Inc which is partnering with Access Community Services Ltd re "Standing Up – Women's Cultural Event.

Fellowship Brunch

On a beautiful sunny winter morning five Club members and one HonZon finally found a park for the car at Manly and enjoyed a great fellowship brunch at Tide Wine Bar on Manly Jetty. Thanks Jacinta for organising this and the general consensus was "we should do this more often".



Bunnings Sausage Sizzle



Thank you to members and HonZons who helped with our July Sausage Sizzle. Our sausage sizzles are a major fundraiser for the Club enabling us to fund our agreed service projects but without the help of our Hon Zons we could not manage these and again we thank them for their assistance. Our next sausage sizzle is 26 August with further dates to be decided. If you can help on this date please let Jo know so she can include you on the roster.

Annual High Tea

Our Annual High Tea is all booked in for 15 September 2019 at the Belmont Bowls Club. This will be a very special function as we will also celebrate Zonta's Centennial Anniversary and of course our past 30 years since Charter. A small committee has been formed to assist with all the preparations so be prepared to hear from them soon and also consider what you can contribute for the day. Also start rounding up your friends to keep the day free and attend. A Flyer for this major fundraiser is also attached for you to start promoting this major fundraiser for the Club and bookings cane be made now.

100 Year Celebration - District and Inter-District Conference

Time is running out for Registration at our 100 Year Celebratory InterDistrict Conference. The Conference program will include our own District 22 Conference on the Friday during which we will hear reports from our District leaders as well as elect the District Board for the 2020-2022 Biennium. Saturday and Sunday is when we join with Zontians from the other three Districts. The program is jam packed with interesting speakers and workshops as well of course as our Gala Dinner on the Saturday night. It is also an opportunity to meet our Zonta International President Susanne von Bassewitz.



3

This is one Conference not to be missed. The full program and Registration Form is on the District 22 website.

District & Zonta International Membership News

Are you registered for the membership workshop at Conference? The workshop- will be led by Belinda Moore from Strategic Membership Solutions (SMS) and include a panel of Zontians from each of our four Districts.

Membership statistics as at 30 April 2019 as provided by our Lieutenant Governor are:

Zonta International – 28,499 members, Young Professionals 318 - 11 of the total of 38 Australia-wide are in D22. At international level 13 new Clubs have been chartered with a further 14 in formation and 28 persons have Individual Membership with 2 in Queensland.

Membership for D22 as at 30 April 2019 is 952 and we have a target of 1010 by the end of this biennium ie 31 May 2020. New members are each receiving a 100 Year Centennial Membership Certificate and a 100 Year Pin. Those Zontians who did not renew for 2019-2020 are each being invited to consider Individual Membership and an Exit Survey is being undertaken.

Member Profile - Sarah Skalecki

I was born in Perth but spent the majority of my upbringing in Townsville of Far North Queensland. I always had an interest in the human body, and it so it was only natural that Medicine was my first preference when choosing a course to study. The best part about studying was saving up all my money and travelling to Africa for two months where I experienced first-hand the impact gender inequality and lack of access to health care had on women and their birthing experience. This is what drove me seek special training in Obstetrics and Gynaecology after I graduated in 2015.

PO Box 1873 | Carindale 4152 | Qld | Australia | Ph: 0419 026 756 Website: www.brisbaneeast.zontadistrict22.org Email: brisbaneeast@zontadistrict22.org



I moved to Brisbane in 2016 to start my internship at The Princess Alexandra Hospital (PAH). Obstetrics and Gynaecology was one department that was not available at the PAH, so I travelled to Redland Hospital each day at the beginning of the year to gain experience in women's health. I was just barely a new born myself (in the medical world), but once I dipped my toes into the water there was no looking back. I returned the following year and continue working at Redland Hospital today. To ensure I am providing the best care I can, I am undertaking the Diploma in Obstetrics and Gynaecology. I have now applied for specialty training with the Royal Australian and New Zealand College of Obstetricians and Gynaecologists. By the time this article

reaches your email I would have completed my interview and exam. I hope they went well!

I have always had a special interest in philanthropy and can remember walking my neighbourhood with my Mum when I was just 12 years old. We would go door-knocking for days, collecting donations for the Leukaemia Foundation, the Red Cross and the Cancer Council. My interest in human rights and the empowerment of women has been growing over the last few years and I feel I have found the perfect club to support and nourish its development – Zonta. I am very honoured to be member of our Zonta Club of Brisbane East and hope my college training keeps me local so I can continue to be an active and enthusiastic member for years to come.

