



President: Rosalind Pestell –3285 3294

Vice President: Suzanne Strahan –3289 9297

Treasurer: Karen Fuller – 3325 1501

Directors: Grace Cochran, Kay Reid

Secretary: Dot Patrick – 3205 1441

PO Box 447 Lawnton Qld. 4501

Web: www.pinerivers.zontadistrict22.org

Email: pinivers@zontadistrict22.org



Dinner

Contact **Grace Cochran** for all dinner cancellations no later than the Monday prior to our dinner meeting. Advise her of any apologies if you are unable to attend or to let her know of extra dinner guests that you have invited.

COST (Includes dinner)
Members/Guests \$25.00

Special Dietary Requirements:

If anyone has any special dietary requirements will they please inform Grace so that she can inform the club. The club is very happy to cater to individual needs.

Grace Cochran

Home: 3325 1896

Mobile: 0411 783 020

gamp@inet.net.au

Diary Dates



2nd April

**Sewing Bee – Kay's
Kay's**

13th April – 6:30pm

**Dinner Meeting
Arana Leagues Club**

11th May

**Sausage Sizzle Fundraiser
Bunnings**

Happy Birthday

goes to...

Fiona McNamara

9th April



Bingo Report

Roster as follows:

April

7th Bettina
14th Carole
21st Anthea & Ros
(Vicki day off)
28th Carole

May

5th Carole
12th Jan
19th Anthea & Kay
26th Bettina

June

2nd Barbara
9th Ros
16th Kay
23rd Anthea & Jan
30th Bettina

July

7th Carol
14th Barbara
21st Ros
28th Anthea & Kay

Sausage Sizzle

Bunnings

Carseldine

Wednesday 11th May

*Fundraising - Contact Karen if you
can help out during the day.*



I now look on bingo as a **service to the community** as each week the players look so much to us being there. I have reduced payouts because of the small numbers but they still want to continue. For those members who have not come to a Thursday morning bingo game, it would be nice if, when you are not at work to come along and see the friendly people who attend

Thanks, **Vicki Williams**



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President's Message

Dear members,



While Karen, Kay, their menfolk and other Zontians, (sorry I don't know the full roll call) were working in the rain but making a very nice profit at the **sausage sizzle** on Saturday 19 March, four of us, Dot, Glynnis, Vicki and myself headed up Tamborine Mountain to the Area meeting.

We too had rain all day, so Tamborine Mountain's spectacular views were lost in the mist but we had a happy day at the Eagle Heights Resort Hotel.

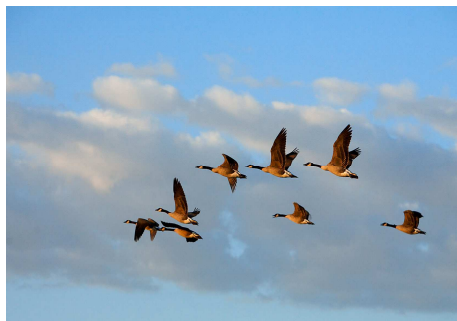
There was a good turn up of members from **Clubs in Area 1 and 3** and our District Governor Trish Collins spent the day with us providing an update on District 22 and Zonta International matters.

The day's theme was **Lessons from Geese** – such as the value of teamwork and of supporting one another and how each member takes their turn as leader when flying together in formation.

I gave a short presentation on **our fence panel** (Kay gave me a very good photo to show the Clubs) and on our school R.A.V.E. project. Both topics were of interest to other Clubs and to the District Governor (although of little relevance to

geese). There were some wonderful projects from other Clubs as well, including the showing of the winning video made by school boys who entered Paradise Point Club's competition to produce a video (or poster) on the theme **"There is no place for harm in relationships"**.

It was also interesting to hear that the Caloundra Club has plans to build a set of units in Caloundra for **victims of D.V.** The units will be close to amenities and organisations which could help the women while they are in the units. The Caloundra Club has had the land donated to them by a local businessman, and have had meetings with a lot of interested parties such as the Council and welfare groups to get everyone on board. They have to get through the town planning process and then raise the money for the building itself.



