



Zonta Club of Warwick Inc

Member of Zonta International

Advancing the Status of Women Worldwide

**Zonta Club of Warwick Inc
Club No 1565
Area 4 District 22**

**P.O. Box 784, Warwick 4370
Email: warwick_zonta@yahoo.com.au**

May 2014

District 22 Governor: Judith Anderson Area 4 Director: Kath Everett

Zonta Websites:

International: www.zonta.org

District: <http://zontadistrict22.org/>

President: Karen Shepherd
Vice President: Mary Goyne
2nd Vice President: Sally Carr
Minutes Secretary: Jenny Loy
Correspondence Secretary: Rosa Hardy
Treasurer: Leanne Olsen
Assistant Treasurer: Rhonda Betts

Directors: Jenny Eldridge
Rhonda Betts

Archivist: Mary Goyne
Newsletter: Jacinta Fromm

Committees 2013/2014

Service: **Rosa Hardy (Chair)**, Rhonda Betts, Faye Marley, Jen-Rose Holmes.

Membership: **Mary Goyne (Chair)**, Lois James, June Stewart, Dee Mayo, Louise Cox.

Advocacy: **Mary Johnston (Chair)**, Lyn Prowse-Bishop, Jenny Eldridge, Sally Carr.

Nominating Committee: Jacinta Fromm, Dee Mayo, Louise Cox

(Karen Shepherd, Leanne Olsen, Jenny Loy, Jacinta Fromm to assist committees as required).

NEXT DINNER MEETING (3rd Tuesday of each month): 23rd May 2014, at Café Jacqui's, Cnr Albion and Victoria Streets Warwick, 6.00 pm for 6.30 pm start.

Please contact Sally on daveandsallycarr@hotmail.com or text message to **0421 782 962** by **Monday 19th May**, to advise if you are attending / bringing guests, or if you cannot attend.

NEXT BOARD MEETING (1st Tuesday of each month): 3rd June, at 5.30 pm (approx 5.30-7pm). Board Meetings are to be held at Betta Bilt Showroom (next door to Daily News in Albion Street). Note – to be confirmed at Planning Day.

This month's meeting: Change-Over Dinner

Induction of Board Members for 2014-2015

Representatives from other Service Clubs invited to attend

Partners and guests welcome; \$40 per person

From President Karen

Hi Ladies

The time seems to come around very quickly to write this report.

I hope you are all enjoying the cooler weather (but not the winds) that we are having in the lead up to winter.

May is a very busy month for our Club. Sally is organizing the Birthing Kit Day at Scots PGC on 17th May, our Change-Over Dinner will be 23rd May at Cafe Jacquie's and the Planning Day is 31st May at Leanne's home at Mt Tabor. There will be further information in regard to these events in the newsletter. I hope you can attend these functions and bring your husband to the Change-Over Dinner so that Martin will not be alone (Alan, Normie and David are coming).

Two years ago we did not have a President and Mary Goynes said to me 'you can do it and it will be a great experience and you will learn a

lot about Zonta and our own Club' and she was right. I have had a great time and learnt a great deal and met wonderful people along the way. Being involved in the running of your own Club and Zonta International is a great experience and one that I would recommend to all members. It is the only way to expand your knowledge of Zonta and also to help our local community as well as "advancing the status of women worldwide"

So welcome to all the Board members and thank you for taking on your roles. Thank you to the members who are not staying on the Board, you have all been a great help and support to me over the last two years.

Look forward to seeing you all at the Zonta functions in May.

Regards

Karen

Forthcoming Events

Chaplaincy Prayer Breakfast: 20 May 2014

President and members of Zonta Club of Warwick Inc have been invited to this Prayer Breakfast to celebrate chaplaincy in our local schools. Karen and Jen-Rose are attending.

Guest Speaker: Cameron Wallace from the New Hope Church
(NB: Husband of former Zonta member, Kayleen)

When: Tuesday 20 May 2014, 7.00 – 8.00 a.m.

