



# ZONTA

CLUB OF  
PINE RIVERS INC

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN

THROUGH SERVICE & ADVOCACY

## APRIL 2018 NEWSLETTER

### Date Claimers

#### Breast Cushion Sewing Bee

When: 12 May 2018

Time: 10am

Where: Anita's

#### Sausage Sizzles

23 May

28 June

Bunnings Carseldine

### Dinner Payments

Reminder, meal payments are due prior to the monthly meeting.

Account Name: Zonta Club of Pine Rivers Inc  
BSB: 633000  
Account Number: 123710873

### A reminder from our Treasurer

Membership fees are due 31 March 2018.

Please pay \$180 to the club's Administration Account

- BSB: 633-000
- Account: 123 710 873

### International Women's Day Lunch

Pine Rivers Zonta Club held a successful International Women's Day celebration with a lunch at the Kedron Wavell Services Club on Sunday 4 March.

The focus for the day was set by the Member for Pine Rivers, Nikki Boyd, who spoke briefly about her personal story, her inspiration for entering politics and her desire to close the gender pay gap.



The main guest speaker was a familiar face to most of us. Jenny Woodward, the ABC's long-serving weather presenter gave an entertaining talk entitled, "Weathering Well – from Weather Girl to Weather Specialist". It was a brief potted history of how her career has evolved, mixed in with some funny stories about weather forecasting and presenting in



Australia. Jenny reminded us that in the early days of television 'weather girls' were selected to be decorative and photogenic rather than for their knowledge of meteorology. The skills

and knowledge that she has developed in the role have enabled her to maintain and strengthen her position.

A pianist created a convivial atmosphere throughout the proceedings. The delicious two-course meal was served

professionally and the air conditioned venue was a pleasant place to be on a very hot day. The raffles were well supported and the healthy profit of over \$3000 will be a great boost to this year's fundraising effort.

In her closing remarks, Club President Simone reminded the guests of the important work of Zonta in improving the lives of women and girls and gave examples of both local and international projects. Thanks again to Alicia for compering the event and keeping it running smoothly.

Congratulations to Sharlene and her fundraising team on a very successful and enjoyable event.



## International Day to End Obstetric Fistula – 23 May

Obstetric fistula is one of the most serious and tragic injuries that can occur during childbirth. It is a hole between the birth canal and the bladder or rectum caused by prolonged, obstructed labour without treatment.

The condition typically leaves women incontinent, and as a result they are often shunned by their communities. Sufferers often endure depression, social isolation and deepening poverty. Many women live with the condition for years – or even decades – because they cannot afford to obtain treatment.

An estimated 2 million women in sub-Saharan Africa, Asia, the Arab region, and Latin America and the Caribbean are living with this injury, and some 50,000 to 100,000 new cases develop each year. Yet fistula is almost entirely preventable. Its persistence is a sign that health systems are failing to meet women's essential needs.

Source: United Nations - <http://www.un.org/en/events/endfistuladay/>

### Keeping abreast with demand

Upon hearing that the Mater Mothers' Hospital has a continued need for breast cushions, the club decided to hold regular sewing bees to help keep up with their needs. The first of these was held on 17 March with Simone, Anita, Rosalind, Janelle and Bron taking part. With Simone at the machine and the others filling and stitching by hand, we completed and packed 28 cushions for delivery to the hospital for distribution to women who've undergone mastectomies.

Many thanks to Anita for hosting at her home and delivering the breast cushions to the Mater.

The next sewing bee is scheduled for 12 May at Anita's from 10am to 12pm followed by lunch – remember to bring a plate to share. And those with sewing machines, please bring them along!

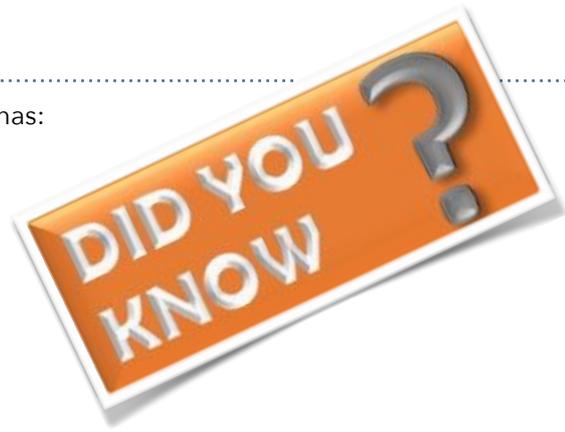


## Did you know?

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Zonta International District 22 (Queensland) currently has:

- 44 clubs
- 990+ members
- 14 Z Clubs
- 1 Golden Z Club



## Meet our new member Carolyn

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Our newest member Carolyn Martinez was inducted on 11 April.

Growing up with parents from the era of kids are to be seen not heard, and men are better just by their gender, Carolyn has long had a passion for inspiring girls and women to achieve their dreams— which is what drew her to Zonta. She says she also has a strong commitment to giving back after her family experienced a significant trauma as a result of crime in 2000. "Life isn't always fair, and sometimes good people need to feel 'community' to pick themselves up after trauma. I was drawn to Zonta by the diversity of projects and the opportunity to make a difference at a strategic level."



Warner-based Carolyn is a writer and editor. She has a MA (Writing). The former Newspaper Owner/ Editor is now a full-time mum, part-time author and communications advisor. She has two published non-fiction books—*Inspiring IVF Stories*, and *Finding Love Again*. Both are compilations of true-life interviews sourced Australia-wide. In partnership with illustrator, Adriana Avellis, she is about to launch four children's picture books: *The Umbilical Family*, *Discombobulated*, *It's Raining Shoes*, and *Places to Poop* under the pen name Cate Sawyer (a compilation of her kids' names).

Carolyn runs Brisbane Book Authors—a non-profit, social networking group for published authors. "It's inspiring to be able to rub shoulders with the likes of Amy Andrews, C. T. Mitchell, and Kylie Kaden. Brisbane is home to some very talented and successful authors."

Commercially, Carolyn offers author services such as editing, proofing, structural assessments, and has a handful of corporate clients who rely on her for their media releases and member magazines.

## Beaudesert-bound for Area Meeting

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The Zonta District 22 area meeting for Areas 1 and 3 was hosted by the Zonta Club of Beaudesert on Saturday 21 April and five members were able to represent Pine Rivers—Simone, Dot, Bron, Glynnis, and Rosalind (pictured below with D22 Governor Ans Van Erp, third from left). These meetings provide a fantastic opportunity to hear what’s going on Zonta-wise—internationally, at district level and on the local level in South East Queensland. And, of course, to share in fellowship with our fellow Zontians from neighbouring clubs.



We heard from Ans Van Erp about the work Zonta International is doing with the United Nations and District Webmaster Ros Kinder introduced us to changes on the District 22 web page. (There is a wealth of information on the website for members so log in and check it out.)

Lieutenant Governor Sandy Venn-Brown spoke about the Centennial Anniversary of Zonta International and how clubs throughout Queensland will play a part. We also heard from Jan Landsberg, Chair of Advocacy, about the role of social media

in spreading our messages and showcasing our work. Simone from Zonta Club of Caloundra spoke about the successful formation of their new Z Club.

Our interest was held with a number of informative presentations and thought provoking videos, and our taste buds were more than happy with the generous catering provided by a local café.

And Lady Luck was on Dot’s side on the day. She received the door prize and won one of the raffle prizes as well!

Many thanks to Zonta Club of Beaudesert for a great day out. Well worth the kilometres to get there.