During the day we had several brainstorming groups where we heard more about what Clubs were doing, and we were also reminded that Zonta will be 100 years old in 2019

and that we need to be keeping records of outstanding events and projects in our Club's history as it is likely each District will be asked to contribute highlights from their Clubs for an official Zonta International publication.

By the time the newsletter comes out I expect we will have had a successful **sewing bee** at Kay's and I am looking forward to our April meeting with guest speaker Erin Cash giving us an update on her plans for the R.A.V.E. programme at Pine Rivers High.

See you all soon.
Regards,
Rosalind Pestell

Organization, Classification & Membership Committee

1st April was the first day of the next twelve months for our club. **Yearly fees are due** this month for international, club and district. \$175.00.

A few snippets from the area workshop on fellowship and membership:

"Fellowship in Full Flight"
birds of a feather flock together

That was the introduction to this section of the workshop. It is interesting to note that even though the same guidelines



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are for each club, each club also has their own personality governed by the area they live in. e.g. In Brisbane clubs, the members are mainly business working women in offices etc whereas, country clubs are business women in rural activities.

Fellowship: “Benefits & Importance” Iris Scott

3 questions we may ask ourselves:

- Why did we join Zonta?
- Why are we still members?
- What has Zonta done for us and continue to do for us?

Zonta is a service organization, so I would like to think that we should think about what we can do for Zonta and our fellow members but some of the items mentioned at the workshop to answer the above questions were:

Social interaction which is essential for retention of members through involvement in all club activities

Building self-esteem & confidence which promotes interest in club affairs and stimulates new ideas and directions

Opportunities for advocacy to utilize the diversity of members' skills and

Potential for reciprocity through inter club liaisons.

How Can Quality Fellowship be Achieved?

- Develop a plan to involve all members
- Ensure fellowship activities cater to a range of budgets and tastes – minimum of 2 fellowship events per year.
- Fellowship should be pivotal to all club activities and should be treasured and enjoyed!

These are a couple of excerpts from the area workshop on membership.

So, would members like to make a group booking for “Dr Zhivago” which starts in July? Just for fellowship.

Regards,

Vicki Williams (chair)



UN Committee

Zonta International Service Program 2008-2010

Prevention of Mother-to-Child Transmission (PMTCT) of HIV in Rwanda

In Rwanda, 27,000 children are HIV positive, 90% of the children living with HIV contracted the virus during pregnancy, childbirth or breastfeeding. Almost all of these cases could have been prevented if the mother had access to proper medical treatment.

The goal of this project is to prevent mother-to-child transmission of HIV by providing health care, prenatal and obstetrical services, and links to reproductive health programs, nutritional support, psychosocial services and income-generating activities to HIV-positive mothers.

Results

For the period January to August 2010:

- A total of 17,542 pregnant women received prenatal services in UNICEF supported sites.
- 100% of these women were counseled for HIV, and 97% were tested.
- A total of 411 (2.4%) were HIV-positive, and 97% of



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those testing HIV- positive received antiretroviral therapy.

- Scaling up the family package approach in 7 sites The family package approach was implemented in 7 health facilities
- Supporting the rehabilitation of infrastructure
- Building capacity of health facilities staff
- Developing a network for community-based psychosocial support
- Building the capacity of enrolled patients to initiate and sustain income-generating activities
- Advocating for community involvement and for increased access to effective care and support for the most vulnerable



- Partnering with other institutions to provide nutritional support

From January to June 2010, a total of 135 HIV-positive mothers and their families

enrolled in PMTCT support groups at the PMTCT sites and received quality care and close follow-up. Through counseling, peer education and implementation of the income generation activities, men's participation has improved significantly.

Regards,

Glynnis Gartside



Diary Dates 2011

2nd April Breast cushions sewing bee at Kay's

11th May Sausage Sizzle – same day as AGM!

28th May Rodz Rock and Roll concert & fireworks (glowies opportunity)

29th May Dayboro Day – information stall and raffle.

18th or 19th June Sewing Bee at Vicki's (d – but Sat or Sunday to be voted on)

6th August Fundraising Evening

17th August Sausage Sizzle – Bunnings (exhibition Wednesday)

27th August Birthing Kits at Vicki's

8th October Sewing Bee at Karen's

1st November Melbourne Cup Day

Plus dinner meeting - 6.30 - on every second Wednesday of the month.