Where: Coffee Club, Albion Street

Cost: \$20 per person

Change-Over Dinner: 23 May 2014

You will have all received an invitation to you and your partner to attend this dinner next Friday, 23rd May. Note that in May, we do not hold the regular dinner meeting – so no meeting on 20th May, but the change-over dinner instead. Please ensure that you have advised Sally by 19th May if you are attending.

Rhonda is organising the raffle – members are asked to donate items for the raffle (eg wine, chocolates, vouchers etc), and to drop off these donations at Betta Bilt showroom, Albion Street, by 21st May.

Planning Day: Saturday 31 May 2014

Time: 9.30 a.m. start

Venue: Leanne Olsen's home, 22 Derain Drive, Sladevale

We will meet for morning tea / stay on for lunch, and discuss plans for our next Zonta year. Come along with your ideas for fundraising, nominated projects, advocacy within our community, marketing and recruitment of new members. Members have been emailing who is bringing what food or drinks to share.

In case you have not been to Leanne's previously, **here are directions:** Turn off the highway north of Warwick at Southern Downs Mazda on to Freestone Road. Travel 2.5km and turn right into Mt Tabor Road. Take the first left into Derain Drive (Mt Tabor Estate). Wind your way up the hill, staying left. There is a windmill in the front yard.

Past Events

Compilation of Birthing Kits: 17 May 2014

Sincere thank you to

- Sally for coordinating Birthing Kits this year. We know this involves much preparation to ensure the event runs as smoothly as it did!
- Scots/PCG College for allowing us the use of the dining room at their boarding facility in Locke Street.
- Zontians and community members, including students from Warwick State High School, and Scots/PCG College. In all, fifty seven people attended, and 1000 kits were packed within an hour, and only another hour before all Zontians had packed the kits into boxes ready for delivery, tidied the area, and headed off.
- Zontians for providing morning tea. Again – delicious food and requests for recipes! (See Members' News section)
- Warwick Daily News for publicity.

It was timely to receive email from Judith Anderson, District 22 Governor, earlier in May, with details of correspondence from Andrew Cameron OAM, Registered Nurse and Midwife, who thanked Zonta for distribution of birthing kits to Afghanistan in 2012. Andrew wrote that he and his field officer (pictured) ensured that their stock of birthing kits was distributed to midwives and traditional birth attendants in Kandahar, Helmand and Uruzgan. He wrote of the difference these kits make, and how appreciative the health staff and the women in these communities are to receive the kits to optimise safe, clean births.



(Editor's Note: The kits comprise a sheet of plastic (for ground cover), a pair of latex gloves, a piece of soap, 5 gauze swabs, scalpel blade and 3 pieces of string. It is truly humbling to compile these kits, comparing these simple items to the access to specialised staff, technology and resources in birthing facilities in Australia).

Cooking for a Cause: 3 May 2014

180 Zontians and their guests attended this event organized by Zonta Club of Toowoomba, which raised funds for Angel Flight and Fresh Hope Association Inc, and ongoing Zonta charities / projects.



June (pictured with Debbie Franks from Zonta Club of Toowoomba), and Jacinta really enjoyed the day! As well as great company, delicious lunch and winning raffle prizes, we were treated to cooking demonstrations by Executive Chef from MODA Restaurant Brisbane, Executive Chef from Qld Gallery of Modern Art Restaurant, pastry chef from 3 Girls Skipping at Graceville, and guest cook Geoff McDonald (Toowoomba Regional Council).

Angel Flight Australia is a charity that coordinates free non-emergency flights for patients and carers travelling to and from medical facilities anywhere in Australia. This charity was officially launched in April 2003, and now has over 2000 pilots registered. For more information, go to www.angelflight.org.au

‘Fresh Hope’ is a community based organization established in 1999, which offers 18-month residential programs specifically designed for mothers (including expectant mothers), suffering substance abuse, and their children (up to 10 years of age). Their aim is to provide, through education and programs, the opportunity to empower mothers to develop a drug free, healthy lifestyle, to build self esteem and to strengthen family attachment. This program works to break the generational cycle of addiction and abuse for children.

