

# ZONTA SAYS NO TO VIOLENCE AGAINST WOMEN

16 Days of Activism – 25 November to 10 December 2016

## DAY 10. 4 DECEMBER 2016

### EFFECTS OF EXPOSURE TO DOMESTIC AND FAMILY VIOLENCE ON CHILDREN

\* Children's 'witnessing' or exposure to domestic violence has increasingly been recognised as a form of child abuse.

\* 'Witnessing' can include; hearing the violence; being forced to watch/participate in assaults; being forced to spy on a parent; being used as a hostage; told they are to blame for the violence because of their behaviour; defending a parent against violence; intervening to stop the violence.

\* The aftermath of violence to which children are exposed can involve having to call for emergency assistance; seeing parents injured or killed; having their own injuries/traumas to cope with; seeing parents being arrested; having to leave home with a parent; dislocation from family, friends, school.

\* Children are firstly victims, but exposure to domestic and family violence can have lasting psychological and behavioural impacts, as well as link to the inter-generational transmission of violence.

VIDEOS: <https://www.youtube.com/watch?v=zz7xZPZaMoY>

<https://www.youtube.com/watch?v=sMFDVpkuxAk>

<https://www.youtube.com/watch?v=LbRba9XHKKw>

Major Agency in Queensland - Queensland Family and Child Commission  
<http://www.qfcc.qld.gov.au>

Children need to be assured that the cause of violence is not their fault. Children need to be nurtured, not exposed to violence or be abused. Refer to the Nurturing/Abuse Wheel attached.

HELPLINES:

Kids Helpline ( <http://www.kidshelp.com.au> )

1800 551 800



Follow our campaign on our Facebook page:

<https://www.facebook.com/pages/Zonta-Club-of-Brisbane-East-Inc/370643663012690>

Website: <http://brisbaneeast.zontadistrict22.org>

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Bursting the Bubble – information for teenagers about abuse, domestic violence, family violence- <http://www.burstingthebubble.com/>

The Line – website about healthy and respectful relationships for young people; <http://www.theline.org.au/>

Child Safety After Hours Service 1800 177 135

Child Safety Services Centres Qld. <http://www.communities.qld.gov.au/childsafety>

DV Connect Womensline 1800 811 811

DV Connect Mensline 1800 600 636



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# Nurturing children

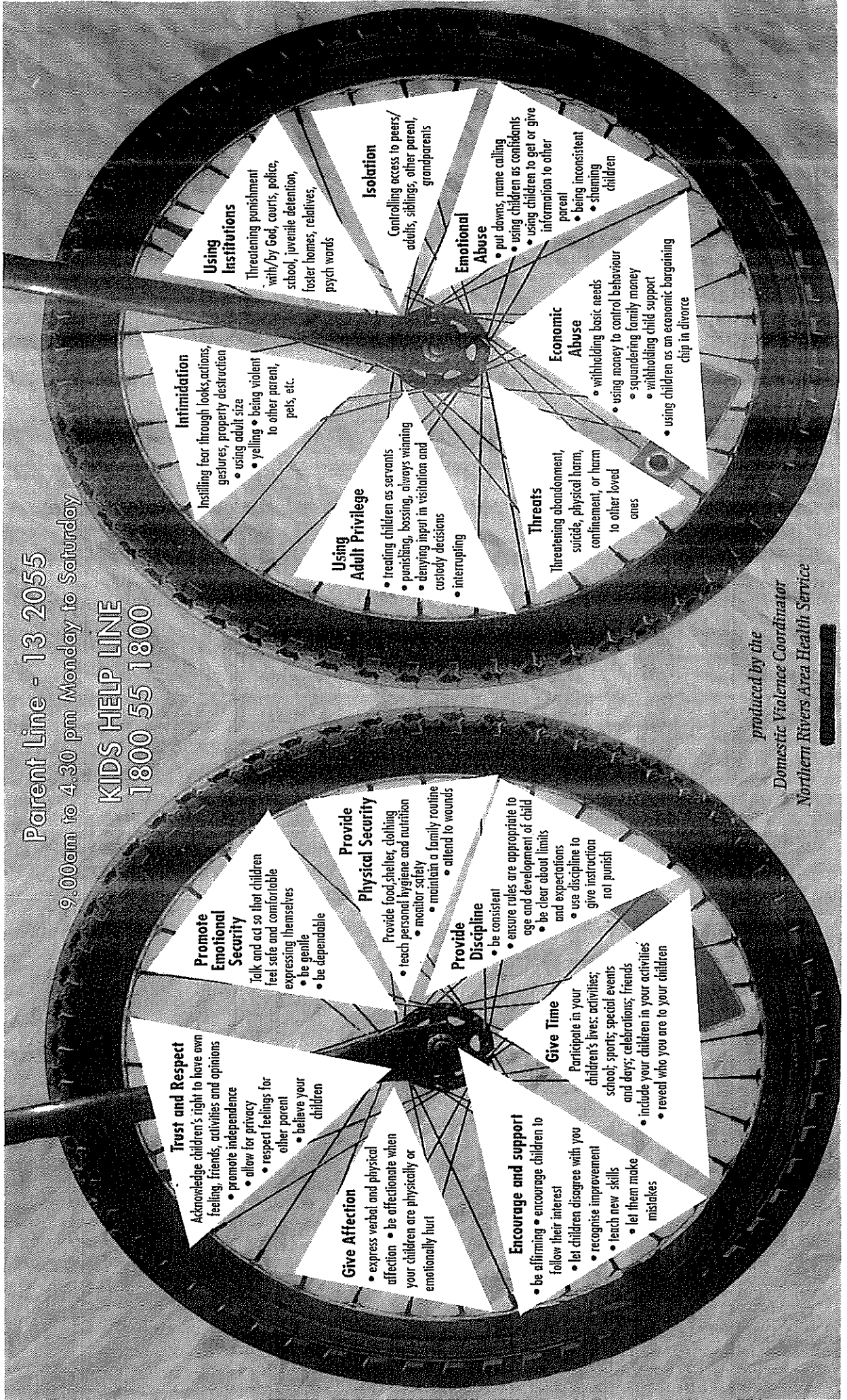
Loving and caring for your children

# Abuse of Children

Violence, committing incest, sexual touching/kissing, sexualising children's behaviour, hitting, kicking, pushing, shaking

Parent Line - 13 2055  
9.00am to 4.30 pm Monday to Saturday

KIDS HELP LINE  
1800 55 1800



produced by the  
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Northern Rivers Area Health Service

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