Diary Dates



12 August 2019 – Board Meeting, Carina Leagues Club 18 August 2019 – Function to thank our HonZons – St Gabriel's Church, Carina

19 August 2019 – Monthly Meeting – Bulimba Library – "*Bring a Friend Night*" and hear special Guest Speakers Drs Hall and Taylor (Special Invitation & details attached)

26 August 2019 – Bunnings Sausage Sizzle - Rocklea 6-8 September 2019 – InterDistrict Conference, Brisbane Convention & Exhibition Centre

9 September 2019 – Board Meeting, Carina Leagues Club 15 September 2019 – High Tea, Belmont Bowls Club (Flyer

attached)

16 September 2019 – Monthly Meeting – Bulimba Library

24 November 2019 – United Nations Day

8 November 2019 – Zonta's 100th Birthday

18 November 2019 – Zonta Says No City Walk

24 November 2019 - Walk Against Violence, Love Street Park, Bulimba



Meet the Brisbane couple

Curing hundreds of shunned African women

One of Brisbane's most respected gynaecologists, Barbara Hall, decided to give up her thriving practice six years ago to become a volunteer surgeon in Africa and several other countries. Her husband John Taylor, a retired general practitioner, has joined his wife as her surgical assistant. They gave up a comfortable retirement to treat Ugandan women suffering debilitating gynaecological conditions. They operate at St Paul's Health Centre in Kasese, eight hours from Uganda's capital, and Kagando Hospital, an old leprosy hospital about 40 kilometres out of Kasese.

Dr Hall and Dr Taylor have visited Uganda 28 times since 2013 performing over 1000 operations.

Performing surgery in rural Uganda does present significant challenges never faced in the private hospitals of Brisbane, according to Dr Hall.

For starters, they often have to operate with battery powered head torches because the powercuts out all the time. And when the local council turns the water off without warning to conserve supplies, the surgeons have to scrub using buckets out the back of the hospital. Please join us to hear their interesting story.

Join the members of the ZONTA Club of Brisbane East Inc. at our monthly meeting to hear Doctors' Barbara Hall and John Taylor talk about their work in Uganda.

DATE: Monday 19 August 2019

TIME: 7:00pm followed by coffee

VENUE: Bulimba Library, Meeting Room #1

369 Riding Road Bulimba

Some of the club's projects include:

- Bursaries for students from Balmoral SHS and Yeronga SHS over a 3 year period to encourage them to continue with higher education
- Making and free distribution of Breast Care Cushions and Drainage Bags to men and women who have undergone breast surgery
- Providing support to women in Domestic Violence refuges
- Assembling Birthing Kits to provide a safe and clean birthing area for women in developing countries
- Providing opportunities such as education for vulnerable and excluded children particularly girls in Madagascar through education
- Assisting Syrian and Jordanian refugee women's access to sustainable employment and safety
- Supporting an accelerated program to end child marriage
- Addressing human trafficking & unsafe migration in Nepal
- Continuation of the campaign to End Violence Against Women





Zonta Club of Brisbane East Inc

High Tea, Fun and Fashion Bookings Essential

Please advise special dietary requirements when booking







Lucky door and spot prizes, raffles and a parade by <u>Fashions on Mayfield.</u>
Items will be available to purchase on the day in sizes 8 – 26.
Not all sizes may be available on the day but can be ordered.



Join the members of the ZONTA Club of Brisbane East Inc. at our Annual High Tea and Fashion Parade to raise funds for local and International service projects to advance the status of women

Celebrate our Club's 30th Anniversary

DATE: Sunday 15 Sept 2019

TIME: 2.00pm - 4.30pn

VENUE: Belmont Bowls Club, 20 Narracott St, Carina 4152

COST: \$40 per person for delicious sweet and savoury finger

food, tea and coffee. CASH BAR WILL BE AVAILABLE

RSVP: By the 6th of September with payment

Email: presidentbrisbaneeast@gmail.com Phone: 0466 082 002

BSB: 124 001 Account No: 11207043 (referencing your name)

PAYMENTS: ZONTA Club of Brisbane East Inc – Bank of Qld

PROJECTS INCLUDE:

- Bursaries for students from Balmoral SHS and Yeronga SHS over a 3 year period to encourage them to continue with higher education
- Making and free distribution of Breast Care Cushions and Drainage Bags to men and women who have undergone breast surgery
- Providing support to women in Domestic Violence refuges
- Assembling Birthing Kits to provide a safe and clean birthing area for women in developing countries
- Providing opportunities such as education for vulnerable and excluded children particularly girls in Madagascar through education
- Assisting Syrian and Jordanian refugee women's access to sustainable employment and safety
- Supporting an accelerated program to end child marriage
- Addressing human trafficking & unsafe migration in Nepal
- Continuation of the campaign to End Violence Against Women