Book Fest: 5 April 2014

Sincere thank you to Rhonda for coordinating this fund raising event, and to all Zontians who assisted with set-up, selling on the day, and packing up boxes of unsold books. Thanks to everyone for generous donations. Members have commented on the amount of physical work that was involved. Funds raised – approximately \$900 – for purchase of girls’ formal uniforms for Warwick State High School to enable all girls to participate in award presentations and other formal gatherings at this school.

(Editor’s Note: Fundraising ideas will be covered in our Planning Day, so if you were involved in the Book Fest, please give thought to the pro’s and con’s of this event as a fundraiser)

District 22 Area Workshop: 15 – 16 March 2014

This year, the workshop was hosted by Zonta Club of Toowoomba Area Inc, and the theme was “Lifting the Cloak of Invisibility”

Jenny Loy and I attended and once again had a wonderful time with fellow Zontians who made us feel very welcome. The meeting was held at Concordia Lutheran College and started with registration and morning tea followed by an introduction by Ans Van Erp and then a welcome from Rhondda Bridle, the President of the Toowoomba Area Inc Club.

District Governor Judith Anderson reviewed District 22’s achievements towards greater visibility and credibility. Judith’s address was followed by Elaine Harrington on the role of governance in credibility. Elaine is the District Treasurer and talked about insurance, budgeting and financial reporting and this set the stage for an interactive workshop based on a real world, practical scenario.

Deborah Tranter and Kate Charlton followed with a most interesting talk on celebrating our ancestry. Each club has been asked to send a brief history of their Club to ZI and these ladies talked on condensing history to a single page.
(Editor’s note – Mary Goyne has completed this task for the Zonta Club of Warwick, and an extract is included in this newsletter)

After lunch Amena Reza spoke on collaborative projects that have been run by Zonta, such as the ‘Zonta says NO’ programme. Kath Smith followed with a very interesting talk on fundraising, mainly how to submit applications and submissions for grants and Kath’s talk was followed by Maria Kelly on strategic planning, mainly about how to plan a ‘Planning Day’. I have asked both ladies to forward me their notes and I am hopeful that I will have these available for our ‘Planning Day’.

Each club delegate then gave a brief 5 minute talk on what their club had done to showcase ‘Zonta says NO’. I spoke on the orange ribbons we had at our IWD Breakfast, another club had orange ‘ladies’ made from timber around their town, another club had a display in their shopping centre which they changed every day.

Pip Turner and Wendy Allen then gave a talk on ‘Why I joined Zonta’. It was very interesting to hear different perspectives from these two ladies. The meeting closed for the day and Jenny and I went back to Louise and Bill Barrett’s home to get ready for the evening.

The evening dinner was held at Gips Restaurant and had a theme of celebrating “St Patricks Day”. Each club was asked to bring along a centre piece and Mary G assisted Jenny and I with one. This was a wonderful evening.

Sunday morning started with an introduction by Ans Van Erp and we were asked to wear clothes suitable for light exercise and bring a towel (what was all this about we asked each other). We very soon found out with a session on ‘Healthy Body: Healthy Mind: Healthy Spirit’ run by Ans who is a Physiotherapist, Carol Archer from Willow Gym and Ayesha Hoffenberg who showed us the finer points of Pilates.

Mary Wagner followed this exercise programme. What an amazing woman! She talked about the family business “Wagner’s”, how she and her husband started the business and how it had progressed over the years and has led them to the building of the airport in Toowoomba.

Wendy Allen followed Mary talking about ‘The Art and Heart of Being Visible’ and how we can all be more visible and take Zonta into our communities.

After morning tea each club gave a 5 minute talk on ‘What is Special About our Club’. Jenny spoke on the camaraderie and fellowship that we have in our club and the special way we all work together.

Judith Anderson followed with a very interesting talk on ‘Gifts that change lives’, philanthropy, the ZI Foundation and personal giving.

The weekend finished with final comments by Kath Everett and members of the Toowoomba Club, thanking everyone for attending and making the weekend such a success.

The venue for the next Area 4 meeting has not yet been announced, but I would recommend attending, they are really interesting and we all learn such a lot from our fellow Zontians.

Karen Shepherd, President

Committee Notes/ Jottings



March Raffle: won by Mary Johnston (who donated the raffle prize for the April AGM.

April Raffle: won by Mary Goyne, who will donate the prize for the June dinner meeting.

Nomination Committee:

Dee, Louise and Jacinta thank members for accepting nominations; the Board for 2014 – 2015 will be:

President:	Karen Shepherd (approval for 3 rd year)
1 st Vice-President:	Jenny Eldridge
2 nd Vice-President:	Rosa Hardy
Minutes Secretary:	Leanne Olsen
Correspondence Secretary:	Jacinta Fromm
Treasurer:	Louise Cox
Assistant Treasurer:	Rhonda Betts
Directors:	Dee Mayo Nola Roach
Archivist:	Mary Goyne
Newsletter Editor:	Jacinta Fromm

Service / Membership / Advocacy Committee Updates:

- An additional 150 copies of the Brochure: ‘Make Friends and Make a difference Zonta Warwick’ have been printed. Members are urged to distribute this brochure to women who show an interest in joining the Zonta Club of Warwick Inc. If you would like some copies of this brochure, please contact Mary G.
- Breast Cushions will be delivered to St Andrew’s Hospital Toowoomba. Mary G is following up to ensure that more cushions are being sewn for future distribution.

District 22 News

‘Make the call’ campaign is being run by the Department of Communities, Child Safety and Disability Services to combat violence against women by encouraging friends, family members, neighbours and colleagues of victims to call the DVConnect helpline for advice. The Director General of the Department approached Zonta about becoming an official partner in the campaign, and at the District Board meeting on 10 May, it was agreed that District 22 Zonta would accept this invitation to become a partner. There is a link to the campaign on the District website and on the District’s ‘Zonta says NO’ website.

History of Zonta Club of Warwick Inc

In May 1997 our Zonta Club of Warwick was chartered. We are grateful to the Zonta Club of Toowoomba, who sponsored our club through Margaret Bell and Patricia Gillespie. Our Charter Celebration Dinner was held at “Cloisters” with great fanfare in the presence of District 24 Governor, Mrs Jane Wilson-O’Brien of Brisbane, on Sat 23 August 1997



□ Zonta executive and board members back from left: Clare Cotton, June Stewart, Jenny Garde and Virginia Whittle. Mary Goyne, front left, and Susan Parsons.

The Zonta Club of Warwick was chartered with 26 Members. Board members included the ladies pictured (left) and Valerie Rose, Mavis Cooper, Lois James and Jan Hollamby.

The club numbers have fluctuated between 30 members in our earlier years to our present number of 19. Although our present number is lower, an interesting trend has emerged. We have many “Friends of Zonta” who swing in to support various improvements in the “global needs of women and girls”. An example of this would be the splendid support we receive each

year when we pack one thousand birthing kits to support “the health status of women worldwide”. It appears that our club is a conduit of advocacy within our community that leads the way for residents to join in with our Zonta Club projects when they are not so busy. Although we are a smaller number, the camaraderie within our Club makes for “mutual support and fellowship” amongst members when working on projects and socialising.

Highlights from each Zonta Year:

- 1998: Funded angled light for Women’s Clinic based in Warwick
 - Area Workshop at Cherrabah
- 1999: Donation to Nursing Mothers’ Association
 - Intergenerational Literacy Project with women from older generations telling their stories to young children
- 2000: “Finance for Women Seminar” with Noel Whittaker
 - Advocacy for availability of Psychiatrists, Psychologists and other health workers in country areas
- 2001: Hosted Area Workshop
- 2002: Medieval Celebration
- 2003: United Nations French Night
 - International funds to Burkina Faso
- 2004: Pink Ribbon Dance for financial support for Sentinel Node Biopsy Research
- 2005: Hosted Area 6 Workshop with direction from District Governor, Ros Kinder and Area Director, Dianna Douglas
- 2006: Provided “Court Cuppa” for Domestic Violence and Family Court sessions
 - Plans made for seven members to attend International Convention in Melbourne
- 2007: Celebrated 10 year anniversary with District Governor, Patricia Lawson and Area 6 Director, Ans Van Erp as special dinner guests
- 2008: Annual Australia Day Breakfast commenced

- 2009: Co-operation with Warwick Women’s Work Camp for prisoners to construct breast cushions at the Helena Jones Centre in Brisbane.
- 2010: Professor Ian Fraser was guest speaker at “Zonta hosted” Combined Services Clubs’ Dinner. \$3000 donated to Diamantina Institute in Brisbane
 - “Finance for Women... Look before You Sign that Document” seminar Speakers were Magistrate Ann Thacker and Noel Whittaker
- 2011: Zonta funded presentation of workshop for young women, “Personal Safety and Domestic Violence” presented by Qld Police
 - Safe Haven Committee requested Zonta members
- 2012: Pamper Packs distributed
 - Breakfast at the Golf Club with guest speaker Wayne Bennett to support “Safe Haven” for women victims of domestic violence
- 2013: Italian Dinner for Membership Evening
 - New Club brochures for Membership launched
- 2014: Bookfest to fund uniform pool at Warwick High School so all girls can be included in Awards Assembly and School Excursions
 - Continued Zonta membership and financial support for the local “Safe Haven” Purchase and distribution of “Zonta Says No” orange ribbons at Zonta International Breakfast

The Zonta Club of Warwick continues to offer the Young Women in Public Affairs Award and the Zonta Bursary to help a Year 11/12 female student finance her schooling.

This history gives a brief glimpse of the Zonta Club of Warwick. The willingness, generosity and friendship of the Members is the living history that will give our club the impetus to achieve Zonta goals in the future.

(Editor’s note: Thank you Mary for collating this article; it is interesting to read these snippets and to trace the history of some of our current events)

General Information

The next Women of Warwick (WOW) Breakfast, sponsored by Heritage Bank will be held on Tuesday 3rd June, at 6.30 a.m. at Coffee Club, Albion Street. Guests will be spoilt with goodies from prize sponsors: Frog & Swallow Gourmet Preserves, Ray White Warwick, Rachel Lane and Myoptical.

Member’s News

Jenny Eldridge announced that she has retired; her last working day at Warwick TAFE was mid April. She has been travelling in China.

June will attend the French Open with her grand-daughter Arabella.

Mary G is famous for **Bacon and Cheese Toast** (often brought to Movie Nights, and shared again at Birthing Kits). She shares her recipe (originally published in our newsletter in December 2011):

- Mix 4 eggs, 3 cups grated tasty cheese, enough tomato sauce to give good colour and a couple of cups of diced bacon.
- Add ground pepper and a few drops of Tabasco sauce. Mix.
- Cut the crusts off slices of bread (about 13 slices) and cut each slice into six pieces.
- Spread the mixture thickly on the bread.
- Bake in a moderate oven for about 35 minutes (take out before it burns)

Jacinta attended Fields of Women in Melbourne on 10th May. This event is organised by Breast Cancer Network of Australia to raise awareness of early diagnosis and the support available, and to raise funds for ongoing work of BCNA. 15000 people in pink ponchos (representing the number of women diagnosed with breast cancer each year) and 128 people in blue ponchos (representing the number of men diagnosed with breast cancer each year) participated.



Editor's note: Here I am at the MCG, prior to standing on the 'hallowed turf. Being one of many to form the 'Pink Lady' silhouette really impressed the enormity of breast cancer. It was a very moving ceremony, and I felt privileged to have this opportunity to share with breast cancer survivors and their community of carers.

Birthdays



April: Lois (2nd), Rhonda (7th) - Many Happy Returns!

May: None of our current members has a birthday in May

June: June (7) – best wishes for a very happy day!

**Please send all contributions to the newsletter to
robertfromm@bigpond.com**

**Deadline for next edition: 7th June
Next issue: sent to members by 10th June**

